The Hospitality, Recreation and Tourism industry requires experience. The best way to gain that experience is while you are in school. Many CSUEB students work part-time or full-time while pursuing their bachelor or master's degrees. You can also gain real-life experience through volunteer activities.

Getting educated is more than getting that “piece of paper”. Our goals for our graduates include the ability to think critically, use data to make informed decisions, and treat everyone with dignity and respect.

All students must qualify for and complete an internship. This 400, or 560-hour supervised experience occurs at a hospitality, recreation or recreation therapy site. Hospitality and Recreation Management students complete the 400 hours over a year while Recreation Therapy students must complete the 560 hour internship as a full-time experience.

Faculty are Industry Leaders

Dr. Melany Spielman, CTRS, Chair & Coordinator of Recreation Therapy
- 27 years as a Recreation Therapist before becoming a professor
- City of Hope National Medical Center—Chief Recreation Therapist, LA, CA
- Deaconess Medical Center Spokane, WA
- Serra Center, Fremont, CA

Erick Kong, CTRS, MS, Recreation Therapy
Instructor, EdD (ABD) Alliant University, Educational Leadership
- TODCO Services, SF, CA
  Recreation Therapist
- Institute on Aging On Lok, SF, CA
  Recreation Therapist

For further information contact:
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Hayward, CA 94542

Website
http://www20.csueastbay.edu/ceas/departments/hrt/index.html
Look in the Student Toolbox section for course listings, yearly schedules, requirements for graduation, etc.
Bachelor of Science in Recreation
Option in Recreation Therapy

At CSU East Bay (CSUEB), the Recreation Therapy program prepares students to be leaders in the allied health career of Recreation Therapy. The focus of our program is in creating professionals with creativity, skill and determination to meet the needs of the people they serve.

Grounded in the philosophy that everyone has the right to leisure, our Recreation Therapy graduates are committed to providing people who have experienced a life altering event (illness, accident, trauma) with the skills to once again do the things that bring them joy.

The CSUEB program also provides individuals with skills in leadership, communication, technology, research, and problem-solving along with the creativity needed to become successful professionals. Combined with work experience, this preparation enables graduates to access premier employment opportunities in agencies in the San Francisco Bay area, and throughout the state and nation.

The CSUEB Recreation Therapy program strives to meet the needs of recreation therapy employers who seek smart, human-driven, practically-minded individuals who are dedicated to helping lead the growth of the profession. Graduates will enjoy opportunities for career advancement, contribute to others’ quality of life, and develop careers in fields characterized as non-routine and exciting.

Required Courses

Consult an advisor in your major for clarification and interpretation of requirements at least three times per year. Students must complete 1,000 hours of paid or volunteer experience before doing their internship. The major in Recreation Therapy consists of 98 units. The B.S. in Recreation with option in Recreation Therapy requires 180 units

Core Classes – All HRT Majors must complete

- REC 1000 Introduction to Recreation (4)
- HOS 1100 Introduction to Hospitality and Tourism (4)
- REC 2050 Computers in Hospitality, Recreation and Tourism (2)
- REC 3000 Philosophy of Leisure (4)
- REC 3010 Service Learning in Hospitality, Recreation and Tourism 2 (4)
- REC 3300 Leadership in Hospitality, Recreation and Tourism (4)
- REC 3701 Evaluation & Research in Hospitality, Recreation and Tourism (4)
- REC 4050 Social Justice in Hospitality, Recreation and Tourism (4)
- REC 4100 Professional Issues in Hospitality, Recreation and Tourism (2)
- REC 4501 Special Events Management 1 (4)
- HOS 4502 Special Events Management 2 (4)

Recreation Therapy Core— Required for Recreation Therapy Majors 51 Units

- BIOL 2010 Human Physiology and Anatomy I (or 2011) (5)
- HDEV 3800 Human Development and Interaction or PSYC 4420 Developmental Psychology (4)
- PSYC 4410 Abnormal Psychology (4)
- REC 3800 Introduction to Recreation Therapy (4)
- REC 4600 Recreation Therapy Documentation and Assessment (4)
- REC 4601 Recreation Therapy Treatment and Program Planning (4)
- REC 4602 Advanced Recreation Therapy Modalities (4)
- REC 4603 Recreation Therapy Programming (4)
- REC 4605 Recreation Therapy: Diagnostic Groups (4)
- REC 4897 Recreation Therapy Internship Placement (2)
- REC 4911 Recreation Therapy Internship and Senior Project (12)

Electives – 8 Units in HRT

Program Features

- The only program in the 23-campus California State University system to offer fully online degree completion.
- Arrangement with Foothill College in Los Altos Hills to offer online all lower division general education courses needed to earn a CSU degree.
- Faculty members dedicated to the success of a non-traditional, culturally diverse student body.
- Classes that demand rigor based in real life where all students can become leaders.
- Learn through doing philosophy—encourage students to work in the profession while in school.
- Focused on leadership and people skills.
- Philosophical underpinning of leisure: knowing why someone chose a specific activity can help you design a more satisfying experience for them.