



*Courses listed in more than one area will NOT be applied to more than one GE area/subarea: A-F (excluding B3)*

Use of credit from previous academic years and from other California Community Colleges can be verified on ASSIST [www.assist.org](http://www.assist.org)

*For a course to meet a CSU GE requirement, the course must be on the CSU GE pattern during the academic year it was completed.*

USE THE BOXES ON THE RIGHT TO RECORD YOUR PROGRESS: A= AREA/SUBAREA, N= NEED, IP= IN PROGRESS, C= COMPLETED						A	N	IP	C			
<b>AREA A: ENGLISH LANGUAGE COMMUNICATION AND CRITICAL THINKING</b>												
Minimum 9 units - three courses: one course from each subarea with grades of "C" or better.												
<b>A1: Oral Communication</b>		<b>A2: Written Communication</b>		<b>A3: Critical Thinking</b>				<b>A1</b>				
COMS 010, 020, 040, 045		ENGL 001A		COMS 040; ENGL 001C; PHIL 060; READ 010				<b>A2</b>				
								<b>A3</b>				
<b>AREA B: SCIENTIFIC INQUIRY AND QUANTITATIVE REASONING</b>												
Minimum 9 units - one course from each subarea: B1, B2, and B4. For B3, see subarea below.												
Courses with a laboratory component are <u>underlined</u> .   B4 course requires a grade of "C" or better.												
<b>B1: PHYSICAL SCIENCE</b>		<b>B2: LIFE SCIENCE</b>		<b>B3: LABORATORY ACTIVITY</b>		<b>B4: MATHEMATICS/ QUANTITATIVE REASONING</b>						
ASTRO 010; CHEM <u>001A</u> , <u>001AH</u> , <u>001B</u> , <u>010</u> , <u>012A</u> , <u>012B</u> , <u>015</u> , <u>015H</u> , <u>032A</u> , <u>032B</u> , 061, 065; ENVIR <u>010</u> ; GEOG 010; GEOL 010, 015; METEO 010; OCEAN 010; PHYS <u>002A</u> , <u>002B</u> , <u>004A</u> , <u>004B</u> , <u>004C</u>		ANTH 062; BIOL <u>004A</u> , <u>004B</u> , <u>020</u> , <u>021</u> , 061, 062, 063, <u>064</u> , <u>071</u> , <u>072</u> , <u>074</u> ; ENVIR <u>010</u> ; OCEAN 010; PSYCH 031		Underlined <u>B1</u> or <u>B2</u> course OR ASTRO 010 + ASTRO <u>010L</u> GEOL 010 + GEOL <u>010L</u> GEOL 015 + GEOL <u>015L</u>		BUS 060; CIS 107; MATH 020, 021, 022, 025, 051, 052, 061, 062, 063, 070, 071, 071H, 072, 073, 078, 079, 080						
						<b>B1</b>						
						<b>B2</b>						
						<b>B3</b>						
						<b>B4</b>						
<b>AREA C: ARTS AND HUMANITIES</b>												
Minimum 9 units - three courses: one course from C1, one course from C2, and one additional course from C1 or C2												
<b>C1: ARTS</b>		<b>C2: HUMANITIES</b>				<b>One additional course from C1 or C2</b>		<b>C1</b>				
ART 090, 091, 092, 093, 096; DANCE 002; ETH 011, 022, 032; HUMNT 001; MUSIC 032, 083, 083H, 091, 095, 099; THEAT 002, 020, 040, 055		ARABC 001A, 001B; ENGL 001B, 010, 033, 065, 071A, 071B, 071C, 073, 079, 080, 081, 084A, 084B, 086A, 086B; ETH 019, 020, 026, 027, 027H, 028, 029, 030, 037A, 037AH, 037B, 041, 042; FREN 001A, 001B, 002A, 002B; GLOBL 007; HIST 010A, 010B, 011A, 011B; HUMNT 002, 003; JAPAN 001A, 001B, 002A, 002B; PHIL 010, 012, 065, 070; SL 001A, 001B, 002A, 002B; SPAN 001A, 001B, 002A, 002B, 022A, 022B, 031, 032; THEAT 015; VIET 001A, 001B						<b>C2</b>				
								<b>C1 or C2</b>				
<b>AREA D: SOCIAL SCIENCES (Updated GE Area Effective Fall 2021)</b>												
Minimum 6 units-two courses (students using the CSU GE pattern with Area F)   *Students who began attending SJCC prior to Fall 2021 and have maintained continuous enrollment (per catalog rights policy) & are using a previous CSU GE pattern without Area F must complete a minimum of 9 units with three courses from two different disciplines.												
