CSU East Bay
The Center for Community Engagement
Voices & Visions
2013-2014
Meet the Staff: Center for Community Engagement

Mary D’Alleva started working for CSUEB as a Lecturer in the English Department in Spring 1997. She was hired as Director of the Service Learning Program in 2001. Mary is most excited that Pioneers for Change is growing into its third year.

Emily Chow (not pictured) is the Hayward Promise Neighborhood Outreach Coordinator for Service Learning under the Center for Community Engagement. In the past year, Cal State East Bay students provided support for the Promise Neighborhood and public schools by offering tutoring and college mentoring services for K-12 youth. Together we are developing a healthy community and positive learning environments for both K-12 and college students. Our goal is to create a college-going culture and promote learning through active participation. Emily has worked with many communities during her time in the nonprofit sector and has established many positive and supportive direct service programs for underserved youth and families.

Andrea Wells joined the CCE in May in the new Community Partnerships Coordinator position. Prior to joining our team Andrea coordinated community service opportunities for students in Barrett, The Honors College at Arizona State University and completed her master's degree in higher and post-secondary education. Her work is particularly focused on:

- facilitating community engagement partnerships on behalf of the university,
- supporting faculty and developing service learning courses,
- rolling out and maintaining CSUEB Serves, our web application that enables efficient facilitation of partnerships and tracking of service, as well as advising the community engagement internship portion of Pioneers for Change

Andrea is passionate about contributing to the public good. She is a Make-A-Wish wish granter and a member of the Daughters of the American Revolution, an organization dedicated to aiding veterans and educating youth. She was a part of two Habitat for Humanity Global Village trips with which she was a part of teams who built houses from earthen blocks in Ghana and helped repair roofs destroyed by a Chilean volcano in Argentina.

Patricia Loché, Projects Coordinator, has worked at CSUEB since 1999. Prior to joining the CCE she worked in the Accounting Office as well as in the Academic Advising and Career Education Center. In 2011 Patricia was given the opportunity to join the CCE using ¼ of her time coordinating CSUEB’s first Freshmen Day of Service initiative. In her second year with the program she became full time Projects Coordinator for the Freshmen Day of Service and collaborates on Pioneers for Change. Patricia’s key goals for PFC are to give students an opportunity to serve the community and learn something about themselves in the process.

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In the 2014 Spring Quarter Freshmen General Studies students once again displayed their dedication to the community by engaging in Cal State East Bay’s third annual Freshman Day of Service (FDoS). This year, freshmen students served more hours at more projects than in any prior years. (1198 freshmen, 84 service projects, 28 community partners, 4,775 hours of service).

One of the highlights from this year was a new partnership with MedShare based in San Leandro. MedShare is an organization dedicated to the efficient recovery and redistribution of surplus medical supplies and equipment to those most in need. Working alongside this progressive nonprofit agency, CSUEB freshmen sent vital medical supplies to countries such as Guatemala, Kenya, Sierra Leone, the Philippines, and Vietnam.

Another new 2014 community partner was The Salvation Army. While staffing the agency’s donation drop off center in Castro Valley, students were called on to collect and sort donations from caring Bay Area residents. Thanks to the help of more than 40 CSUEB freshmen, the center was able to complete the project in record time.

Many of our community partners attribute a large part of this year’s success to the significant contributions of Pioneers for Change (PFC) student leaders. PFC is a paid service learning leadership program through the Center for Community Engagement (for more information, see pg..21). In 2014 the program was able to nearly double the number of PFC student leaders which allowed 1 to 2 student leads at all 84 projects.

CSUEB freshmen engaged in:
- Community Restoration (neighborhood clean ups, light manual projects)
- Community Gardening (local community gardens and planting)
- Direct Assistance to clients (food service/ preparation, recreational activities, and community outreach events)
- Event Support (planning, preparation)
- Facilities Improvements (painting, light repairs)
- Environmental Restoration (natural habitat restoration, trail work, creek/pond/beach clean ups)
We owe a special thanks to all our community partners without whose patience, willingness, and collaboration the Freshmen Day of Service would not have been possible! 28 partners, 12 cities, 84 projects

