### A. English Language, Communication and Critical Thinking - Minimum 9 units

Complete one course from A1, one course from A2 and one course from A3.

**A1. Oral Communication**
- COMM 120, 122, 130

**A2. Written Communication**
- ENGL 120

**A3. Critical Thinking**
- COMM 137, 145; ENGL 124; PHIL 125, 130; SCI 110

### B. Scientific Inquiry Quantitative Reasoning - Minimum 9 units plus laboratory

Complete one course from B1, one course from B2, one course from B3 (if lab is not included in B1 or B2) and one course from B4 (Math course in B4 must be completed with a grade of "C" or better).

**B1. Physical Sciences**
- ASTR 110, 120; CHEM 102, 110, 113, 115, 116, 120, 141, 142, 231, 232, 241, 242; GEOG 120, 140; GEOL 104, 110, 121, 210, 220; OCEA 112; PHYC 110, 130, 131, 140, 240, 241; PSC 100, 110; SCI 110

**B2. Life Sciences**
- ANTH 130; BIO 105, 110, 112, 114, 118, 120, 140, 141, 144, 145, 152, 230, 240

**B3. Laboratory** - Lab MUST compliment your science lecture course.
- ANTH 131, ASTR 112 (can be used for both ASTR 110 & ASTR 120), BIO 141L; CHEM 241L, 242L;
- GEOG 121 (can be used for both GEOG 120 & GEOL 104); GEOL 111; OCEA 113; PSC 111

**B4. Mathematics and Quantitative Reasoning**
- MATH 120, 125, 126, 160, 170, 175, 176, 178, 180, 245, 280, 281, 284, 285; PSC 120;

### C. Arts and Humanities - Minimum 9 units

Complete 3 courses. Complete one course from C1, one course from C2 and one additional course from either C1 or C2.

**C1. Arts**
- ART 100, 120, 126, 130, 140, 141, 142, 143, 145, 146, 147; CCS 126, 134; DANC 110, 120; HUM 110, 120; MCOM 111; MUS 110, 111, 115, 116, 117, 123; PHOT 154; RELG 140; THTR 101, 110, 143, 144, 205

**C2. Humanities**
- ARBC 120, 121, 122, 123, 148, 220, 221, 250, 251; ASL 120, 121, 140, 220, 221; CCS 122, 123, 135, 143, 144, 147, 149, 152, 236, 237, 238; CHIN 120, 121, 220, 221, 250, 251; COMM 136, 144; ENGL 118, 122, 201, 215, 217, 218, 219, 221, 222, 225, 226, 227, 228, 231, 232, 236, 237, 238; FREN 120, 121, 152, 220
- 221, 250, 251; GERM 120, 121, 220, 221, 250, 251; HIST 100, 101, 103, 105, 106, 126, 135, 136, 137, 148; HUM 110, 120, 125, 130, 140, 150, 160, 170; ITAL 120, 121, 220, 222, 225, 250, 251; JAPN 120, 121, 149, 220, 221, 250, 251; PHIL 110, 111, 112, 114, 116, 118, 140, 141, 145, 150, 155; RELG 120, 130, 140, 150, 170; RUSS 120, 121, 220, 221, 250, 251; SPAN 120, 121, 122, 123, 141, 145, 220, 221, 250, 251; THTR 143, 144

**C1 or**

**C2**
**D SOCIAL SCIENCES - Minimum 9 units**

Complete 3 courses from at least 2 disciplines.

*CSU American Institutions (AI) courses are **bolded and underlined**.

<table>
<thead>
<tr>
<th>Course Name</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>Administration of Justice: AOJ</td>
<td>110</td>
</tr>
<tr>
<td>Anthropology: ANTH</td>
<td>120, 122, 127, 140</td>
</tr>
<tr>
<td>Child Development: CD</td>
<td>115, 125, 131, 145</td>
</tr>
<tr>
<td>Communication: COMM</td>
<td>124, 128, 144</td>
</tr>
<tr>
<td>Cross-Cultural Studies: CCS</td>
<td>114, 115, 116, <strong>118, 119</strong>, 124, 125, 127, 128, <strong>130, 131</strong>, 132, 133, 135, 143, 144, 145, 147, 152, 154, 155, <strong>180, 181</strong></td>
</tr>
<tr>
<td>Economics: ECON</td>
<td>110, 120, 121, 261</td>
</tr>
<tr>
<td>Family Studies: FS</td>
<td>115, 120</td>
</tr>
<tr>
<td>French: FREN</td>
<td>152</td>
</tr>
<tr>
<td>Geography: GEOG</td>
<td>100, 101, 106, 130, 170</td>
</tr>
<tr>
<td>History: HIST</td>
<td>100, 101, 103, 105, 106, <strong>108, 109</strong>, 113, <strong>114, 115, 118, 119, 122, 123, 124</strong>, 126, <strong>130, 131</strong>, 136, 137, 148, 154, 155, <strong>180, 181</strong></td>
</tr>
<tr>
<td>Media Communications: MCOM</td>
<td>110</td>
</tr>
<tr>
<td>Political Science: POSC</td>
<td>120, <strong>121</strong>, 124, 130, <strong>140</strong>, 150, 155, 160</td>
</tr>
<tr>
<td>Psychology: PSY</td>
<td>120, 125, 134, 138, 140, 150, 170, 220</td>
</tr>
<tr>
<td>Sociology: SOC</td>
<td>114, 120, 125, 130, 138, 140</td>
</tr>
<tr>
<td>Spanish: SPAN</td>
<td>145</td>
</tr>
</tbody>
</table>

**E LIFELONG LEARNING AND SELF-DEVELOPMENT - Minimum 3 units**

Complete 1 course.

BUS 195; CCS 127; CD 125, 145; COUN 120; ENGL 219; FS 110, 120, 129; HED 120, 155, 158, 159, 201, 255; HESC 110; PSY 132, 134, 140, 150, 180, 220; SOC 125

This area can be certified with a DD214 or military transcript. See catalog or Counselor for

*CSU American Institution (AI)*

The AI requirement is a **CSU GRADUATION REQUIREMENT**. Completion is not mandatory for admission, however, completion of this requirement prior to transfer is highly recommended. Select Option 1, 2 or 3 and complete as indicated. Courses **bolded and underlined above in Area D** may be used to meet both American Institutions and Area D requirements.

**Option 1:**

Choose 1 course from List A and 1 course from List B:

List A: CCS 180, HIST 108, 114, 115, 122, 180
List B: CCS 119, 131, HIST 109, 115, 119, 123, 124, 131, **180, 181**

**Option 2:**

Choose 1 course from List A and 1 course from List B:

List A: **POSC** 121
List B: CCS 118, 119, 130, 181, HIST 109, 118, 119, 130, 181

**Option 3:**

Choose 1 course from List A:

List A: HIST 115

NOTES:

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