PRE-DEPARTURE ORIENTATION
FOR F-1 INTERNATIONAL STUDENTS
Entering in Spring 2024
Your Hosts Today

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You’ve made a great choice!

- Academic Excellence with Economic Value
- Priced among most affordable public universities
- Private College Environment- small class sizes, personalized learning
- One of most diverse universities in the U.S.
- You’ll love California’s mild weather, multicultural communities, internship opportunities and job prospects after graduation
Agenda

- Introduction of international programs offices
- Location & Weather
- Applying for your Visa
- Airports in the Bay Area
- What to Expect at the Port of Entry
- What to Pack in Carry-On Luggage
- Getting to CSUEB/Airport Pickup
- Housing, Dining & Life at the Bay
- Class Registration and Clearing Enrollment Holds
- Fee Payment and Installment Plans
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<td>Tel: (510) 885-2880</td>
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<td>Tel: (510) 885-2358</td>
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Location & Weather

Location: City = Hayward
- In San Francisco Bay Area
- 37 km to San Francisco city
- 42 km to Silicon Valley
- Safe living & learning environment
- Campus overlooks the San Francisco Bay

Weather:
- Mediterranean climate (mild winter/cool summer)
- Summer: average temperature 15-25°C
- Winter: average temperature 5-15°C
US regulations now allow for issuance of the F-1 student visa up to 365 days in advance of the I-20 program start date.

As soon as possible after receiving your admission decision, check your horizon email for a link to submit financial documents and I-20 consent. Processing time is 2-3 weeks after receipt of your documents.

Once you receive your I-20, follow these steps to apply for a visa:

1) Contact your local U.S. Embassy or Consulate to ask about how to get an F-1 international student visa. For a list of Consulates and Embassies see: http://usembassy.state.gov

2) Complete visa Form DS-160: Online Nonimmigrant Visa Application. Form DS-160 is submitted electronically to the Department of State website via the Internet: https://ceac.state.gov/genniv

3) Follow the U.S. Embassy/Consulate’s instructions to schedule a visa interview.

4) Pay the Visa Application Fee following instructions provided by the embassy/consulate.

5) Pay the SEVIS Fee by completing Form I-901 online at www.FMJfee.com at least three (3) days before your visa interview

6) Prepare and bring the documents required by the U.S. Embassy/Consulate for your visa interview.

7) Remain calm and answer all the Visa Officer’s questions openly and honestly.
Flying into the Bay Area

• San Francisco Bay Area Airports
  – San Francisco International Airport (SFO)
  – Oakland International Airport (OAK)
  – San Jose International Airport (SJO)

• What to expect on Arrival at the Port of Entry (first airport you land at in the U.S.)
  – When entering the U.S. from abroad, everyone (including American Citizens), is subject to questioning by US Customs and Border Protection (CBP).
  – Primary Inspection will be where a CBP Officer will ask you to present I-20 and answer questions about where you are arriving from and the purpose of your stay in the U.S.
  – If the CBP officer cannot initially verify your information or you do not have all of the required documentation, you may be directed to another interview area in the airport area known as “secondary inspection.” Secondary inspection allows CPB to access your SEVIS record and conduct additional research in order to verify information without causing delays for other arriving passengers.
What to Expect at Port of Entry

Once your inspection is successfully completed, the inspecting officer will:

- Review your passport and visa and may stamp your passport for duration of status (“D/S”) for F and J visa holders with date and port of entry (many airports no longer stamp passports)
- Process an electronic I-94 arrival/departure record online.

Be aware that you will need to submit a PDF copy of this record later to CIE office (download from https://i94.cbp.dhs.gov)
Carry on Luggage

**DO carry**

- Passport with F1 visa
- I-20
- Admission Letter and other supporting documents used during visa application
- Credit Card
- Traveler’s Checks
- Cell Phone
- Small Amount of Cash
- Clothes/personal items for 1-2 days (in case of delays or lost luggage)

**DON’T bring**

- Fruits
- Meat
- Any white powders
- A lot of Cash

**If Arriving By Air:** Flight attendants will distribute Customs Declaration Forms (CF-6059). These must be completed prior to landing.

