

ASSOCIATE DEGREE GENERAL EDUCATION 2020-2021: OPTION 2 (CALIFORNIA STATE UNIVERSITY GENERAL EDUCATION)

To earn a Bachelor's degree from the California State University, each student must complete 48-51 semester units in general education. Nine to twelve of these units must be taken as upper-division course work after transfer. Orange Coast College will certify the extent to which the lower-division General Education Breadth Requirements have been met for students meeting the following A-E pattern. Students seeking certification must complete at least 12 of these units at OCC.

Students seeking GE transfer certification are eligible for a Certificate of Achievement award.

Any one course may be used to satisfy only one required sub-area (i.e. if Communication Studies A110 is used to satisfy sub-area A1, it may not be used to satisfy sub-area C2), with the exception of Area B where lab courses taken to meet the B3 requirement will also count in B1 or B2. A cross-listed course (the same course listed under more than one department such as History A150 and Ethnic Studies A150) may be used to meet only one requirement.

Important Note: Courses on this list are approved for a specific academic term. Students wishing to use a course to meet a CSU General Education Breadth requirement must be sure that the course is approved for the academic term in which it is taken.

This list is valid only for courses taken Fall 2020 through Summer 2021.

For courses taken prior to Fall 2020, students should check the master list which shows the dates that courses were added or deleted since the original list was published in 1991. This list is available in the Counseling Center or Transfer Center in Watson Hall.

Course	Title	Units
Area A: Communication in the English Language and Critical Thinking		
Nine semester units (or 12-15 quarter units) including one course from each sub-area with a grade of "C" or better.		
<i>A1 Oral Communication</i>		
CMST A100	Interpersonal Communication	3
CMST A110	Public Speaking	3
<i>A2 Written Communication</i>		
ENGL A100	Freshman Composition	3
ESL A100	ESL College Composition	3
<i>A3 Critical Thinking</i>		
CMST A220	Essentials of Argumentation	3
CMST A240	Media Literacy	3
ENGL A101	Critical Reasoning: Fiction	4
or ENGL A101H	Critical Reasoning: Fiction Honors	
ENGL A102	Critical Reasoning: Nonfiction	3
or ENGL A102H	Critical Reasoning: Nonfiction Honors	

Course	Title	Units
ENGL A109	Critical Reasoning and Writing for Science and Technology	3
MATH A220	Introduction to Symbolic Logic	3
PHIL A150	Critical Reasoning & Writing	3
PHIL A155	Introduction to Logic	3
PHIL A220	Introduction to Symbolic Logic	3
Area B: Physical Universe and Its Life Forms		
A minimum of nine semester units (or 12-15 quarter units) including at least one course from each subarea. Must include at least one laboratory course.		
<i>B1 Physical Science</i>		
ANTH A280	Introduction to Archaeology	3
ASTR A100	Introduction to Astronomy	3
or ASTR A100H	Introduction to Astronomy Honors	
ASTR A100 & A100L	Introduction to Astronomy and Introduction to Astronomy Laboratory ¹	4
ASTR A100H & ASTR A100L	Introduction to Astronomy Honors and Introduction to Astronomy Laboratory ¹	3
or ASTR A100M	Introduction to Astronomy Laboratory Honors	
ASTR A101	Planetary Astronomy	3
ASTR A102	Stellar Astronomy	3
ASTR A103	Cosmology	3
ASTR A104	Galactic Astronomy	3
ASTR A200	Introduction to Astrophysics	4
or ASTR A200H	Introduction to Astrophysics Honors	
CHEM A100	Principles of Chemistry	3
CHEM A110	Introduction to Chemistry ¹	5
CHEM A130	Preparation for General Chemistry ¹	4
CHEM A180	General Chemistry A ¹	5
CHEM A185	General Chemistry B ¹	5
CHEM A220	Organic Chemistry A	3
CHEM A220L	Organic Chemistry A Lab ¹	2
CHEM A225	Organic Chemistry B	3
CHEM A225L	Organic Chemistry B Laboratory ¹	2
GEOG A130	Introduction to Weather & Climate	3
GEOG A180	Physical Geography	3
or GEOG A180H	Physical Geography Honors	
GEOG A180 & A180L	Physical Geography and Physical Geography Lab ¹	4
GEOG A180H & GEOG A180L	Physical Geography Honors and Physical Geography Lab ¹	4
GEOLOG A105	General Geology	3
or GEOLOG A105H	General Geology Honors	
GEOLOG A105 & A105L	General Geology and General Geology Laboratory ¹	4
GEOLOG A105H & GEOLOG A105M	General Geology Honors and General Geology Laboratory Honors ¹	4
GEOLOG A105H & GEOLOG A105L	General Geology Honors and General Geology Laboratory ¹	4
GEOLOG A105 & A105M	General Geology and General Geology Laboratory Honors ¹	4
GEOLOG A106	Earth Science for Teachers ¹	4
GEOLOG A110	Physical Geology ¹	4

