

## **PENNY MCCULLAGH**

### **CURRICULUM VITAE**

Professor

Department of Kinesiology

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Citizenship: Canada and USA

### **EDUCATION**

- 1973-76 Ph.D. University of Wisconsin (now Kinesiology)  
(Dissertation: "Model status and attention: A partial test of social learning theory")
- 1972-73 M.S. University of Washington, Seattle (became Kinesiology)  
(Thesis: "Social facilitation and motor performance: Drive summation or inverted-U?")
- 1970-72 B.S. State University of New York - College at Brockport  
Graduated Summa Cum Laude – Double Major (Sport Science/Recreation)
- 1969-70 Teaching Certificate - St. Catherine's Teachers' College- Brock University- Elementary Teaching Certificate
- 1967-69 Diploma Centennial College, - Diploma in Recreation -Scarborough, Ont.

### **APPOINTMENTS – ACADEMIC**

- 2014 Professor, Department of Kinesiology, CSU East Bay
- 2009- Professor and Chair, Department of Kinesiology, CSU East Bay
- 2007-2009 Professor, Department of Kinesiology, CSU East Bay
- 2006-2007 Interim Associate Dean, College of Education and Allied Studies, CSUEB
- 2005-2006 Professor, Department of Kinesiology, CSU East Bay
- 1999-2005 Professor and Chair, California State University-East Bay
- 1992-1999 Associate Professor - Department of Kinesiology  
University of Colorado, Boulder

1997-98 Visiting Lecturer  
Dept. of Kinesiology - San Francisco State University

1985-1992 Assistant Professor - Department of Kinesiology, University of Colorado,  
Boulder

1985-1999 Associate Member - Institute of Cognitive Science - University of  
Colorado, Boulder

1982-85 Research Associate - University of Colorado, Boulder while working  
outside the University

1981-82 Lecturer - University of Colorado, Boulder

1980 Project Assistant - Decision Development Corp. - Sacramento, CA

1977-81 Research Associate - University of California, Davis

1977-79 Lecturer - Department of Physical Education, California State University -  
Sacramento

1976-77 Faculty Appointment (Sabbatical Replacement) – Department of Physical  
Education, University of California, Davis

1973-74 Research Assistant - Motor Behavior Lab - University of Wisconsin

1972-73 Teaching Assistant - University of Washington

#### **MAJOR LEADERSHIP POSITIONS ( Additional listed elsewhere)**

1994-1997 President – Association for Applied Sport Psychology

1999-2005 Selected as outside Chair –Department of Kinesiology – CSU East Bay  
20 Faculty Members – Program included Athletics – 4 staff

2001-2004 President – North American Society for Psychology or Sport and Physical  
Activity

2004-2007 President – Division 47 – American Psychological Association

2006-2007 Interim Associate Dean – College of Education and Allied Studies

2009-2014 Professor and Chair – Department of Kinesiology – 700 majors – 10 full-  
time and 25 part-time faculty and 6 staff

2012-2013 Selected to serve on Planning for Distinction: Program Prioritization –  
Instructional Program Task Group

2014-2015 President, American Kinesiology Association

#### **RESEARCH INTERESTS**

##### Primary

Observational learning - particular interests focus the impact of models or video on learning, developmental and psychological considerations in sport, exercise and rehabilitation settings.

##### Secondary

Mental imagery; psychological factors related to exercise, stress and injuries  
exercise motivation; participation motives in youth sport and adult exercisers.

## **RESEARCH AWARDS/PROFESSIONAL HONORS**

**McCullagh, P.**, Stiehl, J. & Weiss, W.R. (1990). "Developmental modeling effects on the quantitative and qualitative aspects of motor performance."

For each annual volume, the Research Quarterly for Exercise and Sport chooses a paper that is an "outstanding contribution to scholarship and likely to effect theory and/or practice." The 1990 Research Consortium Research Award was awarded to the following article.

**McCullagh, P.** Selected as Scholar for the Annual Gerald P. D'Agostino Memorial Lecture (Distinguished Alumni Award). State University of New York at Brockport. March, 1996.

**McCullagh, P.** Received President's Award, North American Society for the Psychology of Sport and Physical Activity. June 1998. For outstanding contributions to the society.

**McCullagh, P.** Fellow, Research Consortium, American Alliance of Health, Physical Education, Recreation and Dance. March, 1998.

**McCullagh, P.** Fellow, Association for the Advancement of Applied Sport Psychology, October, 1991. (FAAASP)

**McCullagh, P.** Certified Consultant, Association for the Advancement of Applied Sport Psychology, 1992 (CCAASP)

**McCullagh, P.** Fellow, Division 47- Exercise and Sport Psychology, American Psychological Association, 1993. (FAPA)

**McCullagh, P.** Active Fellow (#431) in National Academy of Kinesiology. (Induction ceremony September, 2002) (FNAK)

**McCullagh, P.** (2005). Invited as Commencement Speaker, Centennial College. Declined due to conflict of dates with other professional obligations.

**McCullagh, P.** (2005). Nominated for an Ontario Premier Award for college alumni "for their outstanding contributions professionally."

## **RESEARCH**

### Articles/Reviews/Chapters

1. Livingston, M.V., Landers, D.M., & Dorrance – nee (**McCullagh, P.**) (1974). A comparison of coaching individual's motor performance for varying combinations of initial ability. Research Quarterly, *45*, 310-317.
2. **McCullagh, P.**, & Landers, D.M. (1975). A comparison of the audience and coercion paradigms. Psychology of Sport and Motor Behavior II, 209-220.

3. Wallace, S.A., & **McCullagh, P.** (1975). Retrieval factors in short term motor memory. Psychology of Sport and Motor Behavior II, 457-463.
4. **McCullagh, P.**, & Landers, D.M. (1976). Size of audience and social facilitation, Perceptual and Motor Skills, 42, 1067-1070.
5. Stelmach, G.E., Kelso, J.A.S., & **McCullagh, P.** (1976). Preselection and response biasing in short-term motor memory. Memory & Cognition, 4, 62- 66.
6. Landers, D.M., & **McCullagh, P.** (1976). Social facilitation and motor performance. In J.F. Keogh (Ed.), Exercise and sport sciences reviews (Vol. 4).(pp. 125-162). Santa Barbara: Journal Publishing Affiliates.
7. **McCullagh, P.** (1978). Social psychological considerations in performance. In F. Wilt, T. Ecker, & J.G. Hay (Eds.), Championship track & field for women. New York: Parker Publishing Co.
8. **McCullagh, P.** (1986). Model status as a determinant of observational learning and performance. Journal of Sport Psychology, 8, 319-331.
9. **McCullagh, P.** (1987). Model similarity effects on motor performance. Journal of Sport Psychology, 9, 249-260.
10. Benedetti, C.L., & **McCullagh, P.** (1987). Post-knowledge of results delay: Effect of interpolated activity on learning and performance. Research Quarterly for Exercise and Sport, 58, 375-381.
11. **McCullagh, P.**, & Little, W.S. (1989). A comparison of modalities in modeling. Human Performance, 2 , 101-111.
12. Little, W.S., & **McCullagh, P.** (1989). A comparison of motivational orientation and modeled instructional strategies: The effects of knowledge of performance and knowledge of results. Journal of Sport and Exercise Psychology, 11, 41-53.
13. **McCullagh, P.**, Weiss, M.R., & Ross, D. (1989). Modeling considerations in motor skill acquisition and performance: An integrated approach. In K. B. Pandolf (Ed.) Exercise and sport sciences reviews. (Vol. 17). (pp. 475- 513). Baltimore: Williams & Wilkins.
14. Blackwell, B., & **McCullagh, P.** (1990). Relationship of athletic injury to life stress, competitive anxiety and coping resources. Athletic Training, The Journal of the National Athletic Training Association, 25 23-27.
15. **McCullagh, P.**, & Little, W.S. (1990). Demonstrations and knowledge of results in motor skill acquisition. Perceptual and Motor Skills, 71,735-742.
16. **McCullagh, P.**, Stiehl, J., & Weiss, M.R. (1990). Developmental modeling effects on the quantitative and qualitative aspects of motor performance. Research Quarterly for Exercise and Sport, 61, 344-350.