See our [suggested packing list](#) online for tips about what to bring in your checked bags.
Getting to CSUEB from Bay Area Airports

• San Francisco International Airport (SFO)
  – 30-35 minutes drive from CSUEB Hayward main campus
  – taxi ride $75-95 to campus (+tip 20%)
  – more info @ www.flysfo.com/to-from/ground-transportation
  – BART from SFO to Hayward = $11.75

• Oakland International Airport (OAK)
  – about 20-30 minutes drive from CSUEB Hayward campus
  – taxi ride $45-80 to campus (+tip 20%)
  – more info @ oaklandairport.com/ground_transportation.shtml
  – BART from OAK to Hayward = $9.55

• San Jose International airport (SJC)
  – Located Southeast of CSUEB Hayward campus, about 40-50 minute drive from the campus
  – taxi ride $85~100 to campus (+tip 20%)
  – more information @: www.flysanjose.com

If you plan to use a transportation network app, download the Uber/Lyft/Wingz app before leaving home;

Pre-paid SIM cards are available for purchase at SFO at the TripTel store near Starbucks in the International Arrivals area. See https://triptel.com for more information.
Public Transportation to and from Campus

Train system - Bay Area Rapid Transit

Free Shuttle bus from campus to downtown Hayward and Hayward & Castro Valley BART stations

AC Transit Buses (Alameda County transit system) - Bus #60 from Hayward BART to CSUEB. Get a Clipper Card for discounted fares on BART and local buses. AC #60 Bus schedule available online.
Housing

**On-Campus Housing - Pioneer Heights**

[www.csueastbay.edu/housing/prospective-residents](http://www.csueastbay.edu/housing/prospective-residents)

About 10% of students (around 1,000 students) live on-campus

- Must sign contact for one year
- University Housing Application open from October 30.
- Furnished Apartments with Utilities included
- Expected Spring 2024 Move-in date: January 7
- For inquiries for main housing block contact [housing@csueastbay.edu](mailto:housing@csueastbay.edu)
- To request housing in international student block complete [International Student Housing Interest Form](http://internationalstudenthousing@csueastbay.edu) or email [internationalstudenthousing@csueastbay.edu](mailto:internationalstudenthousing@csueastbay.edu)

**Off-Campus Housing near campus**

[www.csueastbay.edu/cie/f-1-students/new-students/housing.html](http://www.csueastbay.edu/cie/f-1-students/new-students/housing.html)

500+ students live in apartments surrounding campus or commute

- 1 bedroom apt: $1,745 - $2,023/month
- 2 bedroom apt: $2,100 - $2,750/month
- 3 bedroom apt: $2,995/month
  plus utilities; students usually share
Dining Commons/ Pioneer Kitchen

• Offers Three Meals a day
• All you care to eat
• Includes vegetarian options
• Flexible Meal plans
• Dine with a view of the Bay!

Other Dining options on campus:

● Starbucks
● Jamba Juice
● Panda Express
● Taco Bell Express
● Einstein Bros Bagels
● Fry Shack (burgers/chicken/fries & shakes)
● Wild Blue (poke bowl/boba drinks)
● The Market (convenience store)

+ Food trucks twice a week
Student Life on Campus

Student Unions- place to meet, eat, relax

GameZone (in old Union)-
• Indoor recreational room with pool tables, air hockey, & basketball free throw games, etc.
• GameCave- a custom video gaming room
• Equipment Rental counter also has board games

Student Life and Leadership Programs-
• 120+ recognized clubs/organizations

Associated Students, Inc.- student government and event organizers (movie nights, comedians, etc.)

