



Area A: English Language Communication and Critical Thinking Select			
@ - Complete ONE course from Area A1, A2, and A3 with a grade of "C-" or better in each course. 3 courses - minimum 9 semester or 12 quarter units required			
<b>A1 ORAL COMMUNICATION</b> Communication 100/100H, 101, 110, 111* **Other Regionally Accredited College Course: _____	Completed	In Progress	Need
<b>A2 WRITTEN COMMUNICATION</b> English 100, 101/101H **Other Regionally Accredited College Course: _____ AP _____	Completed	In Progress	Need
<b>A3 CRITICAL THINKING</b> Communication 111*; English 102*/102H*, 103/103H; Philosophy 110, 111; Reading 150, 151 **Other Regionally Accredited College Course: _____	Completed	In Progress	Need
Area B: The Physical Universe and Its Life Forms			
Select ONE course from Area B1 and Area B2, one of these courses MUST have a corresponding lab from Area B3 (lab courses are underlined). @ - Complete ONE Math course from Area B4 with a grade of "C-" or better. 3 courses plus a lab - minimum 10 semester or 12 quarter units required.			
<b>B1 PHYSICAL SCIENCE</b> Astronomy 102, 103, 104; Chemistry 100, 200A, 200AH; Earth Science 100, 111, 120, 121, 130, 160, 200; Geography 101/101H, 130/130H; Physical Science 100; Physics 100, 150A, 150B, 250A, 250B, 250C **Other Regionally Accredited College Course: _____ AP/CLEP/IB _____	Completed	In Progress	Need
<b>B2 LIFE SCIENCE</b> Anthropology 101; Biology 109/109H, 115, 139, 149, 177, 190, 211, 213, 215, 221, 229, 231, 239, 259, 290; Psychology 200* **Other Regionally Accredited College Course: _____ AP/IB _____	Completed	In Progress	Need
<b>B3 LABORATORY ACTIVITIES</b> Anthropology 101L; Astronomy 100L (Lab Activity for ASTR 102, 103 and 104); Biology 109L, 109HL, 115, 139, 149, 190L, 211, 213, 215, 229, 231, 239, 241, 259, 290; Chemistry 100, 200A/200AH; Earth Science 100L, 111, 121; Geography 101L; Physical Science 100; Physics 100, 150A, 150B, 250A, 250B, 250C **Other Regionally Accredited College Course: _____ AP/CLEP/IB _____	Completed	In Progress	Need
<b>B4 MATHEMATICS/QUANTITATIVE REASONING</b> Mathematics 105, 140, 150, 171, 180/180H, 180S, 185, 203, 219/219H, 219S, 287, 290, 295; Sociology 125/125H **Other Regionally Accredited College Course: _____ AP/CLEP/IB _____	Completed	In Progress	Need
Area C: Arts, Literature, Philosophy and Foreign Language			
Complete ONE course from Area C1 and Area C2 and a third course from either area. 3 courses - minimum 9 semester or 12 quarter units required			
<b>C1 ARTS (ART, DANCE, MUSIC, THEATRE)</b> Art 100/100H, 101/101H, 102/102H; Cinema Studies 103, 104; Dance 100; English 233A*, 233B*; Music 101/101H, 102, 103, 104; Theatre Arts 100 **Other Regionally Accredited College Course: _____ AP/IB _____	Completed	In Progress	Need
<b>C2 HUMANITIES</b> American Sign Language 110, 111, 116, 210; Chinese 101, 102; English 102*/102H*, 231, 232, 233A*, 233B*, 241, 242, 270, 271, 272, 278, 279, 280; French 101, 102, 194, 201, 202; History 101*/101H*, 102*/102H*, 115*, 118*, 132*, 152, 162; Italian 101, 102, 194, 195, 201, 202; Philosophy 106/106H, 108, 112, 115, 118, 120; Spanish 101/101H, 101B <sup>1</sup> , 102, 110, 111, 194, 195A, 195B, 201, 202 <sup>1</sup> Both courses (SPAN 101A & 101B) must be completed to meet the C2 requirement. **Other Regionally Accredited College Course: _____ AP/CLEP/IB _____	Completed	In Progress	Need
<b>ADDITIONAL COURSE FROM C1 OR C2:</b> _____ **Other Regionally Accredited College Course: _____ AP/CLEP/IB _____	Completed	In Progress	Need

**Area D: Social, Political, and Economic Institutions - 2 courses (minimum 6 semester or 8 quarter units) required**  
**# New and returning students BEGINNING SCC Fall 2021 or later - MUST take 6-semester units from any discipline.**  
**Students starting SCC BEFORE Fall 2021 and maintaining continuous enrollment - MUST take 9-semester units from at least 2 disciplines.**

