

CALIFORNIA STATE UNIVERSITY, EAST BAY

Designation Code: 2008-09 **CAPR 01**
Date Submitted: October 16, 2008

TO: The Academic Senate
FROM: Committee on Academic Planning & Review (CAPR)
SUBJECT: Option in School Counseling, Master of Science in Counseling
PURPOSE: For Action by the Academic Senate
ACTION
REQUESTED: Approval of the Option in School Counseling, Master of Science in Counseling

At the CAPR meeting of October 16, the committee members voted unanimously to approve the Option in School Counseling, Master of Science.

RECOMMENDATION

That the Academic Senate approve the Option in School Counseling, Master of Science in Counseling.

Program submission documents can be found on the CAPR Sharepoint site within the October 16th workspace at:

<https://sharepoint.csueastbay.edu/sites/AcademicSenate/capr/CAPR%20Meeting/default.aspx?InstanceID=20081016>

See also 08-09 CIC 13

Effective Date Quarter: Fall Year: 2009

**REQUEST FOR APPROVAL OF THE OPTION IN SCHOOL COUNSELING,
MASTER OF SCIENCE IN COUNSELING**

1. Name of the **campus** submitting the request and the full exact title of the proposed aggregate of courses, whether it is an option or minor.
CSU East Bay, Department of Educational Psychology
Option in School Counseling
2. Full and exact **title** of the degree and major program under which the option will be offered.
Master of Science in Counseling
3. **Options already existing** under the major program for which the new aggregate of courses is proposed.

A. Options (19-22 units)

1. Clinical Child/School Psychology (19 units)

EPSY 6403 Psychotherapy for Children (4)
EPSY 6500 Cognitive Behavior Therapy (4)
EPSY 6669 Seminar in Mental Health Consultation (3)
EPSY 6911 Developmental Assessment Practicum (4)
EPSY 6912 Personality Assessment (4)

2. Marriage and Family Therapy (20-22 units)

EPSY 6025 Psychopathology of Childhood (4) or
EPSY 6026 Psychopathology in Adulthood (4)
EPSY 6027 Chemical Dependence Theory (4) or
EPSY 6029 Seminar in Chemical Dependency (2)
EPSY 6400 Family Psychotherapy (4)
EPSY 6403 Psychotherapy for Children (4)
EPSY 6406 Seminar in Human Sexuality (2)
EPSY 6500 Cognitive Behavior Therapy (4) or
EPSY 6751 Counseling and Psychotherapy Theory (4)

B. Areas of Emphasis (16-23 units)

1. Cross-cultural Counseling (16 units)

EPSY 6751 Counseling and Psychotherapy Theory (4)
EPSY 6754 Cross-Cultural Consultation (4)
EPSY 6764 Intervention Strategies for Systems and Organizational Change (4)

Choice of one course from the following (4 units): ANTH 3740 Cross-Cultural Studies in Child Rearing (4); SOC 3520 Sociology of Minority Groups (4)

2. Child/Adolescent Psychotherapy (22-23 units)

EPSY 5021 Introduction to Educating all students in Diverse Classrooms (4)
EPSY 6025 Psychopathology of Childhood (4)

EPSY 6400 Family Psychotherapy (4)
EPSY 6403 Psychotherapy for Children (4)
EPSY 6500 Cognitive Behavior Therapy (4)
EPSY 6783 Seminar: Contemporary Issues (2-3)

4. **Department(s)** to offer the aggregate of courses: Department of Educational Psychology
5. **Purpose** of the proposed aggregate of courses. The Educational Psychology Department's M.S. in Counseling program currently has 2 options listed in the catalog. The Department would like to add a third option to address School Counseling. The university catalog for 1981 had correctly specified the School Counseling option. Since that time, the catalog has not shown the School Counseling Option. The department requires this option as it already describes an existing program and needs an option title to be included on our students' PeopleSoft transcripts.
6. **Need** for the proposed aggregate of courses:
This option must appear on students' transcript as having satisfied the course work, Option in School Counseling
7. List of all **requirements** including the **courses**, by catalog prefix number, title, and units of credit, as well as **total units** to be required under the proposed **option** or **minor**.

