Welcome to
CAL STATE
EAST BAY

Pre-departure orientation for F-1 international students enrolling in Fall 2019
Your hosts today

Kelly Pan
International Recruitment & Marketing Manager
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Laura Perry
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Miguel Silva
International Student Advisor
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Lynn Perry,
International Admissions Evaluator
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You’ve made a great choice!

- Academic Excellence with Economic Value
- Priced among most affordable public universities
- Private College Environment- small class sizes, personalized learning
- One of most diverse universities in the U.S.
- You’ll love California’s mild weather, multicultural communities, internship opportunities and job prospects after graduation
Agenda

– Introduction of international programs offices
– Location & Weather
– Getting to CSUEB/Airport Pickup
– Carry-On Luggage
– Housing, Dining & Life at the Bay
– Enrollment and Fee Payment
– Health Insurance & Immunizations
– Internships/Working in the USA
– Orientation & Arrival Checklist
– Contacts / Q & A
International Programs at CSUEB

**Center for International Education (CIE)**
- International student advising on immigration for F-1 students
- Internship and work authorization
- SEVIS record
- Study Abroad

Email: cie@csueastbay.edu
Tel: (510) 885-2080

**International Admission Office (IAO)**
- Application
- Admission Process
- Transfer credits

Email: iao@csueastbay.edu
Tel: (510) 885-7571

**American Language Program (ALP)**
- Intensive English Program
- Conditional Admissions
- Pre-Business Analytics Program
- International Business Diploma
- **FUN TRIPS**

Email: alpgen@csueastbay.edu
Tel: (510) 885-2358
Location & Weather

Location: City = Hayward
- In San Francisco Bay Area
- 37 km to San Francisco city
- 42 km to Silicon Valley
- Safe living & learning environment
- Campus overlooks the SF Bay

Weather:
- Mediterranean climate (mild winter/cool summer)
- Summer: average temperature 15-25°C
- Winter: average temperature 5-15°C
Flying into the Bay Area

- San Francisco Bay Area Airports
  - San Francisco International Airport (SFO)
  - Oakland International Airport (OAK)
  - San Jose International Airport (SJO)

- Arrival at SF Bay Area airport
  - Officer will stamp on your passport
  - Officer will process an electronic I-94 (you will need to print a copy later to bring to CIE office [https://i94.cbp.dhs.gov](https://i94.cbp.dhs.gov))

- Many ground transportation options from local airports
Getting to CSUEB from Bay Area Airports

- San Francisco International Airport (SFO)
  - 30-35 minutes drive from CSUEB Hayward main campus
  - taxi ride $75-95 to campus (+tip 20%)
  - more info @ www.flysfo.com/to-from/ground-transportation

- Oakland International Airport (OAK)
  - about 20-30 minutes drive from CSUEB Hayward campus
  - taxi ride $45-80 to campus (+tip 20%)
  - more info @ oaklandairport.com/ground_transportation.shtml

- San Jose International airport (SJC)
  - Located Southeast of CSUEB Hayward campus,
    about 40-50 minute drive from the campus
  - taxi ride $85~100 to campus (+tip 20%)
  - more information @: www.flysanjose.com

If plan to use transportation network app, download Uber/Lyft/Wingz app before leaving home; Pre-paid SIM cards are available for purchase at SFO at the TripTel store, near Starbucks in International Arrivals area. See https://triptel.com for more information.
Airport Pickup

Airport Pick-up

• Fill out form online if you need the service: www.csueastbay.edu/alp/airport-pickup-form.html
• $140/person
• Look for the sign: CSUEB/ALP

Refer to Arrival Information form in your admission packet or online for more options.
**Carry on Luggage**

**DO carry**
- Passport
- I-20
- Credit Card
- Traveler’s Checks
- Cell Phone
- Small Amount of Cash

**DON’T bring**
- Fruits
- Meat
- A lot of Cash
Public Transportation to and from Campus

Bay Area Rapid Transit

Free Shuttle bus from campus to downtown Hayward and Hayward & Castro Valley BART stations

AC Transit Buses (Alameda County transit system)- Bus #60 from Hayward BART to CSUEB. Get a Clipper Card for discounted fares on BART and local buses. AC #60 Bus schedule available online.
Housing Options

On-Campus Housing
Pioneer Heights/University Village
• Move-in: Sunday before term start
  – Rent linen packet @ $10/week
  – Utilities included
  – To apply: internationalstudenthousing@csueastbay.edu
• Website: www.csueastbay.edu/ALP/housing/

Off-Campus Housing
• 1 bedroom apt: $1,800 - $2,100/month
• 2 bedroom apt: $2,200 - $2,700/month
• 3 bedroom apt: $2,800 - $3,200/month
  – Plus utility (student usually shares)
• Website: www.csueastbay.edu/cie/f1students/offcampus.html
Dining Commons/ Pioneer Kitchen

- Offers Three Meals a day
- All you care to eat
- Includes vegetarian options
- Flexible Meal plans
- Dine with a view of the Bay!

