

# ASSOCIATE DEGREE GENERAL EDUCATION 2022-2023: OPTION 2 (CALIFORNIA STATE UNIVERSITY GENERAL EDUCATION)

To earn a Bachelor's degree from the California State University, each student must complete 48-51 semester units in general education. Nine to twelve of these units must be taken as upper-division course work after transfer. Orange Coast College will certify the extent to which the lower-division General Education Breadth Requirements (GE) have been met for students meeting the following A-F pattern.

Students seeking GE transfer certification are eligible for a Certificate of Achievement award.

Any one course may be used to satisfy only one required sub-area (i.e. if Communication Studies A110 is used to satisfy sub-area A1, it may not be used to satisfy sub-area C2), with the exception of Area B where lab courses taken to meet the B3 requirement will also count in B1 or B2. A cross-listed course (the same course listed under more than one department such as History A150 and Ethnic Studies A150) may be used to meet only one requirement.

**Important Note:** Courses on this list are approved for a specific academic term. Students wishing to use a course to meet a CSU General Education Breadth requirement must be sure that the course is approved for the academic term in which it is taken.

**This list is valid only for courses taken Fall 2022 through Summer 2023.**

For courses taken prior to Fall 2022, students should check the master list which shows the dates that courses were added or deleted since the original list was published in 1991. This list is available in the Counseling Center or Transfer Center in Watson Hall.

Course	Title	Units
<b>Area A: Communication in the English Language and Critical Thinking</b>		
Nine semester units (or 12-15 quarter units) including one course from each sub-area with a grade of "C" or better.		
<i>A1 Oral Communication</i>		
CMST A100	Interpersonal Communication	3
CMST A110	Public Speaking	3
<i>A2 Written Communication</i>		
ENGL A100	Freshman Composition	3
ESL A100	ESL College Composition	3
<i>A3 Critical Thinking</i>		
CMST A220	Essentials of Argumentation	3
CMST A240	Media Literacy	3
ENGL A101	Critical Reasoning: Fiction	4
or ENGL A101H	Critical Reasoning: Fiction Honors	
ENGL A102	Critical Reasoning: Nonfiction	3
or ENGL A102H	Critical Reasoning: Nonfiction Honors	

Course	Title	Units
ENGL A109	Critical Reasoning and Writing for Science and Technology	3
MATH A220	Introduction to Symbolic Logic	3
PHIL A150	Critical Reasoning & Writing	3
PHIL A155	Introduction to Logic	3
PHIL A220	Introduction to Symbolic Logic	3
<b>Area B: Physical Universe and Its Life Forms</b>		
A minimum of nine semester units (or 12-15 quarter units) including at least one course from each subarea. Must include at least one laboratory course.		
<i>B1 Physical Science</i>		
ANTH A280	Introduction to Archaeology	3
ASTR A100	Introduction to Astronomy	3
or ASTR A100H	Introduction to Astronomy Honors	
ASTR A100 & A100L	Introduction to Astronomy and Introduction to Astronomy Laboratory <sup>1</sup>	4
or ASTR A100M	Introduction to Astronomy Laboratory Honors	
ASTR A100H & ASTR A100L	Introduction to Astronomy Honors and Introduction to Astronomy Laboratory <sup>1</sup>	4
or ASTR A100M	Introduction to Astronomy Laboratory Honors	
ASTR A101	Planetary Astronomy	3
ASTR A102	Stellar Astronomy	3
ASTR A103	Cosmology	3
ASTR A104	Galactic Astronomy	3
ASTR A200	Introduction to Astrophysics	4
or ASTR A200H	Introduction to Astrophysics Honors	
CHEM A100	Principles of Chemistry	3
CHEM A110	Introduction to Chemistry <sup>1</sup>	5
CHEM A130	Preparation for General Chemistry <sup>1</sup>	4
CHEM A180	General Chemistry A <sup>1</sup>	5
CHEM A185	General Chemistry B <sup>1</sup>	5
CHEM A220	Organic Chemistry A	3
CHEM A220L	Organic Chemistry A Lab <sup>1</sup>	2
CHEM A225	Organic Chemistry B	3
CHEM A225L	Organic Chemistry B Laboratory <sup>1</sup>	2
GEOG A130	Introduction to Weather & Climate	3
GEOG A180	Physical Geography	3
or GEOG A180H	Physical Geography Honors	
GEOG A180 & A180L	Physical Geography and Physical Geography Lab <sup>1</sup>	4
GEOG A180H & GEOG A180L	Physical Geography Honors and Physical Geography Lab <sup>1</sup>	4
GEOLOG A105	General Geology	3
or GEOLOG A105H	General Geology Honors	
GEOLOG A105 & A105L	General Geology and General Geology Laboratory <sup>1</sup>	4
GEOLOG A105H & GEOLOG A105M	General Geology Honors and General Geology Laboratory Honors <sup>1</sup>	4
GEOLOG A105H & GEOLOG A105L	General Geology Honors and General Geology Laboratory <sup>1</sup>	4
GEOLOG A105 & A105M	General Geology and General Geology Laboratory Honors <sup>1</sup>	4
GEOLOG A106	Earth Science for Teachers <sup>1</sup>	4

