WHEREAS, Associated Students, Incorporated (ASI) of California State University, East Bay (CSUEB) is the recognized voice of approximately 16,000 students; and

WHEREAS, it is the mission of the ASI Board of Directors to advocate and provide responsible and effective leadership for a diverse student population in order to make sound decisions for the betterment of CSUEB students; and

WHEREAS, The CSUEB ASI Policy Agenda for 2021-2022 states that “The Director of Wellness and Director of Programming Council will work closely together to ensure that mental health resources and programming are available to students and hold that basic needs, such as food, financial, and housing security, will be a priority.” and

WHEREAS, “Existing law, notwithstanding the requirement that each person between 6 and 18 years of age who is not otherwise exempted is subject to compulsory full-time education, requires a pupil to be excused from school for specified types of absences, including, among others, if the absence was due to the pupil’s illness.” and

WHEREAS, “This bill would include, within the meaning of an absence due to a pupil’s illness, an absence for the benefit of the pupil’s mental or behavioral health.” and

WHEREAS, “Existing law requires the governing board of a school district to give diligent care to the health and physical development of pupils and authorizes the governing board of a school district to employ properly certified persons for the work. Existing law requires a school of a

1 California State University, East Bay. Policy Agenda. Retrieved from: https://docs.google.com/document/d/1peXAn0YsvQx87qOm7Euyceg4Pj3oRanKMwaYxJ76jro/edit
school district or county office of education and a charter school to notify pupils and parents or guardians of pupils no less than twice during the school year on how to initiate access to available pupil mental health services on campus or in the community, or both, as provided."

"be it therefore

RESOLVED, CSUEB ASI extends our support for The Pupil Health: School Employee and Pupil Training: Excused Absences: Youth Mental and Behavioral Health Bill as this will allow students to prioritize their mental health and as a result, perform better in their academics; and

RESOLVED, CSUEB ASI encourages California universities to implement mental health days as often times, the mental health of students can greatly impact their performance in academia and having rest days could eliminate that factor; let it be finally

RESOLVED, that copies of this resolution be distributed to the Governor Gavin Newsom, Senator Bob Hertzberg, Congressman Brad Hertzberg, Congressman Eric Swalwell, Congressman Ro Khanna, Congresswoman Barbara Lee, Congressman Mark DeSaulnier, Congressman Mike Thompson, Representative Josh Harder, Senator Dianne Feinstein, Senator Alex Padilla, the CSU Board of Trustees, CSU Chancellor, our University President, Vice President for Student Affairs, Coordinator of the Diversity, Diversity and Inclusion Center, Executive Director for International Programs, President of the California State Student Association, Vice President of Legislative Affairs of the California State Student Association, President of the University of California Student Association, digitally to all students, and any other relevant parties.

Authored by: Ashmita Ahluwalia, Director of Wellness

Approved On: Mar 3, 2022

ASI President/CEO does hereby [ ] approves / [ ] refuses to approve this resolution.

Anjelica de Leon
ASI President/CEO

Kabir Dhillon
ASI Executive Vice President/Chief of Staff

Ashmita Ahluwalia
ASI Director of Wellness

Approved by: ASI Board of Directors 2021-2022