Recreation & Wellness Committee Meeting Minutes for May 4th, 2012

I. Call to order: Chair Davis calls meeting to order at 10:30am

*indicates members present at the start of the meeting.

II. Roll call
Members Present
*Tenaya Davis
*Mark Weisbecker
*Camille Gonzales
*Katherine Read
*Jessica Ousely
Krista Smith

Absent Members
Christopher Prado
Kyle Lewis

Guests
Danielle Sage

III. Action Item- Approval of the Agenda
Motion: (Ousely) to approve the agenda.
Amendment I: (Ousely) adding the discussion item Outdoor Adventures.
Amendment I Carries.
Motion Carries as Amended

IV. Action Item- Approval of the April 20, 2012 Minutes
Motion: (Weisbecker) to approve the April 20, 2012 Minutes.
Motion Carries.

V. Public Comment
Public Comment is intended as a time for any member of the public to address the board on any issues affecting ASI and/or the California State University, East Bay.
No Public Comment

NEW BUSINESS

VI. Discussion Item- Fitness Classes.
Director Davis yields the floor to Danielle Sage.
Danielle Sage highlights the following in regards to the fitness classes going on in the RAW
- By the end of week three we have had 366 participants
- Total revenue: 1045.00
- We have sold 27 6-week passes compared to last quarter
- When the classes are offered in the evening there is usually a larger turnout
- There were still 70 participants with two classes being canceled
- 14 classes per week

"Students working for Students!"
- The committee discusses the amount of people that attended the classes in the past week
  - 17 in spin class
  - 9 in AB blast
  - 15 in Yoga
  - 22 in Zumba
  - 4 in Salsa

- Zumba class is a very successful class
- 15-20 people in some of the classes
- The committee discusses the amount of people that attended the classes during free week
  - 20 in Body Blast
  - 25 in AB Blast
  - 28 in Zumba Class
  *these were packed classes

- What are the terms of the classes being cancelled?
  - 24 hour cancellation unless sick or emergency

Weisbecker inquires on how many mats was bought for the yoga classes.
Danielle Sage mentions that there are 30 yoga mats.

Weisbecker asks why were there 30 yoga mats purchased when there is only 10 people in the yoga class.

Danielle Sage states that there is a need for extra equipment just in case other equipment gets damaged.

The committee discusses the price for other gyms that are off campus and the price includes classes.

Weisbecker mentions that he knows 24-hour fitness offers fitness classes with the membership and he inquires why the RAW center doesn’t have these same types of benefits.

Paying $3.00 per class really is a lot of money for students especially when the RAW Center is already being paid for by each student.

Danielle Sage states that $3.00 is really not a lot of money and the instructors are indeed paid to host the classes. She also mentions that she doesn’t know where the revenue is going from the fitness classes but it is definitely good for the gym.

The committee discusses the advantages of taking a class here or at 24-hour fitness

Read mentions the disadvantage of students paying $3.00 it can be a lot for each class taken.

Chair Davis states that if there was an extra fee added to the RAW fee paid during tuition to cover class, she asks Danielle if she believes that more students will participate.

Danielle Sage indicates that she doesn’t believe so because of students having studies and

"Students working for Students!"
classes going on. She also mentions that other schools does charge for their fitness classes but they still have an excellent turnout. Krista and I will have to discuss the gains from charging for fitness classes.

**Davis** states that the next step can be us looking at the numbers and find out the calculations from there. Since this is a hot topic, if the committee wants to continue this discussion next Friday by having another RAW Meeting than we can come back with numbers. Danielle **Sage** asks the committee what they would like for her to bring to this next committee meeting.

**Davis** indicates that we would like to see what the budget is: including what do we pay our instructor and what is the fitness budget in terms of the RAW Center. **Weisbecker** indicates that he would like a picture taken of all the equipment laid out in the room to see how tightly packed it is.

