

BOD 2020-21 – 5R

Resolution In Support of the National Suicide Hotline Designation Act

WHEREAS, Associated Students, Incorporated (ASI) of California State University, East Bay (CSUEB) is the recognized voice of approximately 14,000 students; and

WHEREAS, it is the mission of the ASI Board of Directors to advocate and provide responsible and effective leadership for a diverse student population in order to make sound decisions for the betterment of CSUEB students; and

WHEREAS, ASI’s Policy Agenda of 2020-2021¹, Priority #1 Basic Needs, which commits to “Ensuring students are receiving additional support in regards to their basic needs such as food and housing security, and access to mental health services.” In particular, Priority #1 Basic Needs includes advocacy for Mental Health Resources; and

WHEREAS, CSUEB’s Shared Strategic Commitments includes being dedicated to “serve students first, by expanding access and enhancing each student’s educational experience and prospects for success as a graduate and life-long learner,” and “foster a vibrant community through enriched student services and student life that support student engagement and learning² ;” and

WHEREAS, “Mental and physical health are equally important components of overall health. Mental illness, especially depression, increases the risk for many types of physical health problems, particularly long-lasting conditions like stroke, type 2 diabetes, and heart disease. Similarly, the presence of chronic conditions can increase the risk for mental illness³ ;” and

¹ California State University, East Bay Associated Students, Incorporated. *Policy Agenda 2020-2021*. Retrieved from: <https://www.csueastbay.edu/asi/files/docs/asi-government/policies/incorporated-policy-agenda.pdf>

² California State University, East Bay. *Shared Strategic Commitments*. Retrieved from: <https://www.csueastbay.edu/about/mission-and-strategic-planning/shared-strategic-commitments.html>

³ Centers for Disease Control and Prevention. *Learn About Mental Health*. Retrieved from: <https://www.cdc.gov/mentalhealth/learn/index.htm>



WHEREAS, Suicide is the tenth leading cause of death in the United States, and there were approximately 1.4 million suicide attempts in 2018⁴. Additionally, “Close to 800, 000 people die due to suicide every year, which is one person every 40 seconds. Suicide is a global phenomenon and occurs throughout the lifespan. Effective and evidence-based interventions can be implemented at population, sub-population and individual levels to prevent suicide and suicide attempts. There are indications that for each adult who died by suicide there may have been more than 20 others attempting suicide;”⁵ and

WHEREAS, “The COVID-19 pandemic may worsen existing mental health problems and lead to more cases among children and adolescents because of the unique combination of the public health crisis, social isolation, and economic recession⁶;” and

WHEREAS, the National Suicide Prevention Lifeline is a suicide prevention and mental health crisis care toll-free hotline⁷; and

WHEREAS, CSUEB includes the National Suicide Prevention Lifeline phone number on the backside of the new BayCard (see ATTACHMENT I); and

WHEREAS, the National Suicide Hotline Designation Act of 2020 (S.2661) includes the implementation of the three digit “9-8-8” dialing code for the National Suicide Prevention Lifeline⁸; and

WHEREAS, the National Suicide Hotline Designation Act of 2020 (S.2661) was passed by the US Senate in May 2020, and was recently passed by the US House of Representatives in September 2020; be it therefore

⁴ American Foundation for Suicide Prevention. *Suicide statistics*. Retrieved from: <https://afsp.org/suicide-statistics/>

⁵ World Health Organization. Suicide data. Retrieved from: https://www.who.int/mental_health/prevention/suicide/suicideprevent/en/

⁶ Edutopia. COVID-19’s Impact on Student Mental Health, [edutopia.org/article/covid-19s-impact-students-academic-and-mental-well-being](https://www.edutopia.org/article/covid-19s-impact-students-academic-and-mental-well-being)

⁷ National Suicide Prevention Lifeline. *About*. Retrieved from: <https://suicidepreventionlifeline.org/about/>

⁸ United States Congress. *S.2661 - National Suicide Hotline Designation Act of 2020*. Retrieved from: <https://www.congress.gov/bill/116th-congress/senate-bill/2661/text>



RESOLVED, that the ASI of CSUEB supports the National Suicide Hotline Designation Act of 2020; and

