



2025-2026 Cal-GETC Advising Sheets Southwestern College

This document is an advising tool and does not replace a Student Education Plan (SEP).

The California General Education Transfer Curriculum (Cal-GETC) is the singular general education pathway for California Community College (CCC) students to fulfill lower-division general education requirements necessary for transfer and admission to both the California State University (CSU) and the University of California (UC). Consult with an academic counselor for guidance.

A minimum "C" grade is required in each college course for Cal-GETC. A "C" is defined as a minimum of 2.0 grade points on a 4.0 scale. A "C-" grade valued at less than 2.0 grade points on a 4.0 scale cannot be used for Cal-GETC certification. Only full Cal-GETC Certification may be forwarded to the CSU or UC.

AREA 1 - ENGLISH COMMUNICATION

Select three courses: one English Composition, one Critical Thinking and Composition, and one Oral Communication (9 semester or 12 quarter units).

AREA 1A: ENGLISH COMPOSITION (3 units)

English (ENGL) ^C1000^(formerly ENGL 115), 115H; **English as a Second Language (ESL)** ▶ 115A

AREA 1B: CRITICAL THINKING (3 units)

English (ENGL) ^C1001^(formerly ENGL 116); **Philosophy (PHIL)** 103

AREA 1C: ORAL COMMUNICATION (3 units)

Communication (COMM) ^C1000^(formerly COMM 104)

| Area 1 English Communication | Completed | In Progress | Needed |
|------------------------------|-----------|-------------|--------|
| Area 1A Course: | | | |
| Area 1B Course: | | | |
| Area 1C Course: | | | |

AREA 2 - MATHEMATICAL CONCEPTS AND QUANTITATIVE REASONING

Select one course: 3 semester or 4 quarter unit

Biology (BIOL) 215; **Chemistry (CHEM)** +104; **Engineering (ENGR)** +104; **Mathematics (MATH)** 100, ▶ 101, 118, ▶ 120, ▶ 121, ▶ 122, ▶ 244, ▶ 250, ▶ 251, 252, 253, 254, 260, 265; **Physics (PHYS)** +104; **Psychology (PSYC)** ▶ 270, ▶ 280; **Sociology (SOC)** ▶ 270, ▶ 280; **Statistics (STAT)** ^ ▶ C1000^(formerly MATH 119)

| Area 2 Mathematical Concepts and Quantitative Reasoning | Completed | In Progress | Needed |
|---|-----------|-------------|--------|
| Area 2 Course: | | | |

2025-2026 Cal-GETC Advising Sheets

Southwestern College

This document is an advising tool and does not replace a Student Education Plan (SEP).

AREA 3 - ARTS AND HUMANITIES

Select two courses: one Arts and one Humanities (6 semester or 8 quarter units).

AREA 3A: ARTS (3 units)

Art (ART) 104, 112, 113, 129, 130, 149, 150, 151, 156, 157; **Communication (COMM)** 185; **Dance (DANC)** 200; **Film, Television, and Media Arts (FTMA)** 160, 161; **Humanities (HUM)** 123; **Music (MUS)** 105, 106, 107, 195, 202; **Theatre Arts (TA)** 100, 101, 102

AREA 3B: HUMANITIES (3 units)

Architecture (ARCH) 208, 210; **Asian American Studies (ASIA)** +117; **American Sign Language (ASL)** *201, *225; **Chinese (CHIN)** *102; **English (ENGL)** 220, 225, 230, 231, 240, 241, 250, 251, 255, 256, 260, 265, 270, 271, 272, 273, 274, 280, 281; **Filipino (FIL)** *102, *201; **French (FREN)** *201, *202; **Film, Television, and Media Arts (FTMA)** ▶ 162; **History (HIST)** *104, *105, *106, *107, *160; **Humanities (HUM)** 101, 102, 104, ▶ 112, 121, 140; **Italian (ITAL)** *201, *202; **Japanese (JPN)** *201, *202; **Mexican American Studies (MAS)** *150; **Philosophy (PHIL)** 101, 106, 107, 120; **Portuguese (PORT)** *102; **Spanish (SPAN)** * ▶ 102, * ▶ 201, *202, * ▶ 215, * ▶ 216, * ▶ 221, 225, 226

| Area 3 Arts and Humanities Courses | Completed | In Progress | Needed |
|------------------------------------|-----------|-------------|--------|
| Area 3A Course: | | | |
| Area 3B Course: | | | |