Course	Title	Units	Course	Title	Units
GEOL A110	Physical Geology <sup>1</sup>	4	MRSC A100H & MRSC A100M	Oceanography Honors and Oceanography Laboratory Honors <sup>1</sup>	4
GEOL A160	Environmental Geology <sup>1</sup>	4	MRSC A100 & A100M	Oceanography and Oceanography Laboratory Honors <sup>1</sup>	4
GEOL A185	Evolution of the Earth	3	MRSC A100H & MRSC A100L	Oceanography Honors and Oceanography Laboratory <sup>1</sup>	4
GEOL A185 & A185L	Evolution of the Earth and Evolution of the Earth Lab <sup>1</sup>	4	MRSC A180	Marine Biology	3
MRSC A185	Coastal Oceanography	3	MRSC A180 & A180L	Marine Biology and Marine Biology Lab <sup>1</sup>	4
MRSC A185 & A185L	Coastal Oceanography and Coastal Oceanography Lab <sup>1</sup>	4	MRSC A187	Marine Mammals	3
PHYS A110	Conceptual Physics	3	PSYC A250	Psychobiology	3
PHYS A110 & PHYS A111	Conceptual Physics and Introductory Physics Laboratory <sup>1</sup>	4	<i>B3 Laboratory Activity</i>		
PHYS A120	Algebra Based Physics: Mechanics <sup>1</sup>	4	One of the courses taken in Area B1 or B2 must include a lab.		
PHYS A130	University Physics 1 (non-majors) <sup>1</sup>	4	<i>B4 Mathematical Concepts</i>		
PHYS A185	Calculus Based Physics: Mechanics <sup>1</sup>	4	One course from the following with a grade of "C" or better:		
PHYS A280	Calculus Based Physics: Electricity/ Magnetism <sup>1</sup>	4	CS A262	Discrete Structures	3
PHYS A285	Calculus Based Physics: Modern <sup>1</sup>	4	MATH A100	Liberal Arts Mathematics	3
<i>B2 Life Science</i>			MATH A104	Mathematics for Elementary Teachers	3
ANTH A185	Physical Anthropology	3	MATH A115	College Algebra	4
or ANTH A185H	Physical Anthropology Honors		MATH A120	Trigonometry	3
ANTH A185 & A185L	Physical Anthropology and Phys Anthropology Lab <sup>1</sup>	4	MATH A140	Business Calculus	4
BIOL A100	Principles of Biology <sup>1</sup>	4	MATH A155	Finite Mathematics with Applications	4
BIOL A100H	Principles of Biology Honors <sup>1</sup>	4	MATH A160	Introduction to Statistics	4
BIOL A101	The Biology of Cooking	4	MATH A170	Precalculus	4