NCAA Division II Athletics- 6 men’s & 9 women’s sports teams- cheer on your fellow Pioneers!
Student Life on Campus - Fitness

Recreation and Wellness (RAW) Center
Free services for matriculated students:
• indoor track
• cardiovascular equipment
• strength training equipment & boxing bags
• group fitness classes
• locker rooms with private showers
• basketball gym

Other Sports facilities on campus:
Swimming pool, soccer field, tennis courts, baseball field, gymnasium (basketball, volleyball/badminton courts)
Before registering for classes

• **Know your NetID** (Student ID) : ab1234

• **Accept Admission Offer** log into MyCSUEB ([my.csueastbay.edu](http://my.csueastbay.edu)) & look for the “Accept Admission” link on the left side of the page.

> When confirming intent to enroll, undergraduate students must pay a $110 deposit fee which will be applied toward the undergraduate student orientation program. See [www.csueastbay.edu/admissions/accept-admission-offer.html](http://www.csueastbay.edu/admissions/accept-admission-offer.html). This deposit is not required for 2nd bachelor’s degrees or graduate level students.

• **Check MyCSUEB “To Do List”** to complete required items which may include submission of documents or test scores.

• **Check MyCSUEB for any possible registration holds.**

• **Review the “important dates”** webpage for enrollment periods.

• **See website for How to Register for Classes:** [www.csueastbay.edu/registrar/register/how-to-register-for-classes.html](http://www.csueastbay.edu/registrar/register/how-to-register-for-classes.html)
Transcripts Hold

Provisionally Admitted Students

Submit official documents to the International Admissions Office as follows:

• **By Mail/Courier:** Send to the International Admissions Office, Cal State East Bay, 25800 Carlos Bee Blvd., SF102, Hayward, CA 94542.

• **Electronic Transcripts/Mark Sheets and Degree Certificates:** Please email the documents to IAOoffdocuments@csueastbay.edu. The documents must be sent directly from the institution’s registrar’s office or office of examinations. The International Admissions Office reserves the right to verify the sender of these documents before accepting them as official.

• **In Person Drop Off:** Hand-delivered in a sealed envelope from the institution to Cal State East Bay’s International Admissions Office located in the Student and Faculty Support building on the Hayward Campus in SF102.

Your provisional admission will not be cleared until you meet all university requirements.
Insurance Hold

- **Health insurance is Mandatory for all F-1 students** in the US and there are few exceptions to the CSUEB-sponsored plan.
  - If you have US-based employer-sponsored insurance or insurance provided by a government-sponsored scholarship program, see the CIE website for instructions on requesting approval for these policies: [www.csueastbay.edu/cie/f-1-students/new-students/insurance.html](http://www.csueastbay.edu/cie/f-1-students/new-students/insurance.html)

- Be sure to always check the term for which your hold is placed.

  - Holds are moved 24-48 hours after you submit your proof of purchase; plan accordingly! The hold will never go away, but will automatically move to the next term.

  - Questions? Contact csuebhealthinsurance@csueastbay.edu
Health Insurance Enrollment

For CSUEB sponsored plan, enroll online at [https://csueastbay.mycare26.com](https://csueastbay.mycare26.com)

**Enroll by semester**
- Fall Semester Cost = $1004
- Fall Coverage Dates = 8/10/23 to 12/31/23
- Spring Semester Cost = $1059
- Spring Coverage Dates = 1/1/24 to 5/31/24

After the first academic year, you can choose an annual plan if you are staying over the summer.

*NOTE: If you enroll in summer session, you must also enroll in insurance for summer*

Refunds are possible during first 30 days of policy (only if you withdraw from all classes or do not enter the U.S.)

**STEP 1: Click “Begin Enrollment”**

**STEP 2: Click “Online Enrollment”**

- Am I Eligible to Enroll in the International Student Health Insurance Plan?
- Cost Sheets
- Online Enrollment Periods
- Online Enrollment
- Students with a Qualifying Life Event

**STEP 3a: Choose student type “International”**

- Note: Pre-Business Analytics students and Intensive English Students will choose “Global Academy”

**STEP 3b: Select “Click Here to Enroll”**

**STEP 4a: Login with your Horizon email**

**STEP 4b: School information will auto-populate based on your email.**
Health Insurance Enrollment

If this is your first term using this insurance, you will need to create an account first.

