## PRE-ATHLETIC TRAINING OPTION

**KINESIOLOGY Core Classes, Lower Division and Option-Specific**

Check the **Pre-Requisites** for ALL CLASSES to be sure you are qualified to take a class. Check the **Block Schedule** online for specific class offerings each quarter as it changes: [http://edschool.csueastbay.edu/departments/kIN/](http://edschool.csueastbay.edu/departments/kIN/)

**Performance Requirement:** 6-10 units of Activities Classes in 5 areas. Check Prerequisites for ALL CLASSES in the online catalogue.

All Students Complete the KINESIOLOGY Core and Required Lower Division Classes

### REQUIRED CLASSES for the OPTION (Check PreRequisites)

<table>
<thead>
<tr>
<th>LOWER DIVISION</th>
<th>UPPER DIVISION</th>
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</table>
| KIN 1625 (4) Nutrition & Perform  
Pre: None | KIN 2600 (4) Prev & Care of Ath Inj  
Rec: Biol 2010 |
| KIN 3600 (5) Care & Pre Athl Injury  
Pre: KIN 2600, KIN 3305 | KIN 4600 (2,2) Athl Train Practicum  
Pre: KIN 2600 or concurrent |
| KIN 3601 (4) Modalities in Rehab  
Pre: KIN 2600, KIN 3600 | KIN 4610 (4) Exercise Perscription  
Pre: KIN 3320 |

### UPPER DIVISION REQUIRED (CORE) CLASSES for the MAJOR (Check PreRequisites)

**KIN 3300 (5) Kinesiology Measurement**  
Recommended: Stat 1000 (PreReq: ELM math)  
**Take these two first**  
**KIN 3305 (5) Structural Kinesiology**  
PreReq: Biol 2010 (PreReq: Biol 1001, 1002, Chem 1100)

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<tr>
<th>Lab Courses</th>
<th>Non Lab Courses</th>
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| KIN 3310 (5) Biomechanics  
PreReq: Biol 2010, KIN 3300, 3305, | KIN 3700 (4) History of Sport & PE  
PreReq: Junior status |
| KIN 3320 (5) Exercise Physiology  
PreReq: KIN 3300, 3305 Biol 2010 | KIN 3740 (4) Philosophical Foundation of Sport  
PreReq: Junior status |
| KIN 3330 (5) Sensorimotor Skill  
PreReq: KIN 3300, 3305 Biol 2010 | KIN 3750 (4) Sport & Contemporary Society  
PreReq: Junior status |
| KIN 4410 (5) Sport & Exercise Psychology  
PreReq: KIN 3300 | KIN 4340 (4) Motor Development  
PreReq: Biol 2010, Senior status |