American River College
California General Education Transfer Curriculum (Cal-GETC) 2026 – 2027

Students attending a California Community College (CCC) or a California State University (CSU) that have graduated from high school and maintained continuous enrollment before Fall 2025 may continue following the CSU GE Breadth or IGETC patterns or choose to complete the Cal-GETC, though it is not required to transfer. New students starting in Fall 2025, as well as students transferring from a University of California (UC), in-state private, or out-of-state institution, must follow this Cal-GETC pattern. To see the list of approved courses by catalog year for the CSU GE Breadth, IGETC, and Cal-GETC, visit www.assist.org. Please meet with a counselor if you have any questions regarding general education.

Cal-GETC Guidelines

- All courses must be completed with a "C" or better grade to fulfill Cal-GETC requirements. "C-" grades cannot be used to fulfill Cal-GETC requirements. A course with a grade of "P" or "CR" may be used if the grading policy of the community college where the course was taken states that the "P" or "CR" grade is equivalent to a "C" grade or better. No more than 14 semester units of Pass/No Pass (Credit/No Credit), excluding credit by examination, may be used toward Cal-GETC certification.
- AP and IB tests may be used to fulfill some Cal-GETC requirements. Charts denoting how these tests meet Cal-GETC requirements are in the "While You Are Here-Credit for Prior Learning" section of the ARC catalog.
- Cal-GETC is not appropriate for some majors at certain UC and CSU campuses. Check with your ARC counselor to determine whether Cal-GETC is appropriate for you.

Completion of Cal-GETC

- Always refer to the most current Cal-GETC pattern to choose courses.
- If you take a course during the semester and term it appears on the Cal-GETC pattern, it will count.
- If you take a course before it appears on the pattern, or after it is removed from the pattern, it will not count.
- Speak with your counselor before attempting to take courses at other colleges (including other colleges in the Los Rios District) to fulfill Cal-GETC requirements. Approved courses vary by college.

Cal-GETC Certification

- UC and CSU campuses require that Cal-GETC be certified to show completion of lower-division general education for majors that accept this option.
- You must make an appointment with your ARC counselor in order to have your Cal-GETC certified.
- Certification should be done in your last term of enrollment prior to transfer after you have committed to your transfer university.

Cal-GETC Advisement for Transfer Students in Selective Majors

Remember, the completion of the Cal-GETC is not an admissions requirement for the CSU or UC, nor is it the only way to complete general education requirements, or necessarily the best choice, depending on your circumstances. Once you have identified a major (and first-choice campus to which you will apply), it is important to work toward fulfillment of all required preparatory courses, particularly in "selective" majors that admit applicants on the basis of completion of lower-division major requirements. It is important to note that this does not preclude you from following Cal-GETC, instead that Cal-GETC should not be chosen to the exclusion of completing coursework required for admission to the specific campus and major.

Cal-GETC Individual Campus Policies

All CSUs and most UC campuses and programs will accept certified Cal-GETC completion as satisfying lower-division general education requirements. Note that some individual colleges or majors within a UC campus may not accept or recommend Cal-GETC to fulfill all of their general education requirements. For specific campus information, please visit the "General Education" section on the UC Admissions Preparing to Transfer website (https://admission.universityofcalifornia.edu/admission-requirements/transfer-requirements/preparing-to-transfer/).

NOTE: International coursework may be applied to Cal-GETC if the international institution has United States accreditation from ICAS-approved accreditors. All other international coursework cannot be applied to Cal-GETC. Students with a substantial amount of international coursework at a non-United States regionally accredited institution should be encouraged to follow the CSU GE or campus-specific UC GE pattern.