Alameda County Office of Education - Project EAT (Tennyson High School, Tennyson High and San Lorenzo High School)
Alameda County Community Food Bank
Alameda Point Collaborative
**New!** American Cancer Society, Inc.
ASI Environmental Affairs (Hayward and Concord Campus)
Bay Area Same Sex Dance Association
New Challenge Day
Cystic Fibrosis Foundation
Downtown Oakland YMCA
Eden Housing Resident Services (Dublin and San Leandro)
Eden Housing (Tennyson Gardens)
**New!** Giant Step
Hayward Promise Neighborhood
**New!** Hayward Public Library (Sara Conner Court, Tennyson Gardens and Walker Landing)
Hayward Shoreline Interpretive Center
Keep Hayward Clean and Green Task Force
Lincoln Child Center's Kinship Support Services
Math Science Nucleus
**New!** Medshare
Open Heart Kitchen
**New!** Protect Hayward's Future (YES on C)
**New!** REACH West (Lincoln Elementary School)
Save The Bay
South Hayward Parish
**New!** The Kids Breakfast Club
**New!** The Salvation Army
Tri-City Volunteers
YMCA at Camp
Arroyo

Cities
Brentwood
Castro Valley
Concord
Dublin
Fremont
Hayward
Livermore
Oakland
San Leandro
San Pablo
San Pablo
San Lorenzo
Walnut Creek
Community Connections:  
FDoS Partner Feedback

“Those folks were great by the way! I loved the energy and their I can attitude. They really made a difference.”

“Once aging a very successful FDoS. The volunteers finished a 24 item to do list in amazing time.”

“Thanks for doing these service days.... it is great to see these kids do something they never thought they would do... My group at the Nursery did a great job.”

“They were fun to work with, extremely motivated and did everything that was asked of them. We were impressed with the way they worked with the families and were kind, considerate and patient with them. They were such an encouragement to all of us. Please let each one know that we really enjoyed working with them AND they should ALL get an A+ for their time and effort. “

“Thanks to their hard work, the food bank had enough bagged can items for two weeks!”
“Not only was the scenery awesome but the work we did felt as if we truly made a difference in the lives of two endangered species local only to the bay area.”

“I realized how much people litter and I pledge to never litter again because I saw just how much one little park had.”

“I had a really great time, and I wasn’t expecting this, but I even got to network! Not only was I able to serve but because of a contact I made there, I found more opportunities to volunteer elsewhere.”

“Meeting other people who want to help beautify Hayward was a great experience because everyone came from different backgrounds and interests.”
“...when we all come together to work on one cause I feel like anything can be accomplished. On my...Freshman Day of Service I feel like we impacted this organization, this community, this city in a strong positive way. As an individual I feel like I'm simply a small piece to this big puzzle... I realized that everyone's actions really do matter because even the smallest involvement can make a huge impact toward others and an organization...The main thing that I valued from this experience that we all put in to get the job done.”

“The project was amazing. It was really fun to go out and help and be a part to make a difference. “

“Cleaning the Hayward Shoreline really opened my eyes to how much trash gets put into the bay and ends up on the shoreline. It really put it in perspective what it would look like globally? This experience really honored and humbled me as I did my part of the service. ...We cleaned up an entire block of trash that sat on the street and hidden deep inside bushes that rested on the side. I really wish we had before/after pictures. It was amazing.”
“What I will take most from this opportunity, is the confidence that I have gained in regards to speaking with people in a pre-professional medical environment….I became more confident in my abilities to interpret. I feel that this experience is a fantastic opportunity to practice spoken language skills and patient/clientele service in a directly related field of study.”— student in Advanced Spanish Conversation, Winter 2013

“Reading Partners has been a great experience...I have learned so much from this program and from the kids. I never thought I could be as patient as I was with them. Every time they got something right I got excited with them. I always kept challenging them and motivating them to keep trying harder. I liked the experience so much that I changed my mind on what I want to do my graduate studies on. I’m applying for the credentials program ...This program [Reading Partners] is important to me because it helps children overall Hispanic students to advance more and become confident to speak in English. The program has truly changed my views on school and has helped me find something I am passionate for.”—student in Advanced Spanish Conversation, Winter 2013

“My service learning experience was an eye opener ...I feel like I’m contributing and making an impact in the learning process and in the life of the students.”— student in Advanced Spanish Conversation, Winter 2013

“During my time being in the Hayward Promise Neighborhood program I learned many things. I went to Tennyson High School and was a tutor for the Puente Program….I graduated from that same high school I went through the same thing they are going through, it is easier for me to connect with them and tell them that they can do it and motivate them to go to college.”—student in Advanced Spanish Conversation, Winter 2013
Pioneers for Change (PFC) is a work opportunity within the Center for Community Engagement that teaches students socially responsible leadership through group training, community service activities, a personal development plan, and service learning internships. Our mission is to create an engaging educational program that allows students to step out of their comfort zones, act as leaders on and off campus and catalysts for positive change within the community.

