Welcome
Student Health & Counseling Services (SHCS) provides quality healthcare by board certified, licensed, and credentialed professionals to current, regularly enrolled Cal State East Bay students. Students enrolled in Extended Education or Open University may use SHCS for a fee.

All medical and counseling information is confidential by law and will not be released without written consent.

Cost for Services
Basic health services available at no additional cost for students who pay the Student Health Fee. Some specialized services are available for a nominal fee.

Insurance
No additional insurance required to access on campus SHCS services. For off campus coverage refer to: www.coveredca.com.

MyPioneerHealth
To update your personal account log in to www.csueastbay.edu/mypioneerhealth
- Fast and secure web portal
- Complete forms and waivers
- Send non-urgent email requests
- Schedule appointments
- Update contact information to receive text message appointment reminders

Scheduling an Appointment
Appointments can be made:
- In-person at the SHCS front desk
- Calling the main line at (510) 885-3735
- Online at www.csueastbay.edu/mypioneerhealth

Family PACT
Provides comprehensive family planning services to eligible low income individuals. Services are provided at no additional cost to the individual.

Applications must be processed and eligibility determined prior to the medical appointment.

Medical Services*
- Basic Medical Exams
- Cold & Flu Treatment
- Hearing Tests
- Immunizations
- Laboratory
- Orthopedics
- Pharmacy (over-the-counter & prescription)
- Physical Therapy
- Radiology (X-Ray)
- Reproductive Health Services: Birth Control, HIV Testing, STI Testing & Treatment

*Fees may apply to some services

Advocacy Services
Case Management: Connects students to on and off campus resources.

Confidential Advocate: Provides counseling for survivors and those impacted by sexual violence. 24/7 hotline: (510) 845-7273

Pioneers for HOPE: Access to the food pantry, toiletries, housing resources, and emergency assistance.
Email: hope@csueastbay.edu
Counseling Services

- Individual Sessions
- Couples Counseling
- Group Sessions
- Crisis Hours

After Hours/Weekend Access: Mental health phone crisis counseling is available by calling the main line (510) 885-3735 and choosing option “2”.

Wellness Services

- Brochures & Resource Materials
- Health Education
- Massage Therapy (RAW Center)
- Safer Sex Supplies
- Workshops & Outreach Events

Get Involved

Student Health Advisory Committee (SHAC)
Advocates for health services and needs of students.
Email: shac.csueb@gmail.com

Peer Advocates for Wellness (PAW)
Provides outreach and resources to the campus community. Internship hours compensated with academic units of credit.
Email: paw.csueb@gmail.com

Importantly Contact Information

Student Health & Counseling Services
California State University, East Bay
25800 Carlos Bee Boulevard
Hayward, CA 94542-3060

Phone: (510) 885-3735
Appointment Cancellations: (510) 885-4651
Email: shcs@csueastbay.edu
Website: www.csueastbay.edu/shcs

Appointments: (510) 885-3735
Pharmacy: (510) 885-3650
Laboratory: (510) 885-3644
X-Ray: (510) 885-3649
Wellness Services: (510) 885-2685
Concord Campus: (925) 602-6709
After Hours Crisis Line:
(510) 885-3735 (choose option #2)
On Campus Emergency: 9-1-1
University Police Department: (510) 885-3791

Stay Connected

@EastBaySHCS