17. North, T.C., **McCullagh, P.**, & Tran, Z.V. (1990). The effects of exercise on depression. In K.B. Pandolf (Ed.) Exercise and sport sciences reviews, (Vol. 18), (pp. 379-415). Baltimore: Williams & Wilkins.
18. **McCullagh, P.**, & Caird, J. (1990). Correct and learning sequence models and the use of model knowledge of results to enhance acquisition and retention of a motor skill. Journal of Human Movement Studies, 18, 107-116.
19. Hanson, S.J., **McCullagh, P.**, & Tonymon, P. (1992). The relationship of personality characteristics, life stress and coping resources to athletic injury. Journal of Sport & Exercise Psychology, 14, 262-272.
20. **McCullagh, P.** (1993) Modeling: Learning, developmental and social psychological considerations. In R.N. Singer, M. Murphey, & L.K.Tennant (Eds.) Handbook of Research on Sport Psychology (pp. 106-126). New York: Macmillan Publ. Co.
21. **McCullagh, P.** Matzkanin, K.T., Shaw, S.D., & Maldonado, M. (1993). Motivation for participation in physical activity: A comparison of parent-child perceived competencies and participation motives. Pediatric Exercise Science, 5, 224-233.
22. **McCullagh, P.** (1995). Sport psychology: A historical perspective. The Sport Psychologist, 9, 363-365.
23. **McCullagh P.**, & Noble, J.M. (1996). Education and training in sport and exercise psychology. In J.L. Van Raalte, & B.W. Brewer (Eds.). Exploring sport and exercise psychology. (pp. 377-394). Washington, DC: American Psychological Association.
24. **McCullagh, P.**, & Meyer, K.M. (1997). Learning versus correct models: Influence of model type on the learning of a free-weight squat lift. Research Quarterly for Exercise & Sport, 68, 56-61.
25. **McCullagh, P.**, & Noble, J.M. (1998). Measurement issues in exercise motivation: Personal Incentive for Exercise. In J. Duda (Ed.). Measurement issues in sport and exercise psychology. Fitness Information Technology. (pp. 316-369).
26. **McCullagh, P.** (1998). What is the applied in applied sport psychology? The role of integration. Journal of Applied Sport Psychology, 10, S1-10.
27. Weiss, M.R., **McCullagh, P.**, Smith, A. L., & Berlant, A.T. (1998). Observational learning and the fearful child: Influence of peer models on swim skill performance and psychological responses. Research Quarterly for Exercise & Sport, 69, 380-394.
28. Starek, J., & **McCullagh, P.** (1999). The effect of self-modeling on the performance of beginning swimmers. The Sport Psychologist, 13, 269-287.
29. **McCullagh, P.**, Weiss, M.R. (2001). Modeling: Considerations for motor skill performance and psychological responses. In R. N. Singer, H.A. Hausenblaus, & C.M. Janelle (Eds.). Handbook of Sport Psychology,(2<sup>nd</sup> Ed.), pp. 205-238. New York: Wiley.

30. **McCullagh, P.**, & Noble, J.M. (2002). Education for becoming a sport psychologist. In J.L. Van Raalte, & B.W. Brewer (Eds.). Exploring sport and exercise psychology (2<sup>nd</sup> ed.), pp. 439-458. Washington, DC: American Psychological Association.
31. **McCullagh, P.**, & Weiss, M.R. (2002). Observational learning: The forgotten psychological method in sport psychology. In J.L. Van Raalte, & B.W. Brewer (Eds.). Exploring sport and exercise psychology (2<sup>nd</sup> ed.), pp 131-150. Washington, DC: American Psychological Association.
32. Ram, N., & **McCullagh, P.** (2003). Self-modeling: Does watching yourself performance influence physical and psychological performance? The Sport Psychologist, 17, 220-232.
33. SooHoo, S., Takemoto, K.Y. McCullagh, P. (2004) A comparison of modeling and imagery on the performance of a motor skill. Journal of Sport Behavior 27, 349-366.
34. Yan, J.H., & McCullagh, P. (2004). Cultural influence on youth's motivation of participation in physical activity. Journal of Sport Behavior 27, 378-389.
35. Cumming, J., Ste-Marie, D.M., Clarke, S.E., & McCullagh, P., & Hall, C. (2005). The functions of observational learning questionnaire (FOLQ). Psychology of Sport and Exercise, 6, 517-537.
36. Ram, N., Riggs, S.M., Skaling, S., Landers, D.M., & **McCullagh, P.** (2007). A comparison of modelling and imagery in the acquisition and retention of motor skills. Journal of Sport Sciences, 25, 587-597.
37. **McCullagh, P.**, & Wilson, G. (2007). Psychology of physical activity: What our students should know. Quest, 59, 42-54.
38. Andersen, M.B., **McCullagh, P.**, & Wilson, G. (2007). But what do the numbers really tell us? Arbitrary Metrics in Sport Psychology Research. Journal of Sport & Exercise Psychology, 29, 664-672.
39. **McCullagh, P.** (2008). Practice considerations in golf: The role of observational learning. In Future of Golfers, De. Crews (Ed.), Energy in Motion, Mesa, Az. Pp. 233-251
40. **McCullagh, P.**, Law, B. & Ste-Marie, D (2012). Modeling and performance. In S. Murphy (Ed.). The Oxford Handbook of Sport and Performance Psychology. New York, Oxford Press, pp. 250-272.
41. Ste-Marie, D., Law, B., Rymal, A.M., O, J., Hall, C., **McCullagh, P.** (2012). Observational interventions for motor skill learning and performance: An applied model for the use of observation. International Review of Sport and Exercise Psychology, 1-32.
42. **McCullagh, P.**, Ste-Marie, D., & Law, B. (2014). Modeling: Is what you see, what you get? In J.L. Van Raalte, & B.W. Brewer (Eds.). Exploring sport and exercise psychology (3<sup>rd</sup> ed).. Washington, DC: American Psychological Association. pp. 139-162.

43. **McCullagh, P.**, & Noble, J.M., & Portenga, S. (2014). Education for sport and exercise psychology. In J.L. Van Raalte, & B.W. Brewer (Eds.). Exploring sport and exercise psychology (3<sup>rd</sup> ed.). Washington, DC: American Psychological Association. pp. 453-466.
44. Simons, J., O. J., & **McCullagh, P.**, Yin, Z. (in press). Introduction to sport psychology. In T.G. Reeve (Ed.), Introduction to Physical Education, Exercise Science and Recreation. To be translated in Chinese.

Murgio, M., O. J., & **McCullagh, P.** (in preparation). Visual and auditory models and perception.

