Welcome to CAL STATE EAST BAY

Pre-departure orientation for F-1 international students enrolling in Spring 2020
Your hosts today

Kelly Pan
International Recruitment & Marketing Manager
kelly.pan@csueastbay.edu

Laura Perry
International Recruitment & Marketing Coordinator
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Miguel Silva
International Student Advisor/Immigration Advisor/OPT guru
miguel.silva@csueastbay.edu
You’ve made a great choice!

- Academic Excellence with Economic Value
- Priced among most affordable public universities
- Private College Environment- small class sizes, personalized learning
- One of most diverse universities in the U.S.
- You’ll love California’s mild weather, multicultural communities, internship opportunities and job prospects after graduation
Agenda

– Introduction of international programs offices
– Location & Weather
– Getting to CSUEB/Airport Pickup
– Carry-On Luggage
– Housing, Dining & Life at the Bay
– Enrollment and Fee Payment
– Health Insurance & Immunizations
– Internships/Working in the USA
– Orientation & Arrival Checklist
– Contacts / Q & A
# International Programs at CSUEB

<table>
<thead>
<tr>
<th><strong>Center for International Education (CIE)</strong></th>
<th><strong>International Admission Office (IAO)</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>• International student advising on immigration for F-1 students</td>
<td>• Application</td>
</tr>
<tr>
<td>• Internship and work authorization</td>
<td>• Admission Process</td>
</tr>
<tr>
<td>• SEVIS record</td>
<td>• Transfer credits</td>
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</tbody>
</table>
| • Study Abroad | **Email:** [iao@csueastbay.edu](mailto:iao@csueastbay.edu)  
**Tel:** (510) 885-7571 |

**Email:** [cie@csueastbay.edu](mailto:cie@csueastbay.edu)  
**Tel:** (510) 885-2080

<table>
<thead>
<tr>
<th><strong>International Recruitment &amp; Marketing</strong></th>
<th><strong>American Language Program (ALP)</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>• Agent issues</td>
<td>• Intensive English Program</td>
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<tr>
<td>• Success stories for marketing</td>
<td>• Conditional Admissions</td>
</tr>
<tr>
<td><strong>Email:</strong> <a href="mailto:intlrecruiting@csueastbay.edu">intlrecruiting@csueastbay.edu</a></td>
<td>• Pre-Business Analytics Program</td>
</tr>
<tr>
<td><strong>Email:</strong> <a href="mailto:alpgen@csueastbay.edu">alpgen@csueastbay.edu</a></td>
<td>• International Business Diploma</td>
</tr>
<tr>
<td><strong>Tel:</strong> (510) 885-2080</td>
<td><strong>FUN TRIPS</strong></td>
</tr>
</tbody>
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**Email:** [alpgen@csueastbay.edu](mailto:alpgen@csueastbay.edu)  
**Tel:** (510) 885-2358
Location & Weather

Location: City = Hayward
- In San Francisco Bay Area
- 37 km to San Francisco city
- 42 km to Silicon Valley
- Safe living & learning environment
- Campus overlooks the SF Bay

Weather:
- Mediterranean climate (mild winter/cool summer)
- Summer: average temperature 15-25°C
- Winter: average temperature 5-15°C
Flying into the Bay Area

- San Francisco Bay Area Airports
  - San Francisco International Airport (SFO)
  - Oakland International Airport (OAK)
  - San Jose International Airport (SJO)

- Arrival at SF Bay Area airport
  - Officer will stamp on your passport
  - Officer will process an electronic I-94 (you will need to print a copy later to bring to CIE office [https://i94.cbp.dhs.gov](https://i94.cbp.dhs.gov))

- Many ground transportation options from local airports
Getting to CSUEB from Bay Area Airports

• San Francisco International Airport (SFO)
  – 30-35 minutes drive from CSUEB Hayward main campus
  – taxi ride $75-95 to campus (+tip 20%)
  – more info @ www.flysfo.com/to-from/ground-transportation

• Oakland International Airport (OAK)
  – about 20-30 minutes drive from CSUEB Hayward campus
  – taxi ride $45-80 to campus (+tip 20%)
  – more info @ oaklandairport.com/ground_transportation.shtml