Course	Title	Units	Course	Title	Units
GEOL A160	Environmental Geology ¹	4	MRSC A100H	Oceanography Honors	4
GEOL A185	Evolution of the Earth	3	& MRSC A100L	and Oceanography Laboratory ¹	
GEOL A185	Evolution of the Earth	4	MRSC A180	Marine Biology	3
& A185L	and Evolution of the Earth Lab ¹		MRSC A180	Marine Biology	4
MRSC A185	Coastal Oceanography	3	& A180L	and Marine Biology Lab ¹	
MRSC A185	Coastal Oceanography	4	MRSC A187	Marine Mammals	3
& A185L	and Coastal Oceanography Lab ¹		PSYC A250	Psychobiology	3
PHYS A110	Conceptual Physics ¹	3		<i>B3 Laboratory Activity</i>	
PHYS A130	University Physics 1 (non-majors) ¹	4		One of the courses taken in Area B1 or B2 must include a lab.	
PHYS A185	Calculus Based Physics: Mechanics ¹	4		<i>B4 Mathematical Concepts</i>	
PHYS A280	Calculus Based Physics: Electricity/ Magnetism ¹	4		One course from the following with a grade of "C" or better:	
PHYS A285	Calculus Based Physics: Modern ¹	4	MATH A100	Liberal Arts Mathematics	3
	<i>B2 Life Science</i>		MATH A103	Statistics for Elementary Teachers	3
ANTH A185	Physical Anthropology	3	MATH A104	Mathematics for Elementary Teachers	3
or ANTH A185H	Physical Anthropology Honors		MATH A115	College Algebra	4
ANTH A185	Physical Anthropology	4	MATH A120	Trigonometry	3
& A185L	and Phys Anthropology Lab ¹		MATH A140	Business Calculus	4
BIOL A100	Introduction to Biology ¹	4	MATH A155	Finite Mathematics with Applications	4
BIOL A100H	Introduction to Biology Honors	4	MATH A160	Introduction to Statistics	4
BIOL A101	The Biology of Cooking	4	MATH A170	Precalculus	4
BIOL A115	Introduction to the Biology of Animals	3	MATH A180	Calculus 1	4
BIOL A125	Human Biology	3	or MATH A180H	Calculus 1 Honors	
BIOL A180	Introduction to Biology for Majors 1: Cell and Molecular Biology ¹	4	MATH A182H	Calculus 1 and 2 Honors	5
BIOL A182	Zoology	3	MATH A185	Calculus 2	4
or BIOL A182H	Zoology Honors		or MATH A185H	Calculus 2 Honors	
BIOL A182	Zoology	4	MATH A230	Introduction to Discrete Mathematics	5
& A182L	and Zoology Lab ¹		MATH A235	Applied Linear Algebra	3
BIOL A183	Botany	3	MATH A280	Calculus 3	4
BIOL A183	Botany	4	or MATH A280H	Calculus 3 Honors	
& A183L	and Botany Lab ¹		MATH A285	Introduction to Linear Algebra and Differential Equations	4
BIOL A185	Introduction to Biology for Majors 2: Ecology, Evolution, Diversity, and Physiology ¹	5	or MATH A285H	Introduction to Linear Algebra and Differential Equations Honors	
BIOL A210	General Microbiology ¹	5	MATH A290H	Introduction to Tensors and Calculus on Manifolds Honors	5
BIOL A220	Human Anatomy ¹	5	PSYC A160	Statistics for the Behavioral Sciences	4
BIOL A221	Anatomy-Physiology ¹	4		Area C: Literature, Philosophy, & Foreign Language	
BIOL A225	Human Physiology	5		A minimum of nine semester units (or 12-15 quarter units) with at least one course in C1 and one course in C2.	
BIOL A283	Genetics	4		<i>C1 Arts</i>	
ESEC A100	Introduction to Environmental Science	3	ARCH A290	History of Architecture 1	3
or ESEC A100H	Introduction to Environmental Science Honors		or ARCH A290H	History of Architecture 1 Honors	
ESEC A101	Principles of Ecology	3	ARCH A296	History of Architecture 2	3
HORT A100	Horticulture Science	3	or ARCH A296H	History of Architecture 2 Honors	
MRSC A100	Oceanography	3	ART A100	Survey of Western Art from Prehistory Through Gothic	3
or MRSC A100H	Oceanography Honors		or ART A100H	Honors Survey of Western Art from Prehistory Through Gothic	
MRSC A100	Oceanography	4	ART A101	Survey of Western Art from Renaissance to Modern	3
& A100L	and Oceanography Laboratory ¹		or ART A101H	Honors Survey of Western Art from Renaissance to Modern	
MRSC A100H	Oceanography Honors	4			
& MRSC A100M	and Oceanography Laboratory Honors ¹				
MRSC A100	Oceanography	4			
& A100M	and Oceanography Laboratory Honors ¹				