School Counseling (23)

EPSY 6023 Research in Applied Behavioral Science (4)
EPSY 6403 Psychotherapy for Children (4)
EPSY 6500 Cognitive Behavior Therapy (4)
EPSY 6669 Seminar in Mental Health Consultation (3)
EPSY 6711 Career and Life Planning (4)
EPSY 6764 Intervention Strategies for Systems and Organizational Change (4)

8. List of all **requirements** including **courses**, by catalog prefix, number, title, and units of credit, as well as **total units** to be required **for the major** in which the proposed option is to be included

Core Requirements for M.S. in Counseling (72 units)

The M.S. degree in Counseling requires 72 units organized according to university requirements (see the Graduate and Post-baccalaureate Studies chapter in this catalog). Core requirements are established to ensure that each degree candidate obtains adequate breadth in subject matter, field experiences, and research.

I. Prerequisites (15 units minimum)

A baccalaureate degree with a major in psychology or in child or human development plus a statistics course. For applicants with baccalaureates in other majors, the following courses are required and will provide adequate background for a counseling graduate program:

1. An introductory course in descriptive statistics (3 units)
2. A course in abnormal or pathological behavior (3 units)
3. A course in learning (3 units)
4. A course in developmental psychology or human or child development (3 units)
5. A course in personality theory or development (3 units)

II. Core Requirements (36-45 units)

A. Competency Area Requirements (27 units)

Students are required to demonstrate competency in the seven areas listed below. With the Dean's approval, students may substitute alternative related courses.

1. Basic theoretical and research knowledge of systems of counseling and psychotherapy (4 units)
EPSY 6750 Foundations of Counseling (4)
2. Knowledge of psychological, biological, and social development over the lifespan and related psycho-therapeutic interventions (4 units)
EPSY 6302 Individual Development (4)
3. Knowledge of group counseling and psychotherapy, consultation, systems analysis and change agents in organizations (4 units)
EPSY 6762 Group Procedures and Facilitation (4)
4. Knowledge of theory and procedures for collecting and evaluating clinical assessment data (4 units)
EPSY 6701 Appraisal Procedures: Standardized (4) or EPSY 6720 Theory and Assessment of Cognition (4)
5. Cultural perspectives in counseling: acquiring understanding of, and sensitivity to, individuals from diverse backgrounds and the interpersonal skills to work with them. Included are social class, ethnic, racial, sexual, and lifestyle differences (4 units)
EPSY 6752 Cross Cultural Counseling (4)
6. Ability to conduct and interpret research (4 units)
EPSY 6023 Research in Applied Behavioral Sciences (4)
7. Laws and ethical principles as they apply to the practice of professional counseling (3 units)
EPSY 6785 Law and Ethics in Counseling (3)

B. Fieldwork Requirement (9 units)

A minimum of three quarters of fieldwork is required in the application of counseling procedures and assessment techniques in fieldwork settings.

- EPSY 6670 Field Work Group Supervision I (3)
- EPSY 6671 Field Work Group Supervision II (3)
- EPSY 6672 Field Work Group Supervision III (3)

C. Capstone Experience (0-9 units)

Students must successfully complete either a University Thesis, a Departmental Thesis, a Project, or a Comprehensive Examination, and should select option (1), (2), (3), or (4).

1. EPSY 6899 Project (2-5) or EPSY 6021 Thesis-Project Seminar (3)
2. EPSY 6909 Departmental Thesis (2-5) or EPSY 6021 Thesis-Project Seminar (3)
3. EPSY 6910 University Thesis (1-9) or EPSY 6021 Thesis-Project Seminar (3)
4. Comprehensive Examination (0)

III. Option/Area of Emphasis (16-23 units)

A student may choose to complete an option and/or an area of emphasis. Options can be recognized on diplomas and transcripts, emphases will not.

A. Options (19-23 units)

1. Clinical Child/School Psychology (19 units)

EPSY 6403 Psychotherapy for Children (4)
EPSY 6500 Cognitive Behavior Therapy (4)
EPSY 6669 Seminar in Mental Health Consultation (3)
EPSY 6911 Developmental Assessment Practicum (4)
EPSY 6912 Personality Assessment (4)

2. Marriage and Family Therapy (20-22 units)

EPSY 6025 Psychopathology of Childhood (4) or EPSY 6026 Psychopathology in Adulthood (4)

EPSY 6027 Chemical Dependence Theory (4) or EPSY 6029 Seminar in Chemical Dependency (2)

EPSY 6400 Family Psychotherapy (4)
EPSY 6403 Psychotherapy for Children (4)
EPSY 6406 Seminar in Human Sexuality (2)

EPSY 6500 Cognitive Behavior Therapy (4) or EPSY 6751 Counseling and Psychotherapy Theory (4)