<b>Anthropology</b> 100/100H, 103, 104; <b>Child Development</b> 107*, 110; <b>Cinema Studies</b> 105; <b>Communication</b> 120/120H, 225/225H; <b>Counseling</b> 150, 152*; <b>Criminal Justice</b> 101; <b>Economics</b> 101, 102; <b>Education</b> 101; <b>Ethnic Studies</b> 101*, 110*, 120*, 130*, 140*; <b>Gender, Sexuality, and Women's Studies</b> 101, 102, 103; <b>Geography</b> 100/100H, 102/102H, 140; <b>History</b> 101*/101H*, 102*/102H*, 115*, 118*, 120/120H, 121/121H, 124, 126, 127, 132*, 133, 142, 152*, 162*, 240; <b>Interdisciplinary Studies</b> 155; <b>Kinesiology</b> 109; <b>Political Science</b> 101/101H, 110, 150, 201, 220, 221, 230; <b>Psychology</b> 100/100H, 157*, 160*, 170, 180, 190*, 200*, 220, 230*, 240, 250; <b>Sociology</b> 100/100H, 115*, 116, 120, 130*, 150, 220, 240/240H, 286;  <b>**Other Regionally Accredited College Course:</b> _____ <b>AP/CLEP/IB</b> _____	<b>Completed</b>	<b>In Progress</b>	<b>Need</b>
<b>ADDITIONAL COURSE FROM D:</b> _____  <b>**Other Regionally Accredited College Course:</b> _____ <b>AP/CLEP/IB</b> _____	<b>Completed</b>	<b>In Progress</b>	<b>Need</b>
<b>ADDITIONAL COURSE FROM D:</b> _____  <b>**Other Regionally Accredited College Course:</b> _____ <b>AP/CLEP/IB</b> _____	<b>Completed</b>	<b>In Progress</b>	<b>Need</b>

**Area E: Lifelong Understanding and Self-Development**  
 Maximum ONE unit from Area E2 may be used  
 3 semester or 4 quarter units required

<b>E1 SELF-DEVELOPMENT COURSES</b> <b>Child Development</b> 107*, 113, 116, 152*; <b>Interdisciplinary Studies</b> 155*; <b>Kinesiology</b> 100, 101, 102, 104, 110, 111; <b>Nutrition &amp; Food</b> 115; <b>Psychology</b> 157*, 160*, 190*, 230*; <b>Sociology</b> 115*, 130*  <b>**Other Regionally Accredited College Course:</b> _____ <b>CLEP</b> _____	<b>Completed</b>	<b>In Progress</b>	<b>Need</b>
<b>E2 SELF-DEVELOPMENT-KINESIOLOGY ACTIVITY COURSES</b>  <b>Kinesiology</b> 119-283 <b>**Other Regionally Accredited College Course:</b> _____			

**Area F: Ethnic Studies (New and returning students BEGINNING SCC Fall 2021 or later - MUST complete Area F)**  
**Students starting SCC BEFORE Fall 2021 and maintaining continuous enrollment MUST complete 9 units in Area D and 0 units in Area F.**

Select ONE course from Area F  
 1 course - minimum 3 semester or 4 quarter units required

<b>F ETHNIC STUDIES COURSES</b>  <b>Ethnic Studies</b> 101*, 110*, 120*, 130*, 140*  <b>**Other Regionally Accredited College Course:</b> _____ <b>CLEP</b> _____	<b>Completed</b>	<b>In Progress</b>	<b>Need</b>
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**TOTAL UNITS:**

**U.S. History, Constitution, and American Ideals – (CSU Graduation Requirement)**

All CSU campuses have a U.S. History, Constitution, and American Ideals graduation requirement. It is not a transfer requirement but it can be completed at a California Community College or a CSU campus after transfer. The 6 units used to meet the requirement also meet units in Areas D and F.

<b>US-1: HISTORICAL DEVELOPMENT OF AMERICAN INSTITUTION AND IDEALS</b> <b>Ethnic Studies</b> 110, 120, 130, 140; <b>History</b> 118, 120, 120H, 121, 121H, 124, 127 <b>**Other Regionally Accredited College Course:</b> _____ <b>AP/CLEP</b> _____	<b>Completed</b>	<b>In Progress</b>	<b>Need</b>
<b>US-2: U.S. CONSTITUTION &amp; GOVERNMENT</b> <b>Political Science</b> 101, 101H <b>**Other Regionally Accredited College Course:</b> _____ <b>AP/CLEP</b> _____			
<b>US-3: CALIFORNIA STATE &amp; LOCAL GOVERNMENT</b> <b>Political Science</b> 101, 101H <b>**Other Regionally Accredited College Course:</b> _____			

**Important Information**

- \*Courses with an asterisk (\*) are listed in more than one area but will not be certified in more than one area.
- A course with the code (F) indicates the year a course was approved in the designated general education area.
- Certification is not a CSU admission requirement. Requirements are subject to change. Please work with an SCC counselor to develop an educational plan that includes major preparation.
- \*\*Courses taken at regionally accredited colleges or universities that are not part of the California Community College system can meet general education requirements on the CSU GE/Plan B. Approval of CSU general education placement is done by the Articulation Officer via the "Pass Along" review process. See SCC Digital Catalog page, "Independent and Out-of-State Colleges and Universities" for more details.
- @ - Comparable courses completed at other regionally accredited institutions can be passed along with grades of "C-" (providing the course meets CSU standards) and can be used to meet CSU GE Areas A1, A2, A3, and B4 for CSU admissions. However, if the course double counts as a general education and major requirement, a "C" or better grade is recommended for CSU GE Certification.
- # - The two lower division courses in Area D can be taken in the same discipline as long as the student takes a different discipline for their upper division area D course upon transferring.

*Requirements are subject to change. Please work with an SCC counselor to develop an educational plan that includes major preparation.*