2013-14 Highlights:

December—PfC wrapped and distributed holiday gifts for Downtown Oakland YMCA. Dianne Rush Woods, University Diversity Officer joined our training session and facilitated a fun and informative workshop on diversity and inclusion.

January—PfC got their hands dirty in honor of Martin Luther King, Jr. Day at Lake Merritt, taking part in a community garden restoration project. In late January, our students were treated to a visit from Ann Fajilan, Professor of Theatre & Dance at CSUEB, who worked with our students on building trust, teamwork, and confidence.

February—PfC worked for the Hayward Public Library’s Informational Walk to help gather community feedback for a new downtown library, including a meet & greet with Mayor Sweeney. During OASIS REACH at Lincoln Elementary School they served dinner to over 100 school children and their families and played educational games.

April—At the Cystic Fibrosis Foundation Run students created encouraging signs, and made bracelets to hand out to runners.

These experiences helped the team to come together around a shared goal and prepared them to be leaders at their various FDoS assignments.
Cystic Fibrosis Foundation

MLK at Lake Merritt, Okaland
Pioneers for Change in action! See more photos here

During spring finals PfC left notes around the CSU East Bay community to bring cheer

Training!

Serving!

Learning!
I got to put my leadership skills into the real world and it helped me grow a lot.

My proudest moment is helping a failing student to bring their letter grade up to a C+.

I learned that I can make things happen as an individual.
This was a “job” that I actually loved going to.

With the homework support center, I felt I was helping in providing a place not just for the kids to learn, but a fun and safe place that they wanted to come to.
URMs provide mentoring and character-building activities that emphasize achievement, self-esteem, restorative justice, social skills, and problem solving. In a collaboration with the Hayward Promise Neighborhood, CSU East Bay Criminal Justice students partner with Hayward Unified school students for character-building activities, community service projects, campus tours, and art projects.

University Role Models Mission Statement

University Role Models (URM) encourage positive behaviors among youth through participation in group mentoring opportunities and character-building activities which emphasize academic achievement, self-esteem, restorative justice, social skills, and problem solving. URMs also host community awareness events for families regarding education, safety, health, finance, and other issues related to leading a positive, productive, and engaged life.
Students at Park Elementary in Hayward will soon be enjoying fresh veggies thanks to gardens planted by the CSUEB University Advancement team as part of their holiday project.

**Campus Connections:**
**CSUEB serves!**

Check out this video from Ann Fajilan’s Theatre 3075 class Solo Performance: Writing about Political & Social Issues. Her students had 48 hours to create this video. They touch on issues of identity, esteem, empathy, and social responsibility—a touching and poignant work. Kudos!

https://www.youtube.com/watch?v=2xj7-Hm4s1l

**More than Words**

Pioneer Golf Clinic with LPGA-USGA Girls
Golf of East Bay

Youth Day with Pioneer Men's Soccer
In the 2013-2014 School Year, We Supported…

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<td>Harder Elementary</td>
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<td>Park Elementary</td>
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<td>Chavez Middle</td>
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<tr>
<td>Winton Middle</td>
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<tr>
<td>Hayward High</td>
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<tr>
<td>Tennyson High</td>
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6 Schools
5 Partner Programs
14 Day Time Classes & Classroom Teachers
3000+ HUSD Students Helped
2 HPN Community-Wide Events

Cal State East Bay Students Contributed a total of 6166 Hours of Service in HPN

2nd Year Growth!

What a year this has been! This is the 2nd year of program and we grew from 16 CSUEB participants to 42 who provided services in our 6 HPN targeted schools: Harder Elementary, Park Elementary, Winton Middle School, Chavez Middle School, Tennyson High and Hayward High. We also had hundreds of CSUEB volunteers support our HPN events at Park Elementary and the HPN Run Walk Roll and Stroll. I always tell people that when I put the call out, our CSUEB students always answer.