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CSU American Institution Requirement

The California State University requires every student receiving a baccalaureate degree to be knowledgeable about the U.S. Constitution, American history, and state and local government. This is a two-course (6-semester unit) requirement that is not a Cal-GETC requirement, so it may be met before or after transfer to the CSU and may be double-counted with Cal-GETC coursework.
At American River College, students can fulfill this requirement in one of two ways:

1. Complete POLS C1000 (formerly POLS 301) or C1000H (formerly POLS 481), plus one of the following courses: HIST C1001 (formerly HIST 310), C1001H (formerly HIST 483), C1002 (formerly HIST 311), C1002H (formerly HIST 484), 318, 320, 321, 323, 325, 327, 330, 332, 333
2. Complete HIST C1001, C1001H, or 332, plus one of the following courses: HIST 333, 340, 341, POLS C1000, C1000H, 304

UC Language Other Than English (LOTE) Requirement

Some UCs may require LOTE for graduation. Please work with an ARC counselor and use the UC Graduation Requirements website (https://admission.universityofcalifornia.edu/counselors/uc-graduation-requirements/) to determine if you would benefit from completing this requirement prior to transfer. Although not part of Cal-GETC, LOTE may be certified for those students pursuing the Cal-GETC pattern by either completing a college course equivalent to the second level of high school instruction with a "C" or better, OR completing the second level or higher of a foreign language in high school with a second semester grade of a "C-" or better, OR earning a satisfactory score on an AP exam, IB Higher Level exam, or the SAT Subject Test in a language other than English, OR successfully completing two years of formal schooling at the sixth grade level or higher in an institution where the language of instruction is not English (see a counselor for additional options).

Special Notes for California State University, Sacramento (CSUS)

- Race and Ethnicity in American Society: CSUS requires a 3-unit course to meet their Race and Ethnicity Graduation requirement. The following ARC courses are approved to meet this requirement: HIST 330, 332, 333, SOC 321, SWCD 330/PSYC 365, TA 306, or TAFILM 307. These courses may also be used to meet Cal-GETC requirements.
- Foreign Language Proficiency: Undergraduate students are required to meet a foreign language requirement for the baccalaureate degree. The proficiency to be demonstrated is at a level comparable to the second semester of college-level language, including ASL. See a counselor for ways to meet the CSUS Foreign Language Proficiency Requirement.
  NOTE: Some Bachelor of Science high-unit majors are exempt from the Foreign Language Proficiency Requirement. Those majors are noted on the CSUS Foreign Language Graduation Requirements website (https://www.csus.edu/college/arts-letters/world-languages-literatures/foreign-language-requirement.html).

Associate Degrees for Transfer (ADT) to the CSU System

American River College offers Associate Degrees for Transfer, which include Associate in Arts (AA-T) or Associate in Science (AS-T) degrees. These degrees are designed to provide a clear pathway to a CSU major and baccalaureate degree. ARC students who earn an ADT degree are guaranteed admission with junior standing at a campus of the CSU system and are given priority admission consideration to their local CSU campus or to a program that is deemed similar to their community college major. Earning an ADT does not guarantee admission to specific majors or campuses.

Students who earn an ADT degree are able to complete the remaining requirements for the major in which the ADT was earned with no more than 60 semester or 90 quarter units after transfer.

Current and prospective community college students are encouraged to meet with an ARC counselor to review their options for transfer and to develop an educational plan that best meets their goals and needs.

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California General Education Transfer Curriculum (Cal-GETC) 2026-2027

Student Name: Student ID: Date:

Area 1 English Communication (3 courses: 9 semester or 12 quarter units)

Courses used to fulfill any Cal-GETC area MUST be completed with a "C" (or "p") grade or better.

1A 1 course	**English Composition** **ENGL** C1000 (formerly ENGWR 300), C1000H (formerly ENGWR 480); **ESLW** 340						
	Course:	College:	AP *(IB Not accepted)*:	C	O	I	N
1B 1 course	**Critical Thinking and Composition** **ENGL** C1001 (formerly ENGWR 302), C1001H (formerly ENGWR 482), C1003 (formerly ENGWR 303), 301*, 481; **ESL** 350*						
	Course:	College:	(AP/IB NOT accepted for this area)	C	O	I	N
1C 1 course	**Oral Communication** **COMM** C1000 (formerly COMM 301), 361						
	Course:	College:	(AP/IB NOT accepted for this area)	C	O	I	N

