Recreation & Wellness Committee Meeting Minute for January 30th, 2012

I. CALL TO ORDER: Chair Tenaya Davis calls meeting to order at 8:08am.

*indicates member is present at the start of the meeting

II. Roll Call

<table>
<thead>
<tr>
<th>Members present</th>
<th>Absent Members</th>
<th>Guests</th>
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<tbody>
<tr>
<td>Katherine Read</td>
<td>Christopher Prado</td>
<td>Johnny Fuentes</td>
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<td>Mark Weisbecker</td>
<td>Kyle Lewis</td>
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<td>Krista Smith</td>
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<td>Camille Gonzalez</td>
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III. ACTION ITEM- Approval of the Agenda

Motion: (Weisbecker) to approve the agenda.
Motion Carries.

IV. ACTION ITEM- Approval of the May 25th, 2011 Minutes

Motion: (Gonzalez) to approve the May 25th, 2011 Minutes
Motion Carries.

V. ACTION ITEM- Appointment of the RAW Committee Vice Chair

- Chair Davis states that the Vice Chair of the RAW Committee will be the person that runs the meeting when I am unable to do so if we have a meeting planned. In case of emergencies you will be the extra go-to person ahead of the committee members.
- Weisbecker to self-nominate himself to be Vice Chair of RAW Committee.

Motion: (Read) to nominate Mark Weisbecker as the Vice Chair of the RAW Committee.
Motion carries.

VI. PUBLIC COMMENT

Public Comment is intended as a time for any member of the public to address the board on any issues affecting ASI and/or the California State University, East Bay.

NEW BUSINESS

VII. INFORMATION ITEM – Robert’s Rules of Order

The committee will go over and establish Robert’s Rules of Order for committee meetings. In addition, the committee code will be addressed.
Chair Davis states that this is our first business meeting. Everyone should always come in business attire. Please don’t be casual, do not wear sweats and get presentable.

This is the way that we will be running the meetings. In this order, we’ll have call to order, roll call, and action items. There will always be an approval of the agenda and past minutes.

Today another action item that we had was the appointment of the RAW Committee Vice Chair. We’ll always do a public comment. Then we’ll proceed to new business when there are any information items.

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At the end, we’ll have round table remarks. To clarify that, we are going to go around the table and every individual has an opportunity to voice something they want to say, or something interesting. It’s your chance to voice yourself.

As we discussed before, we decided that our meeting times will be on Fridays at 11:00am. We will be meeting twice a month. This meeting today changed to an earlier time because we needed to compensate for other meetings.

I am still looking for our fifth committee member, which I am still in contact with. He has been in and out of California doing some traveling. I am going to call him.

Director Smith suggests that Chair Davis and vice chair Weisbecker go to some board meetings to get better exposure of how meetings work. It’s a great way to absorb, learn, and get more comfortable with the terminology and how it flows.

Chair Davis states that it is a great idea for us to attend some board meetings. I will email you guys as to when and where meetings will take place.

VIII. INFORMATION – Peer Mentors Project
The committee will discuss upcoming events and plans for the peer mentors and RAW interactions.

Chair Davis states that several weeks ago we discussed the peer mentors project. Director Smith and I attended a peer mentors training session which took place two Fridays ago. We presented a PowerPoint about the RAW. The power point included information about the RAW and what it offers and provides, as well as other services from the PAW, and information about the game cave as well. It’s a perspective on what we do and what we provide.

Valerie, who is in charge of the peer mentor program, wants to edit the presentation a little to condense it.
Chair Davis mentions topic of employee packaging for the hours of down time of the RAW in order to increase student or faculty use. We talked about the down times of the RAW and how we can amp that. Chair Davis asks Director Smith if she can suggest any ideas of how we can increase or set any policies increasing the teacher use and faculty use and if the committee should look into that. The committee has been talking about how we can use those down hours and increase the amount of people going to the RAW. We have also been talking about branching out for things like community use. Director Smith states that those are ideas that committee needs to decide on whether they want to focus on or not. That is not student focused, it focuses more on the campus community, but it is important to the student experience. One of my short term goals is to complete a whole new structure for ASI Recreation. This means coming up with new membership options, new rates for our fitness class programs, rates for outdoor rental program and anything else that we can think outside the box in the terms of the directions we are moving in. We have fees in place that have been approved by the president so that we can launch those programs, and in the future we are not delayed. I would definitely like the committee’s support. Once I come together with a proposal I will bring that to you, get your feedback, hopefully turn your approval, and then take that to the board.

Chair Davis states students have come to her about a one-time use for guests that students bring to the RAW. We can look into this because that will affect the student experience and student use.

Director Smith states that we did try to get approval for a student sponsored membership, which means that a student can select someone from the community who is not affiliated with the campus and sponsor that person. That person then would pay a membership fee and they would be able to use the RAW. Unfortunately the President’s cabinet at the time, did not support that fee. It was turned down. But we would like to present that again with an even more elaborate version of it or come up with other options in hope of approval. We are trying to build the community piece as much as we can mainly because we know that community support is critical to fitness and wellness outlook and gain. I’m making sure that we’re supporting that and convincing the cabinet as much as we can.