### **INVITED PAPERS PRESENTED** (Not included on Abstract List)

#### A. Research

1. Landers, D.M., & McCullagh, P. The effect of S's anonymity and audience potential to evaluate S on rotary pursuit performance. University of Western Ontario, London, Ontario, April 1972.
2. Stelmach, G.E., & McCullagh, P. The locus of response biasing in short term motor memory. At the British Society of Sport Psychology, Sept. 1977.(Abstract).
3. McCullagh, P. The role of the sport psychologist for excellence in performance. Served on panel with T. Tutko, R. Singer, D. Landers & J. Williams. American Alliance for Health, Physical Education, Recreation & Dance. Seattle, WA, April, 1977.
4. McCullagh, P. Youth sport competition. Served on panel with D. Ryan and T. Scanlan. California Association for Health, Physical Education, Recreation, & Dance. San Francisco, CA. March 1978.
5. McCullagh, P. The use of videotapes to enhance skilled performance. Central District Association for Health, Physical Education, Recreation & Dance. Denver, CO, April, 1990.
6. McCullagh, P. Learning, developmental and social psychological considerations in modeling. Invited talk - Graduate Seminar Series - Dept. of Kinesiology, Kansas State University, February, 1991.
7. McCullagh, P. Is a picture worth a 1000 words? Observational learning effects on social and skill development. Invited colloquium, University of Oregon, October 1992.
8. McCullagh, P. Social Psychological and Learning Considerations in Observational Learning: Is correct always best? Skill Acquisition Conference, Columbia University, April 1993.

9. McCullagh, P. Is a picture worth a thousand words?: Observational Learning effects on psychological and motor skills. Kinesiology Konference, University of Colorado, February 1994.
10. McCullagh, P. Observational learning: Conceptual and applied issues. Center for Rehabilitation, Exercise & Sport Science. University of Victoria, Melbourne, Australia, August, 1995.
11. McCullagh, P. Observational learning: Application in, Wellness, Rehabilitation and Sport Settings. Kinesiology Colloquium Series, February, 1996.
12. McCullagh, P. Observational learning: Basic and applied research issues and applied research examples in rehabilitation, exercise testing and sport settings. University of Waterloo, June 1996.
13. McCullagh, P. Observational learning: Implications for Sport & Exercise Psychology Practice and Research. Invited Keynote Speaker. Canadian Society for Psychomotor Learning and Sport Psychology. October 22-25, Fredericton, New Brunswick, 1998.
14. McCullagh, P. Observational learning: Considerations for Coaches. At the University of Virginia Sport Psychology Conference, June 21-25, 1999.
15. McCullagh, P. Psychological factors and athletic injury: At the University of Virginia Sport Psychology Conference, June 21-25, 1999.
16. McCullagh, P. Practice Considerations in Performance. Psychology Department, UCLA, February, 2000.
17. McCullagh, P. Implications of Research on Teaching. Invited speaker at the Western Society for Physical Education or College Women Annual Conference. Nov 17-19, 2000.
18. McCullagh, P. Using observational learning to enhance physical and psychological skills: Implications for golf. Future of Golfers Scientific Conference. March 11-15, 2001. Tempe, AZ.
19. McCullagh, P. North American sport psychology: Integrating research and practice. Dept. of Psychology. Stockholm University, Jan 29, 2001.
20. McCullagh, P. Practice considerations for skilled performance. Department of Psychology, UCLA, November, 2001.
21. McCullagh, P. (2002). Seeing is believing: Using observational learning to modify physical and psychological skills; Invited talk for Sport Psychology Academy. American Alliance for Health, Physical Education, Recreation, and Dance, April. San Diego (p. 60).
22. McCullagh, P. (2003). Observational learning in sport, exercise, and rehabilitation settings. University of Nice, May.



23. McCullagh, P. (2005). A brief history of sport psychology, research, practice, and implications for teaching. Western Psychological Association, April.
24. McCullagh, P. (2005). What they see, may be what you get: Developing positive role models in youth sport. Youth Sport Summit. Springfield, March.
25. McCullagh, P. (2005). Developing positive role models in youth sport. Korean Alliance for Health, Physical Education, Recreation, & Dance. Seoul, Korea, August.
26. McCullagh, P. (2005). Using observational learning to enhance skill development and psychological behaviors in rowers. United Rowing Federation, Istanbul, November.
27. McCullagh, P. (2006). Presidential Address – “Laissez les bons temps roulez!”. Division 47 American Psychological Association, New Orleans, August.
28. McCullagh, P. (2006). Psychology of physical activity: What students should know? Academy of Kinesiology and Physical Education, Tuscon, September.
29. McCullagh, P. (2007). Invited Keynote. Observational Learning in Golf. Top 100 Teaching Professional Retreat. Pinehurst, North Carolina. March.
30. McCullagh, P. (2008). From Social facilitation (being watched) to Modeling (Watching). Tribute to Dan Landers. Pre Conference Symposium, North American Society for the Psychology of Sport and Physical Activity.
31. McCullagh, P. (2009). Teaching Sport Psychology Symposium. Association for Applied Sport Psychology, Providence, R.I.
32. McCullagh, P. (2011). Pre-Allied Health Education: Boon or Threat to Kinesiology? Invited panelist, American Kinesiology Association Annual Meeting, Dallas, Feb.
33. McCullagh P. (2011). History of Sport Psychology in North American Invited talks at Soochow University, China. November.
34. McCullagh, P. (2011). Research on Observational Learning and Imagery. Confounds in the Research. Beijing Sport University, November.
35. McCullagh (2011). Observational Learning: Does watching change our physical and psychological behaviors? Some methodological considerations. Invited Keynote. Beijing Sport University, November.
36. McCullagh, P. (2012). Invited Plenary Lecture. XIX National Congress of Italian Association of Sport Psychology. May. Verona, Italy

## B. Service

1. McCullagh, P. Volunteers: Recruiting, training and maintaining. Small Community Parks & Recreation Workshop, Avon, CO, April, 1984.

2. McCullagh, P. Competition in youth sports. Arvada Girls Softball Association, Arvada, CO. April, 1984.
3. McCullagh, P. Introduction to coaching effectiveness in youth sports. Green Mountain Junior Baseball. Lakewood, CO. April, 1985.
4. McCullagh, P. Competitiveness and the cost of winning. City of Broomfield, Dept. of Parks and Recreation, Broomfield, CO. June, 1985.
5. McCullagh, P. Sport psychology: Is it for you? Third annual Women and Minority Men for Athletic Leadership. Colorado Dept. of Education. Breckenridge, CO. April, 1986.
6. McCullagh, P. Goal setting for performance. CU Speed Skating Club, Boulder, CO. Sept. 1986.
7. McCullagh, P. Effective coaching leadership. Colorado Dept. of Education, Equity & Leadership Conference, Lakewood, CO. April 1987.
8. McCullagh, P. Goal setting for sport performance. Colorado Women's All State Conference. Boulder, CO. June, 1987.
9. McCullagh, P. Effective coaching leadership. Colorado Women's All State Conference. Boulder, CO. June 1987.
10. McCullagh, P. Sport psychology: Practical considerations for coaches. Boulder Valley Girls Softball. Boulder, CO. May 1987.
11. McCullagh, P. Leadership in youth sport programs. Colorado Association for Health, Physical Education, Recreation & Dance. Denver, CO. Sept. 1987.
12. McCullagh, P. Coaching concerns in youth sport programs. Colorado Dept. of Education - Educators for Athletic Equity and Leadership. Breckenridge, CO. April 1988.
13. McCullagh, P. Sport psychology, and sport pedagogy, Colorado Association for Health, Physical Education, Recreation & Dance. Vail, CO. Oct. 1988.
14. McCullagh, P. Developing a coaching philosophy. Colorado Department of Education - Educators for Athletic Equity and Leadership. Denver, CO, January 1989.
15. McCullagh, P. An overview and analysis of coaching education programs. Youth Sport Coalition Program, American Alliance for Health, Physical Education, Recreation & Dance. Boston, MA. April, 1989. A comparison of the ACEP and NYSCA Youth Sport Coaching Programs.
16. McCullagh, P. Coaches training in the sport sciences. The Psychology and Philosophy of Coaching. Aspen School District, Aspen, CO. May, 1989.