RESOLVED, that we will continue to pursue strong advocacy for quality mental health resources that are easily accessible for students at California State University, East Bay; and

RESOLVED, that CSUEB will continue to promote the National Suicide Prevention Hotline in order to create transparency and a sense of community and support among students; and

RESOLVED, that mental health remain a priority and lens for future programming, resolutions, and interactions; and let it be further

RESOLVED, that copies of this resolution be distributed to the Office of the President, Office of the Vice President for Student Affairs, Office of Student Life and Leadership, Student Health and Counselling Services, Recreation and Wellness Center, Student Health Advisory Committee, Peer Advocates for Wellness, Pioneers for HOPE, California State Student Association, digitally to all students, and any other relevant parties.

Authored by: Anjelica de Leon, *Vice President of University Affairs*
Kabir Dhillon, *Chair of the Board of Directors*

Approved On: Wednesday, October 14, 2020

ASI President/CEO does hereby [] *approves* / [] *refuses to approve* this resolution.


Euridice Pamela Sanchez-Martinez (Oct 19, 2020 15:21 PDT)

Euridice Pamela Sanchez
ASI President/CEO


Kabir Dhillon (Oct 19, 2020 19:35 PDT)

Kabir Dhillon
ASI Chair of the Board of Directors

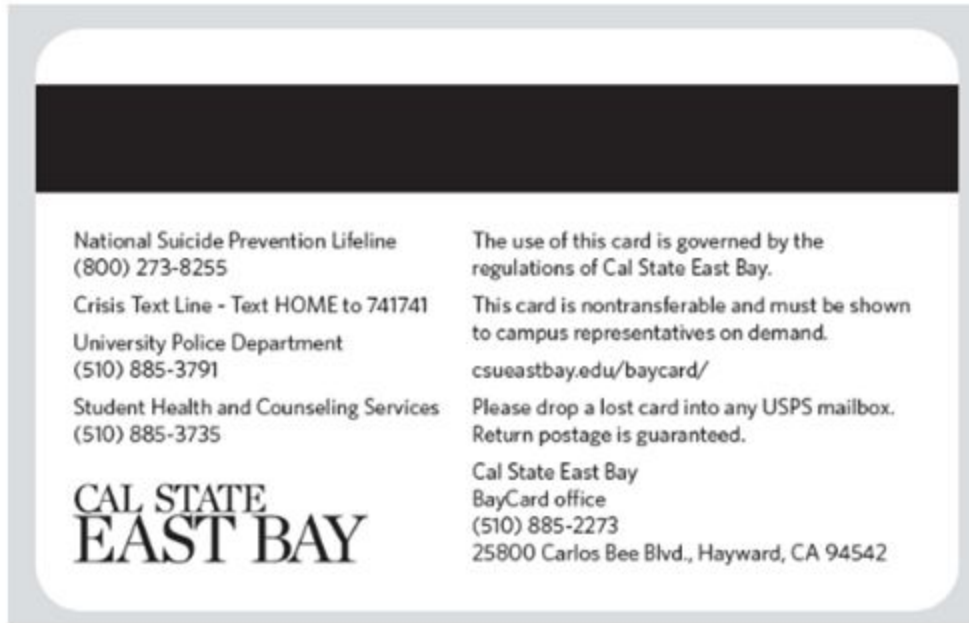

Anjelica de Leon (Oct 19, 2020 19:37 PDT)

Anjelica de Leon
ASI Vice President of University Affairs

Approved by: ASI Board of Directors 2020-2021



ATTACHMENT I
BayCard
California State University, East Bay



National Suicide Prevention Lifeline
(800) 273-8255

Crisis Text Line - Text HOME to 741741

University Police Department
(510) 885-3791

Student Health and Counseling Services
(510) 885-3735

**CAL STATE
EAST BAY**

The use of this card is governed by the regulations of Cal State East Bay.

This card is nontransferable and must be shown to campus representatives on demand.
csueastbay.edu/baycard/

Please drop a lost card into any USPS mailbox. Return postage is guaranteed.

Cal State East Bay
BayCard office
(510) 885-2273
25800 Carlos Bee Blvd., Hayward, CA 94542













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Final Audit Report

2020-10-20

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✔ Agreement completed.

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