Course	Title	Units	Course	Title	Units
ART A102	Survey of Modern and Contemporary Art History	3	CMST A120	Reader's Theater and Oral Interpretation	3
ART A103	Survey of Asian Art	3	CMST A150	Forensics Workshop	1-4
ART A107	Introduction To Art	3	CMST A155	Intercultural Communications	3
ART A108	Women in Art	3	CMST A180	Introduction to Mass Communications	3
ART A109	Ancient Greek Art and Architecture	3	ENGL A101	Critical Reasoning: Fiction	4
or ART A109H	Ancient Greek Art and Architecture Honors		ENGL A102	Critical Reasoning: Nonfiction	3
ART A114	Art of the Ancient Americas	3	ENGL A119	Introduction to Creative Writing	3
ART A115	Art of Africa, Oceania, and Indigenous North America	3	ENGL A141	The Bible As Literature	3
ART A120	Beginning Drawing	3	or ENGL A141H	The Bible As Literature Honors	
ART A125	Perspective Drawing	3	ENGL A143	Children's Literature	3
ART A141	Sculpture 1	3	or ENGL A143H	Children's Literature Honors	
ART A142	Life Sculpture 1	3	ENGL A147	Introduction to Science Fiction	3
ART A145	Exhibition Design 1	3	or ENGL A147H	Introduction to Science Fiction Honors	
ART A147	Jewelry 1	3	ENGL A148	Film As Literature	3
ART A150	Ceramics 1	3	or ENGL A148H	Film As Literature Honors	
ART A263	Watercolor 1	3	ENGL A150	American Literature Before the 20th Century	3
ART A269	Cartooning 1	3	or ENGL A150H	American Literature Before the 20th Century Honors	
DANC A200	Appreciation Of Dance	3	ENGL A151	American Literature in the 20th Century	3
DANC A230	World Dance and Culture	3	or ENGL A151H	American Literature in the 20th Century Honors	
DMAD A181	Introduction to Computer Graphics	3	ENGL A152	Race, Culture, and Identity in Literature	3
FILM A100	History and Appreciation of the Cinema	3	or ENGL A152H	Race, Culture, and Identify in Literature Honors	
FILM A150	History of Radio & Television	3	ENGL A156	California Literature	3
HUM A100	Introduction to the Humanities ²	3	or ENGL A156H	California Literature Honors	
ID A180	History of Interior Architecture and Furnishings 1	3	ENGL A160	World Literature Through Renaissance	3
ID A190	Hist Arch/Furnishings 2	3	or ENGL A160H	World Literature Through Renaissance Honors	
MUS A100	History and Appreciation of Western Classical Music	3	ENGL A161	World Literature Since Renaissance	3
MUS A105	Music from Bach Up to Rock	3	or ENGL A161H	World Literature Since Renaissance Honors	
MUS A115	Fundamentals of Music	3	ENGL A168	Popular Fiction	3
MUS A116	Basic Guitar	2	ENGL A170	Contemporary Literature	3
MUS A139	History of Rock Music	3	or ENGL A170H	Contemporary Literature Honors	
MUS A140	Beginning Instruments	2	ENGL A172	Unique Topics in Literature	3
MUS A143	History of Jazz	3	ENGL A173	Women Writers	3
MUS A180	Theory 1	3	or ENGL A173H	Women Writers Honors	
PHOT A120	Introduction to Photography	3	ENGL A176	World Mythology	3
PHOT A123	Introduction to Digital Photography	3	or ENGL A176H	World Mythology Honors	
PHOT A130	History and Aesthetics of Still Photography	3	ENGL A179	Gender and Sexuality in Literature and Film	3
RLST A135	Religion, Spirituality and Society	3	ENGL A181	Shakespeare	3
THEA A100	Introduction to Theatre	3	or ENGL A181H	Shakespeare Honors	
THEA A101	Introduction to History and Literature of the Theatre	3	ENGL A187	Introduction to Literary Theory	3
THEA A105	Drama And Acting	3	or ENGL A187H	Introduction to Literary Theory Honors	
THEA A106	Acting Fundamentals	3	ENGL A270	Survey of British Literature Before 1800	3
THEA A110	Theatre Laboratory Level 1	2	or ENGL A170H	Contemporary Literature Honors	
<i>C2 Humanities</i>			ENGL A275	Survey of British Literature After 1800	3
ANTH A190	Introduction to Linguistic Anthropology	3	or ENGL A275H	Survey of British Literature After 1800 Honors	
CHIN A180	Elementary Chinese 1	5	ETHS A100	Contemporary Ethnic America	3
CHIN A185	Elementary Chinese 2	5	FREN A180	Elementary French 1	5
CMST A110	Public Speaking	3	or FREN A180H	Elementary French 1 Honors	
			FREN A185	Elementary French 2	5
			or FREN A185H	Elementary French 2 Honors	