17. McCullagh, P. Developing a coaching philosophy and sport psychology for coaches. Fitness Resources Workshop, Denver, CO. August, 1990.
18. McCullagh, P. Youth sports: Beyond the 3 Rs. Boulder Valley School District - Eisenhower School - Boulder, CO. March 1990.
19. McCullagh, P. Coaching: Philosophy-Psychology. Fitness Resources. Denver, CO. February 1991.
20. McCullagh, P. Sport Psychology. Psi Chi and The Psychology Club. University of Colorado, November 1993.
21. McCullagh, P. The use of videotapes to enhance performance in archery. Junior Archery Development Camp, Arco Olympic Training Center, San Diego, April, 1996.
22. McCullagh, P. Integrating sport psychology with sports medicine. School of Medicine, University of California, San Francisco, November, 2000.
23. McCullagh, P. The role of sport psychology professional. School of Medicine, University of California, San Francisco, October, 2001.

#### Abstracts/Research Presentations

1. **McCullagh, P.**, & Landers, D.M. (1973). Social facilitation and motor performance: Drive summation or inverted-U? First Canadian Congress for the Multi-Disciplinary Study of Sport and Physical Activity, p. 27. (Abstract).
2. **McCullagh, P.** (1978). Model status as a determinant of attention in observational learning. Canadian Psycho Motor Learning and Sport Psychology Symposium, (Abstract).
3. **McCullagh, P.** (1986). Model Similarity as a determinant of attention in observational learning. Psychology of Motor Behavior and Sport, p. 139. (Abstract).
4. Little, W.S., & **McCullagh, P.** (1987). A comparison of modeling and knowledge of results. Psychology of Motor Behavior and Sport, p. 42. (Abstract).
5. **McCullagh, P.**, & Benedetti, C.L. (1987). Post-knowledge of results delay. Psychology of Motor Behavior and Sport, p. 45. (Abstract).
6. **McCullagh, P.**, & Little, W.S. (1987). The potency of information provided by various modalities in modeling. Psychology of Motor Behavior and Sport, p. 46. (Abstract).
7. **McCullagh, P.** (1987). Is a picture worth a thousand words? Cognitive, developmental & motivational considerations in modeling. Psychology of Motor Behavior and Sport, p. 4-6. (Abstract).

8. **McCullagh, P., & Caird, J.K.** (1988). A comparison of exemplary and learning sequence models and the use of model knowledge of results to increase learning and performance. Psychology of Motor Behavior, p. 116. (Abstract).
9. **McCullagh, P., North, T.C., & Mood, D.** (1988). Exercise as a treatment for depression: A meta-analysis. Psychology of Motor Behavior, p.82. (Abstract).
10. **McCullagh, P., Stiehl, J., & Weiss, M.R.** (1988). Developmental considerations in modeling: The role of visual and verbal models and verbal rehearsal in skill acquisition. Psychology of Motor Behavior, p.115 (Abstract).
11. North, T.C., & **McCullagh, P.** (1988). Aerobic and anaerobic exercise as a treatment for depression. Association for the Advancement of Applied Sport Psychology, p. 44. (Abstract).
12. **McCullagh, P., & Blackwell, B.** (1988). Relationship of life stress factors and competitive anxiety to injuries. Association for the Advancement of Applied Sport Psychology, p. 42. (Abstract).
13. North, T.C., **McCullagh, P.**, Tran, Z.V., & Walker, S.E. (1988). The effects of exercise on depression. A meta-analysis. Medicine and Science in Sport and Exercise. Supplement, 20, S.95. (Abstract).
14. **McCullagh, P., Stiehl, J., & Caird, J.** (1988). The dyadic relationship of parental and youth expectations: An exploratory analysis of motives and attitudes. American Alliance for Health, Physical Education and Recreation, p.127. (Abstract).
15. **McCullagh, P., Meriweather, A., Siegel, D., Bitzer, E., Gillan, L., & Little, W.S.** (1989). Testing an observational learning tool: The effectiveness of Sybervision on the learning of a tennis serve by novice players. American Alliance for Health, Physical Education, and Recreation, (Abstract).
16. **McCullagh, P., & Lethi, S.** (1989). The contribution of modeling and knowledge of results in learning task strategies. Psychology of Motor Behavior, p.75. (Abstract).
17. Caird, J.K., & **McCullagh, P.** (1989). Perception-action and cognitive representations in the observational learning of a cyclic motor patterns. Psychology of Motor Behavior, p. 69. (Abstract).
18. **McCullagh, P., Matzkanin, K., & Muldanado, N.** (1989). The relationship between youth and parental motives for sport participation, perceived competencies, and competitive anxiety. Association for the Advancement of Applied Sport Psychology, p. 75. (Abstract).
19. North, T.C., **McCullagh, P.**, & Tran, Z.V. (1989). Effect of exercise , p. 84. (Abstract).and psychotherapeutic treatments on depression: A meta-analysis. Association for the Advancement of Applied Sport Psychology

20. North, T.C., Tran, Z.V., & **McCullagh, P.** (1989). Effect of a single session of exercise on depression level: A meta-analysis. Association for the Advancement of Applied Sport Psychology, p. 85. (Abstract).
21. Foster, V.L., LeBaron, G.L., **McCullagh, P.**, & Dickinson, A. (1989). Physiological and psychological comparison of two elite women's soccer teams. Journal of Applied Sport Science Research, Vol. 3, p. 75. (Abstract).
22. **McCullagh, P.**, Burch, C.D., & Siegel, D. (1990). Correct and self-modeling and the role of feedback in motor skill acquisition. Psychology of Motor Behavior, p. 71. (Abstract).
23. Matzkanin, K., & **McCullagh, P.** (1990). An investigation of personal investment theory and adherence to an aerobic exercise program. Association for the Advancement of Applied Sport Psychology, p. 74. (Abstract).
24. Hanson, S.J., **McCullagh, P.**, & Tonymon, P. (1990). Psychosocial predictors of athletic injury in track and field athletes: A partial test of the Andersen and Williams model. Association for the Advancement of Applied Sport Psychology. p. 49. (Abstract).
25. **McCullagh, P.**, Matzkanin, K.T., & Figge, J.K.(1990). Personal investment in exercise: An examination of adult swimmers. Association for the Advancement of Applied Sport Psychology, p. 77. (Abstract).
26. Schuster, C.M., **McCullagh, P.**, & Caird, J.(1990). Physical activity commitment in college students. Association for the Advancement of Applied Sport Psychology, p. 107, (Abstract).
27. Meriweather, A., & **McCullagh, P.** (1990). Behavioral and psychological differences in eating disorders between athletes and non- athletes. Association for the Advancement of Applied Sport Psychology, p. 80. (Abstract).
28. **McCullagh, P.** (1990). An integrated approach to modeling and motor skill acquisition and performance: Psychological, developmental and learning considerations. International Congress in Sport Psychology, Montpellier, France. (Abstract).
29. **McCullagh, P.**, Noble, J., Starek, J., & Prestwich, P. (1991). Intrinsic motivation in scholarship and non-scholarship athletes. Psychology of Motor Behavior, p. 177. (Abstract).
30. Deakin, J., & **McCullagh, P.** (1991). Expert novice considerations in observational learning. Psychology of Motor Behavior, p. 8. (Abstract).
31. **McCullagh, P.**, & Noble, J. (1991). Observational learning: The forgotten method in psychological skill development. Symposium with M.R. Weiss and F. Flint. Association for the Advancement of Applied Sport Psychology, p. 98. (Abstract).
32. **McCullagh, P.**, Starek, J., & Prestwich, P. (1991). Psychological factors and athletic injuries: Past and present research and future directions. Symposium with C. Hardy, M.