• San Jose International airport (SJC)
  – Located Southeast of CSUEB Hayward campus,
    about 40-50 minute drive from the campus
  – taxi ride $85~100 to campus (+tip 20%)
  – more information @: www.flysanjose.com
Airport Pickup

Airport Pick-up

• Fill out form online if you need the service: www.csueastbay.edu/alp/airport-pickup-form.html
• $140/person
• Look for the sign: CSUEB/ALP

Refer to Arrival Information form in your admission packet or online for more options.
Carry on Luggage

**DO carry**
- Passport
- I-20
- Credit Card
- Traveler’s Checks
- Cell Phone
- Small Amount of Cash

**DON’T bring**
- Fruits
- Meat
- A lot of Cash
Bay Area Rapid Transit

Free Shuttle bus from campus to downtown Hayward and Hayward & Castro Valley BART stations

AC Transit Buses (Alameda County transit system)- Bus #60 from Hayward BART to CSUEB. Get a Clipper Card for discounted fares on BART and local buses. AC #60 Bus schedule available online.
Housing Options

On-Campus Housing
Pioneer Heights/University Village

- Move-in: Sunday before term start
  - Rent linen packet @ $10/week
  - Utilities included

- To apply: internationalstudenthousing@csueastbay.edu
- Website: www.csueastbay.edu/ALP/housing/

Off-Campus Housing

- 1 bedroom apt: $1,800 - $2,100/month
- 2 bedroom apt: $2,200 - $2,700/month
- 3 bedroom apt: $2,800 - $3,200/month
  - Plus utility (student usually shares)

- Website: www.csueastbay.edu/cie/f1students/offcampus.html
Dining Commons/ Pioneer Kitchen

- Offers Three Meals a day
- All you care to eat
- Includes vegetarian options
- Flexible Meal plans
- Dine with a view of the Bay!

Other Dining options on campus:

- Starbucks, Jamba Juice, Subway, Taco Bell, Pizza Hut Express, Panda Express, Urban Revolution, Einstein Bros Bagels, & The Market
- Food-trucks twice a week
Student Life on Campus

Student Unions- place to meet, eat, relax
Student Life and Leadership- 150+ recognized clubs/organizations
GameZone (in old Union-)
  • indoor recreational room with pool tables, air hockey, & basketball free throw games
  • GameCave- a custom video gaming room
  • Equipment Rental counter - check out Pool Cues, Video Games, and board games

Associated Students, Inc.- student govt.
NCAA Division II Athletics- 6 men’s & 9 women’s sports teams
Student Life on Campus - Fitness

Recreation and Wellness (RAW) Center
Free services for matriculated students:
• indoor track
• cardiovascular equipment
• strength training equipment & boxing bags
• group fitness classes
• locker rooms with private showers
• basketball gym

Other Sports facilities on campus:
Swimming pool, soccer field, tennis courts, baseball field, gymnasium (basketball, volleyball/badminton courts)
Attractions in the Bay Area

- Lombard Street - crookedest street in the world
- World-famous cable cars
- Santa Cruz Beach Boardwalk
- Golden Gate Bridge
- Muir Woods Redwood Forest
- Snow/Ski just 3 hour drive away
- California State Capitol
Spring 2020 Fun Trips

subject to change depending on Risk Management’s approval

Feb 8, Lunar New Year Parade in SF

Feb 23, Santa Cruz boardwalk and clam chowder cook-off

Mar 1, Broadway show

Mar 22, Escape Room
# Campus Safety

*Safety Statistics for CSUEB and nearby universities for latest year available*

<table>
<thead>
<tr>
<th></th>
<th>CSUEB (Hayward)</th>
<th>SFSU</th>
<th>SJSU</th>
<th>UC Berkeley</th>
</tr>
</thead>
<tbody>
<tr>
<td>Robbery</td>
<td>1</td>
<td>3</td>
<td>4</td>
<td>10</td>
</tr>
<tr>
<td>Rape</td>
<td>3</td>
<td>9</td>
<td>10</td>
<td>19</td>
</tr>
<tr>
<td>Burglary</td>
<td>19</td>
<td>24</td>
<td>8</td>
<td>33</td>
</tr>
<tr>
<td>Vehicle Theft</td>
<td>2</td>
<td>1</td>
<td>14</td>
<td>31</td>
</tr>
<tr>
<td>Illegal drug arrests</td>
<td>5</td>
<td>3</td>
<td>52</td>
<td>35</td>
</tr>
<tr>
<td>Illegal Weapons</td>
<td>0</td>
<td>2</td>
<td>10</td>
<td>15</td>
</tr>
</tbody>
</table>

