

California State University, East Bay



Required Kinesiology Courses – Critical Inquiry in Kinesiology, Structural Kinesiology, Introduction to Kinesiology, Performance Requirement

Core Knowledge Base in Kinesiology

Humanities

Philosophical Foundations
History of Sport
Sport & Society

Behavioral Sciences

Motor Development
Sport & Exercise Psychology
Motor Learning/Control

Life Sciences

Exercise Physiology
Biomechanics

Professional Applications



Physical Education Teaching (PET)



Exercise, Nutrition, & Wellness



*Therapeutic Studies
(Formerly Pre-Physical Therapy)

*Prep for Physical and Occupational Therapy & Chiropractic and Other Health Allied Fields



Social Justice



Physical Activity Studies