- Sachs, R. Smith, J. Williams. Association for the Advancement of Applied Sport Psychology, p. 99. (Abstract).
33. Deakin, J.M., & **McCullagh, P.** (1991). Observer characteristics as a determinant of information in observational learning: An analysis of expert-novice differences. Psychology of Motor Behavior, (Abstract).
  34. Evans, K.J., & **McCullagh, P.** (1992). The use of videotapes, imagery, verbal cues and physical practice to enhance skilled performance. Psychology of Motor Behavior, (Abstract).
  35. Noble, J.M., **McCullagh, P.**, Deakin, J.M., Prestwich, P.B., Starek, J.E., Batzing, C.A. (1992). The practical approach to observational learning: A test of Sybervision. Psychology of Motor Behavior, (Abstract).
  36. **McCullagh, P.** Organized Symposium: "Sport Psychology: The First 100 Years." Division 47, American Psychological Association, Washington, D.C., August 1992.
  37. **McCullagh, P.**, Organized Sport Psychology Roundtable. Rocky Mountain ACSM, January 1993.
  38. Harris, J., Freedson, P., Liemohn, W., **McCullagh, P.**, Clark, D., Tappe, M., Yoshioka, C., Aten, R., Wughalter, E., Mawson, M., Howe, D. (1993). Who Needs Research? Promoting and Utilizing Research in AAHPERD RQES, 64, Supplement, A-119.
  39. Noble, J.M., **McCullagh, P.** & Byrnes, W.C (1993). Perceived exertion and feeling scale ratings before and after six months of aerobic exercise training. Journal of Sport & Exercise Psychology, 15, Supplement, S59.
  40. Byrnes, W.C., **McCullagh, P.**, Dickinson, A., & Noble, J. (1993). Incidence and severity of injury following aerobic training programs emphasizing running, race walking or step aerobics. Medicine and Science in Sport and Exercise. Supplement, 25, S81.
  41. Hart, E.A., Gould, D., Weiss, M., Danish, S., McCann, S., Carr, C., & **McCullagh, P.** Mentoring on mentoring: Finding the right match. Association for the Advancement of Applied Sport Psychology, Montreal, October, 1993. (Abstract)
  42. **McCullagh, P.**, Motivation in sport and exercise: New perspectives. Rocky Mt. ACSM, January, 1994.
  43. **McCullagh, P.**, Noble, J., Starek, J., Collins, J., Meyer, K., From MTV to MVP: Implications for Observational Learning. American Alliance for Health, Physical Education, Recreation and Dance, Denver, 1994.
  44. **McCullagh, P.**, Meyer, K., Bealmear, S., Foo, P., Geoffrion, S., Kleinman, T., Maller, B. The Influence of Correct and Learning Models and Feedback on Self-Efficacy and Acquisition of a Free Squat. American Alliance or Health Physical Education, Recreation and Dance. Denver, 1994.

45. **McCullagh, P.**, Noble, J. & Deakin, J. Observational learning: Motivational and gender considerations. Journal of Sport & Exercise Psychology, Supplement 16, S87.
46. **McCullagh, P.**, (1994) Psychological Factors and Athletic Injuries. Symposium at Association for the Advancement of Applied Sport Psychology, Lake Tahoe, p. 158 (Abstract).
47. Byrd, B.J., & **McCullagh, P.**, (1994). The relationship of personality factors, history of stressors and coping resources to injury in female basketball and volleyball collegiate athletes. Association for the Advancement of Applied Sport Psychology, Lake Tahoe, P. 56 (Abstract).
48. Meyer, K.N., & **McCullagh, P.**, (1994). The influence of personality factors, life stress, and coping strategies on the incidence of over-use injuries in long distance runners. Association for the Advancement of Applied Sport Psychology, Lake Tahoe, p. 163 (Abstract).
49. Noble, J.M., Byrnes, W.C., & **McCullagh, P.** (1994). The relationship between psychological stress and injury incidence and severity among female exercisers. Association for the Advancement of Applied Sport Psychology, p. 172 (Abstract).
50. **McCullagh, P.**, Noble, J., & Meyer, K. (1995). Personality factors, life stress and coping resources related to injury vulnerability in athletes and exercisers. Rocky Mountain ACSM, Dillon, Colorado. January.
51. Skaling, S. & **McCullagh, P.** (1995). A comparison of modeling and imagery. Journal of Sport and Exercise Psychology, 17, Supplement, S 96.
52. Collins, J.A., & **McCullagh, P.** (1995). Studying context: How do we conduct contextual research? Journal of Applied Sport Psychology, 7, Supplement, S2.
53. **McCullagh, P.** (1995). What is the applied in applied sport psychology? Presidential Address. Association for the Advancement of Applied Sport Psychology, New Orleans, Sept., 1995.
54. Starek, J., & McCullagh, P. (1996). The effects of self modeling on the performance of beginning swimmers. Journal of Sport & Exercise Psychology, 18, Supplement, S 79.
55. Kelley, R., & McCullagh, P. (1996). A comparison of modeling and imagery as an intervention with high school athletes: A single subject experimental design. Journal of Applied Sport Psychology, Supplement.
56. He, C., Landers, D.M., Knottinen, N., **McCullagh, P.**, & Westman, C. (1997). Emotional responding to simulated competitions among elite archers: Score differential and degree of perceived opponent challenge. Journal of Sport & Exercise Psychology, 19, Supplement, S64.
57. **McCullagh, P.** (1997). Supporting your habit: Getting funding from the USOC. Journal of Applied Sport Psychology, 9 Supplement, 124.