Sources:
4. UC Berkley: [https://ucpd.berkeley.edu/sites/default/files/2019_uc_berkeley_asfsr.pdf](https://ucpd.berkeley.edu/sites/default/files/2019_uc_berkeley_asfsr.pdf)
Before registering for classes

• Know your NetID (Student ID):  ab1234

• Accept Admission Offer log into MyCSUEB (my.csueastbay.edu) & look for the “Accept Admission” link on the left side of the page.

• Check MyCSUEB “To Do List” to complete required items which may include submission of documents, required trainings or purchasing health insurance.

• Check MyCSUEB for any possible registration holds.

• Review the “important dates” webpage for enrollment periods

• See website for How to Register for Classes: www.csueastbay.edu/registrar/register/how-to-register-for-classes.html
Health Insurance

Mandatory for all F1 international students
http://4studenthealth.relationinsurance.com

• NOTE: Class registration will be on hold if fail to purchase insurance on time (each semester)

• Questions? Contact CSUEB Risk Management:
csuebhealthinsurance@csueastbay.edu

• You may enroll by semester or by year.
  - Spring Semester = $705

* NOTE: If you enroll in summer session, you must enroll in insurance for summer as well
Graduate student enrollment
• During your enrollment period, enroll directly on MYCSUEB with advice from Graduate department if needed.

• Must take minimum 8 units per semester to be considered full-time. (Most students will take 9 units = 3 classes x 3 units)

• NOTE: You must maintain a 3.0 GPA to remain in good standing. If GPA falls below 3.0, you will be placed on Academic Probation. You may be Academically Disqualified if while on probation your GPA is below the 3.0 minimum GPA.
Enrolling in Classes

Undergraduate students

- Freshman should review the First-year Pathways website [http://www.csueastbay.edu/ge/first-year-pathways.html](http://www.csueastbay.edu/ge/first-year-pathways.html) to understand your options and course registration process.

- If you have AP, IB, CLEP, A-level, or community college credit, alert your advisor so you can receive credit.

- Consult with your General Education advisor:
  - Minimum 12 units/semester to be considered full-time
  - 15 units/semester recommended to graduate in 4 years
  - Maximum of 17 units/semester allowed

Sam Tran
Academic & Career Counselor
sam.tran@csueastbay.edu
General Education vs Major

Need at least 120 semester units towards a degree completion to graduate

- 48 General Education (GE) units
- 72 Major Units and electives

Undergraduate students will have two advisors:
- **General Education advisor** (Sam Tran in Academic Advising and Career Education office (AACE)).
- **Major advisor** (in Academic Department)
Tuition and Fees

Undergraduate Programs:  $8,249.50 = 12 units/semester
If take more than 12 units, figure additional $396 non-resident tuition/unit
Graduate Programs:  $7,778.50 = 9 units/semester
Grad Business Programs: (MBA/MSBA): $10,208.50 = 9 units/semester

Estimated Living costs:  $9,000/semester
Includes Room & board, meal plans, books & materials
Does not include international student insurance @$1410 per academic year

Students are billed after enrolling in classes

Tuition payment deadlines:  1) Dec. 9, 2019 &
                             2) Jan. 13, & 3) Jan. 23, 2020

How to Pay (part 1)

1. Login MyCSUEB, choose “Pay Here”
2. Enter NetID & password
How to Pay (Part 2)

3. Select “online payment”

Your account does not currently have any outstanding charges.

<table>
<thead>
<tr>
<th>Description</th>
<th>Price</th>
<th>View</th>
</tr>
</thead>
<tbody>
<tr>
<td>ONLINE PAYMENT</td>
<td></td>
<td>View Details</td>
</tr>
</tbody>
</table>

Please select an item below to make a payment.