When completing the “Sign Up” form, note the following:

- Enter your NetID in the Student ID field.
- If you do not have a US social security number, click the box under that field.
- If you do not have a US address at the time of application, you may enter the CIE address here, but as soon as you confirm your US address, be sure to update your information with the insurance company.
- Use your personal email in the email field (do not enter the CIE email address there).

After you submit your enrollment and pay, you will receive a confirmation email. Please forward it to csuebhealthinsurance@csueastbay.edu. You MUST include your NETID in your email for our records. Your hold will be removed in 1-2 business days.
Undergraduate Enrollment: General Education vs Major

- Need at least 120 semester units towards a degree completion to graduate
- 48 General Education (GE) units
- 72 Major Units and electives

Undergraduate students will have two advisors:
- General Education advisor (Sam Tran in Academic Advising and Career Education office (AACE)).
- Major advisor (in Academic Department)

Sam Tran
International Student Academic Advisor
sam.tran@csueastbay.edu
*Note: Athletes may work with another counselor—ask your coach for assistance
Enrolling in Classes

**Undergraduate students**
- Minimum 12 units/semester to be considered full-time
- 15 units/semester recommended to graduate in 4 years
- Maximum of 17 units/semester allowed
- *Be sure to clear all holds before contacting an advisor!*

**Freshmen** should review the GE/Breadth website [www.csueastbay.edu/ge](http://www.csueastbay.edu/ge) to understand these requirements.
- If you have AP, IB, CLEP, A-level, or community college credit, alert your advisor so you may receive credit.
- Consult with your General Education Academic Advisor (Sam Tran) before registering!
Enrolling in Classes

Undergraduate students

Upper Division Transfer students
• Transcript evaluations for transfer students are processed by International Admission Counselors in International Admissions Office.

• Contact an academic advisor in your college or department for assistance selecting classes (not sure who that is? email whoismyadvisor@csueastbay.edu)
Enrolling in Classes

Graduate student enrollment

• During your enrollment period, enroll directly on MyCSUEB with advice from Graduate department if needed.

• Must take minimum 8 units per semester to be considered full-time. (Most students will take 9 units = 3 classes x 3 units)

  Note: some graduate business programs offer intensive 7-week sessions in addition to semester long classes.

• NOTE: You must maintain a 3.0 GPA to remain in good standing. If the student’s GPA falls below 3.00, they will be placed on Academic Alert. A student may be subject to Academic Disqualification if during any semester while on alert they do not achieve the minimum 3.0 GPA in all units taken after admission to their graduate program.
## Tuition and Fees

Tuition and fees are subject to change. Payment plans are available.

<table>
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<tr>
<th>Level</th>
<th>Tuition</th>
<th>Total for I-20</th>
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<tbody>
<tr>
<td><strong>Undergraduate</strong> (Based on 12 units/semester)</td>
<td>$16,509</td>
<td>$39,947</td>
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<tr>
<td><strong>Graduate</strong> (Based on 9 units/semester)</td>
<td>$15,567</td>
<td>$39,005</td>
</tr>
<tr>
<td><strong>Graduate Business</strong> (MBA/MSBA) (Based on 9 units/semester)</td>
<td>$20,427</td>
<td>$43,865</td>
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Living expenses = $21,375 (Varies from student to student)
Health Insurance = $2,063* (+ additional if study in summer)

*(as of Fall 2023)*
Tuition and Fees per Semester


**Undergraduate Programs:** $8,254.50 = 12 units/semester

Base Undergraduate Tuition and Fees for over 6.1 units

$3502.50+ ($396 x 12=) $4752 = $8254.50

*If take more than 12 units, figure additional $396 non-resident tuition/unit*

**Graduate Programs:** $7,783.50 = 9 units/semester

Base Graduate Tuition and Fees for over 6.1 units

$4219.50 + ($396 x 9=) $3564 = $7783.50

*If take more than 9 units, figure additional $396 non-resident tuition/unit*

**Grad Business Programs: (MBA/MSBA):** $10,213.50 = 9 units/semester

Base Graduate Tuition and Fees for over 6.1 units

$4219.50 + ($396 x 9)= $3564 + ($270 x 9)= $2430 = $10,213.50

*If take more than 9 units, figure additional $396 non-resident tuition/unit + additional $270 per unit for graduate business professional fees*
Tuition Fee Payment

• After you enroll in classes, Student Finance will charge your MyCSUEB Student account for the amount you owe for the semester.