58. Noble, J.M., & **McCullagh, P.** (1998) Observational learning: Is a picture really worth a thousand words? Journal of Applied Sport Psychology, *10*, S164.
59. **McCullagh, P.**, Potter, L.J., & Laird, J. (1998). The use of coping models in modifying anxiety and self-confidence prior to exercise fitness testing. Journal of Sport & Exercise Psychology, *20*, S57.
60. McCullagh, P., Raedeke, T., & Zellner, M. (1999). Influence of model type and feedback on self-efficacy and performance. Association for the Advancement of Applied Sport Psychology, September, Banff
61. Ram, N., & **McCullagh, P.** (2000). Self-Modeling: How does it work? Southwestern Sport Psychology Meeting, Los Angeles, April, 2000.
62. **McCullagh, P.**, & Ram, N. (2000). A comparison of imagery and modeling. Journal of Sport & Exercise Psychology, Supplement.
63. **McCullagh, P.** (2000). Observational learning: Social learning symposium. French Sport Psychology Conference, Paris, July 2000.
64. **McCullagh, P.** (2000). Implications of research on teaching. Western Society for Physical Education of College Women, November, Los Angeles.
65. **McCullagh, P.** (2001). A comparison of observational learning and imagery. School of Education and Allied Studies, March 29.
66. Soo Hoo, S., Takemoto, Y., & **McCullagh, P.** (2001). An experimental comparison of modeling and imagery. Southwest Sport Psychology Meeting, April 20-21, Fullerton.
67. Ram, N., & **McCullagh, P.** (2001). Self-modeling: Seeing yourself perform influences psychological responses and physical performance. International Society Sport Psychology, Skiathos, Greece, May.
68. **McCullagh, P.**, & Hall, C. (2001). Introductory comments on observational learning and imagery. Canadian Society for Psychomotor Learning and Sport Psychology (p. 38).
69. Hall, C., & **McCullagh, P.** (2001). A comparison of modeling and imagery processes in motor skill performance and the need to determine the functional use of observational learning. Canadian Society for Psychomotor Learning and Sport Psychology (p. 40).
70. Cumming, J., Hall, C., Clark, S.E., Ste-Marie, D.M., & **McCullagh, P.** (2001). Development of the functions of observational learning questionnaire (FOLQ): An exploratory factor analysis. Canadian Society for Psychomotor Learning and Sport Psychology (p. 41).
71. Clarke, S.E., Stem-Marie, D.M., Cumming, J., Hall, C., & **McCullagh, P.** (2001). Development of the functions of observational learning questionnaire (FOLQ): A



- confirmatory factor analysis. Canadian Society for Psychomotor Learning and Sport Psychology (p. 42).
72. **McCullagh, P., & SooHoo, S.** (2001). Observational learning: The forgotten psychological factors in sport psychology and skills acquisition. Introducing graduate students to research. Western Society of Physical Education for College Women, November, Asilomar.
  73. **McCullagh, P.** (2002). Recent Research in Motor Behavior: Theory and Practice. (Symposium). Observational learning as an effective practice variable. American Alliance for Health, Physical Education, Recreation, and Dance, April. San Diego (p. 54).
  74. Yan, J.H., & **McCullagh, P.** (2002). Children's motivation in physical activity: Cultural influences. American Alliance for Health, Physical Education, Recreation, and Dance, April. San Diego (p. 90).
  75. SooHoo, S., Takemoto, K., & **McCullagh, P.** (2002). Modeling and imagery as interventions for skills acquisition. American Alliance for Health, Physical Education, Recreation, and Dance, April. San Diego (p. 90).
  76. **McCullagh, P.** (2002). Teaching the introduction of sport psychology to undergraduate students: Recommended activities and applications. Association for the Advancement of Applied Sport Psychology, October, Tucson. Symposium participant.
  77. **McCullagh, P.** (2002). Symposium: Enhancing coaching effectiveness: The interplay between research/theory and application in the field: Using modeling to enhance physical and psychological skills. Association for the Advancement of Applied Sport Psychology, October, Tucson.
  78. **McCullagh, P.** (2002). Symposium participant. Recent Research in Motor Behavior: Theory and Practice. Observational Learning as an Effective Practice Variable. American Alliance for Health, Physical Education, Recreation and Dance. San Diego, CA (p. 54)
  79. Clark, S., Cumming, J., Ste-Marie, D., **McCullagh, P.**, & Hall, C.R. (2003). Assessing the Concurrent Validity of the Functions of Observational Learning Questionnaire. *Journal of Sport and Exercise Psychology*, Supplement, June, p. 44.
  80. Clark, S., Cumming, J., Ste-Marie, D., **McCullagh, P.**, & Hall, C.R. (2003). A Reassessment of the Factor Structure of the Functions of Observational Learning Questionnaire. *Journal of Sport and Exercise Psychology*, Supplement, June, p. 47.
  81. **McCullagh, P.** (2004). Peer Modeling: Strategies for Enhancing Motor Skill Acquisition and Psychosocial Development. *Journal of Sport and Exercise Psychology*, Supplement, June p. 7. Including in Symposium "Peer-Assisted Learning (PAL) in Physical Activity Contexts: Theory, Research, and Application Relevant to Sport Psychology and Motor Behavior. (Weiss, M.R., Arripe-Longueville, F., McCullagh, P., & Stuntz, C.

82. Ram, N., **McCullagh, P.**, & Skaling, S. (2004). Assessing Differential Learning from Modeling and Imagery Interventions Using Latent Growth Curve Models. *Journal of Sport and Exercise Psychology*, Supplement, June, p. 152.
83. **McCullagh, P.** (2004) Respondent to Symposium “ From Ideas to Action: The Marketing of Sport Psychology Programs and Services. Danish, S., Petipas, A., VanRaalte, J., & Brewer, B. *Proceedings Association for the Advancement of Applied Sport Psychology*, , p. 13-14.
84. Johnson, A., Simons, J., & McCullagh, P (2009). Motivational differences as athletes transition from Division III to Division II athletics. *Western Society for Physical Education College Women*. November, Asilomar.
85. McCullagh, P. (2010). Using modeling to enhance physical and psychological skills. *The Sport Psychology and Sport Sciences Conference.. Lignano, Sabbiadoro, Italy.*
86. Regan, M.R., & McCullagh, P. (2010). Analysis of homologous reproduction in community college athletics: The forgotten institution. Paper presented at the annual conference for the North American Society for Sport Management, (NASSM), Tampa.
87. McCullagh, P. (2011). Respondent to Symposium. If a picture is worth a thousand words, then is combining observation and imagery worth a million? A symposium on the interaction between observation and imagery processes. Cumming, J, Williams. S, Law, B., Bolkowy, R., Latimer, A.E., Lawrence, G.P., Rymal, A., & Ste-Marie. D. *North American Society for the Psychology of Sport and Physical Activity*. Burlington, June.
88. Rymal, M., O., J., & McCullagh, P. (2012). Effective use of guided observation in physical education. *CAHPERD Conference, Pasadena, February.*
89. O, J., Law, B., McCullagh, P., Forrest, C., & Webb, S. (2012). “Watch this...”: Does the ‘how’ of observation-based intervention matter? *Journal of Sport and Exercise Psychology*.S57.
90. Ste-Marie, D. M, Law, B., Rymal, A. M., O, J., Hall, C., & McCullagh, P. (2012). An Applied Model for the Use of Observation. *Journal of Sport and Exercise Psychology*. S56.
91. McCullagh, P., Law, B., Ste-Marie, D., Rymal, A., O, J., & Hall, C. (2012). Presenting an Applied Model for the Use of Observation Interventions in Motor Skill Learning and Performance (Symposium). *Journal of Sport and Exercise Psychology*.S55.
92. Murgia, M., McCullagh, P. (2012). Modality differences in rhythm perception of human movement. 35<sup>th</sup> European Conference on Visual Perception, Sept. Alghero, Italy. P. 201.
93. O., J., McCullagh, P., & Rymal A. (2013). “Let me Show You”: An applied model for the effectives use of demonstrations in teaching. 11<sup>th</sup> Annual Conference – Hawaii International Conference on Education, Honolulu, January.