Course	Title	Units	Course	Title	Units
FREN A280	Intermediate French 1	4	RLST A150	Eastern Thought	3
FREN A285	Intermediate French 2	4	RLST A151	Early and Western Religions	3
GRMN A180	Elementary German 1	5	RLST A180	The Bible as Literature	3
GRMN A185	Elementary German 2	5	SPAN A160	Spanish for Spanish Speakers 1	5
GRMN A280	Intermediate German 1	4	SPAN A165	Spanish for Spanish Speakers 2	5
GRMN A285	Intermediate German 2	4	SPAN A180	Elementary Spanish 1	5
HIST A101	Afro-American History	3	or SPAN A180H	Elementary Spanish 1 Honors	
HIST A151	History of the Middle East to 1500	3	SPAN A185	Elementary Spanish 2	5
HIST A152	History of the Middle East Since 1500	3	or SPAN A185H	Elementary Spanish 2 Honors	
HIST A161	World History 1	3	SPAN A280	Intermediate Spanish 1	5
or HIST A161H	World History 1 Honors		or SPAN A280H	Intermediate Spanish 1 Honors	
HIST A162	World History 2	3	SPAN A285	Intermediate Spanish 2	5
or HIST A162H	World History 2 Honors		VIET A180	Elementary Vietnamese 1	5
HIST A170	History of the United States to 1876	3	VIET A185	Elementary Vietnamese 2	5
or HIST A170H	History of the United States to 1876 Honors		Area D: Social, Political, Economic Institutions and Behavior; Historical Background		
HIST A175	History of the United States Since 1876	3	A minimum of nine semester units (or 12-15 quarter units) with courses from at least two sub-areas		
or HIST A175H	History of the United States Since 1876 Honors		ANTH A100	Cultural Anthropology	3
HIST A176	Women In U.S. History	3	or ANTH A100H	Cultural Anthropology Honors	
HIST A180	Western Civilization 1	3	ANTH A102	Native American	3
or HIST A180H	Western Civilization 1 Honors		ANTH A105	Anthropology of Nonverbal Behavior	3
HIST A185	Western Civilization 2	3	ANTH A187	Introduction to Primate Studies	3
or HIST A185H	Western Civilization 2 Honors		ANTH A190	Introduction to Linguistic Anthropology	3
HUM A100	Introduction to the Humanities ²	3	ANTH A220	Magic, Witchcraft, and Religion	3
HUM A101H	Themes in Humanities Honors	3	ANTH A280	Introduction to Archaeology	3
ITAL A180	Elementary Italian 1	5	ANTH A285	World Ethnology	3
ITAL A185	Elementary Italian 2	5	CMST A155	Intercultural Communications	3
ITAL A280	Intermediate Italian 1	5	CMST A165	Men, Women, and Communication	3
ITAL A285	Intermediate Italian 2	5	COUN A107	Chicana/o & Latina/o Experience and Success in Higher Education	3
JAPN A180	Elementary Japanese 1	5	or COUN A107H	Chicana/o & Latina/o Experience and Success in Higher Education Honors	
JAPN A185	Elementary Japanese 2	5	ECON A100	Economics: General Concepts	3
JAPN A185H	Elementary Japanese 2 Honors	5	ECON A110	Consumer Economics	3
JAPN A280	Intermediate Japanese 1	5	ECON A170	Microeconomics	3
JAPN A285	Intermediate Japanese 2	5	or ECON A170H	Microeconomics Honors	
MATH A220	Introduction to Symbolic Logic	3	ECON A175	Macroeconomics	3
PHIL A100	Introduction to Philosophy	3	or ECON A175H	Macroeconomics Honors	
PHIL A115	Philosophy of Religion	3	ETHS A100	Contemporary Ethnic America	3
PHIL A118	Aesthetics/Philosophy of Art	3	ETHS A150	Ethnic Groups in the U.S.: Their Histories	3
PHIL A120	Ethics	3	ETHS A190	The Ethnic Family	3
PHIL A125	History of Ancient Philosophy	3	GNDR A100	Introduction to Gender Studies	3
PHIL A165	The Theory of Knowledge	3	GNDR A130	Women, Politics, and Inequality	3
PHIL A185	Contemporary Philosophy	3	GNDR A165	Men, Women, and Communication	3
PHIL A220	Introduction to Symbolic Logic	3	GNDR A187	Women in History	3
PHOT A101	Photography and Society	3	GEOG A100	World Regional Geography	3
PORT A180	Elementary Portuguese 1	5	or GEOG A100H	World Regional Geography Honors	
PORT A185	Elementary Portuguese 2	5	GEOG A150	California Geography	3
RLST A100	Introduction to Religious Studies	3	GEOG A185	Cultural Geography	3
RLST A110	World Religion	3	GLST A101	Introduction to Global Studies	3
RLST A115	Philosophy of Religion	3	GLST A102	Introduction to Global Issues	3
RLST A130	Life and Times of Jesus	3			
RLST A135	Religion, Spirituality and Society	3			
RLST A140	History of Judaism	3			

