<table>
<thead>
<tr>
<th>Name:</th>
<th>Date</th>
</tr>
</thead>
</table>

Requirements for the CSU GE AA degree (minimum 2.0 GPA required):  
1. **60 CSU transferable units.**  
   Use of units from other community colleges must be checked on ASSIST at www.assist.org. A Cabrillo College counselor must check use of units from out of state or 4-year universities – you must provide official transcripts from all schools attended.

2. **General Education**  
   Complete at least 30 units of general education including all of Area A and Area B4, which must be completed with a "C -" or better. Students who complete only 30 units will have at least 9 units of lower-division GE courses to complete upon transfer. It is advisable to complete all 39 units of lower division general education before transfer and to have your GE fully certified. Full GE certification is required for the AA-TIAS-T degrees. Courses may be used to satisfy both major and general education requirements – the units will be counted only once for the degree.

3. **Multicultural course**  
   Complete one multicultural course marked with a # (not required for the AA-TIAS-T degrees).

4. **Major – For Students beginning F'10, all courses in the major or emphasis must be completed with a “C” or better.**  
   This worksheet can be used for the following degrees:
   - **AA degree in Liberal Arts and Sciences:** For students entering Cabrillo College beginning F'08, the Liberal Arts and Sciences degree requires an 18 unit emphasis. Beginning F'14, this emphasis is limited to Interdisciplinary Studies—6 courses chosen from a combination of Areas A, B4, C, D & F. The complete list of approved courses for this emphasis is listed in the current Cabrillo catalog.
   - **AA degree in a specific discipline:** 18 units are required using the transfer requirements on ASSIST as a guide.
   - **AS degrees in Astronomy, Biology, Chemistry, Computer Science, Engineering, General Science, Geology, Mathematics or Physics:** At least 30 units are required using the catalog model program or the transfer requirements on ASSIST as a guide.

   Students transferring to CSU should complete the lower division major preparation courses required by the 4-year school for their chosen major for their BA or BS degree. It is advisable to work with a Cabrillo College counselor and/or consult www.assist.org for major preparation courses required or recommended before transfer.

   Courses may be used to satisfy both major and general education requirements – the units will be counted only once for the degree.  
   **To file a petition for this degree—make an appointment with a counselor during the semester in which you are completing all of the requirements.**

**GENERAL EDUCATION:**  
**39 UNITS RECOMMENDED—30 Required (Including all of Area A & B4)**

Qtr. and semester units may be combined in Areas A-E to achieve the overall unit requirement for the Area.

**AREA A: English Language Communication and Critical Thinking (9 UNITS)**  
Choose one course from each of the three sub-areas:

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
</table>
*| A1 | A1 - Communication: Communication Studies 1, 1H, 2, 10 (No AP or IB accepted) |
*| A2 | A2 – English Language: English 1A, 1AH, #1AMC, #1AMCH, ESL 1A (No IB accepted) |
*| A3 | A3 - Critical Thinking: Communication Studies 4; English 2, 2H, #2MC, #2MCH; Philosophy 12, 49 (No AP or IB accepted) |

Note: Students planning to attend SFSU or SJSU should take an ENGL 2 version or PHILO 49. ENGL 1B taken at Cabrillo through Summer '05 may be used in Area A3. ENGL #1BMC does not meet Area A3.

**AREA B: Scientific Inquiry and Quantitative Reasoning (9 UNITS min.)**  
Choose at least one course from the Physical Universe group (B1) and one course from the Life Forms group (B2). At least one of these sciences must include a corresponding laboratory (B3). Laboratory sciences are marked with an asterisk (*). Select one course from Quantitative Reasoning (B4).