Area 2 Mathematical Concepts and Quantitative Reasoning (1 course: 3 semester or 4 quarter units)

2 1 course	**ECON** 310; **MATH** 300, 309, 333, 340, 341, 342, 355, 356, 372, 375, 383, 400, 401, 402, 410, 420; **PSYC** 330; **STAT** C1000 (formerly STAT 300), C1000H (formerly STAT 480), 309 *Note: (UC Only) MATH 309, 340, 341, 355, and 400 combined: maximum credit, 1 course; MATH 356 and 401 combined: maximum credit, 1 course; All College Algebra and Pre-Calculus courses limited to a single course with a maximum of 5 semester/7.5 quarter units; PSYC 330, STAT C1000, C1000H, and ECON 310 combined: maximum credit, 1 course*						
	Course:	College:	AP/IB:	C	O	I	N

Area 3 Arts and Humanities (2 courses: 6 semester or 8 quarter units)

3A 1 course	**Arts: ARTH** C1100 (formerly ARTH 302), 300, 308, 310, 318, 322, 333, 334, 335; **ARTNM** 305; **ARTPH** 345; **FASHN** 330; **IDES** 310, 312 **MUFHL** 300, 308, 310, 311, 315, 321, 330, 400, 401, 410, 411; **TA** 300, 302*, 303*, 306, 350, 435; **TAFILM** 300, 302, 303, 304, 307, 320 *Note: (UC Only) No credit for MUFHL 321 if taken after MUFHL 400*						
	Course:	College:	AP/IB:	C	O	I	N
3B 1 course	**Humanities: DEAF** 314, 316, 318, 380; **ENGL** 301*; **ENGLT** 300, 304, 308, 310, 311, 320, 321, 327, 330, 334, 335, 338, 340, 341, 345, 360, 365*, 378, 380, 382, 392, 403, 486; **ESL** 350*; **GERM** 401, 402, 411, 412; **HIST** 300*,302*, 305*, 307*, 308*, 320*, 321*, 340*, 341*, 364*, 365*, 367*, 373*, 480*, 481*; **HUM** 300, 301, 310, 320, 326, 330; **ITAL** 411, 412; **PHIL** 300, 310, 315, 330, 331, 350, 360*; **RLST** 301, 302, 310, 311, 313; **RUSS** 402, 411, 412, 413, 415; **SPAN** 402, 411, 412, 413, 415, 427; **TA** 302*, 303*						
	Course:	College:	AP/IB:	C	O	I	N

Area 4 Social and Behavioral Sciences (2 courses from 2 different disciplines: 6 semester or 8 quarter units)

4 2 courses	**ADMJ** 300, 302, 320; **ANTH** 310, 320, 330, 333, 334, 335, 336, 337, 341, 481; **COMM** 325; **DEAF** 351, 355; **ECE** 312, 314; **ECON** C2001 (formerly ECON 304), C2002 (formerly ECON 302), 305; **ENGLT** 365*; **ETHNS** 300*, 320,* 330*, 350*, 360*; **GEOG** 310, 320, 322; **GERON** 303, 305, 306; **GLST** 301, 302; **HIST** C1001 (formerly HIST 310), C1001H (formerly HIST 483), C1002 (formerly HIST 311), C1002H (formerly HIST 484), 300*, 302*, 305*, 307*, 308*, 318, 320*, 321*, 323, 325, 327, 330, 332, 333, 340*, 341*, 353, 364*, 365*, 367*, 373*, 374, 375, 480*, 481*; **IS** 305, 310, 312; **JOUR** 310, 320; **NATR** 307; **NUTRI** 310, 481; **PHIL** 360*; **POLS** C1000 (formerly POLS 301), C1000H (formerly POLS 481), 302, 304, 310, 320, 330, 342, 480; **PSYC** C1000 (formerly PSYC 300), C1000H (formerly PSYC 480), 305, 320, 340, 354, 356, 361, 365, 370, 372, 373, 375, 390, 481; **SJS** 300, 310; **SOC** 300, 301, 302, 309, 318, 321, 325, 342, 350, 480; **SWCD** 330 *Note: (UC Only) ECE 312, PSYC 372, and PSYC 373 combined: maximum credit, 1 course; PSYC C1000, C1000H, and 305 combined: maximum credit, 1 course*						
	Course:	College:	AP/IB:	C	O	I	N
	Course:	College:	AP/IB:	C	O	I	N