BIOL A125	Human Biology	3	MATH A180	Calculus 1	4
BIOL A180	Introduction to Biology for Majors 1: Cell and Molecular Biology <sup>1</sup>	4	or MATH A180H	Calculus 1 Honors	
BIOL A182	Zoology	3	MATH A182H	Calculus 1 and 2 Honors	5
or BIOL A182H	Zoology Honors		MATH A185	Calculus 2	4
BIOL A182 & A182L	Zoology and Zoology Lab <sup>1</sup>	4	or MATH A185H	Calculus 2 Honors	
BIOL A182H & BIOL A182L	Zoology Honors and Zoology Lab <sup>1</sup>	4	MATH A230	Introduction to Discrete Mathematics	5
BIOL A183	Botany	3	MATH A235	Applied Linear Algebra	3
BIOL A183 & A183L	Botany and Botany Lab <sup>1</sup>	4	MATH A280	Calculus 3	4
BIOL A185	Introduction to Biology for Majors 2: Ecology, Evolution, Diversity, and Physiology <sup>1</sup>	5	or MATH A280H	Calculus 3 Honors	
BIOL A210	General Microbiology <sup>1</sup>	5	MATH A285	Introduction to Linear Algebra and Differential Equations	4
BIOL A220	Human Anatomy <sup>1</sup>	5	or MATH A285H	Introduction to Linear Algebra and Differential Equations Honors	
BIOL A221	Anatomy-Physiology <sup>1</sup>	4	MATH A290H	Introduction to Tensors and Calculus on Manifolds Honors	5
BIOL A225	Human Physiology	5	PSYC A160	Statistics for the Behavioral Sciences	4
BIOL A283	Genetics	4	<b>Area C: Literature, Philosophy, &amp; Foreign Language</b>		
ESEC A100	Introduction to Environmental Science	3	A minimum of nine semester units (or 12-15 quarter units) with at least one course in C1 and one course in C2.		
or ESEC A100H	Introduction to Environmental Science Honors		<i>C1 Arts</i>		
HORT A100	Horticulture Science	3	ARCH A290	History of Architecture 1	3
MRSC A100	Oceanography	3	or ARCH A290H	History of Architecture 1 Honors	
or MRSC A100H	Oceanography Honors		ARCH A296	History of Architecture 2	3
MRSC A100 & A100L	Oceanography and Oceanography Laboratory <sup>1</sup>	4	or ARCH A296H	History of Architecture 2 Honors	
			ART A100	Survey of Western Art from Prehistory Through Gothic	3
			or ART A100H	Honors Survey of Western Art from Prehistory Through Gothic	