Many thanks to our community partners, teachers and schools for supporting our program and working alongside our students on their own personal and professional development.

Message from Emily Chow – HPN Service Learning Outreach Coordinator

“One small change can make a big impact and our participation in their education as volunteers can give them a little push to success.”
– Deepa Nair, Junior, Human Development
Tennyson High’s Puente Mural Completion (220+ hours)

After 1 and a half school years and 220+ hours, CSUEB art student and Tennyson High volunteers complete the Puente mural!

Park Elementary—Day of Service
(Beautifulization and Brand New Play Structure)
CSUEB Make a Difference cluster as well as other CSUEB students from various classes helped Park Elementary set up their school for a play structure donation from Lowes and Carter’s Kids.

HPN Run, Walk, Stroll and Roll and Community Expo

Over 118 CSUEB students volunteered for the HPN Run, Walk, Stroll and Roll event on April 5, 2014 in Hayward’s Jackson Triangle community.

CSUEB Participant's Majors

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<tr>
<th>Major</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Human Development</td>
<td>20%</td>
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<tr>
<td>Health Science</td>
<td>5%</td>
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<tr>
<td>Criminal Justice</td>
<td>3%</td>
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<tr>
<td>Math</td>
<td>17%</td>
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<td>Business</td>
<td>9%</td>
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<tr>
<td>Psychology</td>
<td>6%</td>
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<tr>
<td>Pre-Nursing</td>
<td>6%</td>
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<tr>
<td>Spanish</td>
<td>6%</td>
</tr>
<tr>
<td>Biological Science</td>
<td>3%</td>
</tr>
<tr>
<td>English</td>
<td>3%</td>
</tr>
<tr>
<td>Education</td>
<td>6%</td>
</tr>
<tr>
<td>Sociology</td>
<td>11%</td>
</tr>
<tr>
<td>Kinesiology</td>
<td>3%</td>
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</tbody>
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PROGRAMS

Homework Support Center
Superstars Literacy
College and Career Center
Puente Program
World House Program
Regular Daytime Classroom Help
Campus Connections:
New Horizons: Student Leadership and University Engagement

Megan Bebb, Student Life Advisor/Programming Coordinator

Student Life and Leadership Programs is committed to creating and implementing comprehensive programming to enhance the student experience. Part of our department’s mission is to connect students and student organizations to community focused opportunities. We believe in the power of learning outside of the classroom, including experiential and transformational learning. We believe our students should take leadership roles on campus and in the community. Through department and student collaboration, Student Life and Leadership Programs plans three distinct community engagement programs each year: Make a Difference Day, a Winter Quarter community service project, and Relay For Life.

Each year, Student Life teams up with students, faculty, staff, and community members to bring these outstanding leadership and service programs to Cal State East Bay. These diverse programs are tailored for CSUEB and community members to give back on a local, regional, and national level. This past year was full of taking chances and making updates and changes to our traditional events while finding new ways to incorporate community engagement in other events. We are also looking to the future as we welcome a new staff member, Patrick Prusinovski, who will now serve as Student’s Life Student Engagement Coordinator. His contact information is listed below. Please contact him for questions and suggestions regarding connecting community engagement experiences to co-curricular leadership programming.

As we look forward to the 2014-2015 academic year, let’s take a look back at the events of the 2013-2014 academic year.

Make A Difference Day

On October 26, 2013 Cal State East Bay and the Hayward community joined together to clean up local Hayward neighborhoods, parks, and schools. The CSUEB Diversity Center, the Residence Hall Association, and Student Life and Leadership Programs served as the CSUEB coordinators and teamed up with Hayward city’s task force, Keep Hayward Clean and Green, and HARD to make this day possible.

Over 250 participants came together to plant trees, pick up trash, clean the Hayward shoreline, and even put together care packages for foster children. After three hours of service, the students returned to CSUEB for a delicious lunch, a reflection exercise, and group discussion about their experiences and life-long commitment to social justice.
On October 25, 2014, CSUEB will be celebrating the 12th Annual Make A Difference Day on our campus! Registration will be available in September on the homepage of Student Life and Leadership Programs, www.csueb.edu/slife.