94. Ste-Marie, D., McCullagh, P., and Rymal, A. (2013). The applied model of the use of observation: Application for Occupational Therapists. American Occupational Therapy Association, San Diego, April 26..
95. O, J., McCullagh, P, Ste-Marie, D.M., Rymal, A.M., Hall, C., Law, B. (2013). The use of observation in rehabilitation settings: Application of an Applied Model. Presented at the European College of Sport Science, Barcelona, June 2013.
96. Sachs, M., Kamphoff, C., Dunwoody, D. Past, Present, and Future of AAASP Leadership: To Infinity and Beyond. Symposium. P. McCullagh Discussant. (I was unable to attend in person but did send some remarks). Association for Applied Sport Psychology, New Orleans, October, 2013.
97. O, J., Hamor, N., Strickland, A., McCullagh, P. (2014). Teaching for Transfer: Critical Discussion of a Psychological Skills Training Workshop Series for a Freshman College Population. Hawaii International Conference on Education. January.

#### Book Reviews/ Preface

McCullagh, P. (1979). Review: Sport psychology: An analysis of athlete behavior. W.F. Straub (Ed.). Movement Publications, Ithaca, NY. 1978, 295 pp. In Journal of Sport Psychology, p. 89-90. (Invited).

Preface to Weiss, M.R. ((2004). Developmental sport and exercise psychology: A lifespan approach. Fitness Information Technology, Inc.

### **GRANTS AND PROJECTS AND RESEARCH SUPPORT AWARDS**

#### Internal & External

Ryan, E.D., & McCullagh, P. (Co - PI). Attribution and perception of fatigue. Faculty Research Grant - University of California, Davis 1977. (\$5000).

McCullagh, P. (PI). Instructional Grant Program - Integrating computers in the classroom - Principles and Practices of Fitness Course - University of Colorado, Boulder. 1986. (\$5000).

McCullagh, P. (PI). Instructional Grant Program - Integrating computers in the classroom. University of Colorado, Boulder. 1987. (\$5000).

McCullagh, P. (PI). A comparison of videotape instruction and physical practice on form and accuracy in the tennis serve. United States Tennis Association. 1988. (\$500).

Little, W., & McCullagh, P. (Co - PI). A comparison of motivational orientation and instructional strategies on form and accuracy in tennis. United States Tennis Association, 1988. (\$500).

McCullagh, P. (PI). The use of videotape and imagery to enhance skilled performance. Central District AAHPERD Award, 1989-90. (\$1000).

McCullagh, P. (PI). Testing the effectiveness of Sybervision on the learning of the tennis serve. United States Tennis Association, May 1990. (\$950).

McCullagh, P. (PI). Psychological and social factors as determinants of athletic injuries. Council on Research and Creative Work, University of Colorado, January, 1991. (\$3000).

Byrnes, W.C., (Co - PI). McCullagh, P. (Co-PI). & Dickinson, A. (Co-PI). A comparison of the incidence and severity of injury between race walking, running and stepping. August 1991. Reebok International Ltd. (\$70,901).

McCullagh, P. (Co-PI). & Noble, J. (Co-PI). The effectiveness of video tapes for enhancing tennis performance. Central District AAHPERD Award, August 1991. (\$400).

McCullagh, P. Psychological factors and athletic injury. Faculty sponsored Undergraduate Research Opportunity Program. November, 1993. (\$1800).

McCullagh, P. Undergraduate Research Opportunity Program. Special Seminar. Observational Learning Techniques in Kinesiology. (\$4000).

Weiss, M.R., & McCullagh P. (1993). Influence of Coping Models on Learning. Sport Psychology Academy. AAHPERD. (\$1300).

Landers, D.M. & McCullagh, P. (Co-PI). United States Olympic Committee. Research & Training to Increase Archers' Proficiency in Competing in the New Olympic Round. (\$27,856). Jan 1995-Dec 95.

McCullagh, P.(P-I). United States Olympic Committee. Research and Training to Increase Archers Performance Through Self Modeling. (\$30,824). January 1996-December 97.

McCullagh, P. Professional Development Award, Observational learning: The forgotten psychological method in sport psychology. Western Society for Physical Education of College Women. November, 2000.

McCullagh, P. School of Education and Allied Studies, (SEAS), Research Fellow. Award for release for research, 2000-2001.

McCullagh, P. School of Education and Allied Studies (SEAS), Preparation of Publication Award, 2000-2001.

McCullagh, P. School of Education and Allied Studies (SEAS), Preparation of Publication Award, 2001-2002.

McCullagh, P. School of Education and Allied Studies (SEAS), Preparation of Publication Award, 2002-2003.

McCullagh, P. (2006). Awarded summer stipend from Research and Sponsored Programs, CSU East Bay to complete a project on observational learning. Project completed and manuscript accepted for publication.

McCullagh, P. (2012). Assumed PI of Kaiser Grant – Healthy Eating Activity Living - \$150,000

Served as Research/Project Assistant on the following grants and projects:

Socialization into sport involvement: A cross-national study. State University of New York at Brockport 1970-72.

Stelmach, G.E. National Institute of Mental Health, 22081-01. Served as research assistant on numerous experiments.

Stelmach, G.E. National Institute of Education, Grant NE-G-3-009. Served as research assistant on numerous experiments and projects.

Cost of Special Education Programs in California. Grant 57-B201-80- 3293-7100 for the California State Dept. of Education.

Undergraduate Research Opportunity Program (UROP). Projects Directed.

Ebel, C. A comparison of correct and learning sequence models (Funded), 1986.

Maldonado, N. Participation motives, competitive anxiety and perceived competencies of children and parents in youth soccer. (Funded), 1988-1989.

Lethi, S. The influence of modeling on strategies in skilled performance. (Funded), 1988-1989.

Shaw, S. Perceived competencies and competitive anxiety in children's sport. (Funded), 1990-91.

McCullagh, P. Team UROP grant. Psychological factors and athletic injury. (Funded), \$2000, 1993-94.

Sanford, C. Observational learning: The role of visual and verbal information in developing a cognitive representation. (Funded), 1994-95.

Expander, V., & Lewis, M. A comparison of gender differences in observational learning. (Funded), 1994-95.

Ritt, Ashley. The use of self-modeling videos for enhancing expert performance. (Funded), 1994-95.

UCB Hughes Initiative - Undergraduate Research Assistantship Program. Stan Royale Funded (\$1,800), 1995-96.

UCG Hughes Initiative - Undergraduate Research Assistantship Program.

Julie Nigg. Funded (\$1800). 1996-97.

## **EDITORIAL POSITIONS**

- 1978- 1980    Reviewer for Psychology of Sport and Motor Behavior.  
Champaign, Human Kinetic Publishers.  
(Review, provide editorial comments and select papers for inclusion in the annual proceedings).  
INVITED POSITION
- 1980            Project Assistant for Decision Development Corporation Critical analysis of "Cost of Special Education Programs in California - prepared under grant given by the California State Department of Education. (Also responsible for analysis and editing of some less extensive reports)
- 1979-81        Compiler - Journal of Sport Psychology  
(Survey relevant articles in numerous journals and prepare abstracts for inclusion in Digest section of Journal)  
INVITED POSITION
- 1979-81        Assistant Editor - Quest  
(Responsible for critical as well as technical editing of manuscripts) INVITED POSITION
- 1981            Compiled - Psychology of Sport and Motor Behavior - Abstracts (Technical production of abstracts for Annual Conference)
- 1986            Reviewer, Advances in Motor Development Research.  
INVITED POSITION
- 1979-90        Guest Reviewer - Journal of Sport & Exercise Psychology  
(Critical review and selection of articles for publication)  
INVITED POSITION
- 1978-90        Guest Reviewer - Research Quarterly for Exercise and Sport.  
Supplement.(Critical Review and selection of articles related to the social psychology of performance).  
INVITED POSITION
- 1982-2005     Guest Reviewer - Journal of Motor Behavior  
INVITED POSITION
- 1989            Reviewer - Dictionary of the Sport Sciences, Human Kinetic Publishers
- 1991-95        Editorial Board - The Sport Psychologist  
INVITED POSITION