Other Dining options on campus:
- Starbucks, Jamba Juice, Subway, Taco Bell, Pizza Hut Express, Panda Express, Urban Revolution, Einstein Bros Bagels, & The Market
  - Food-trucks twice a week
Student Life on Campus

**Student Unions**- place to meet, eat, relax

**Student Life and Leadership**- 150+ recognized clubs/organizations

**GameZone** (in old Union-)
- indoor recreational room with pool tables, air hockey, & basketball free throw games
- GameCave- a custom video gaming room
- Equipment Rental counter - check out pool cues, video games, and board games

**Associated Students, Inc.-** student govt.

**NCAA Division II Athletics**- 6 men’s & 9 women’s sports teams
Student Life on Campus - Fitness

Recreation and Wellness (RAW) Center
Free services for matriculated students:
• indoor track
• cardiovascular equipment
• strength training equipment & boxing bags
• group fitness classes
• locker rooms with private showers
• basketball gym

Other Sports facilities on campus:
Swimming pool, soccer field, tennis courts, baseball field, gymnasium (basketball, volleyball/badminton courts)
Attractions in the Bay Area

- World-famous cable cars
- Santa Cruz Beach Boardwalk
- Golden Gate Bridge
- California State Capitol
- Lombard Street - crookedest street in the world
- Snow/Ski just 3 hour drive away
- Muir Woods Redwood Forest
Fall 2019 Fun Trips

MUIR WOODS & SAUSALITO
SATURDAY, SEPT 28, 2019
9AM-6PM
Cost: $10
Pick-up: University Village Parking Lot

SAN FRANCISCO YOUR WAY!
SATURDAY, NOVEMBER 16, 2019
10AM-6PM
MEET-UP: RAW SHUTTLE BUS STOP

Also note Associated Students sponsored event:

CSUEB DAY WITH THE OAKLAND ATHLETICS
Oakland Coliseum
Tuesday, September 3rd
7:05-10:05 PM
Each special ticket includes exclusive CSUEB and A's branded crew neck sweatshirt.
FREE parking available!

Six Flags: Fright Fest
Halloween Theme Park
SATURDAY | OCTOBER 26 | 4PM-12AM
PICK-UP: UNIVERSITY VILLAGE PARKING LOT
Cost: $45
Before registering for classes

- **Know your NetID** (Student ID) : ab1234
- **Accept Admission Offer** log into MyCSUEB ([my.csueastbay.edu](http://my.csueastbay.edu)) & look for the “Accept Admission” link on the left side of the page.
- **Check MyCSUEB “To Do List”** to complete required items which may include submission of documents, required trainings or purchasing health insurance.
- **Check MyCSUEB for any possible registration holds.**
- **Review the “important dates”** webpage for fall enrollment periods
- **See website for How to Register for Classes:** [www.csueastbay.edu/registrar/register/how-to-register-for-classes.html](http://www.csueastbay.edu/registrar/register/how-to-register-for-classes.html)
Health Insurance

Mandatory for all F1 international students
http://4studenttheath.relitioninsurance.com

- NOTE: Class registration will be on hold if fail to purchase insurance on time (each semester)

- Questions? Contact CSUEB Risk Management: csuebhealthinsurance@csueastbay.edu

- You may enroll by semester or by year.
  - Fall Semester = $705
  - Annual/Fall+Spring = $1410

* NOTE: If you enroll in summer session, you must enroll in insurance for summer as well
Enrolling in Classes

Graduate student enrollment
• During your enrollment period, enroll directly on MYCSUEB with advice from Graduate department if needed.

• Must take minimum 8 units per semester to be considered full-time. (Most students will take 9 units = 3 classes x 3 units)

• NOTE: You must maintain a 3.0 GPA to remain in good standing. If GPA falls below 3.0, you will be placed on Academic Probation. You may be Academic Disqualified if while on probation your GPA is below the 3.0 minimum GPA.
Enrolling in Classes

Undergraduate students

• Freshman should review the First-year Pathways website http://www.csueastbay.edu/ge/first-year-pathways.html to understand your options and course registration process.
• If you have AP, IB, CLEP, A-level, or community college credit, alert your advisor so you may receive credit.
• Consult with your General Education advisor:
  • Minimum 12 units/semester to be considered full-time
  • 15 units/semester recommended to graduate in 4 years
  • Maximum of 17 units/semester allowed

Sam Tran
Academic & Career Counselor
sam.tran@csueastbay.edu
General Education vs Major

Undergraduate students will have two advisors:

- **General Education advisor** (Sam Tran in Academic Advising and Career Education office (AACE)).
- **Major advisor** (in Academic Department)
University Writing Skills Requirement

• In addition to the lower-division GE requirements in writing, the California State University system requires all students to demonstrate writing competency at the university level in order to receive a bachelor’s, master's or doctoral degree.

• To satisfy the requirement, you may do one of the following:
  – Option One: Register for and pass the Writing Skills Test (WST).
  – Option Two: Enroll in and pass a first-tier writing course ENGL 300 or 301 (ENGL 3000 or 3001) and possibly a second-tier course, as well.