<table>
<thead>
<tr>
<th>Categories</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-Enrollment Payment</td>
<td>For New Undergraduate Only</td>
</tr>
<tr>
<td>Orientation for Non-Students</td>
<td>Family / Parent &amp; Guests</td>
</tr>
</tbody>
</table>

4. Enter amount, then “Add to basket”

To pay for this item, click the button below.

Add to Basket

5. Choose “Checkout”

<table>
<thead>
<tr>
<th>Item Code</th>
<th>Edit</th>
<th>Delete</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>ONLINE PAYMENT</td>
<td>Edit</td>
<td>Delete</td>
<td>$7,778.50</td>
</tr>
</tbody>
</table>

Total Amount $7,778.50

Checkout
Immunization Requirements

California State University, East Bay requires:

- Measles/Mumps/Rubella (MMR) Vaccine
- If 18 years old or younger, Hepatitis B Vaccine required
- Meningococcal vaccine is recommended

Refer to website for official form and details on submitting proof of immunizations:

www.csueastbay.edu/medical-services/forms/immunizations.html
Spring 2020 Orientation

International Orientation
Thursday, January 16, 2020 @8:30am
Valley Business & Technology Building

Online orientation also available for transfer students to be completed between Dec. 10, 2019 – Jan. 20, 2020. Note- this does not include immigration session, so you must also check-in with CIE by first week of term. For more information visit the Online Transfer Orientation webpage.
What to bring to the Orientation?

• I-20
• Passport
• I-94 (printed from https://i94.cbp.dhs.gov)
• Proof of Health Insurance
• Proof of immunizations
• US Address/Phone number
• For provisionally admitted students- any outstanding transcripts/ degree certificates
Arrival Checklist - Get your Bay Card

Bay Card = student ID/library card

- Bring your passport to library lobby to get photo taken/apply for card

- The Bay Card connects you to campus – granting you access to many buildings, campus dining restaurants, equipment check-out, students services and more!

- Get student discounts at some local shops and restaurants when you show your Bay Card. See: www.csueastbay.edu/asi/business-services/discount-program.html
Checklist to do on Arrival

• Use your NetID to connect to **BaySync** (campus-wide system to be informed about activities on campus) & **Blackboard** (for class materials and communications from professors)

• Download **CSU East Bay Mobile app**

• Check **CSUEB shuttle bus schedule**

• Visit **campus bookstore** (purchase/rent books; student discounts on Apple products)
Internships and Working in the USA

ON-Campus Employment - eligible immediately after start of term
• No more than 20 hours per week
• Graduate assistantships available in some departments
• Open positions posted on CSUEB Online Job Board

OFF-campus employment - eligible after 9 months of study
• Curricular Practical Training (CPT) - internship for academic credit
• Optional Practical Training (OPT) - usually done after completion of degree; see CIE FB page for OPT application workshops
• Follow Center for International Education on FB to see when Job Fairs are announced (3 or more per year; hosted by AACE)

*Check out our Career Development video for CSUEB international students: https://www.youtube.com/watch?v=nIlg4TT9vc0
Academic Calendar

CSUEB is on a semester calendar:

• **Spring classes** start January 21 and end in May (check your finals schedule before booking travel)
• **Spring Break 2020**: March 30 – April 3
• **Final exams week**: May 11-16
• **Summer session (optional)**: June 3 – August 3
• **Fall 2020 classes** start August 18 and end in mid December

*Dates subject to change. See online [catalog](#) for link to full Academic Calendar.*
Contacts

• CIE Office: 1 (510) 885-2080
• Emergency: 911
• DEPARTMENT WEBSITES:
  Search contact information for your Academic Department at www.csueastbay.edu/aps/graduate-studies/graduate-program-directory.html
  Check your Horizon e-mail and the CIE FB page for important updates www.facebook.com/CSUEBCIE
  WeChat ID: qq503421502
WE LOOK FORWARD TO WELCOMING YOU ALL!
Questions?

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Type in the Q&A box or contact us any time