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Area 5 Physical and Biological Sciences (A minimum of 2 courses required with 1 course from 5A and 1 course from 5B and at least 1 course must include a lab: 7 semester or 9 quarter units)

For courses with separate lecture and laboratory, the lecture course must be completed prior to or concurrently with the related lab course. Courses used in 5C may also be used in 5A or 5B if listed in those areas.

5A 1 course	**Physical Science: ASTR** C1001 (formerly ASTR 300), 310, 320, 330 481+; **CHEM** 305+, 306+, 309+, 338+, 400+, 401+, 420+, 421+, 423+; **GEOG** 300, 305, 306, 307, 308; **GEOL** 300, 305, 310, 320, 325, 330, 345; **PHYS** 310, 311, 350+, 360+, 410+, 421+, 431+ Note: (UC Only) ASTR 320 and 481 combined: maximum credit, 1 course; CHEM 305, 306 and CHEM 400, 401 combined: maximum credit, 1 series; No credit for CHEM 305 if taken after CHEM 400; CHEM 420 and 423 combined: maximum credit, 1 course; No credit for GEOL 305 if taken after a college level course in Astronomy, Geology, Oceanography or Meteorology; No credit for PHYS 310 or 311 if taken after PHYS 350 or 410; PHYS 310 and 311 combined: maximum credit, 1 course; PHYS 350, 360 and PHYS 410, 421, 431 combined: maximum credit, 1 series						
	Course:	College:	AP/IB:	C	O	I	N
5B 1 course	**Biological Science: ANTH** 300, 303, 480; **BIOL** C1000+ (formerly BIOL 303), 300, 301, 304+, 305+, 310+, 332+, 342, 352, 370+, 375, 400+, 410+, 415+, 420+, 430+, 431+, 440+, 442+, 482+; **HEED** 308; **NATR** 301+, 302+, 320+; **PSYC** 310 Note: (UC Only) BIOL C1000, 300, and 310 combined: maximum credit, 1 course; No credit for BIOL C1000, 300, or 310 if taken after BIOL 400						
	Course:	College:	AP/IB:	C	O	I	N
5C 1 course	**Lab: ANTH** 301; **ASTR** C1001L (formerly ASTR 400), 481+; **BIOL** C1000+ (formerly BIOL 303), 304+, 305+, 310+, 332+, 370+, 400+, 410+, 415+, 420+, 430+, 431+, 440+, 442+, 482+; **CHEM** 305+, 306+, 309+, 338+, 400+, 401+, 420+, 421+, 423+; **GEOG** 301, 309; **GEOL** 301, 306, 311, 331; **NATR** 301+, 302+, 320+; **PHYS** 312, 350+, 360+, 410+, 421+, 431+; **PSYC** 311						
	Course:	College:	AP:	C	O	I	N

Area 6 Ethnic Studies (1 course: 3 semester or 4 quarter units)

6 1 course	**ETHNS** 300*, 320*, 330*, 350*, 360*						
	Course:	College:		C	O	I	N

Optional Requirements Outside of Cal-GETC

(Courses listed below can double count for the Cal-GETC area in which they appear)

CSU Graduation Requirement Only: U.S. History, Constitution, and American Ideals (2 courses: 6 semester or 8 quarter units)

2 courses	Choose between Option 1 OR Option 2: **Option 1** - Complete **POLS** C1000 or C1000H, plus one of the following courses: **HIST** C1001, C1001H, C1002, C1002H, 318, 320, 321, 323, 325, 327, 330, 332, 333 **Option 2** - Complete **HIST** C1001, 1001H, or 332, plus one of the following courses: **HIST** 333, 340, 341, **POLS** C1000, C1000H, 304						
	Course:	College:	AP/IB:	C	O	I	N
	Course:	College:	AP/IB:	C	O	I	N