Course	Title	Units	Course	Title	Units
ART A101	Survey of Western Art from Renaissance to Modern	3	THEA A101	Introduction to History and Literature of the Theatre	3
or ART A101H	Honors Survey of Western Art from Renaissance to Modern		THEA A105	Drama and Acting	3
ART A102	Survey of Modern and Contemporary Art History	3	THEA A106	Acting Fundamentals	3
ART A103	Survey of Asian Art	3	THEA A110	Theatre Laboratory Level 1	2
ART A107	Introduction To Art	3	<i>C2 Humanities</i>		
ART A108	Women in Art	3	ANTH A190	Introduction to Linguistic Anthropology	3
ART A109	Ancient Greek Art and Architecture	3	CHIN A180	Elementary Chinese 1	5
or ART A109H	Ancient Greek Art and Architecture Honors		CHIN A185	Elementary Chinese 2	5
ART A114	Art of the Ancient Americas	3	CMST A110	Public Speaking	3
ART A115	Art of Africa, Oceania, and Indigenous North America	3	CMST A120	Reader's Theater and Oral Interpretation	3
ART A120	Beginning Drawing	3	CMST A150	Forensics Workshop	1-4
ART A125	Perspective Drawing	3	CMST A155	Intercultural Communications	3
ART A141	Sculpture 1	3	CMST A180	Introduction to Mass Communications	3
ART A142	Life Sculpture 1	3	ENGL A101	Critical Reasoning: Fiction	4
ART A145	Exhibition Design 1	3	ENGL A102	Critical Reasoning: Nonfiction	3
ART A147	Jewelry 1	3	ENGL A119	Introduction to Creative Writing	3
ART A150	Ceramics 1	3	ENGL A141	The Bible As Literature	3
ART A263	Watercolor 1	3	or ENGL A141H	The Bible As Literature Honors	
ART A269	Cartooning 1	3	ENGL A143	Children's Literature	3
DANC A200	Appreciation Of Dance	3	or ENGL A143H	Children's Literature Honors	
DANC A230	World Dance and Culture	3	ENGL A147	Introduction to Science Fiction	3
DMAD A151	History of Graphic Design	3	or ENGL A147H	Introduction to Science Fiction Honors	
DMAD A181	Introduction to Computer Graphics	3	ENGL A148	Film As Literature	3
FILM A100	History and Appreciation of the Cinema	3	or ENGL A148H	Film As Literature Honors	
FILM A100H	History and Appreciation of the Cinema Honors	3	ENGL A150	American Literature Before the 20th Century	3
FILM A109	Science Fiction Film	3	or ENGL A150H	American Literature Before the 20th Century Honors	
FILM A109H	Science Fiction Film Honors	3	ENGL A151	American Literature in the 20th Century	3
FILM A150	History of Radio & Television	3	or ENGL A151H	American Literature in the 20th Century Honors	
HUM A100	Introduction to the Humanities <sup>2</sup>	3	ENGL A152	Race, Culture, and Identity in Literature	3
ID A180	History of Interior Architecture and Furnishings 1	3	or ENGL A152H	Race, Culture, and Identify in Literature Honors	
ID A190	Hist Arch/Furnishings 2	3	ENGL A156	California Literature	3
MUS A100	History and Appreciation of Western Classical Music	3	or ENGL A156H	California Literature Honors	
MUS A105	Music from Bach Up to Rock	3	ENGL A160	World Literature Through Renaissance	3
MUS A115	Fundamentals of Music	3	or ENGL A160H	World Literature Through Renaissance Honors	
MUS A116	Basic Guitar	2	ENGL A161	World Literature Since Renaissance	3
MUS A139	History of Rock Music	3	or ENGL A161H	World Literature Since Renaissance Honors	
MUS A140	Beginning Instruments	2	ENGL A168	Popular Fiction	3
MUS A143	History of Jazz	3	ENGL A170	Contemporary Literature	3
MUS A180	Theory 1	3	or ENGL A170H	Contemporary Literature Honors	
PHOT A110	Photography with a Smartphone: Theory and Practice	3	ENGL A172	Unique Topics in Literature	3
PHOT A120	Introduction to Photography	3	ENGL A173	Women Writers	3
PHOT A123	Introduction to Digital Photography	3	or ENGL A173H	Women Writers Honors	
PHOT A130	History and Aesthetics of Still Photography	3	ENGL A176	World Mythology	3
THEA A100	Introduction to Theatre	3	or ENGL A176H	World Mythology Honors	
			ENGL A179	Gender and Sexuality in Literature and Film	3
			ENGL A181	Shakespeare	3
			or ENGL A181H	Shakespeare Honors	
			ENGL A187	Introduction to Literary Theory	3
			or ENGL A187H	Introduction to Literary Theory Honors	

