An EMT and certified AHA instructor, I use realistic scenarios, heart-pumping music, and fun, fast-paced training exercises to develop both understanding and muscle memory.

I’ve put the class information below; please feel free to share it with your students. I offer a five percent discount to CSU students.

Thanks,
Anna Griffin, EMT

Heartsaver First Aid 3 hours

This class covers choking, heart attack, stroke, bleeding, burns, broken bones, diabetic, epileptic and allergic reactions and the use of personal protective equipment. Meets OSHA requirements for workplace First Aid. Review manual included. Two year certification. $55 a person.

Heartsaver AED 3 hours

Learn adult and child CPR, the choking rescue and the use of an automated external defibrillator (AED). This lively, hands-on course teaches you to react quickly and effectively in an emergency. Review manual included. Two year certification. $55.00 a person. (For CA teaching credential requirement, add Infant CPR module - $62.00 a person)

$10 discount if you take both classes. Full day students also get an additional $5.00 discount for early enrollment (before June 1, 2012.)

When: Saturday, June 16, from 9:00 to 12:00 noon (First Aid) and 12:30 to 3:30 pm (CPR)

Where: Samuel Merritt Health Education Center, 400 Hawthorne Avenue (near Piedmont Avenue and Broadway in Oakland.)

Registration is limited. Send registration requests to annagriffincpr@gmail.com or call (510) 653-8573. Final registration deadline is June 12.

AnnaGriffinCPR is a small, local, woman-owned business with more than twenty years’ experience teaching CPR and First Aid. Certified by both the American Heart Association and the American Red Cross, Anna is an EMT who uses realistic scenarios, heart-pumping music, and fun, fast-paced training exercises to develop your reflexes as well as your understanding. www.annagriffincpr.com

Visit us on Facebook! www.facebook.com/AnnaGriffinCPR