UC Graduation Requirement Only: Language Other Than English (LOTE)

1 course	**DEAF** 310, 312, 314, 316, 318; **GERM** 401, 402, 411, 412; **ITAL** 401, 402, 411, 412; **RUSS** 401, 402, 411, 412, 413, 415; **SPAN** 401, 402, 411, 412, 413, 415						
	Course:	College:	AP/IB:	C	O	I	N

Key: Courses marked with an "*" may be used to satisfy only one category; Courses marked with a "+" may be counted in **both** categories;
C = Completed at ARC, O = Completed at another College, I = In Progress, N = Need

Courses used to fulfill any Cal-GETC area MUST be completed with a "C" (or "p") grade or better.

Counselor: **Date:**

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CSU and UC Admissions Information

CSU Admissions Information

Minimum requirements for transfer to a California State University (CSU) campus with junior standing:

1. Complete a minimum of 60 transferable semester units. Complete as many of the lower division requirements in your major as possible. These requirements can be found at www.assist.org.
2. Have a 2.0 G.P.A. in all transferable units attempted. Certain impacted/popular majors and universities may require a higher GPA for admission, talk to a counselor for more information.
3. Complete at least 30 semester units of CSU General Education courses with a "C-" grade or better.
4. Be in good standing at the last college or university attended.
5. Complete the following Cal-GETC areas with a grade of "C" or better:

    1A – English Communication
    1B – Critical Thinking and Composition
    1C – Oral Communication
    2 – Mathematical Concepts and Quantitative Reasoning

UC Admissions Information

To be considered for UC admission as a junior, you must fulfill both of the following:

1. Complete a minimum of 60 semester (90 quarter) units of UC transferable coursework with a GPA of at least 2.4 (2.8 if you're a nonresident). Some UC majors require a higher GPA for admission, meet with a counselor for more information. No more than 14 semester (21 quarter) units may be taken Pass/No Pass (P/NP).
2. Complete the following 7-course pattern requirements, earning a grade of "C" or better (no "C-" grades) in each course:
    a. Two UC transferable college courses (3 semester or 4-5 quarter units each) in English Composition (UC-E) (courses from Cal-GETC Areas 1A and 1B generally fulfill this requirement);
    b. One UC transferable college course (3 semester or 4-5 quarter units) in Mathematical Concepts and Quantitative Reasoning (UC-M) (courses from Cal-GETC Area 2 generally fulfill this requirement);
    c. Four UC transferable college courses (3 semester or 4-5 quarter units each) chosen from at least two of the following subject areas (courses from Cal-GETC Areas 3, 4, and 5 and other UC transferable courses generally fulfill this requirement):
        I. Arts and Humanities (UC-H)
        II. Social and Behavioral Sciences (UC-B)
        III. Physical and Biological Sciences (including a laboratory in at least one area) (UC-S)

Keep in Mind

- Fulfillment of these requirements does not guarantee admission to the campus or major of your choice. Many campuses and majors receive more applications than they have spaces available. To be competitive, you should work toward meeting the specific requirements for the campuses and majors you are interested in.
- Be sure to meet with your counselor and use www.assist.org to make sure that every course you take is UC-transferable and helps you make progress toward your goals.

CSU and UC Application Information

- CSU application and deadlines can be found at www.calstate.edu/apply
- UC application and deadlines can be found at https://apply.universityofcalifornia.edu/my-application
- Transfer Admission Guarantee (TAG) application and deadlines can be found at https://admission.universityofcalifornia.edu/admission-requirements/transfer-requirements/uc-transfer-programs/transfer-admission-guarantee-tag.html

Note:

- Each year, certain CSU and UC campuses may extend application deadlines.
- Students are welcome to use the ARC Transfer Center to fill out transfer applications.