Winter Quarter Leadership Symposium

During the Winter Quarter Leadership Symposium, we added an on-campus service experience component to create opportunities for students to work together and give back to the community. We teamed up with three agencies that also had representatives present to the students about their organizations’ services.

Hayward Community Action Network: Students supported the project “Homeless Angels” which is an effort to offer vocational and training opportunities for individuals who are homeless or at risk for homelessness. Participants used a simple pattern to create beaded eyeglass/badge holders which were then sold to help support training and administrative costs of the program.

Alternative Family Services: Students helped by preparing the Foster Care Awareness Month mailer and created blue ribbons for the Foster Care Awareness Month campaign.

Freedom House: Freedom House is the only long-term care facility for survivors of human trafficking in Northern California. Survivors love creative cards with inspirational words on them so students were given materials to create messages and words of hope for the survivors.
We hope to pair up with other Bay Area agencies once again as many students expressed how much they enjoyed the experience and learning more about getting involved in a variety of different nonprofit organizations.

**Pioneers for St. Jude**

On April 8, 2014, Pioneers for St. Jude (formerly known as Up Til Dawn) returned to the CSUEB campus! The mission of St. Jude Children’s Research Hospital is to advance cures, and means of prevention, for pediatric catastrophic diseases through research and treatment. Consistent with the vision of the founder, Danny Thomas, no child is denied treatment based on race, religion, or a family’s ability to pay.

In order to raise money to aid the children affected, the executive board hosted a letter writing event where students wrote letters to their friends and family asking them to donate to St. Jude Children’s Research Hospital. There were live musical performances, games, arts and crafts, and delicious food. One of the most unique crafts was syringe painting (see below). By the end of the night, students wrote over 600 letters!

We have enjoyed our partnership with St. Jude Children’s Research Hospital. We are currently searching to serve a Bay Area nonprofit organization for our Winter Quarter community engagement project.

**Relay For Life**

Relay For Life is a national event for the American Cancer Society hosted by colleges and universities across the country. Relay For Life is a 24-hour walk-a-thon where students, faculty, staff, and student organizations raise money by having at least one person from their team walk around the track at all times. The event takes place annually in May of the Spring Quarter. The event is heavily supported by the fraternities and sororities who have adopted it as their annual philanthropy as well as a variety of other student organizations, campus departments, and off-campus organizations who also participate each year.
On May 17 and 18, 2013, hundreds of participants came out for Relay For Life. There was a variety of food, live music, dance performances, and entertainment throughout the day and night. Clubs and organizations sold food and crafts to continue their fundraising efforts. The committee saw a very high retention of students who stayed overnight and through closing ceremony. Although the fundraising continues through August 2014, CSUEB has already raised over $6,000 for the American Cancer Society. The committee was led by Kaila Molzen along with a committee of student leaders. The CSUEB Relay For Life committee looks forward to continuing to improve the program and exceed their $10,000 goal next year!

Applications to join the executive board or serve as a team leader will be available in the Fall Quarter. Students are encouraged to gather a group of friends and form a team to participate. For more information about Relay For Life, visit the Relay For Life Table at the Welcome Week Campus Resource Fair and check out the Relay For Life website by visiting www.relayforlife.org.

Submitted By: Megan Lebre, Student Life Advisor/Programming Coordinator
For more information regarding Student Life and Leadership Programs community engagement programs, please contact our new Student Engagement Coordinator, Patrick Prusinovski, by calling 510-885-7660 or emailing patrick.prusinovski@csueastbay.edu. For a list of upcoming events and resources, please visit the Student Life and Leadership Programs website at www.csueastbay.edu/slife and like our Facebook page, CSUEB Student Life & Leadership Programs.
In 2013-2014, seventy students participated in a senior social service internship. Each student commits to at least 240 service hours over the winter and spring quarters. Here are some excerpts from some of the students’ reflections about their experiences. Questions about the program can be directed to Holly Vugia, Associate Professor of Sociology and Social Services, holly.vugia@csueastbay.edu.

Laura Centeno, Learning Together Initiative, Gardener Care, San Jose

….First Five wanted the LTI program to start focusing more with helping the parents getting their children prepared for kindergarten. So we started to offer free classes to interested parents. We had to do some outreach and also find a site to offer these classes. It wasn't easy but we did it and enjoyed serving the community. Lastly we did home visits to help parents with any questions they might have about their children. With this I learned how to use different tools like the Age and Stages Questionnaire (ASQ) to see where children are developmentally. With these different tools and knowledge I learned more of what a social worker does for the community and this internship has reassured me that this is the career that I want to do.