Course	Title	Units	Course	Title	Units
ENGL A270	Survey of British Literature Before 1800	3	PHIL A185	Contemporary Philosophy	3
or ENGL A270H	Survey of British Literature Before 1800 Honors		PHIL A220	Introduction to Symbolic Logic	3
ENGL A275	Survey of British Literature After 1800	3	PHOT A101	Photography and Society	3
or ENGL A275H	Survey of British Literature After 1800 Honors		PORT A180	Elementary Portuguese 1	5
ETHS A100	Contemporary Ethnic America	3	PORT A185	Elementary Portuguese 2	5
FREN A180	Elementary French 1	5	RLST A100	Introduction to Religious Studies	3
or FREN A180H	Elementary French 1 Honors		RLST A110	World Religion	3
FREN A185	Elementary French 2	5	RLST A115	Philosophy of Religion	3
or FREN A185H	Elementary French 2 Honors		RLST A135	Religion, Spirituality and Society	3
FREN A280	Intermediate French 1	4	RLST A150	Eastern Thought	3
FREN A285	Intermediate French 2	4	RLST A151	Early and Western Religions	3
GRMN A180	Elementary German 1	5	SPAN A160	Spanish for Spanish Speakers 1	5
GRMN A185	Elementary German 2	5	SPAN A165	Spanish for Spanish Speakers 2	5
GRMN A280	Intermediate German 1	4	SPAN A180	Elementary Spanish 1	5
GRMN A285	Intermediate German 2	4	or SPAN A180H	Elementary Spanish 1 Honors	
HIST A101	Afro-American History	3	SPAN A185	Elementary Spanish 2	5
HIST A151	History of the Middle East to 1500	3	or SPAN A185H	Elementary Spanish 2 Honors	
HIST A152	History of the Middle East Since 1500	3	SPAN A280	Intermediate Spanish 1	5
HIST A161	World History 1	3	or SPAN A280H	Intermediate Spanish 1 Honors	
or HIST A161H	World History 1 Honors		SPAN A285	Intermediate Spanish 2	5
HIST A162	World History 2	3	VIET A180	Elementary Vietnamese 1	5
or HIST A162H	World History 2 Honors		VIET A185	Elementary Vietnamese 2	5
HIST A170	History of the United States to 1876	3	<b>Area D: Social, Political, Economic Institutions and Behavior; Historical Background</b>		
or HIST A170H	History of the United States to 1876 Honors		minimum of 6 semester units (or 9 - 12 quarter units) with courses from at least two sub areas.		
HIST A175	History of the United States Since 1876	3	ANTH A100	Cultural Anthropology	3
or HIST A175H	History of the United States Since 1876 Honors		or ANTH A100H	Cultural Anthropology Honors	
HIST A176	Women In U.S. History	3	ANTH A102	Native American	3
HIST A180	Western Civilization 1	3	ANTH A187	Introduction to Primate Studies	3
or HIST A180H	Western Civilization 1 Honors		ANTH A190	Introduction to Linguistic Anthropology	3
HIST A185	Western Civilization 2	3	ANTH A220	Magic, Witchcraft, and Religion	3
or HIST A185H	Western Civilization 2 Honors		ANTH A280	Introduction to Archaeology	3
HUM A100	Introduction to the Humanities <sup>2</sup>	3	CDE A180	Child, Growth and Development	3
HUM A101H	Themes in Humanities Honors	3	CMST A155	Intercultural Communications	3
ITAL A180	Elementary Italian 1	5	CMST A165	Men, Women, and Communication	3
ITAL A185	Elementary Italian 2	5	COUN A107	Chicana/o & Latina/o Experience and Success in Higher Education	3
ITAL A280	Intermediate Italian 1	5	or COUN A107H	Chicana/o & Latina/o Experience and Success in Higher Education Honors	
ITAL A285	Intermediate Italian 2	5	ECON A100	Economics: General Concepts	3
JAPN A180	Elementary Japanese 1	5	ECON A110	Consumer Economics	3
JAPN A180H	Elementary Japanese 1 Honors	5	ECON A170	Microeconomics	3
JAPN A185	Elementary Japanese 2	5	or ECON A170H	Microeconomics Honors	
JAPN A185H	Elementary Japanese 2 Honors	5	ECON A175	Macroeconomics	3
JAPN A280	Intermediate Japanese 1	5	or ECON A175H	Macroeconomics Honors	
JAPN A285	Intermediate Japanese 2	5	ETHS A100	Contemporary Ethnic America	3
MATH A220	Introduction to Symbolic Logic	3	ETHS A110	Introduction to LatinX Studies	3
PHIL A100	Introduction to Philosophy	3	ETHS A115	Introduction to Asian American and Pacific Islander Studies	3
PHIL A115	Philosophy of Religion	3	ETHS A150	Ethnic Groups in the U.S.: Their Histories	3
PHIL A118	Aesthetics/Philosophy of Art	3	ETHS A190	The Ethnic Family	3
PHIL A120	Ethics	3			
PHIL A125	History of Ancient Philosophy	3			
PHIL A140	History of Modern Philosophy	3			
PHIL A165	The Theory of Knowledge	3			

