Recreation & Wellness Committee Meeting Minutes for April 20th, 2012

I. Call to order: Chair Davis calls meeting to order at **10:31am**

*indicates members present at the start of the meeting.

II. Roll call

<table>
<thead>
<tr>
<th>Members Present</th>
<th>Absent Members</th>
<th>Guests</th>
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<tbody>
<tr>
<td>*Tenaya Davis</td>
<td>Krista Smith</td>
<td>Tyler Muela</td>
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<td>*Mark Weisbecker</td>
<td>Kyle Lewis</td>
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<td>*Camille Gonzales</td>
<td>Christopher Prado</td>
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<td>*Katherine Read</td>
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<td>*Jessica Ousely</td>
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III. Action Item- Approval of the Agenda

Motion: *(Gonzales)* to approve the agenda.

Motion Carries.

IV. Action Item- Approval of the April 6th, 2012 Minutes

Motion: *(Read)* to approve the April 6th, 2012 Minutes.

Motion Carries.

V. Public Comment

Public Comment is intended as a time for any member of the public to address the board on any issues affecting ASI and/or the California State University, East Bay.

 No Public Comment

NEW BUSINESS

VI. Information Item- Freshmen Day at the RAW

Overall summary of the event: Chair **Davis** briefs the committee on the Freshman Day at the RAW event.

Chair **Davis** mentions that she is glad that some of the committee members came and helped out. Also she indicated that she spent half of the budget for fruit; there were plenty of apples, oranges, and bananas left over. The Freshmen Day at the RAW felt like it almost became a RAW Appreciation Day. A lot of people were really pleased with that. Tuesday, the day the event was held on was extremely wet and rainy and this most likely affected the outcome of the event. We did all we could on the RAW side, hopefully next time the Peer Mentors can take a little more initiative on their behalf for future events. I handed over the raffle tickets to the Peer Mentors and from now on they are conducting the raffle and distributing the prizes.

2:10-3:30

VII. Discussion Item- Campus Tabling

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Create a Strategic organized plan to table. Define our purpose, goal and provided information.
Chair Davis asks the committee members if they would still like to table now, or would they like to table at the end of the quarter. Also the committee needs to go out there with a strategic plan when it comes to tabling. She opens the floor for a discussion:
- Different Papers from the RAW
- Receive Updates
- Concerns
- PAW - represent them and have information on that
- Table during Earth Day
Chair Davis indicates that she doesn’t want to take away the focus from Earth Day by asking students questions.
- Table at Sober Fest
Chair Davis mentions that she will look into tabling at this event and will be speaking to Jennifer Miranda.
Gonzales states that Sober Fest is on Wednesday, May 23rd, 2012 from 11am to 2pm.
Weisbecker states that he still feels that it is late in the quarter to start tabling at this event.
Chair Davis states that the tabling should be done the first week of May, to draw students to the RAW Committee. The idea of tabling is to get awareness out about the RAW; also I will look up something’s tonight and expect ideas to discuss at the upcoming meeting.
The committee discusses the idea of tabling on Earth Day.
3:31-13:26

VIII. Discussion Item - Fitness Classes
Mark will start discussion on this item.
Weisbecker states that fitness classes haven’t had a lot of attendance and he feels that this may be due to the cost of the actual classes. I notice at other gyms once the fee is paid that includes classes also. I am looking at the possibility of decreasing the cost of the fitness classes or possibly making the classes free for students. When I spoke about this before the reasons why they classes are not free is because the Instructors have to be paid, and they cost more. We pay them $15-$30 hourly depending on what their certifications are.
Weisbecker mentions that he has came up with a cost analysis on how much it costs us for the fitness center vs. how much it cost us for the fitness classes. It really feels that we are not supporting the people who want to go and work out it the fitness classes. I noticed that it costs ten times as much to run the fitness center rather than the fitness classes. Fitness classes build that sense of community, I really think that we should do things that are cost effective and community oriented. He yields the floor to the committee to receive input.
Chair Davis mentions that this is free week at the RAW and the averages can be taken and

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also previous quarter averages along with the averages of the general classes and be compared and that can be the determining factor of what classes should be free.

Weisbecker states that just by providing a free week you don’t really see how much more activity you’ll get from it if the classes were just provided for one week.

Muela states that with the timing of the classes this plays a huge role on attendance numbers in addition to that, an instructor that really knows what they are doing would really keep the students interested in a specific class. I believe that all the fitness instructors are students so the pool of certified instructors is going to be very limited. He also states that he believes that five dollars is not a huge amount if a student really wanted to committee to a class.

Chair Davis mentions that the committee should keep in mind that some of the classes are in fact $15.

The committee discusses the instructors that teach the specific classes and also the cost of attendance.

Gonzales states that during the free week a lot of students does indeed show up. But during the rest of the quarter the rates go back down.