• You must pay all fees charged to your account by the fee payment deadline listed on the **Important Dates** page.

• Students who enroll or add classes during late registration will be assessed a $25 late fee.

• Payment can be made by cash or check in person at the Cashier’s office or electronically by eCheck, credit card, or wire transfer.

• Payment must be received by 4 p.m. Pacific time on the fee payment deadline day, or enrolled/waitlisted courses are subject to being dropped.
1. Login MyCSUEB and select Student Finance

2. Enter NetID & password to access web payment portal and then select how you would like to pay

Select "Make a Payment" and click on "Pay Now"

Note: there is a 2.65% service charge for credit card payments

See next page for wire transfer information
How to Pay by Wire Transfer

Cal State East Bay has partnered with Convera to streamline the tuition payment process using CASHNet SmartPay for our international students.

Using the Convera payment platform you are able to:

• Pay in your home currency or the currency of your choice.
• Receive competitive exchange rates saving a significant amount of money, as compared to traditional banks.
• Note: Payments via the Convera platform take an average of 3-7 business days to complete. Plan ahead to meet payment deadlines!
Tuition Refunds

https://www.csueastbay.edu/student-financial-services

- Refunds will automatically be credited to your University account. If you do not wish the refund to remain in your University account, you may apply for a refund by completing the Refund Request Form on website above.
- All payments made by cash, check, money order, or cashier’s check will be refunded by check. Checks can only be mailed to U.S. addresses. Payments made by credit card will be refunded back to your credit card. Refunds can not be made by wire transfer.
- All refunds are subject to a $10 refund processing fee.
- Students who drop all classes or cancel Enrollment in MyCSUEB before the beginning of the semester, will be entitled to 100% refund of all mandatory Tuition fees paid, and foreign/non-resident fees.
- Students who drop ALL units in MyCSUEB or are dropped for non-payment will be charged a prorated amount of mandatory tuition fees (and non-resident fees) for each day they are enrolled, beginning with the first day of the semester, until the date when all classes were dropped.
- Refunds will be processed at the end of the add/drop period and will be processed in 7-10 business days.
How to Sign Up and Pay in Installments

- To sign up for fee installment plan, find the "Enroll in Payment Plan" option inside your MyCSUEB under My Finances or under Student Center.
- Be sure to make your first payment by the fee payment due date.
- See the complete fees, agreement details and payment due dates inside Student Center.
- There is a non-refundable $30 service fee for enrolling in payment plan.
Installment Payment Plans

- The tuition and campus fees are split into **three (3) installments**.
- **Installments are not equal** - some fees must be paid in the first payment.
- When registering for a payment plan, be sure to **select the correct enrollment category** for your academic program:
  - **Matriculated student** - All undergraduate students; All graduate students except those listed below
  - **Special Session student** - M.S. Accountancy, M.B.A. for Global Innovators, One-Year M.B.A., M.S. Health Care Administration, Pre-Professional Health Academic Program (PHAP)

- See website for more details on the [installment plan for Spring 2024](#): 

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<tr>
<th>Enroll by date</th>
<th>Installment payments are due by the following dates</th>
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<tr>
<td>enroll in classes before January 9, 2024</td>
<td>January 9, 2024- 1st installment due</td>
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<td></td>
<td>February 9, 2024- 2nd installment due</td>
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<tr>
<td></td>
<td>March 9, 2024 - 3rd installment due</td>
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* A $20.00 late fee will be assessed per each late installment payment.
After accepting your offer of admission, you can register for Orientation. Watch your horizon email for more information.