Course	Title	Units	Course	Title	Units
GNDR A100	Introduction to Gender Studies	3	SJS A101	Introduction to Race and Ethnicity	3
GNDR A130	Women, Politics, and Inequality	3	SJS A102	Social Justice and Activism	3
GNDR A165	Men, Women, and Communication	3	SOC A100	Introduction to Sociology	3
GNDR A187	Women in History	3	or SOC A100H	Introduction to Sociology Honors	
GEOG A100	World Regional Geography	3	SOC A110	Introduction to Dating, Relationships, and Marriage	3
or GEOG A100H	World Regional Geography Honors		SOC A150	Introduction to Race and Ethnicity	3
GEOG A150	California Geography	3	SOC A185	Analysis of Social Problems	3
GEOG A185	Cultural Geography	3	or SOC A185H	Analysis of Social Problems Honors	
GLST A101	Introduction to Global Studies	3	SOC A200	Introduction to Research Methods	3
GLST A102	Global Issues	3	<b>Area E: Life Long Learning and Self-Development</b>		
HLED A122	Drugs, Health and Society	3	Three semester units (or four-five quarter units); no more than one unit of activity courses.		
HIST A101	Afro-American History	3	<i>Non-Activity</i>		
HIST A150	Ethnic Groups of the United States: Their Histories	3	CMST A100	Interpersonal Communication	3
HIST A151	History of the Middle East to 1500	3	CMST A170	Nonverbal Communication	3
HIST A152	History of the Middle East Since 1500	3	COS A180	Life Management	3
HIST A161H	World History 1 Honors	3	COUN A104	Career & Life Planning: A Holistic Approach	3
or HIST A161H	World History 1 Honors		COUN A105	Strategies for College Success	3
HIST A162H	World History 2 Honors	3	COUN A107	Chicana/o & Latina/o Experience and Success in Higher Education	3
or HIST A162H	World History 2 Honors		or COUN A107H	Chicana/o & Latina/o Experience and Success in Higher Education Honors	
HIST A170	History of the United States to 1876	3	COUN A109	Developing and Understanding Happiness	3
or HIST A170H	History of the United States to 1876 Honors		COUN A110	Applied Stress Management	2
HIST A175	History of the United States Since 1876	3	COUN A120	Career Decision Making/Accelerated	2
or HIST A175H	History of the United States Since 1876 Honors		COUN A135	Principles of Effective Parenting	3
HIST A176	Women In U.S. History	3	ECON A110	Consumer Economics	3
HIST A180	Western Civilization 1	3	EMS A100	Emergency Medical Responder	4
or HIST A180H	Western Civilization 1 Honors		FN A136	Nutrition, Fitness and Performance	3
HIST A185	Western Civilization 2	3	FN A140	Introduction to Nutrition Concepts	2
or HIST A185H	Western Civilization 2 Honors		FN A170	Nutrition	3
HIST A187	Women in History	3	HLED A100	Personal Health Education	3
HIST A195	History of England and Greater Britain	3	HLED A122	Drugs, Health and Society	3
PSCI A101	Survey of Current Issues	3	HLED A270	Fitness and Health	3
PSCI A110	International Relations	3	KIN A202	Introduction to Kinesiology	3
PSCI A180	American Government	3	KIN A270	Fitness and Health	3
or PSCI A180H	American Government Honors		KIN A271	Drugs & Sports	3
PSCI A185	Comparative Politics	3	PSYC A130	Life Span Developmental Psychology	3
PSCI A188	Introduction to Political Theory	3	PSYC A165	Principles of Human Sexuality 1	3
PSCI A190	Introduction to American Legal System	3	PSYC A200	Positive Psychology	3
PSCI A200	Introduction to Political Science	3	PUBH A100	Personal Health	3
PSYC A100	Introduction to Psychology	3	PUBH A202	Drugs, Health, and Society	3
or PSYC A100H	Introduction to Psychology Honors		<i>Activity</i>		
PSYC A130	Life Span Developmental Psychology	3	ATHL A109	Sports Conditioning	0.5-2.5
PSYC A165	Principles of Human Sexuality 1	3	ATHL A119	Athletic Team Training	0.5-5
PSYC A185	Principles of Psychology	3	ATHL A222	Pep Squad	3
PSYC A190	Cross-Cultural Psychology	3	ATHL A235	Basketball Team - Women's	3
or PSYC A190H	Cross-Cultural Psychology Honors		ATHL A236	Cross Country Team - Women's	3
PSYC A220	Psychology of Personality	3	ATHL A238	Crew Team - Women's	3
PSYC A255	Abnormal Psychology	3	ATHL A240	Soccer Team - Women's	3
PSYC A260	Social Psychology	3	ATHL A241	Fastpitch Team	3
PSYC A270	Psychology of Learning	3			
PSYC A280	Introduction to Experimental Methods	4			