Gonzalez states that one of her short term goals is to increase people participating in the RAW. One of the biggest things is that sixty percent of people that access the RAW are all male, and the rest are female even though we are a 2:1 ratio. So we need to amp that up. One of my long term goals is having those who participate in the RAW continue participating and also trying to bring in new members.
• The Peer Mentors all have access to the freshman. There is a peer mentor for each GS class.
• They will be presenting the power point to the freshman so that they can absorb all the information
• We are then going to have an event. The freshman will sign up in the peer mentors office, and come to the RAW for a raffle. Students will get exposure to the peer mentors office, and also get a chance to enroll and go into the RAW to see what it’s about.
• They are going to make it a competition between the GS classes as to who will enroll and who will go to the RAW the most.
• We are going to be giving out prizes for classes and things that associate with the RAW. Not only are we just giving out prizes, we are encouraging them to see the RAW, come in to the RAW, and use it.
• Director Smith asks for a specific date in which it will take place. Chair Davis states that she has been in touch with Valerie. It’s either going to be towards the end of this quarter or the beginning of spring quarter. I will keep you updated.

IX. INFORMATION—Goal Setting
The committee will discuss short term and long term goals to be achieved in the duration of the 2012 school year.
Chair Davis yields the floor to Director Smith who will speak on short term and long term goals for the committee. Then the rest of the committee will have their say.
• Director Smith states that as a committee you guys are functioning as an advisory committee to ASI Recreation. Gonzalez is here which is great because she provides a unique perspective from PAW. Unfortunately this committee doesn’t have the authority or power to direct any kind of major change on the student health and counseling services. We can make recommendations, and Gonzalez can take that back her team. The area that you have the most power is with ASI Recreation and their related responsibilities. I love the concept of driving the outreach piece coming up with channels to connect with new students on campus. Most importantly, you guys are the voice of the students. Doing a lot of assessment and connecting with the student body is what we need to do. We need to look at what we have now and what’s missing, and then what students want our next steps to be. In ASI recreation we are very committed to reflecting our movements onto the student voice. We need to figure out what students really want at the end of the day. For you to help in that assessment and outreach would be really beneficial. So that’s what I’m always looking for from this committee.
Chair Davis suggests that maybe we can research as to why there is a lack of females are accessing the RAW as there are males. As a committee this is something we can focus on. Not only is that reaching our campus and voicing our campus, it suits the needs of our campus.

Weisbecker states that one of his short term goals is to start to develop the Outdoor Adventure program and to see how we can get that to work in the campus and community. My long term goal would be to find a way to continue that program and to build it in to something that functions within the campus. Also, there are many events that we can plan, and get some events going that involve the campus and get more talk about the RAW so that people really get involved maybe through social media. We can have something that augments working out and also sharing that with friends.

Read states that one of her short term goals is to work on the suggestion box. This is where the student voices mainly are. I would like to work on that more. Also, to present students with different kinds of fun ways in order to get new members into the gym. We can have games to get them interacted.

Chair Davis states that a short term goal is for us as a committee we need to come together and start focusing on specific areas instead of broad. It's great that we have all these ideas, but until we actually narrow down a few, they are just ideas. We can pick a few and then work on them and hopefully establish something. Another short term goal working on the Peer Mentors program. By reaching the freshman, there are many different things that come along with that. I hope we can get them in, and then keep them in. it will consistently keep the enrollment high throughout the years and quarters. For a long term goal I hope that there is one project that we work on that is a legacy project.

Director Smith mentions that there are number of studies that show that in this kind of environment, specifically in recreation programing, if you get students in as they come into the campus when they are really making their decisions long term about how their experience will be like, they are far more likely to stay involved in the programs. Focusing on energies of the junior and seniors students is more challenging. Those students are set in terms of their plans, and what they are going to be involved in. Raw is a critical part of their student experience and they really need to get involved. I would also like for the assistant coordinators to work with this committee and interact more and give more ideas.

X. DIRECTOR'S REPORT
Tenaya Davis- ASI Recreation and Wellness Director
Chair Davis states that she is really excited about our committee and where were going. I know you guys have many ideas and are focused. You each possess those qualities I was

"Students working for Students!"
looking for in committee members. It’s great because each of you has something different to offer, which makes us even more powerful when we try to make a change on the East Bay campus. I’m very excited and thank you all for being here. I look forward to the positive impact we are going to make on this campus.

XI. ROUNDTABLE REMARKS
Read: I am excited to be here and to work with all of you guys. Hopefully we can go somewhere with this.
Weisbecker: I am excited to get this thing started and hopefully we can a lot of things pushed through pretty quickly and work very quickly to the end because it’s kind of a short time we’ve got. We’re going to hit the ground running.
Gonzalez: This is a new experience to me. I am learning as we go. I’m excited and nervous at the same time, but I am willing to take on any challenge that’s provided and give insightful and helpful information to help us reach our goals.
Smith: I’m really pumped about guy’s concepts in terms of short term and long term goals. I think this committee really has the ability to make some really successful changes in the next couple of quarters. The time goes by really fast, so take advantage of it while you have the opportunity. My door is always open to you. Come to me anytime you want. Feel free to give me a call and set up a time if you want to talk about some ideas.
Davis: I definitely recommend that each and every one of you visit Krista and get a short meeting with her and to get exposure. She is our go-to person and the person that we will always be in communication with. So it’s always nice to have that communication.

XII. ADJOURNMENT
Motion: to adjourn the Recreation & Wellness Committee meeting at 8:40 am.
Motion Carries.

RAW Committee Chair
Name: Director, Tenaya Davis

Minutes Approved On:

02-10-12
Date

"Students working for Students!"
Recreation & Wellness Committee Meeting Minute for January 30th, 2012

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II. Roll Call

Members present: Katherine Read, Mark Weisbecker, Krista Smith, Camille Gonzalez

Absent Members: Christopher Prado, Kyle Lewis

Guests: Johnny Fuentes

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Motion Carries.

**RAW Committee Chair**
Name: Director, Tenaya Davis

Minutes Approved On: 02-10-12

Date

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