Course	Title	Units	Course	Title	Units
HLED A122	Drugs, Health and Society	3	SOC A200	Introduction to Research Methods	3
HIST A101	Afro-American History	3	Area E: Life Long Learning and Self-Development		
HIST A141	History of the Americas 1	3	Three semester units (or four-five quarter units); no more than one unit of activity courses.		
HIST A142	History of the Americas 2	3	<i>Non-Activity</i>		
HIST A145	History of Mexico	3	ANTH A105	Anthropolgy of Nonverbal Behavior	3
HIST A150	Ethnic Groups of the United States: Their Histories	3	CMST A100	Interpersonal Communication	3
HIST A151	History of the Middle East to 1500	3	CMST A170	Nonverbal Communication	3
HIST A152	History of the Middle East Since 1500	3	COS A180	Life Management	3
HIST A161H or HIST A161H	World History 1 Honors World History 1 Honors	3	COUN A104	Career & Life Planning: A Holistic Approach	3
HIST A162H or HIST A162H	World History 2 Honors World History 2 Honors	3	COUN A105	Strategies for College Success	3
HIST A170 or HIST A170H	History of the United States to 1876 History of the United States to 1876 Honors	3	COUN A107 or COUN A107H	Chicana/o & Latina/o Experience and Success in Higher Education Chicana/o & Latina/o Experience and Success in Higher Education Honors	3
HIST A175 or HIST A175H	History of the United States Since 1876 History of the United States Since 1876 Honors	3	COUN A109	Developing and Understanding Happiness	3
HIST A176	Women In U.S. History	3	COUN A110	Applied Stress Management	2
HIST A180 or HIST A180H	Western Civilization 1 Western Civilization 1 Honors	3	COUN A120	Career Decision Making/Accelerated	2
HIST A185 or HIST A185H	Western Civilization 2 Western Civilization 2 Honors	3	COUN A135	Principles of Effective Parenting	3
HIST A187	Women in History	3	DANC A113	Pointe Work	1-2
HIST A195	History of England and Greater Britain	3	ECON A110	Consumer Economics	3
HMDV A180	Child Growth and Development	3	EMS A100	Emergency Medical Responder	4
PSCI A101	Survey of Current Issues	3	FN A136	Nutrition, Fitness and Performance	3
PSCI A110	International Relations	3	FN A140	Introduction to Nutrition Concepts	2
PSCI A180 or PSCI A180H	American Government American Government Honors	3	FN A170	Nutrition	3
PSCI A185	Comparative Politics	3	HLED A100	Personal Health Education	3
PSCI A188	Introduction to Political Theory	3	HLED A122	Drugs, Health and Society	3
PSCI A190	Introduction to American Legal System	3	HLED A270	Fitness and Health	3
PSCI A200	Introduction to Political Science	3	HMDV A180	Child Growth and Development	3
PSYC A100 or PSYC A100H	Introduction to Psychology Introduction to Psychology Honors	3	KIN A202	Introduction to Kinesiology	3
PSYC A105	Psychology of Women	3	KIN A270	Fitness and Health	3
PSYC A130	Life Span Developmental Psychology	3	KIN A271	Drugs & Sports	3
PSYC A165	Principles of Human Sexuality 1	3	PSYC A105	Psychology of Women	3
PSYC A185	Principles of Psychology	3	PSYC A110	Psychology of Adjustment	3
PSYC A190 or PSYC A190H	Cross-Cultural Psychology Cross-Cultural Psychology Honors	3	PSYC A130	Life Span Developmental Psychology	3
PSYC A220	Psychology of Personality	3	PSYC A165	Principles of Human Sexuality 1	3
PSYC A260	Social Psychology	3	PUBH A100	Personal Health	3
PSYC A270	Psychology of Learning	3	PSYC A200	Positive Psychology	3
SOC A100 or SOC A100H	Introduction to Sociology Introduction to Sociology Honors	3	PUBH A202	Drugs, Health, and Society	3
SOC A110	Introduction to Dating, Relationships, and Marriage	3	<i>Activity</i>		
SOC A150	Introduction to Race and Ethnicity	3	ATHL A109	Sports Conditioning	0.5-2.5
SOC A185 or SOC A185H	Analysis of Social Problems Analysis of Social Problems Honors	3	ATHL A119	Athletic Team Training	0.5-5
			ATHL A222	Pep Squad	3
			ATHL A235	Basketball Team - Women's	3
			ATHL A236	Cross Country Team - Women's	3
			ATHL A238	Crew Team - Women's	3
			ATHL A240	Soccer Team - Women's	3
			ATHL A241	Fastpitch Team	3
			ATHL A242	Swimming Team - Women's	3
			ATHL A243	Tennis Team - Women's	3
			ATHL A244	Track and Field Team - Women's	3
			ATHL A245	Volleyball Team - Women's	3

