California State University, East Bay

Required Kinesiology Courses – Critical Inquiry in Kinesiology, Structural Kinesiology, Introduction to Kinesiology, Performance Requirement

Core Knowledge Base in Kinesiology

**Humanities**
- Philosophical Foundations
- History of Sport
- Sport & Society

**Behavioral Sciences**
- Motor Development
- Sport & Exercise Psychology
- Motor Learning/Control

**Life Sciences**
- Exercise Physiology
- Biomechanics

Professional Applications

- Physical Education Teaching (PET)
- Exercise, Nutrition, & Wellness
- Social Justice
- Physical Activity Studies

*Therapeutic Studies (Formerly Pre-Physical Therapy)

*Prep for Physical and Occupational Therapy & Chiropractic and Other Health Allied Fields