AREA 4 - SOCIAL AND BEHAVIORAL SCIENCE

Select two courses: two academic disciplines (6 semester or 8 quarter units).

African American Studies (AFRO) *110, *111, 151; **Administration Justice (AJ)** 111, 252; **Anthropology (ANTH)** 102, 103, 112, 115; **Asian American Studies (ASIA)** 112, *113, 114, 115, +118; **American Sign Language (ASL)** *225; **Child Development (CD)** 170; **Communications (COMM)** 174, 176, ▶ 200; **Economics (ECON)** ▶ 100, 101, 102; **Film, Television, and Media Arts (FTMA)** 164; **Geography (GEOG)** 106, 120; **History (HIST)** *100, *101, *104, *105, *106, *107, *110, *111, 112, *113, 114, *121, *122, 132, *141, *142, +152, +153, *160; **Health (HLTH)** 121, +122, 212; **Humanities (HUM)** 120, 122; **Journalism (JOUR)** ▶ 101; **Mexican American Studies (MAS)** *100, *110, *141, *142, *150, 170, *180; **Native American Studies (NAIS)** +152, +153; **Political Science (POLS)** ^*C1000^(formerly PS 102); **Political Science (PS)** *101, 103, 104; **Psychology (PSYC)** ^C1000^(formerly PSYC 101), 106, 109, 116, 211, 230, 250, 260; **Sociology (SOC)** 101, 106, 107, 110, 116, ▶ 135, 140, 255

| Area 4 Social and Behavioral Sciences Courses (two academic disciplines) | Completed | In Progress | Needed |
|--|-----------|-------------|--------|
| Area 4 Course: | | | |
| Area 4 Course: | | | |

2025-2026 Cal-GETC Advising Sheets

Southwestern College

This document is an advising tool and does not replace a Student Education Plan (SEP).

AREA 5 - PHYSICAL AND BIOLOGICAL SCIENCES

Select two courses: one Physical Science and one Biological Science. One of the two courses must be associated with a one-semester or one-quarter unit laboratory (7 semester units or 9 quarter units).

AREA 5A: PHYSICAL SCIENCE (3 units)

Astronomy (ASTR) 100, 120, 150, 170, 180, +201, 205; **Biology (BIOL)** “143; **Chemistry (CHEM)** ▶ 100, 102, ▶ 110, +160, ▶ 170, 200, 210, 240, 242, 250; **Geography (GEOG)** 100, 110, 130, 160; **Geology (GEOL)** 100, 104, 110, 115; **Physical Science (PHS)** ▶ 101, 110; **Physics (PHYS)** ▶ 150, ▶ 152, ^ ▶ 270, ^ ▶ 272, ^ ▶ 274

AREA 5B: BIOLOGICAL SCIENCE (3 units)

Anthropology (ANTH) 101; **Biology (BIOL)** ▶ 100, 111, 130, 140, 145, 150, 151, 160, 180, 185, ▶ 190, 210, 211, 212, 260, 261, 265; **Chemistry (CHEM)** 151

AREA 5C: LABORATORY ACTIVITY (1 unit)

Anthropology (ANTH) 101L; **Astronomy (ASTR)** 109; **Biology (BIOL)** ▶ 101, 131, 150, +151L ▶ 161, ▶ 190, 210, 211, 212, 260, 261, 265; **Chemistry (CHEM)** ▶ 100, 102, ▶ 110, +151L ▶ 170, 200, 210, 240, 242, 244, 250; **Geography (GEOG)** ▶ 101; **Geology (GEOL)** ▶ 101, 115L; **Physical Science (PHS)** 101L, ▶ 111; **Physics (PHYS)** 151, 153, 271, 273, ^275

| Area 5 Physical and Biological Sciences Courses | Completed | In Progress | Needed |
|---|-----------|-------------|--------|
| Area 5A Course: | | | |
| Area 5B Course: | | | |
| Area 5C Course: | | | |

AREA 6 - ETHNIC STUDIES

Select one course (3 semester units or 4 quarter units). Area 6 shall not be waived or substituted.