Course	Title	Units	Course	Title	Units
ATHL A246	Water Polo Team - Women's	3	DANC A171	Modern Dance Basics	2
ATHL A250	Baseball Team	3	DANC A172	Ballet Dance Basics	2
ATHL A251	Basketball Team - Men's	3	DANC A173	Jazz Dance Basics	2
ATHL A252	Crew Team - Men's	3	DANC A174	Tap Dance Basics	1
ATHL A253	Cross Country Team - Men's	3	DANC A201	Rehearsal and Performance I	1
ATHL A254	Football Team	3	DANC A202	Rehearsal and Performance II	1
ATHL A255	Golf Team - Men's	3	DANC A203	Performing Dance Ensemble I	3
ATHL A257	Soccer Team - Men's	3	DANC A208	Pilates 3-4	1.5-3
ATHL A258	Swimming Team - Men's	3	DANC A211	Repertoire I	1-4
ATHL A259	Tennis Team - Men's	3	DANC A212	Repertoire II	1-4
ATHL A260	Track and Field Team - Men's	3	DANC A223	Performing Dance Ensemble II	3
ATHL A261	Volleyball Team - Men's	3	DANC A243	Jazz IV	2
ATHL A263	Water Polo Team - Men's	3	DANC A244	Ballet IV	2
DANC A101	Modern Dance 1	0.5-2	DANC A245	Modern IV	2
DANC A102	Modern 2	0.5-2	DANC A246	Tap IV	1
DANC A106	Strength and Stretch	1-2	DANC A248	Mid-Eastern Dance 3	1
DANC A107	Conditioning for Dance	0.5-2	DANC A250	Dance Improvisation II	1
DANC A108	Pilates Mat Work	1-2	DANC A253	Preparation for Audition - Jazz	2
DANC A110	Ballet 1	0.5-2	DANC A254	Preparation for Audition - Ballet	2
DANC A111	Ballet 2	0.5-2	DANC A255	Preparation for Audition - Modern	2
DANC A113	Pointe Work	1-2	DANC A256	Preparation for Audition - Tap	1
DANC A115	Yoga For Dancers	0.5-2	KIN A105	Cardiovascular Fitness	0.5-2.5
DANC A116	Latin Dance Styles I	0.5-2	KIN A106	Weight Training Level 1	1-2
DANC A117	American Social Dance Styles	0.5-2	KIN A107	Fitness Programs I	0.5-3
DANC A118	Movement for Longevity	1-2	KIN A108	Strength and Conditioning	0.5-3