• Transfer and Graduate students should register for one of these options as soon as possible. See www.csueastbay.edu/testing/uwsr/index.html
Tuition and Fees

Undergraduate Programs: $8,249.50 = 12 units/semester
If take more than 12 units, figure additional $396 non-resident tuition/unit
Graduate Programs: $7,778.50 = 9 units/semester
Grad Business Programs: (MBA/MSBA): $10,208.50 = 9 units/semester

Estimated Living costs : $9,000/semester
Includes Room & board, meal plans, books & materials
Does not include international student insurance @$1410 per academic year

Students are billed after enrolling in classes

Tuition payment deadlines: July 15, 2019 &
August 12, 2019

How to Pay (part 1)

1. Login MyCSUEB, choose “Pay Here”

2. Enter NetID & password

3. Select “online payment”
How to Pay (Part 2)

4. Enter amount, then “Add to basket”

5. Choose “Checkout”
Immunization Requirements

California State University, East Bay requires:

• **Measles/Mumps/Rubella (MMR) Vaccine**
• **If 18 years old or younger, Hepatitis B Vaccine required**
• **Meningococcal vaccine is recommended**

Refer to website for official form and details on submitting proof of immunizations:

www.csueastbay.edu/medical-services/forms/immunizations.html
Orientation Dates

- **Transfer Orientation:** Thursday, August 8  
  (earlier dates also available; register on MyCSUEB)

- **International Student Orientation** (for freshman, transfer and graduate students)  
  Thursday, August 15 @ 8:00 am  
  (register on MyCSUEB)

- **International Students’ Friends and Family Open House:**  
  Friday, August 16 @ 9am-12noon

- **Tentative Additional Freshman Orientation:**  
  Student Life and Leadership Programs may add another Freshman-only orientation earlier in the week (perhaps August 14) for domestic & international students
What to bring to the Orientation?

- I-20
- Passport
- I-94 (printed from https://i94.cbp.dhs.gov)
- Proof of Health Insurance
- Proof of immunizations
- US Address/Phone number
- For provisionally admitted students- any outstanding transcripts/ degree certificates
Graduate Department Orientation Dates

MS Computer Science
• Friday, August 16 @1-3pm, North Science Building room N221

MS Business Analytics
• Saturday, August 17 @1pm (location TBD)

MS Construction Management:
• Friday, August 23 (TBC) contact construction@csueastbay.edu

MS Engineering Management:
• TBD; contact engineeringcsueb@csueastbay.edu

All other departments- please contact department
Arrival Checklist- Get your Bay Card

**Bay Card** = student ID/library card

- Bring your passport to library lobby to get photo taken/apply for card

- The Bay Card connects you to campus – granting you access to many buildings, campus dining restaurants, equipment check-out, students services and more!

- Get student discounts at some local shops and restaurants when you show your Bay Card. See: [www.csueastbay.edu/asi/business-services/discount-program.html](http://www.csueastbay.edu/asi/business-services/discount-program.html)
Checklist to do on Arrival

• Use your NetID to connect to **BaySync** (campus-wide system to be informed about activities on campus) & **Blackboard** (for class materials and communications from professors)
• Download **CSU East Bay Mobile app**
• Check **CSUEB shuttle bus schedule**
• Visit **campus bookstore** (purchase/rent books; student discounts on Apple products)
Internships and Working in the USA

**ON-Campus Employment** - *eligible immediately after start of term*
- No more than 20 hours per week
- Graduate assistantships available in some departments
- Open positions posted on CSUEB Online Job Board
- Check [AACE webpage](#) or Follow CIE on FB to see Part-Time Job Fair details (tentatively scheduled for Thurs., August 22)

**OFF-campus employment** - *eligible after 9 months of study*
- Curricular Practical Training (CPT) - internship for academic credit
- Optional Practical Training (OPT) - usually done after completion of degree; see CIE FB page for OPT application workshops

*Check out our Career Development video for CSUEB international students: [https://www.youtube.com/watch?v=n1lg4TT9vc0](https://www.youtube.com/watch?v=n1lg4TT9vc0)*
Academic Calendar

CSUEB is on a semester calendar:

- **Fall classes** start 6pm Mon., Aug. 19 and end in December *(check your finals schedule before booking travel)*
- **Thanksgiving break 2019**: November 25-29, 2019
- **Winter break**: December 15, 2019 - Jan. 20, 2020  
  *University Extension may offer intersession classes during break*
- **Spring classes** start January 21, 2020 and end in May *(check your finals schedule before booking travel)*
- **Spring break 2020**: one week in late March or early April
- **Spring term ends**: mid-May

*Dates subject to change. See online [catalog](#) for link to full Academic Calendar.*
Contacts

• CIE Office: 1 (510) 885-2080
• Emergency: 911
• DEPARTMENT WEBSITES:

Search contact information for your Academic Department at www.csueastbay.edu/aps/graduate-studies/graduate-program-directory.html

Check your Horizon e-mail and the CIE FB page for important updates www.facebook.com/CSUEBCIE

WeChat ID: qq503421502
WE LOOK FORWARD TO WELCOMING YOU ALL!
Questions?

Type in the Q&A box or contact us any time

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Laura Perry, Int’l Recruitment & Marketing Coordinator
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