When I began my internship with A Better Way, I felt a nervousness that I have never felt before. I was starting over, at the entry level of a new field once again….I quickly learned two things….One was that life experience, the very thing that I had previously considered a detriment, could actually serve me in this new environment. Job skills, I came to realize, primarily consist of universal life skills. The other important realization I made was that the people I worked with at A Better Way embraced the values and ethics of social work in every aspect of their lives (including their interactions with me). Being in an environment of consistent warmth, respect, and empowerment brought out the best in everyone involved….My field instructor, Julia, was a great example of what I mean. From the beginning, she was an ally and a mentor. She was patient and understanding with tasks that were new to me, but simultaneously encouraged my taking on new challenges…. she showed that my input was important to her, and that she truly valued me as an intern.

Charles Colston, Allen Temple Health and Social Services Ministry, Oakland

… I was able to get some great experience…and confirm my confidence in pursuing a career in this field…My experience has been so pleasant that I am going to continue volunteering over the summer. What I like most about the internship is that it provides many services from Anger Management/Domestic Violence, Parenting, Recovery, Housing Assistance, Food giveaways, and Veteran Assistance just to name a few…a broad spectrum of services that all have great value. The real life situations that individuals endure on a daily basis and the face-to-face interactions are what I really value about this internship…. I learned how listening, compassion, empathy, and patience all have a major impact on my effectiveness…I grew in my desire for social justice….This has been an emotional and intellectual learning experience for me…and needless to say working with my field instructor has been great…
First Place helps former foster youth from the ages of eighteen to twenty-four find jobs, housing, schooling and healthy living. Once I was asked to help a young woman in mathematics so that she could pass a test in order to start taking classes for a phlebotomy certificate. When I gave her a practice test…she skipped all the questions that had basic addition and subtraction with decimals and fractions. When I had asked her why…she replied that she did not remember how to add and subtract fractions and decimals. I was somewhat stumped because I had never had to try to teach elementary math to someone before, but I was able to complete my task, even though I struggled a bit at first…I spoke with my field instructor about it and how surprised I was. She told me that most foster youth have math and English skills that are at elementary level, and that many foster youth do not complete high school because they are moved around so much from foster home to foster home…Since that day, I have been researching and trying to find out more about foster care along with ways to reform it. These youth deserve social justice and the ability to complete their education just like everyone else, and I am going to help find a way.

I was placed at Reading Partners… a program where students can volunteer their time to help a student better their reading. Since I was an intern and not just a volunteer my experience was a little different. I did tutoring but I also did classroom observations. I had a special project to create a pamphlet on student behavior, and I helped with Salesforce which is the program’s database. …I got to see and learn various things….the most enjoyable part of my internship was working with such a diverse population. I learned a lot about culture, education and the Reading Partners program from the students as well as from other volunteers and from the site coordinator… the appreciation the kids showed me … made me feel like I was doing the right thing because I was contributing to their knowledge and their success.

I had the pleasure of meeting and working with some wonderful people. My internship consisted of two parts… work with an individual client on a one-to-one basis with the assistance of my field instructor, and … co-facilitating Anger Management and Domestic Violence classes. When my field instructor first … let me know that he had a client in mind for me, I was nervous but very excited about… the opportunity to practice what I had been learning in my classes. One of the most important concepts that become apparent to me … was that you really have to meet clients where they are at that time….In the Anger Management classes, the men have been in the system for domestic violence and as a part of their sentence they have to complete a fifty-two week anger management course…. The two major challenges I had to face being a young women and a facilitator was getting them to take me seriously as an authority figure ….and understand that the material that I was presenting to them was so that they may be able to better life decisions…I had to stand firm…
During my placement I ran into many different individuals who taught me a lot, from my Field Instructor to the clients….Out of them all there was one [19-year-old] who stands out to me as the most improved….This young man had to ride three different buses to work each day, starting at 6 a.m. to ensure he was at work by 9:45 a.m. When I first began my internship, he would always miss buses and not show up to work. Through coaching and mentorship he began to understand the importance of being reliable to an employer.