Course	Title	Units	Course	Title	Units
ATHL A242	Swimming Team - Women's	3	DANC A155	Latin Dance Styles II	1
ATHL A243	Tennis Team - Women's	3	DANC A156	Polynesian Dance	1
ATHL A244	Track and Field Team - Women's	3	DANC A158	African Dance and Drumming II	1
ATHL A245	Volleyball Team - Women's	3	DANC A159	Hip-Hop Dance II	1
ATHL A246	Water Polo Team - Women's	3	DANC A171	Modern Dance Basics	2
ATHL A250	Baseball Team	3	DANC A172	Ballet Dance Basics	2
ATHL A251	Basketball Team - Men's	3	DANC A173	Jazz Dance Basics	2
ATHL A252	Crew Team - Men's	3	DANC A174	Tap Dance Basics	1
ATHL A253	Cross Country Team - Men's	3	DANC A201	Rehearsal and Performance I	1
ATHL A254	Football Team	3	DANC A202	Rehearsal and Performance II	1
ATHL A255	Golf Team - Men's	3	DANC A203	Performing Dance Ensemble I	3
ATHL A257	Soccer Team - Men's	3	DANC A208	Pilates 3-4	1.5-3
ATHL A258	Swimming Team - Men's	3	DANC A211	Repertoire I	1-4
ATHL A259	Tennis Team - Men's	3	DANC A212	Repertoire II	1-4
ATHL A260	Track and Field Team - Men's	3	DANC A223	Performing Dance Ensemble II	3
ATHL A261	Volleyball Team - Men's	3	DANC A243	Jazz IV	2
ATHL A263	Water Polo Team - Men's	3	DANC A244	Ballet IV	2
DANC A101	Modern Dance 1	0.5-2	DANC A245	Modern IV	2
DANC A102	Modern 2	0.5-2	DANC A246	Tap IV	1
DANC A106	Strength and Stretch	1-2	DANC A248	Mid-Eastern Dance 3	1
DANC A107	Conditioning for Dance	0.5-2	DANC A250	Dance Improvisation II	1
DANC A108	Pilates Mat Work	1-2	DANC A253	Preparation for Audition - Jazz	2
DANC A110	Ballet 1	0.5-2	DANC A254	Preparation for Audition - Ballet	2
DANC A111	Ballet 2	0.5-2	DANC A255	Preparation for Audition - Modern	2
DANC A113	Pointe Work	1-2	DANC A256	Preparation for Audition - Tap	1
DANC A115	Yoga For Dancers	0.5-2	KIN A105	Cardiovascular Fitness	0.5-2.5
DANC A116	Latin Dance Styles I	0.5-2	KIN A106	Weight Training Level 1	1-2
DANC A117	American Social Dance Styles	0.5-2	KIN A107	Fitness Programs I	0.5-3
DANC A118	Movement for Longevity	1-2	KIN A108	Strength and Conditioning	0.5-3
DANC A120	Jazz Dance 1	0.5-2	KIN A110	Walking for Fitness Level 1	1-2
DANC A121	Jazz Dance 2	0.5-2	KIN A111	Step Cardio & Core Level 1	1-2
DANC A125	Tap 1	0.5-2	KIN A112	Body Sculpting Level 1	1-1.5
DANC A126	Tap 2	0.5-2	KIN A115	Cross Training Level 1	1-2
DANC A129	Pilates Methodology	3	KIN A116	Triathlon Techniques	2.5
DANC A130	Mid-Eastern Dance 1	0.5-2	KIN A118	Strength and Conditioning Level 2	0.5-3
DANC A133	Intro To World Dance	0.5-2	KIN A119	Cardiovascular Training and Strength Development Level 2	0.5-3
DANC A135	Flamenco Dance 1	0.5-2	KIN A126	Aikido	0.5-1.5
DANC A137	Classical Danc of India	0.5-2	KIN A127	Karate	0.5-1.5
DANC A138	African Dance and Drumming I	0.5-2	KIN A128	Hatha Yoga - Level I	0.5-1.5
DANC A139	Gyrokinesis	0.5-2	KIN A129	T'ai Chi Chih	0.5-2
DANC A142	Folk Dance	0.5-2	KIN A130	Aqua Fitness	0.5-1.5
DANC A143	Jazz Dance III	2	KIN A131	Swimming for Fitness Level 1	1-2
DANC A144	Ballet III	2	KIN A132	Swimming Level 1	1-2
DANC A145	Modern Dance III	2	KIN A136	Introduction to Sailing	1
DANC A146	Tap III	1	KIN A137	Introduction to Keel Boats	1
DANC A147	Flamenco Dance 2	0.5-2	KIN A138	Introduction to Ocean Sailing	1
DANC A148	Mid-Eastern Dance 2	0.5-2	KIN A140	Outrigger Canoeing	0.5-1.5
DANC A149	Hip-Hop Dance I	0.5-2	KIN A141	Surfing and Ocean Safety Level 1	2
DANC A150	Dance Improvisation I	1	KIN A145	Badminton Level 1	0.5,1
DANC A152	Pilates Apparatus & Mat Work Level 1	1-2	KIN A146	Tennis Level 1	1-1.5
DANC A153	Pilates Apparatus & Mat Work Level 2	1-2			