Undergraduate Orientations provided by CSUEB Student Life and Leadership Programs
• See Undergraduate Pre-Orientation website: www.csueastbay.edu/orientation/pre-orientation/index.html

International Student Orientation
• All international students must attend the CIE Mandatory Immigration session in January (date TBD) before classes start.
Graduate Orientation and Advising

- CIE will host in-person Orientation / Immigration Session in January (Check horizon email or CIE website for details)
- The Office of Graduate Studies typically holds a New Graduate Student Online Orientation. Check this website (https://www.csueastbay.edu/graduate-studies/graduate-services.html) or watch your horizon email for details and sign up via MyCSUEB.

- Your Academic Department may also offer a program-specific orientation. Check your horizon email or contact your academic department or your program’s graduate coordinator for more information.

Not sure who your graduate advisor is?

See the Graduate Program Directory for Faculty Coordinators in Each Department:

www.csueastbay.edu/graduate-studies/graduate-program-directory.html
Immunization Requirements

California State University, East Bay updated vaccine requirements and recommendations effective for students starting in Fall 2023.

Required: Hepatitis B Vaccine, if age 18 years or younger

Recommended immunizations and screening:
- Measles/Mumps/Rubella (MMR)
- Varicella (Chickenpox)
- Tetanus, Diphtheria and Pertussis (Tdap)
- Meningococcal conjugate, if age 21 years or younger; required if staying in on-campus housing

Tuberculosis risk questionnaire. Incoming students at higher risk for TB infection (including students from Africa, Asia, Eastern Europe, Middle East and South & Central America) should undergo skin or blood testing for TB infection within 1 year of CSU entry.

Once you have accepted your offer of admission, students under the age of 19 will receive an email invitation to your Horizon email account from COMPLIO which is an online platform where you must upload your immunization records if you are required to submit immunizations. Contact complio@americandatabank.com for any questions.

Deadline to submit proof of immunizations: March 1 (if you do not meet this deadline you will have a registration hold for fall classes; if you are unable to get the required immunizations or tests in your home country, you may get them at Student Health and Counseling, but this is not covered by the student health insurance)
Check in with CIE

Upon Arrival at Cal State East Bay all new international students should check-in (online) immediately with the Center for International Education (CIE) by submitting the following documents via the Google Form on CIE website.

- New Student Information Form --this must include a valid USA address
- Passport- copy of your bio page in your passport
  - I-94 Record page &  
  - I-94 Travel History page

NOTE: You must use your Horizon email to access the google form.

NOTE: If you are transferring from another school in the U.S. (from high school, community college, university/undergraduate or graduate) as an F-1 student, you must complete the transfer of your immigration status to Cal State East Bay within 15 days of the beginning of the semester.
Arrival Checklist - Intro to the Bay Card

BayCard = student ID/library card

www.csueastbay.edu/baycard/

• The BayCard connects you to campus – granting you access to the campus shuttle & many buildings (including on-campus apartments and residence hall buildings), equipment check-out, student services and more!

• Add Bay Bucks to your card to use it for purchases on campus: Pioneer Bookstore, ASI Business Center, Printers/Copy machines, All Dining outlets, Vending Machines, Student Health Center, Library

• Get student discounts at some local shops and restaurants when you show your BayCard. See: www.csueastbay.edu/asi/business-services/discount-program.html
Arrival Checklist- Activate Digital BayCard/Request Physical BayCard

• For students living on-campus please visit the Student Housing Office to get your BayCard.

• For all other students, see the website to upload an approved photo and then Activate Digital Bay Card and/or Submit a Bay Card Request Form to request a physical BayCard (for pickup on campus):
  www.csueastbay.edu/baycard/getting-your-bay-card.html

Please Note: To use the printers around campus you will need a physical Bay Card. You are not able to print using the Digital Bay Card at this time.

Watch video for overview of how to use the Bay Card and add Bay Bucks:
  https://youtu.be/W4DHdgaW2mo
Checklist to do on Arrival/Before Classes Start

- Use your NetID to **connect to online resources for students:**
  - **BaySync** (campus-wide system to connect with clubs and be informed about activities on campus)
  - **Canvas** (learning management system for class materials and communications from professors)
  - **MyCompass Student Portal** a virtual "one stop shop" for matriculated students which allows you to effortlessly track your progress, schedule appointments, and transact university business. It integrates student systems, such as MyCSUEB, Canvas and BayAdvisor (appointment scheduling system) all in one place.