3. **School Counseling (23 units)**

EPSY 6023 Research in Applied Behavioral Science (4)
EPSY 6403 Psychotherapy for Children (4)
EPSY 6500 Cognitive Behavior Therapy (4)
EPSY 6669 Seminar in Mental Health Consultation (3)
EPSY 6711 Career and Life Planning (4)
EPSY 6764 Intervention Strategies for Systems and Organizational Change (4)

B. *Areas of Emphasis (16-23 units)*

1. Cross-cultural Counseling (16 units)

EPSY 6751 Counseling and Psychotherapy Theory (4)
EPSY 6754 Cross-Cultural Consultation (4)
EPSY 6764 Intervention Strategies for Systems and Organizational Change (4)

Choice of one course from the following (4 units):

ANTH 3740 Cross-Cultural Studies in Child Rearing (4); SOC 3520 Sociology of Minority Groups (4)

2. Child/Adolescent Psychotherapy (22-23 units)

EPSY 5021 Introduction to Educating all students in Diverse Classrooms (4)
EPSY 6025 Psychopathology of Childhood (4)
EPSY 6400 Family Psychotherapy (4)
EPSY 6403 Psychotherapy for Children (4)
EPSY 6500 Cognitive Behavior Therapy (4)
EPSY 6783 Seminar: Contemporary Issues (2-3)

C. *Electives (3-20 units)*

These electives are in addition to the option or emphasis selected above. Courses listed above as alternatives under emphases may be used as electives if not otherwise chosen.

Other courses recommended as electives:

ANTH 3740 Cross-Cultural Studies in Child-Rearing (4), 3745 Human Sexuality: Anthropological Perspectives (4); COMM 4830 Intercultural Communication (4); EPSY 5610 Micro Counseling I (2), 5620 Micro Counseling II (2), 6029 Seminar in Chemical Dependency (2), 6131 Assessments: Students with Mild to Moderate Disabilities (5), 6301 Pediatric Psychology (4), 6402 Couples Therapy (4), 6406 Seminar in Human Sexuality (2), 6610 Graduate Seminar I (2), 6620 Graduate Seminar II (2), 6630 Graduate Seminar III (2), 6660 Fieldwork I (2-4), 6661 Fieldwork II (2-4), 6662 Fieldwork III (2-4)

EPSY 6746 Neuropsychology of Learning Disabilities (4), 6770 Internship (2-6), 6786 Child Abuse Assessment (1), 6810 Advanced Graduate Seminar I (2), 6820 Advanced Graduate Seminar II (2), 6830 Advanced Graduate Seminar III (2), 6860 Advanced Fieldwork I (2-4), 6861 Advanced Fieldwork II (2-4), 6870 Advanced Field Work Group Supervision I (3), 6871 Advanced Field Work Group Supervision II (3), 6872 Advanced Field Work Group Supervision III (3), 6880 Advanced Internship (2-15)

E S 3105 Afro-American Identity (4), 3310 Native American World View (4), 4290 Latino Politics and Public Policy (4); HDEV 3800 Human Development and Interaction (4), 4004 Current Issues in Aging (4), 4325 Lesbian and Gay Lifespan Development (4), 4350 Intimate Relationships Throughout the Life Span (4), 4400 Adolescence (4)

PSYC 3420 Stress and Coping (4), 3520 Interpersonal Processes (4), 3540 Groups and Organizations (4), 4300 Motivation (4), 4320 Physiological Psychology (4), 4360 Psychopharmacology (4); SOC 3410 Sociology of the Family (4), 3411 Sociology of Gender (4), 3520 Sociology of Minority Groups (4), 3750 Alcohol and Drug Abuse (4); SPPA 6060 Advanced Study of Language Disorders in Children (4)

Public Administration courses may be used as electives by students completing the combined program with Public Administration.

9. **New courses** to be developed and existing **courses** to be **modified** with the nature of the modification indicated.

None

10. **Additional instructional resources**--faculty, space, equipment, library volumes, computers, etc.--needed to implement and sustain the proposed aggregate of courses. List all resources needed for the first five years beyond those currently projected, including specific resources, cost, and source of funding.

Since this is an option that the department has been teaching for many years, and hopes to continue to do so, there are no additional budgetary implications-resources. Needs will remain status quo.

11. **Consultation.**

All Departments in the College of Education and Allied Studies were consulted and there were no objections.

12. **Approval of college dean and college faculty review body.**

Associate Dean: Original signed by Dr. Barbara Storms **Date:** 09/17/08
Interim Associate Dean, Dr. Barbara Storms

Faculty Review Body Chair: Original signed by Dr. Jodi Servatius **Date:** 09/18/08