African American Studies (AFRO) *111; **Asian American Studies (ASIA)** *113; **History (HIST)** *111, *113, *142; **Mexican American Studies (MAS)** *100, *110, *142, *170

| Area 6 Ethnic Studies Course | Completed | In Progress | Needed |
|------------------------------|-----------|-------------|--------|
| Area 6 Course: | | | |

Legend

+ New course(s) to General Education area

* Course listed in two or more General Education areas but can only count in one area

_ Course with science lab

^ Modified course prefix, title, number, unit and/or prerequisite changes

▶ Transfer unit credits may be limited by either the UC or CSU or both. Refer to the UC Transferable Course Agreement and UC Transfer Admission Eligibility Course List in assist.org

“ Reference Assist.org for historical General Education area(s)

2025-2026 Cal-GETC Advising Sheets

Southwestern College

This document is an advising tool and does not replace a Student Education Plan (SEP).

CSU Graduation Requirement: U.S. History, Constitution & American Ideals

*American Ideals is not part of Cal-GETC Certification and may be completed prior to transfer.
(6 semester or 8 quarter units)*

US-1 AMERICAN HISTORY

African American Studies (AFRO) *110, *111; **History (HIST)** *100, *101, *110, *111, *141, *142; **Mexican American Studies (MAS)** *141, *142; **Political Science (PS)** *101

US-2 THE U.S. CONSTITUTION

African American Studies (AFRO) *110; **History (HIST)** *100, *110, *121, *122, *141; **Mexican American Studies (MAS)** *141; **Political Science (POLS)** ^*C1000^(formerly PS 102); **Political Science (PS)** *101

US-3 CALIFORNIA STATE AND LOCAL GOVERNMENT

Asian American Studies (ASIA) *113; **History (HIST)** *101, *113, *122, *142; **Mexican American Studies (MAS)** *142; **Political Science (POLS)** ^*C1000^(formerly PS 102)

| CSU Only: American Ideals Graduation Requirement, US-1, US-2, US-3 6 units | Completed | In Progress | Needed |
|---|-----------|-------------|--------|
| | | | |
| | | | |

UC Graduation Requirement: Language Other Than English (LOTE)

LOTE is not part of Cal-GETC Certification and may be completed prior to transfer. Proficiency equivalent to two years of high school study in the same language with a minimum grade of "C" or better.

American Sign Language (ASL) ▶ 101, 102, *201;

Chinese (CHIN) ▶ 101, *102;

Filipino (FIL) ▶ 101, *102, *201;

French (FREN) ▶ 101, 102, *201, *202;

Italian (ITAL) ▶ 101, 102, *201, *202;

Japanese (JPN) ▶ 101, ♦101A, ♦101B, 102, *201, *202;

Portuguese (PORT) ▶ 101, *102;

Spanish (SPAN) ▶ 101, ♦101A, ♦101B, 101H, * ▶ 102, * ▶ 201, *202, * ▶ 215, * ▶ 216, * ▶ 221

♦ JPN 101A and SPAN 101A are prerequisites and not LOTE eligible. SPAN 101A and SPAN 101B combined are equivalent to SPAN 101. JPN 101A and JPN 101B combined are equivalent to JPN 101.

| UC Only: Language Other Than English (LOTE) Graduation Requirement | Completed | In Progress | Needed |
|--|-----------|-------------|--------|
| | | | |