Course	Title	Units
KIN A147	Table Tennis Level 1	1-2
KIN A150	Basketball	0.5-1.5
KIN A151	Futsal/Indoor Soccer Level 1	1-2
KIN A152	Soccer Level 1	1-2
KIN A153	Golf Level 1	1-2
KIN A154	Volleyball Level 1	1-1.5
KIN A155	Bowling Level 1	1-2
KIN A156	Rock Climbing Level 1	0.5-2
KIN A157	Sand Volleyball	1-2
KIN A170	Adapted Strength Training	0.5-1.5
KIN A171	Adapted Individual Sports - Bowling	0.5-1.5
KIN A172	Adapted Aquatics	0.5-1.5
KIN A173	Adapted Strength and Balance	0.5-1.5
KIN A174	Adapted Cardiovascular Fitness	0.5-1.5
KIN A175	Adapted Aerobic Exercise	0.5-1.5
KIN A176	Adapted Stretching	0.5-1.5
KIN A177	Adapted Yoga	0.5-1.5
KIN A207	Fitness Programs II	0.5-3
KIN A208	Strength and Conditioning Level 3	0.5-3
KIN A211	Step Cardio and Core Level 2	1-2
KIN A212	Body Sculpting Level 2	1-1.5
KIN A215	Cross Training Level 2	1-2
KIN A218	Strength and Conditioning Level 4	0.5-3
KIN A225	Self Defense for Women Level 2	1-2
KIN A228	Hatha Yoga Level II	0.5-1.5
KIN A232	Swimming Level 2	1-2
KIN A241	Surfing and Ocean Safety Level 2	2
KIN A246	Tennis Level 2	1-1.5
KIN A247	Table Tennis - Level 2	1-2
KIN A251	Futsal/Indoor Soccer Level 2	1-2
KIN A252	Soccer Level 2	1-2
KIN A253	Golf Level 2	1-2
KIN A254	Volleyball Level 2	1-1.5
KIN A256	Rock Climbing Level 2	1-2
KIN A271	Drugs & Sports	3
MARA A136	Introduction to Sailing	1
MARA A137	Intermediate Sailing - Intro to Keel Boats	1
MARA A138	Introduction to Ocean Sailing	1

#### Area F: Ethnic Studies

A minimum of 3 semester units (or four-five quarter units).

ETHS A100	Contemporary Ethnic America	3
ETHS A110	Introduction to LatinX Studies	3
ETHS A115	Introduction to Asian American and Pacific Islander Studies	3
ETHS A150	Ethnic Groups in the U.S.: Their Histories	3
ETHS A190	The Ethnic Family	3
HIST A150	Ethnic Groups of the United States: Their Histories	3

<sup>1</sup> Lab course

<sup>2</sup> Course will satisfy either C1 or C2

**American Institutions Requirement** (*Not part of CSU General Education Breadth. May be completed prior to transfer.*) In addition to the General Education Requirements listed above, all students must complete coursework in American History and Constitution for graduation from CSU. Completion of HIST A170 History of the United States to 1876 or HIST A170H History of the United States to 1876 Honors, HIST A175 History of the United States Since 1876 or HIST A175H History of the United States Since 1876 Honors, in Area D and PSCI A180 American Government or PSCI A180H American Government Honors in Area D will fulfill this requirement.