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
</table>
B1 | B1-Physical Universe: Astronomy 3, 4, 5, 7, 8A*; Chemistry 1A*, 3, 3L*, 5*, 10*, 30A*, 32*; Engineering 3; Environmental Science 10, 10L*, 15*; Geography 1, 1L*, 3, 3L*; Geology 10*, 15, 20*; Oceanography 10*; +10L*; 11*, 12 |
B2 | B2-Life Forms: Anthropology 1, 1H, 1L*; Biology 4*, 5*, 6*, 9A*, 11A*, 11B*, 11C*, 13A, 13AL*, 31; Horticulture 1A*, 1B* (HORT - beg. F'20); Psychology 4, 4L* |
B3 | B3-Laboratory Sciences: See courses marked with an asterisk (*under B1 and B2). For general education credit, 1-unit laboratory courses must be taken with corresponding lecture courses (for example: Geography 1 +1L*, Astronomy 3, 4, 5, or 7 + 8A*, Anthropology 1/1H +1L*, Biology 13A +13AL*, Physics 10 +10L*, etc.) |
B4 | B4 -Quantitative Reasoning: Business 9 (beg. F’ 13); Mathematics 1, 2, 3 (beg. F’ 11), 4, 5A, 5B, 10, 12, 12H, 13, 15, 18; Psychology 2A |

*Areas A & B4 are required for AA Degree and Transfer.

**AREA C: Arts and Humanities (9 UNITS)**  
Select 1 course from Arts (C1) and 1 course from Humanities (C2) plus one additional course from either area.
| C1 | Arts: Art 1A; Art History 10, 11, 11H, 12, 13, 13H, 14, #16, #17, #18, #19, 20A, 20B, #52, 53; Art Photography #15, 25 (beg. F'19), #35, #35H, 45 (beg. F'16), #55; Dance #1; Music 1, 5, 6, 10, #11A, #11LA, #12, #13A, 77; Theatre Arts 7, #8, 9, 10A; |
| C2 | Humanities: American Sign Language (SL) 1, 2, 3; English 1B, 1BH, #1BMC, 12A, 12B, 12C, 12E, 12F, #2A4, #2AB, #27AN*, #27BN*, 30A, 30B, 34, #39, #40, #41A, #45, 46A, 46B, 48A, 49A, 49B; Ethnic Studies #27AN*, #27BN*; French 1, 2, 3, 10; German 1, 2; History #2A, #2B, 4A, 4AH, 4B, 4BH, #27AN*, #27BN*; Italian 1, 2, 3, 10; Japanese 1, 2; Philosophy 4, 6, 7, 8, 9, 10, 10H, #14, #15, 16, #17, 18; Spanish 1, 2, 3, 4, 5A, 6A, 6B, 10A, 10B, 16, 17, 25, 26, #30B |

**Note:** English 1B may be counted under C2 if not used to meet the A3 requirement (prior to F'05). Students planning to attend SFSU or SJSU who DID NOT take English 2 are advised to take English 1B for C2. English #1BMC may be counted only under C2. Students who completed the following courses F'95 or earlier will receive general education credit in Area C1: Art 2A, 4, 5, 7A, 8A, 9A, 24; Music 17A, 19, 33A, 34, 35, 36, 38, 40, 46, 49, 51A, 54, 55, 58; Theatre Arts 28, 29. A maximum of six semester units in performance courses is allowed. English #27AN*, #27BN*, Ethnic Studies #27AN*, #27BN*, History #2A/#2B, 4A/4AH & 4B/4BH, #27AN*, #27BN* may be used in either Area C, D, or F (if applicable) but not in more than one.

**AREA D: Social Sciences**

(6 UNITS)

Select two courses from the following:

- Strongly Recommended for CSU graduation requirement:
  - Anthropology #2, #2H, #3, #6, #7, #8, #17, #30; Bilingual/Bicultural Studies #32; Communication Studies 7, #12; Early Childhood Education 31, 32; Economics 1A, 1B; English #27AN*, #27BN*;
  - Environmental Science 20; Ethnic Studies #3, #8, #21A*, #21AH*, #27AN*, #27BN*; Geography #2, #4, 5;
  - Health Science 15; History #2A, #2B, 4A, 4AH, 4B, 4BH, #6, 9, 11, #14*, #14H*, #15*, #16A, #16B, #16C, 17A*, 17AH*, 17B*, 17BH*, #19B, #19C, #21A*, #21AH*, #21BH*, #21BH*, #23, 24, #27AN*, #27BN*, #29A*, #29B*; Journalism 21; Political Science 1*, 1H*, 2, 3, 5*; Psychology 1, 1H, 2B, 6, 8, 12, 26, 31, 33; Sociology 1, 1H, #2, #2H, #3, 5, #8, #9, 10, 11, 12; Women’s Studies 1, #2, 11