31:25

VII. Discussion Item—Student Certification Assistance Policy and Procedure

Chair **Davis** indicates that this is something that **Krista Smith** has approached her with at the Finance Committee Meeting. Within the next two meeting this is something that we are going to make into a policy and then take it to the board for approval. This is something that can be rolled over to the next meeting because it is associated with fitness classes, the idea is that there will be an allocation in which students can be certified and take classes to help improve the quality of the instruction. The idea is that the instructor can go get certified and trained for more knowledge on the subject. This would help the instructors have more credibility. The idea is for this to be a RAW Committee thing; there will be an application process. Once the applications are complete then the committee would read through them and then decide on who should receive this being that it is somewhat like a scholarship. We don’t want it to be on a first come first serve basis. **Weisbecker** states that it would be most appropriate for the executives in charge of the people that run the fitness classes to make those decisions.

The committee discusses who would be making the decision to pick the instructors. Danielle **Sage** asks if this opportunity would be open to everyone that is on-campus or would it strictly be for the people who are already instructors.

Chair **Davis** indicates that this is something that she would have to discuss with Krista Smith. Once we figure out the proper details on this we would have to make the policy and procedure.

Chair **Davis** asks **Krista Smith** if the opportunity will be open to all students or just the RAW staff members.

**Krista Smith** states that this is something that the committee can decide on but initially I did want it open to just the staff at the RAW but it doesn’t just have to be that.

There are 2 $150.00 assistant packages for fitness instructors, 2 for personal training, and
2 for intramural and 2 wildernesses first aid responders’ certifications. But this can be re-allocated in certain ways. This is an opportunity for students to excel the student’s personal development and the RAW to excel in the services that they offer. The certification in tells a reimbursement for up to $250.00.

44:00

VIII. Discussion Item-Future Plans of the Committee
Chair Davis highlights that the Fitness Classes will be huge and the Student Certification Assistance Policy and Procedure will be another huge initiative that will be focused on for the remainder of the year. There are only two to three meetings left and if the committee really wants to make a difference we have to stick with something that we have already been working on. Also, recommends to the committee members to reapply for the RAW Committee. Whoever takes over this committee for the following year will have information on what has taken place this year.

IX. Outdoor Adventures
Chair Davis yields the floor to committee member Mark Weisbecker who highlights the following.

Weisbecker indicates that this was discussed at the last meeting and there was an email sent back to him in regards to the Outdoor Adventure Club not being able to be in place due to there not being a full time staff available to run the program. Looking at doing a miniature program, only providing tents and sleeping bags for outdoor activities.

Krista Smith states that starting July there will be $10,000.00 allocated to the Outdoor Adventures start-up. There will be $20,000.00 for a graduate assistant and also $5,000.00 to subsidize transportation and contract out trips assuming that the budget is approved. I didn’t want to take on a risk of a new program and not have it be successful.

Weisbecker mentions that this is part of the reason why this was brought up was because the Outdoor Adventures Club. He goes over the price for renting a sleeping bag in regards to the club, rather than the RAW going out to purchase sleeping bags and charging a small amount for the clubs to rent them.

Krista Smith states that policies and procedures would then come up because other people would have used the equipment.

51:00

X. Roundtable Remarks
Weisbecker: indicates that he is looking forward to next week to discuss more on the topic of Fitness Classes.

Krista Smith: states as of 11:00am this morning the gym reopened, they finally received the last set of cages and they were installed last night and this morning. Hopefully intramural sports will be scheduled in the RAW Gym very soon. Help us spread the word.

Oursely: everyone should come up with a policy for Friday’s meeting.
Davis: mentions that she will be sending out a reminder and will be sending the agenda out to Sneh. The meeting on Friday will be at the same time 10:30am to 11:30am; in terms of Earth Day it was great to see people out there. There was a lot of cigarette butts on-campus which is disappointing. If students see trash on-campus do what is right and throw it away. Also there is a senior day baseball game if anyone would like to attend the game.

XI. Adjournment
Motion: () to adjourn meeting at 11:25am.
Motion carries.

RAW Committee Chair
Name: Tenaya Davis

Minutes Approved On:
05-11-12
Date: [Signature]