

"The world is healed one loving thought at a time."

-Marianne Williamson

Kristin Porter, M.A., Marriage and Family Therapist

Position Desired: Clinical Director

Licensed Marriage & Family Therapist, MFC #36673 November 2007 - present
Private Practice in Castro Valley and Dublin

Provide therapy services to multi-cultural children, adults, couples and families with a variety of presenting problems including grief and loss, chronic illness, learning disabilities, domestic violence, eating disorders, substance abuse, divorce, depression, and anxiety. Collaborate with Case Managers, School Psychologists, Psychiatrists, Physicians, parents and teachers to provide appropriate care.

Supervisor, Adjunct Professor January 2010 - present
California State University, East Bay

Work collaboratively with an interdisciplinary team to provide supervision to masters level MFT and School Psychologist Trainees in clinical and school site practicum counseling multi-cultural and diverse populations (including Spanish speaking, African American, Asian and other) of children and adults dealing with presenting problems of grief and loss, learning disabilities, chronic illness, depression and anxiety.

Family Therapist November 1994 – November 2007
Eden Counseling Services, Castro Valley

Provide therapy services for culturally diverse families of adolescents dealing with a variety of concerns including phase of life problems (including separation/individuation,) grief and loss, chronic illness, learning disabilities, substance abuse, eating disorders, depression and anxiety.

Instructor Bachelor of Science, Health and Human Services March 2008 – June 2009
University of Phoenix

Facilitate classes in undergraduate program in Case Management, Individual and Family Development and Lifelong Learning and Self-Care.

Marriage and Family Therapy Intern August 1994 – August 1995
Horizons Family Counseling, Livermore Police Department, Livermore

Provide family therapy to a culturally diverse population of families with adolescents identified as beyond parental control under the supervision and training of a licensed marriage and family therapist and psychologist. Attend bimonthly trainings provided by a Marriage and Family specialist with Horizons staff.

Assessment and Intake
Walnut Creek Psychiatric Hospital, Walnut Creek, CA
Work collaboratively with an interdisciplinary team to conduct telephone and in-person assessment interviews, facilitate intakes and coordinate insurance payment for a diverse group of patients requiring psychiatric hospitalization.

Education: Master of Arts in Counseling Psychology, Transpersonal Specialization June 1989 – August 1993
John F. Kennedy University, Pleasant Hill, CA
Bachelor of Arts, 16mm Film Production Sept. 1980 – May 1984
San Francisco State University, San Francisco, CA

Additional Interests:

Mindfulness Meditation practice.
Trainings and facilitation of Mindfulness Meditation with clients and students.
Mother of two daughters, 16 and 12 years old