PQRST and Kurzweil 3000

1. Preview
Before you begin reading a chapter:
- Highlight the first and last sentence of each paragraph.
- Highlight all headings, captions, chapter outlines, bold words, vocabulary etc.
- Highlight the Questions at the end of the chapter in a different color.
- Set Kurzweil 3000 to read "Self-paced" by "highlight".
- Before you begin reading, start thinking about what you might like to learn from this chapter.

2. Question:
- Read each heading and insert a footnote or sticky note. Turn the heading into a question and type it into the footnote/sticky note. Use this same technique for other areas in the text that peak your interest (or that your teacher told you would be important).

3. Read:
- Now, read the entire chapter (Independently with or without Kurzweil 3000). Be sure to take the time to read each footnote/sticky note as well.
- Are the questions you created being answered in the reading?
- Try to connect what you are reading to things you already know.
- Think about adding additional highlights for important information (but keep them brief!)
- Are there notes from class lecture that you would like to add to the text? If so, use your footnotes to insert that information.

4. Self-Recite:
- After each paragraph or section you've read, add a voice note that summarizes the main idea in 10 words or less (in your own words, without looking at the text again), you can also type your summary in a footnote or sticky note.
- Try memorizing these important points.

5. Test:
- Open each Footnote/Sticky note you made and ANSWER the question, based on what you learned from your reading.
- Extract your Highlights and notes to create your study guide.