***East Bay Cares.****If you are experiencing personal or academic challenges, including, but not limited to food or housing issues, family needs, or other stressors, please visit the East Bay Cares team page to learn about resources that can help:*[*http://www.csueastbay.edu/care/students.html*](http://www.csueastbay.edu/care/students.html)*If you feel comfortable doing so, please also let the instructor know you are experiencing challenges as they may be able to assist you in connecting with campus or community supports.*