- Download **CSU East Bay Mobile app** (available on Google and Apple)
Checklist to do on Arrival/Before Classes Start

- Visit Pioneer Bookstore
  (purchase/rent books; student discounts on Apple products)

  See our How To video on How to Buy, Rent, or Borrow Textbooks

- Visit Library Learning Commons in the CORE building
  (to borrow books, loaner laptop, hotspot)

  See our How To video on How to Borrow University Laptops and other Technology from the Library
Checklist to do on Arrival - Consider Transport Options

- Check [CSUEB shuttle bus schedule](#)
- [Purchase parking permit if needed](#)

Note: CSUEB Parking and Alternative Transportation Office also has information about carpools, public transit, zip-car (car-sharing) on their [website](#). See [How To Videos on Parking and Commuting to Campus](#) in our video gallery - [www.csueastbay.edu/cie/videogallery](http://www.csueastbay.edu/cie/videogallery)
Internships and Working in the USA

**ON-Campus Employment** - *eligible immediately after start of term*
- No more than 20 hours per week
- Graduate assistantships available in some departments but incoming students may not be eligible
- Open positions posted on 1) CSUEB Online Job Board Handshake (download app or access via [AACE webpage](https://aace.org)) or 2) **BaySync**
- Follow our social media where we share job openings in various departments on campus (@csueb_international on IG)

**OFF-campus employment** - *eligible after 9 months of study in the U.S.*
- Curricular Practical Training (CPT) - internship for academic credit
- Optional Practical Training (OPT) - usually done after completion of degree; see CIE website for OPT application workshops

*Watch our Career Development video for CSUEB international students: [https://youtu.be/nIlq4TT9vc0](https://youtu.be/nIlq4TT9vc0)*
# Summary of Resources for International Students

<table>
<thead>
<tr>
<th>Resource</th>
<th>What they provide</th>
<th>website</th>
</tr>
</thead>
<tbody>
<tr>
<td>AACE</td>
<td>Academic and Career Counseling</td>
<td><a href="csueastbay.edu/AACE">csueastbay.edu/AACE</a></td>
</tr>
<tr>
<td>Accessibility Services</td>
<td>Academic accommodations to qualified individuals with disabilities.</td>
<td><a href="csueastbay.edu/accessibility">csueastbay.edu/accessibility</a></td>
</tr>
<tr>
<td>Associate Students, Inc. (ASI)</td>
<td>Student Government + events for the student body</td>
<td><a href="csueastbay.edu/asi">csueastbay.edu/asi</a></td>
</tr>
<tr>
<td>Center for International Education (CIE)</td>
<td>Immigration and Study Abroad Advising</td>
<td><a href="csueastbay.edu/CIE">csueastbay.edu/CIE</a></td>
</tr>
<tr>
<td>Diversity and Inclusion Student Center (DISC)</td>
<td>Opportunities for leadership development, community engagement, and co-curricular programming on various topics of diversity and inclusion.</td>
<td><a href="csueastbay.edu/diversity-inclusion">csueastbay.edu/diversity-inclusion</a></td>
</tr>
<tr>
<td>Recreation and Wellness Center (RAW)</td>
<td>Fitness facilities and recreation programs including intramural sports, group exercise, and personal training</td>
<td><a href="csueastbay.edu/raw">csueastbay.edu/raw</a></td>
</tr>
<tr>
<td>Student Health and Counseling Services (SHCS)</td>
<td>Fully accredited outpatient clinic offering basic medical care for most illnesses and injuries and various elective services. Also offers individual, couples, group and crisis counseling.</td>
<td><a href="csueastbay.edu/shcs">csueastbay.edu/shcs</a></td>
</tr>
<tr>
<td>Student Life and Leadership Programs</td>
<td>Opportunities for student learning via Student Clubs, Service/Volunteer Opportunities, Annual Student Leadership Conference</td>
<td><a href="csueastbay.edu/studentlife">csueastbay.edu/studentlife</a></td>
</tr>
</tbody>
</table>
## Academic Support for CSUEB Students