DANC A120	Jazz Dance 1	0.5-2	KIN A110	Walking for Fitness Level 1	1-2
DANC A121	Jazz Dance 2	0.5-2	KIN A111	Step Cardio & Core Level 1	1-2
DANC A125	Tap 1	0.5-2	KIN A112	Body Sculpting Level 1	1-1.5
DANC A126	Tap 2	0.5-2	KIN A115	Cross Training Level 1	1-2
DANC A129	Pilates Methodology	3	KIN A116	Triathlon Techniques	2.5
DANC A130	Mid-Eastern Dance 1	0.5-2	KIN A126	Aikido	0.5-1.5
DANC A133	Intro To World Dance	0.5-2	KIN A127	Karate	0.5-1.5
DANC A135	Flamenco Dance 1	0.5-2	KIN A128	Hatha Yoga - Level I	0.5-1.5
DANC A137	Classical Danc of India	0.5-2	KIN A129	T'ai Chi Chih	0.5-2
DANC A138	African Dance and Drumming I	0.5-2	KIN A130	Aqua Fitness	0.5-1.5
DANC A139	Gyrokinesis	0.5-2	KIN A131	Swimming for Fitness Level 1	1-2
DANC A142	Folk Dance	0.5-2	KIN A132	Swimming Level 1	1-2
DANC A143	Jazz Dance III	2	KIN A137	Introduction to Keel Boats	1
DANC A144	Ballet III	2	KIN A138	Introduction to Ocean Sailing	1
DANC A145	Modern Dance III	2	KIN A139	Kayaking	0.5-1.5
DANC A146	Tap III	1	KIN A140	Outrigger Canoeing	0.5-1.5
DANC A147	Flamenco Dance 2	0.5-2	KIN A141	Surfing and Ocean Safety Level 1	2
DANC A148	Mid-Eastern Dance 2	0.5-2	KIN A145	Badminton Level 1	0.5,1
DANC A149	Hip-Hop Dance I	0.5-2	KIN A146	Tennis Level 1	1-1.5
DANC A150	Dance Improvisation I	1	KIN A147	Table Tennis Level 1	1-2
DANC A152	Pilates Apparatus & Mat Work Level 1	1-2	KIN A150	Basketball	0.5-1.5
DANC A153	Pilates Apparatus & Mat Work Level 2	1-2	KIN A151	Futsal/Indoor Soccer Level 1	1-2
DANC A155	Latin Dance Styles II	1	KIN A152	Soccer Level 1	1-2
DANC A156	Polynesian Dance	1	KIN A153	Golf Level 1	1-2
DANC A158	African Dance and Drumming II	1	KIN A154	Volleyball Level 1	1-1.5
DANC A159	Hip-Hop Dance II	1	KIN A155	Bowling Level 1	1-2

