1. Ask a counselor about Associate Degrees for Transfer that can result in priority admissions to the CSU system.
2. Some courses are listed in more than one CSU GE area but can be applied to one area only.
3. This worksheet outlines GENERAL EDUCATION requirements. You also must complete lower division MAJOR requirements.
4. There are instances when a CSM course is approved for CSU GE but the same course at SKYLINE or CAÑADA IS NOT approved for CSU GE. Use ASSIST to confirm course articulation for the college where you take the course!
5. Use the online College of San Mateo Catalog (catalog.collegeofsanmateo.edu) to find course descriptions.
6. If a student has completed coursework at colleges/universities outside of the San Mateo County Community College District, the student must request OFFICIAL TRANSCRIPTS from prior institutions be sent to the CSM Admissions Office in the first semester of enrollment to determine how prior coursework can be applied to CSU GE. When the evaluation is complete, the information will show up in WebSMART under Degree Works.

**AREA A: COMMUNICATION SKILLS & CRITICAL THINKING**  
9 units  
One course from A1, A2 and A3 below. A grade of C- or higher is required in each course.

A1. Oral Communication  
COMM 110  115  130  140  150  AP CANNOT meet this requirement

A2. Written Communication  
ENGL 100  105  110  or AP Score of 3, 4 or 5 in ENGL/LANG or ENGL/LIT

A3. Critical Thinking-English Composition  
ENGL 100  110  165  PHIL 103  200  AP CANNOT meet this requirement

**AREA B: NATURAL SCIENCE & MATHEMATICS**  
9 - 10 units  
One course from B1, one from B2 and one of those two courses must incorporate a laboratory, B3.

B1. Physical Science  
ASTR 100  101*  103*  115  125  210#  CHEM 192# 210# 231# 232# 410# 420#  GEOG 100  GEOL 100  101*
OCEN 100  PALN 110  111*  PHYS 100  210# 220# 250# 260# 270# or AP Score 3, 4 or 5 in CHEM or ENV SCI or PHYSICS

B2. Life Science  
ANTH 125  127*  BIOC 100  102  110# 130  132*  145  184  195* 210# 230# 240# 250# 260#  OCEN 100  PALN 110  111*  PSYC 105  220  or AP Score of 3, 4 or 5 in BIOL

B3. Science Laboratory  
Courses listed in B1 or B2 with a “*” indicates a “lab only” course. “Lab only” courses must be accompanied by a lecture course in the same area. Courses listed in B1 and B2 with a “#” indicates the course includes lecture and lab requirements

B4. Math Concepts  
BUS. 123  CJS 262  278  MATH 125  130  145  200  222  225  241  242  251  252  253  268  270  275  280  PSYC 121
or AP Score of 3, 4 or 5 in CALC AB or CALC BC or AP STATS or COMP SCI

**AREA C: ARTS & HUMANITIES**  
9 units  
3 courses. One from C1 Arts, one from C2 Humanities, and one course from C1 or C2

C1. Arts  
ARCH 100  ART 101  102  103  104  105  124  207  347  351  DANC 100  DGME 215  ETHN 288  585  FILM 100  120  121  122
123  130  135  140  145  200  215  MUS. 100  131  202  210  250  275  280  or AP Score of 3, 4 or 5 in ART HIST

C2. Humanities  
ANTH 180  ASL 100  110  CHIN 111  112  121  122  131  132  COMM 170  171  ENGL 110  161  162  163  ETHN 104  105  106
ETHN 107  265  FILM 153  HIST 100  101  104  106  201  202  260  261  262  310  LIT 101  105  113  115  150  151  154  155  156  201
LIT. 202  220  221  231  232  266  430  PHIL 100  160  175  244  300  SPAN 110  112  120  122  131  132  140
or AP Score of 3, 4 or 5 in ART HIST or ENGL/LIT or HIST or FOREIGN LANGUAGE
AREA D: SOCIAL & BEHAVIORAL SCIENCES
6 units
2 courses from two different disciplines from the following:
ADMJ 100  ANTH 110  180  350  BUS 125  COMM 130  DMGE 100  102  ECON 100  102  ETHN 101  103  104  105  106  107  108
ETHN 109  300  GEOG 110  150  GBST 101  102  HIST 100  101  104  106  201  202  260  261  262  310  KINE 103  107  PLSC 100
PLSC 110  130  150  200  210  215  310  PSYC 100  105  106  110  200  201  220  225  230  300  301  320  330  410
SOCI 100  105  110  121  141  160  or AP Score of 3, 4 or 5 in ECON, GOV, HIST or GEOG or PSYC

AREA E: LIFELONG UNDERSTANDING & SELF DEVELOPMENT
3 units
3 units selected from E1 or 2 units from E1 and 1 unit from E2.
E1. BIOL 310  BUS 101  COUN 111  120  121  128  240  CRER 126  HSCI 100  IDST 110  KINE 101  107  119  200  300  LCTR 240
PSYC 100  106  110  200  201  300  301  310  320  330  SOCI 110
E2. ADAPT 100  110  140  155  AQUA 109.1-109.4  127.1-127.4  133.1-133.4  135.1-135.4  DANC 116.1-116.4  117.1-117.4
DANC 121.1-121.4  128.1-128.4  130.1-130.4  140.1-140.4  151.1-151.4  167.1-167.4  390  FITN 112.1-112.4  116.1-116.4
FITN 134  201.1-201.4  220  225  226  235.1-235.4  301.1-301.4  322.1-322.4  334.1-334.4  335.1-335.4  336.1-336.4  339  194
INDV 121.1-121.4  251.1-251.4  TEAM 105  111.1-111.4  116  118  119  148.1-148.4  135  150  158  165  171.1-171.4  180  182  186  194
VARS 100  105  110  130  133  134  160  172  185  300  320  340  342  400

AREA F: ETHNIC STUDIES
3 units
Select one course from the following options - ETHN 101  103  104  105  106  107  108  109  265  288  585

CSU GE AREAS A- F TOTAL UNITS = 39-40 SEMESTER UNITS

AH&I: CSU GRADUATION REQUIREMENT — (NOT required to certify CSUGE or IGETC)
American Institutions, US History, US Constitution, & American Ideals:

US-1 – HIST 201#  HIST 202#  HIST 260#  HIST 261  HIST 262#  ETHN 103#  ETHN 105  ETHN 107  PLSC 210#
US-2 – ETHN 103#  HIST 201#  HIST 202#  HIST 260#  HIST 262#  PLSC 200*  PLSC 210#  PLSC 215
US-3 – ETHN 101  HIST 310  PLSC 200*  PLSC 310

Courses used to satisfy this AH&I may also be applied to CSU GE requirements in Area C2 or D or F if applicable. Note: Course approvals for this requirement may vary between SMCCCD Colleges. If you are planning to register for a course to complete this area at another campus, please consult their CSU GE pattern and meet with a counselor.

VERY IMPORTANT –
1. To be eligible to meet an AREA requirement, the course must be CSU GE approved at the time it was completed.
2. As a final step to the transfer process, students must request an CSU GE CERTIFICATION to be sent with the FINAL TRANScript to the transfer destination! This is how the transfer destination identifies the student has completed lower division general education requirements.

In addition to CSU GE, find COURSES REQUIRED FOR A MAJOR

- Students must have a MAJOR to transfer to a university.
- Use CSM Counseling Services to create a STUDENT EDUCATIONAL PLAN that lists courses needed to meet transfer requirements.
- Use the College of San Mateo Catalog and www.assist.org for lower division major requirements.
- For transfer to a private/independent or out of state college/university review the institution’s catalog for major information.