ANTH 062 (GE designation ends Summer 2024); AJ 010, 011, 013, 014, 016, 019, 113, 116; ADS 070; ANTH 063; COMS 010, 018, 035; CIS 041; ECE 107; ECON 010A, 010B; ENGL 033, 080, 081; ETH 018, 019, 020, 022, 026, 027, 027H, 028, 029, 030, 031, 037A, 037AH, 037B, 041, 042; FCS 070; GEOG 010, 011, 012; GLOBL 001, 002, 003, 007, 012; HED 010; HIST 001, 001H, 009, 010A, 010B, 011A, 011B, 017A, 017AH, 017B, 017BH, 021, 024; HUMNT 003; JOURN 021; KIN 010; POLSC 001, 001H, 002, 004, 005; PSYCH 010, 010H, 012, 020, 022, 031, 035, 041, 060, 092, 099, 100; SL 015; SOC 010, 010H, 011, 017							<b>D</b>					
							<b>D</b>					
<b>AREA E: LIFELONG LEARNING AND SELF-DEVELOPMENT</b>												
Minimum 3 units - one lecture course (if needed, <u>only 1 unit</u> of physical activity may be used in this area)												
ADS 075A; FCS 019, 070; GUIDE 050A, 050B, 087, 096, 130; HED 011; KIN 005, 010, 095; PSYCH 020, 035, 060, 092, 100		<i>Physical Activity (not required for ADTs unless needed to meet 3 units in Area E):</i> APE 030E, 053E, 056E; DANCE 010, 011, 011B, 011C, 013A, 013B, 013C, 014A, 014B, 014C, 014D, 014E, 014F, 020, 021, 021B, 023B, 023C, 030, 032, 034A, 034B, 034C, 040B, 040C, 050, 051, 051B, 064, 065, 066, 067; KINA 011, 057; KINAM 012A, 012B, 018, 020, 024, 048; KINAW 012A, 012B, 018, 040, 048, 052; KINPE 008, 008B, 009, 009B, 012, 012B, 013, 017, 019, 023, 024, 030, 038, 038A, 039, 039B, 040, 041, 043, 044, 048, 050, 052, 053, 055, 056, 056B, 059, 070, 099A, 099B								<b>E</b>		
<b>AREA F: ETHNIC STUDIES (GE Area Effective Fall 2021)</b>												
Minimum 3 units - one course   *Students who began attending SJCC prior to Fall 2021 and have maintained continuous enrollment (per catalog rights policy) and are using a previous CSU GE pattern are not required to satisfy this new Area F. Please consult with a counselor for more information.												
ETH 027, 027H (Satisfies Area F starting Fall 2021. Completion of this course prior to Fall 2021 will only satisfy another GE Area as indicated on ASSIST.org)							<b>F</b>					
ETH 018, 031, 042 (Satisfies Area F starting Fall 2022. Completion of this course prior to Fall 2022 will only satisfy another GE Area as indicated on ASSIST.org)												
<b>CSU Graduation Requirement - U.S. HISTORY, CONSTITUTION, AND AMERICAN IDEALS   Not required for ADTs (AA-T &amp; AS-T degrees)</b>												
Complete one of the following options. These courses may also satisfy units in AREA C or D.												
Options 1-6 satisfies the CSU Graduation Requirement and the SJCC Graduation Requirement for local AA and AS degrees.												
Options 7-12 only satisfies the CSU Graduation Requirement. Not applicable for local AA and AS degrees.												
*Honors version of a course is also acceptable e.g. ETH 037AH, HIST 001H, HIST 017AH, HIST 017BH, POLSC 001H												
<b>OPTION 1:</b> ETH 037A* (US-1 & US-2) AND ETH 037B (US-1 & US-3)		<b>OPTION 2:</b> HIST 017A* (US-1 & US-2) AND HIST 017B* (US-1 & US-3)		<b>OPTION 3:</b> HIST 001* (US-1) AND POLSC 001* (US-2 & US-3)		<b>OPTION 4:</b> HIST 009 (US-1) AND POLSC 001* (US-2 & US-3)		<b>OPTION 5:</b> HIST 021 (US-1) AND POLSC 001*(US-2 & US-3)		<b>OPTION 6:</b> HIST 024 (US-1) AND POLSC 001* (US-2 & US-3)		
<b>OPTION 7:</b> ETH 037A* (US-1 & US-2) AND HIST 017B* (US-1 & US-3)		<b>OPTION 8:</b> HIST 017A* (US-1 & US-2) AND ETH 037B (US-1 & US-3)		<b>OPTION 9:</b> ETH 037A* (US-1 & US-2) AND POLSC 001* (US-2 & US-3)		<b>OPTION 10:</b> ETH 037B (US-1 & US-3) AND POLSC 001* (US-2 & US-3)		<b>OPTION 11:</b> HIST 017A* (US-1 & US-2) AND POLSC 001* (US-2 & US-3)		<b>OPTION 12:</b> HIST 017B* (US-1 & US-3) AND POLSC 001* (US-2 & US-3)		