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<th>Name</th>
<th>Organization</th>
<th>Location</th>
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<tbody>
<tr>
<td>Adam Hubbard</td>
<td>Juvenile Hall Auxiliary</td>
<td>Martinez</td>
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I interned at the Monument Crisis Center (MCC), which is primarily a food pantry that offers groceries to their clients every 30 days. I was a part of the intake process….I came in contact with many of the homeless clients that rely on MCC for food….For some clients, it was obvious that they were homeless, but for others it was shocking to find out. This made me rethink about my own definition of homelessness….on multiple occasions homeless clients, even those with children have told me that the waiting list for a shelter is extremely long. I feel that MCC has allowed me to understand the severity of homelessness in the Contra Costa area. It has inspired me to advocate more for individuals, and families that are homeless in finding immediate and emergency shelter.

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<td>Maci Manchester</td>
<td>Monument Crisis Center</td>
<td>Concord</td>
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….One of the things I found amazing working with…foster youth…is that they really taught me to self-reflect, mean what I say, and do what I say I’m going to do….I have never seen such a bunch of genuine adults as I saw at ILSP. ILSP was more like a family to these youth and this was exactly what they needed....

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<tr>
<td>Lolita Nunn</td>
<td>Independent Living Skills Program</td>
<td>Oakland</td>
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….My experience at VITAS helped me gain cultural competence and humility. During my visits I witnessed anticipatory grief as families were about to lose their loved ones. I did not want to disrespect their cultural beliefs with my ignorance; therefore I did my own research prior to visiting the family… it was my ethical responsibility to provide the best level of support to families and patients in hospice of all races and cultural backgrounds….and have a clear perspective of the family's needs during their most vulnerable time….I now have better self-understanding, awareness, and openness. I am able to reflect and process each perspective… act with humility…provide validation to the families’ feelings…and listen with empathy. I am very happy to have interned with VITAS….I had a great field instructor who took her time to explain everything and supervise me…

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<tr>
<td>Diana Ortega</td>
<td>VITAS, (hospice)</td>
<td>Milpitas</td>
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While working at Friends for Youth, a community-based mentoring organization, I learned a lot about non-profit[s]…this organization is a wonderful program due to its hardworking employees and dedicated volunteers. Unfortunately, they do not have as much funding as they need and try to make do…. I believe these organizations aren’t looked at as very important, compared to their real worth. Funding should be provided in order for programs like Friends for Youth to help the public as much as they possibly can…

Vanessa Ricuarte,
Friends for Youth,
Redwood City

….“Be inspired, Be inspiring,” came from the logo that is on the t-shirt I had to wear for my internship….This was not just an internship for me; in fact this was a life changing experience as cliché as it sounds….I worked with a group of girls that were in the 3rd and 4th grade to girls that were in 6th, 7th and 8th grade, and each age group…taught me new things…the true meaning of patience, how to have self-control, and self-awareness. I have been put in positions that I never thought I would be in and did not know how to handle if I ever faced them, but it came so natural, especially with the support that I received from the staff at Girls and Boys Moving Forward…. I knew that working with youth was something that I’ve always wanted to do since my freshmen year in high school, and this internship made me realize that this is the field I definitely want to work in…. this is what I want to do for the rest of my life.

Jesenia Singh,
Girls Moving Forward,
Emeryville

Going into this internship, I had no idea what to expect….My first day …I met my field instructor… I learned so much from him [Jordan Simo]. He patiently encouraged me to have confidence, sometimes by using role plays. ….I learned how to approach people about their problems…. to talk to people about their lives and what's going on in them, especially with people who are different from me culturally….I also learned how to deal with situations that are very difficult to see…He taught me more than I could ever thank him for and helped me realize that I can be a social worker and be good at it….I am so glad that I had this experience.