- Strongly Recommended for CSU graduation requirement:
  - Anthropology #2, #2H, #3, #6, #7, #8, #17, #30; Bilingual/Bicultural Studies #32; Communication Studies 7, #12; Early Childhood Education 31, 32; Economics 1A, 1B; English #27AN*, #27BN*;
  - Environmental Science 20; Ethnic Studies #3, #8, #21A*, #21AH*, #27AN*, #27BN*; Geography #2, #4, 5;
  - Health Science 15; History #2A, #2B, 4A, 4AH, 4B, 4BH, #6, 9, 11, #14*, #14H*, #15*, #16A, #16B, #16C, 17A*, 17AH*, 17B*, 17BH*, #19B, #19C, #21A*, #21AH*, #21BH*, #21BH*, #23, 24, #27AN*, #27BN*, #29A*, #29B*; Journalism 21; Political Science 1*, 1H*, 2, 3, 5*; Psychology 1, 1H, 2B, 6, 8, 12, 26, 31, 33; Sociology 1, 1H, #2, #2H, #3, 5, #8, #9, 10, 11, 12; Women’s Studies 1, #2, 11

**Area E: Lifelong Learning and Self-Development**

(3 UNITS)

Select 3 units from the following:

- **E** Counseling & Guidance 1, 51 (beg F’15); Early Childhood Education 31; Health Science 10, 12, 15, 21, 22, 24; Nutrition 20, 22 (CAHM); *Psychology 33, 35(ABC), 39(ABC); Sociology 5; Women’s Studies 1; **DD214 (Military Credit) **Student must have CSU GE Fully Certified.

*Students must complete PSYCH 35ABC or 39ABC for 3 units to receive general education credit. PSYCH 37ABC may be used for Area E if taken prior to F’14. **EC31, HS 15, PSYCH 33, SOC 5, and WS 1 may be used in Area D or E, but not both. **

**Note:** Select courses taken Beg. F’13 from ATH, DANCE and KIN Activity courses may also be used to meet Area E, if combined with other non-activity Area E units from the CG or NUTR (CAHM) departments.

**AREA F: Ethnic Studies**

(3 UNITS)

Select 3 units from the following:

- **F** #ETHN 3, #ETHN 8, #ETHN 21A*, #ETHN 21AH*, #ETHN 27AN*, #ETHN 27BN* (all courses effective Fall, 2021). Note: ENGL #27AN*, ENGL #27BN*, HIST #21A*, HIST #21AH*, HIST #27AN*, HIST #27BN*, SOC #3, and SOC #8 may meet Area F only if taken Fall, 2021 or later.

**MC: MULTICULTURAL STUDIES REQUIREMENTS—AA requirement only ***(not required for AA-T/AS-T degrees) **(3 UNITS)

Select one course from any of the above areas that is marked with the # sign, ENGR 9A + ENGR 9B, or WS 5. This area may be double-counted. A course from another college may be used to fulfill this requirement--check with a counselor. (note: all Area F courses meet the MC requirement)

**Major or Liberal Arts & Sciences Emphasis in Interdisciplinary Studies (18 units req’d)**

<table>
<thead>
<tr>
<th>Courses Completed or in Progress</th>
<th>Units Completed</th>
<th>Courses Completed or in Progress</th>
<th>Units Completed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>Total</td>
<td>Updated 5-19-21</td>
<td></td>
</tr>
</tbody>
</table>

**Note:** for a complete list of Cabrillo’s CSUGE-approved courses, see ASSIST.org.