Course	Title	Units
KIN A156	Rock Climbing Level 1	0.5-2
KIN A157	Sand Volleyball	1-2
KIN A170	Adapted Strength Training	0.5-1.5
KIN A171	Adapted Individual Sports - Bowling	0.5-1.5
KIN A172	Adapted Aquatics	0.5-1.5
KIN A173	Adapted Strength and Balance	0.5-1.5
KIN A174	Adapted Cardiovascular Fitness	0.5-1.5
KIN A175	Adapted Aerobic Exercise	0.5-1.5
KIN A176	Adapted Stretching	0.5-1.5
KIN A207	Fitness Programs II	0.5-3
KIN A208	Strength and Conditioning Level 3	0.5-3
KIN A211	Step Cardio and Core Level 2	1-2
KIN A212	Body Sculpting Level 2	1-1.5
KIN A215	Cross Training Level 2	1-2
KIN A228	Hatha Yoga Level II	0.5-1.5
KIN A231	Swimming for Fitness - Level 2	1-2
KIN A232	Swimming Level 2	1-2
KIN A241	Surfing and Ocean Safety Level 2	2
KIN A246	Tennis Level 2	1-1.5
KIN A247	Table Tennis - Level 2	1-2
KIN A251	Futsal/Indoor Soccer Level 2	1-2
KIN A252	Soccer Level 2	1-2
KIN A253	Golf Level 2	1-2
KIN A254	Volleyball Level2	1-1.5
KIN A271	Drugs & Sports	3
KIN A282	Introduction to Exercise Physiology	3
MARA A136	Introduction to Sailing	1
MARA A137	Intermediate Sailing - Intro to Keel Boats	1
MARA A138	Introduction to Ocean Sailing	1
MARA A139	Kayaking	0.5-1.5
MARA A140	Outrigger Canoeing	0.5-1.5

¹ Lab course

² Course will satisfy either C1 or C2

American Institutions Requirement (*Not part of CSU General Education Breadth. May be completed prior to transfer.*) In addition to the General Education Requirements listed above, all students must complete coursework in American History and Constitution for graduation from CSU. Completion of HIST A170 History of the United States to 1876 or HIST A170H History of the United States to 1876 Honors, HIST A175 History of the United States Since 1876 or HIST A175H History of the United States Since 1876 Honors, in Area D and PSCI A180 American Government or PSCI A180H American Government Honors in Area D will fulfill this requirement.