Chair Davis indicates that the committee should possibly gear their focus towards finding the group of people that are interested in the actual fitness classes.

The committee discusses the creation of a survey to see what students are interested in the RAW.

Chair Davis states that cost can be a huge issue. Also this will be our number one talking point for the next committee meeting, hopefully we will have our tabling done for the following week so that we can take the feedback that we have gotten back from tabling and discuss it.

Weisbecker states that we should recommend to the board the free classes once we receive the student input.

Chair Davis mentions that the number one thing to do is to speak with Krista Smith because she is the one that runs the RAW and we can discuss the classes more in depth with her.

Discussion Item - Intramural Sports

Chair Davis yields the floor to Tyler Muela to discuss the Intramural Sports:

Muela mentions that Krista Smith and Kyle Lewis has brought him on to revamp the intramural sports and also indicates that he is working on the organizational structures. He states that the RAW has had high turnover rates when it comes to the referees. We are trying to create an incentive for people to become referees, remain referees, and be passionate about refereeing. That way we build this good commitment of referees. I am in the process of creating some sort of hierarchy of referees consisting of the following:

- Come in at a certain level or as referee-assistant type of person
- As more experience is gained this person can move up as a lead referee
- There will be some sort of hourly increase- as you move up you take on more responsibilities - a little more priority on hours
The way we deliver our programs is another thing we want to try to go into seasonal sports with the sports that we offer. Also there will be Cinco De Mayo soccer tournament. I am also putting together a cricket tournament. These are the two big tournaments that will be worked on. Muela also mentions that as far as this quarter goes the basketball tournament is going on. Basketball and soccer are the number one sports when it comes to intramurals. I am in the process of looking at an incentive for teams to start participating in other sports.

Chair Davis asks if there can be two divisions of teams one for teams that are more competitive and the other for teams of people that just want to participate for fun. Muela mentions that there are two divisions of teams; there’s an all or nothing league and then a just-for-fun; but we might be interested in changing this due to it not really being clear for students. Looking at names more on the lines of Competitive teams and Recreation teams so that’s more understandable.

Weisbecker states he is a little disappointed that there is only one Intramural League in one quarter. It’s really sad that we are not building this community around the RAW Center.

The committee discusses the cages for the sprinklers and indoor soccer.

Muela indicates ideally that we do not only want to provide one sport for the quarter but it’s a process, part of this is we couldn’t use the gymnasium.

The committee discusses different sports tournaments.

Chair Davis indicates that as president of Student Athletes Advisories we have put on a few dodge ball tournaments with the initial funds paid being donated to the Make-A-Wish foundation but as soon as the time comes there is really not a great turnout.

Muela states that he wants to try to make people more aware of all the stuff we do provide. One of the things he has been looking at is activities that are recreational and not sports specific.

**Discussion Item-Outdoor** Adventures Program in the RAW

Chair Davis yields the floor to committee member Mark Weisbecker who highlights the following:

Weisbecker indicates that he has been working with the RAW for the past two quarters, we would provide the events and the RAW would provide the equipment. So we worked out an equipment list and then I received an email indicating that the RAW would not be doing this until someone is hired on fulltime as a staff member. I really want us to find a way for this to be priority at the RAW. Have one of the rental staff be able to rent out items such as tents, sleeping bags, and back packs. There are sleeping bag liners that will be washed in order for the sleeping bags to be a rental item.

Chair Davis mentions that this is a great idea but with the cost and the huge budget crisis is this something that ASI can afford.

Weisbecker states that just purchasing the rental equipment and renting it out for a small fee would be a great start.

Chair Davis indicates if there is success with these outdoor initiatives, Maybe we get back to the initial start with the Outdoor Adventures Club.
XI. Directors Report
Chair Davis states that next week she will be sending out an email, Earth Day is already being worked on. She will be looking into some echo-friendly ideas and suggests that the committee does also. Let’s say by tomorrow night please submit to me some realistic and ideas we can do for tabling for Earth Day.

XII. Roundtable Remarks
Read: asks by next week can the discussion be brought up in regards to the fans. Chair Davis indicates that this would be okay.
Gonzales: mentions that she has been using the indoor gym and she noticed that people are not following the policies for the indoor track. Is it possible to update the policy and list why these policies are up? Chair Davis states that she is going to make this a discussion item for the upcoming meeting.
Ousely: asks when the committee will be tabling. Chair Davis states that it will be Tuesday 12:00pm to 2:00pm.
Davis: states that in terms of elections remember to be eligible, don’t fail any classes, and try not to get on any type of probation if any of the committee members would like to be on the board or the committees for the following year.

XIII. Adjournment
Motion: () to adjourn meeting at 11:27am.
Motion carries.

RAW Committee Chair
Name: Tenaya Davis

Minutes Approved On:
05-04-12
Date

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