Kaitlin Smith,
Sutter Delta Hospital,
Antioch

My internship… enhanced my understanding of what it might be like to hide one’s sexual identity from friends and co-workers. I am a member of The Church of Jesus Christ of Latter Day Saints … and choosing to serve my internship at a community center that serves the LGBTQ community, I decided to not disclose my church membership, due to the divide between the two entities. I felt by disclosing this information to my co-workers or the consumers it may cause judgments and distrust thus possibly making my work invalid, so I kept it a secret for quite a while. This was difficult for me because my religion is such a large part of my life. I decided that I would not lie….if someone asked me I would tell them. This happened with one co-worker pretty early on and he was very accepting and loving. I asked him to please keep it between the two of us and he agreed by telling me I had the right to come-out of the closet when I felt the time was right for me. We both chuckled and continued our conversation about youth activities….[Later] during a group supervision meeting I couldn’t keep my secret any longer. I discovered after the meeting that I was accepted and appreciated by all…

(continued next page)
The SF County Jail has a special “Reentry Pod” that focuses on getting inmates prepared for their upcoming release [to probation]. The inmates are in the pod 60 days prior to their release. I sat in on classes and performed intakes. I realized many have serious trauma and mental health issues. I was able to understand why they act out in certain ways and why many try to mask their pain with drugs and alcohol. I also learned why being strength based is such an empowering tool. There’s a question on the intake that asks them to name their strengths and many times they wouldn’t have anything they thought was a strength, but I’d pull from things I had observed and you could see their attitude and self-esteem change a bit. Sadly to say, statistically, most of these men will be back; however, we can change that. I was able to witness the transformation of a few men. I now see them in the Community Assessment and Services Center where they’re trying to find a job, coming for advice before interviews, attending classes, and so forth. I will end with a quote by Leo Buscaglia that I really take to heart after this experience: “Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring. All of which have the potential to turn a life around.”

My internship with C.O.P.E. entailed working with an Anti-Bullying Initiative funded by the Contra Costa Office of Education. I created a handbook based on the curriculum. Being submersed in bullying prevention made me aware that quite a big gap exists between the reality of bullying and people’s understanding of the issue. I’ve learned through research that there needs to be an awareness of the potential harm in assuming that bullying is a normal part of growing up. The effects on children’s mental health are not to be ignored. Schools must address bullying behavior immediately, because the repercussions can be life shattering.

It is fabulous that Cal States East Bay requires its students to have a certain amount of internship hours before they graduate. I learned how to be more observant and aware of my clients’ behaviors in order to understand them better due to their different diagnoses and limited communication skills, as my clients are non-verbal and autistic. From this experience, I came to see that most people do not understand individuals with intellectual or physical impairments/disabilities and the impact on quality of life. I learned of the power of teaching adaptive behaviors/skills and also my client’s amazing ability and capacity to be involved with activities of daily life.
The Freshmen Day of Service Photo Contest

Single Photo Category

Since the 2012 launch of CSUEB’s Freshmen Day of Service, the Center for Community Engagement has worked to get the freshmen excited about their projects. The Freshmen Day of Service Photo Contest was a way for students to have a little competitive fun while they were out serving the community. Flyers were posted online and sent out with reminders and at tabling events. Each photo that is shared helps showcase the active impact CSUEB students are making in our community.

1st place
Dulce Laro Haro

“I LOVED IT! The interactions, peers and meeting new people!”

2nd place,
Charles Wittke

3rd place,
Kendall Serrano

“Can I do it again?”
Collage Category

1st place
Sharon Giron

“I learned about what my organization does. I think they are doing a great thing!”

2nd place
Palwasha Kochi

“Great opportunity to explore my interests!”

3rd Place
Julie Lien

“I learned about what my organization does. I think they are doing a great thing!”
FDoS photos we love!
At a glance 2013-14 Statistics:

248 service learning courses
4,246 students enrolled
275,000 hours of service

Freshmen Day of Service—
1198 freshmen
84 service projects
28 community partners
4,775 hours of service

Pioneers for Change—
31 students
6,500 hours of service
1,440 hours of training

other campus statistics:
Athletics, Residence Life, Student Life—
over 300 students
82 service events

Center for Community Engagement
Mary D'Alleva, Director
Andrea Wells, Community Partnerships Coordinator
Patricia Loché, Projects Coordinator

Our locations & services:
Faculty & Community Partner Support: Office of Faculty Development LI 2800
Freshmen Day of Service & Pioneers for Change: trailer 120 (walkway above Agora stage)
California State University, East Bay
Hayward, CA 94542
cce@csueastbay.edu

Freshmen Day of Service:
fdos@csueastbay.edu
Pioneers for Change:
pioneers4change@csueastbay.edu