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<tbody>
<tr>
<td>Center for Student Research (CSR)</td>
<td>Facilitates your engagement in faculty-mentored outside-of-the-classroom work on a research or creative activity project related to your academic discipline; scholarships available for some projects</td>
<td>csueastbay.edu/CSR</td>
</tr>
<tr>
<td>Student Center for Academic Achievement (SCAA)</td>
<td>FREE tutoring for math, statistics, writing, science, and other student learning services and programs (also employs students)</td>
<td>csueastbay.edu/scaa</td>
</tr>
<tr>
<td>STEM Lab (in College of Science)</td>
<td>Community learning space with loaner technology and academic support for students in specific STEM (also employs undergraduate students)</td>
<td><a href="http://www.csueastbay.edu/stemlab">www.csueastbay.edu/stemlab</a></td>
</tr>
<tr>
<td>University Honor's Program (UHP)</td>
<td>Opportunity for academic challenge through the completion of specialized courses, seminars and projects under the direction of faculty mentors (for undergraduate students with minimum 3.6 GPA)</td>
<td><a href="http://www.csueastbay.edu/uhp">www.csueastbay.edu/uhp</a></td>
</tr>
<tr>
<td>Institute for STEM Education</td>
<td>The institute’s Career Awareness and Preparation (CAP) Program connects CSUEB students with industry professionals via internship opportunities, company tours, &amp; development of professional skills</td>
<td><a href="http://www.instituteforstemed.com">www.instituteforstemed.com</a></td>
</tr>
</tbody>
</table>
Academic Calendar

CSUEB is on a semester calendar:

- **Spring semester classes start**: January 16, 2024
- **Spring break**: April 2-5, 2024
- **Last day of Spring classes**: May 4, 2024
- **Spring exams**: May 6-11, 2024

- **Summer Session 2024**: May 28-July 27, 2024

- **Fall semester classes start**: August 26, 2024
- **Thanksgiving/Fall break**: November 25-29, 2024
- **Last day of Fall classes**: December 13, 2024
- **Fall exams**: December 16-21, 2024

Dates subject to change. See online catalog for link to full Academic Calendar.
a friendly reminder:
check your horizon email regularly

This e-mail account is where important University communication will be sent about your academic status, classes, fees, and more. In addition, this is the e-mail address professors will use to communicate with you.
Helpful Links

- MYCSUEB
- Document submission guidelines
- Admitted students checklist
- Video gallery - check out our How To Series!
- How to determine the amount you owe
- How to sign up for an installment plan
- How pay fees by wire transfer
- Important Dates for Spring Semester 2024
- New Admitted International Student FAQ

Fall 2023 Important Dates:

★ **11/20 Open enrollment begins**
★ **1/8 - 1/11 Registration Closed for Fee Processing**
★ **1/9 Fee payment deadline**
★ **1/12-Open enrollment resumes**
★ **1/16 Classes start**
★ **1/16-1/22 Add/Drop period (w/late add fee)**
Contacts

• CIE Office: 1 (510) 885-2880
• Emergency: 911
• DEPARTMENT WEBSITES:
  Search contact information for Grad Academic Departments at
  www.csueastbay.edu/aps/graduate-studies/graduate-program-directory.html

Check your Horizon e-mail and Follow us on Social Media!
www.facebook.com/csuebcie
www.Instagram.com/csueb_international
WeChat: qq503421502
WhatsApp Business Account: +1 (510) 200-8342
See our website for Zoom links to chat with Eva, Aishwarya, or Karan at appointed times:
https://www.csueastbay.edu/iao/future-students/international-ambassadors.html
Q&A

Type Questions in Q&A box

Follow-on questions? Contact us for support anytime

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Laura Perry
International Recruitment & Marketing Coordinator
laura.perry@csueastbay.edu
WE LOOK FORWARD TO WELCOMING YOU ALL!