- 1993-96 Section Editor - Psychology - Research Quarterly for Exercise & Sport
- 1990-2009 Editorial Board - Journal of Sport and Exercise Psychology.  
INVITED POSITION
- 1998- 2006 Editorial Board - Journal of Applied Sport Psychology. INVITED POSITION.
- 2000-Present Guest Reviewer – Perceptual and Motor Skills, Journal of Motor Behavior, Research Quarterly for Exercise and Sport, The Sport Psychologist
- 2011-2014 Founding editorial board – Kinesiology Reviews – Sponsored by National Academy of Kinesiology and American Kinesiology Association. INVITED POSITION
- 2011-2012 Invited to serve on board to choose research writing award for Research Quarterly for Exercise & Sport. INVITED POSITION.

#### **POSITIONS IN NATIONAL SOCIETIES**

- 1980-83 Publication Director - North America Society for the Psychology of Sport and Physical Activity. Coordinated publication of Tri-annual Newsletter of an academic research society and served on the executive decision making body of this organization.  
ELECTED BY MEMBERSHIP OF SOCIETY.
- 1988 Nominated to serve as Publications/Membership Director, Association for the Advancement of Applied Sport Psychology. DECLINED NOMINATION.
- 1988-89 Invited to serve on Past Presidents Council Ad Hoc Committee to determine potential name change and future directions of North American Society for the Psychology of Sport and Physical Activity.
- 1990 Nominated to serve as President, North American Society for the Psychology of Sport and Physical Activity.  
DECLINED NOMINATION.
- 1990-93 Social Psychology Chair, Association for the Advancement of Applied Sport Psychology. Responsible for organizing Social Psychology Program for annual meeting and serving on the Executive Committee. ELECTED BY MEMBERSHIP.
- 1992-94 Nominated to serve as Member-at-Large on Executive Board of Division 47, American Psychological Association. DECLINED NOMINATION
- 1992-94 Nominated to serve as Secretary on the Executive Board of the Research Consortium, AAHPERD.  
ELECTED BY MEMBERSHIP.

- 1992 Nominated President - North American Society for the Psychology of Sport & Physical Activity.  
DECLINED NOMINATION
- 1993 Nominated Secretary/Treasurer - Division 47, American Psychological Association.  
DECLINED NOMINATION
- 1994 Nominated President-North American Society for the Psychology of Sport & Physical Activity  
DECLINED NOMINATION
- 1995 Nominated President-Research Consortium, AAHPERD.  
DECLINED NOMINATION
- 1994-97 President - Elect, President, Past - President -Association for the Advancement of Applied Sport Psychology.  
ELECTED BY MEMBERSHIP
- 1998 Nominated for President, Division 47, Exercise & Sport Psychology, American Psychological Association.
- 2000-2002 Program Chair and Executive Board Member, Division 47 (Exercise and Sport Psychology), American Psychological Association.
- 2001-2004 President, North American Society for the Psychology of Sport and Physical Activity. ELECTED BY MEMBERSHIP.
- 2004-2007 President, Division 47, Exercise and Sport Psychology, American Psychological Association. ELECTED BY MEMBERSHIP.
- 2011-2014 ELECTED - Board of Directors, American Kinesiology Association
- 2011 ELECTED - Member-at-large Executive Committee – National Academy of Kinesiology
- 2011 ELECTED – Executive Committee (Secretary) American Kinesiology Association.
- 2013 ELECTED – President – American Kinesiology Association

**LIBRARY RESEARCH TO ASSIST IN COMPILATION OF THE FOLLOWING ANTHOLOGIES:**

Christina, R.W. Readings in the Psychology of Motor Skill Learning. Simon & Schuster, N.Y. 1972.



Christina, R.W., & Shaver, L.G. Biological and Psychological Perspectives in the Study of Human Behavior. Study of Human Behavior. Kendall/Hunt: Dubuque, 1972.

## **MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS**

NAK	National Academy of Kinesiology
NASPSPA	North American Society for the Psychology of Sport and Physical Activity
AAHPERD	American Alliance of Health, Physical Education, Recreation and Dance
AASP	Association for Applied Sport Psychology.
APA	American Psychological Association, (Division 47 - Exercise & Sport Psychology Member).
ISSP	International Society for Sport Psychology

## **COMMUNITY SERVICE**

### National/International

1971	Assistant Conference Organizer - Sport and Social Deviancy. State University of New York at Brockport.
1980	Sport Psychology Program Committee for North American Society for the Psychology of Sport and Physical Activity. Annual Conference - Boulder, CO. (Responsible for selecting papers deemed suitable for presentation). INVITED POSITION
1981	Conference Site Director - North American Society for the Psychology of Sport and Physical Activity. Annual Meeting, May. Hosted by University of California, Davis at Asilomar Conference Center. (Coordinated all aspects of a three day research conference including: conference program and packets, hosting of invited speakers, budget, publicity, dates, meals, housing arrangements, special events and publication of abstracts)
1985-86	Sport Psychology Program Committee - North America Society for the Psychology of Sport and Physical Activity - Scottsdale, AZ. Responsible for program development and selection of research papers). INVITED POSITION
1986	Nominations Committee, North American Society for the Psychology of Sport and Physical Activity. (Committee to determine Executive Board Candidates).
1988	Invited to serve on Research Consortium Program Evaluation Committee, American Alliance for Health, Physical Education, Recreation & Dance.

- 1989 Invited to serve on Dissertation Award Committee for the Sport Psychology Academy - Research Consortium. American Alliance for Health, Physical Education, Recreation & Dance.
- 1989 Invited to serve as external review for graduate thesis, McGill University, Montreal, Canada.
- 1989 Invited to review abstracts of submitted research for the Research Consortium of American Alliance for Health, Physical Education, Recreation & Dance for the 1989 New Orleans Convention.
- 1989-90 Sport Psychology Program Committee - North American Society for the Psychology of Sport & Physical Activity - Houston, TX. (Responsible for program development and selection of research papers).  
INVITED POSITION.
- 1990 Invited to review abstracts of submitted research for the Association for the Advancement of Applied Sport Psychology.
- 1990 Nominations Committee - North American Society for the Psychology of Sport and Physical Activity (Committee determines Executive Board Candidates).
- 1991 Conference Site Director - North American Society for the Psychology of Sport and Physical Activity. Annual Meeting - June 1991, Asilomar, California. (See above for duties).
- 1989-91 Invited to serve on Operating Guidelines Committee of the Research Consortium, American Alliance for Health, Physical Education, Recreation & Dance.
- 1991 Invited to serve on Dissertation Award Committee for the Sport Psychology Academy - AAHPERD.
- 1992 Review Panel Chair - Research Consortium - Sport Psychology. Convention Program.
- 1991-92 Invited to serve as Centennial Liaison for Division 47 (Exercise & Sport Psychology) of the American Psychological Association for the 100th Annual Meeting.
- 1992 Reviewer. Abstracts submitted for Dissertation Award. Association for the Advancement of Applied Sport Psychology.
- 1993 Reviewer, Division 47. Abstracts, American Psychological Association.
- 1993 Invited to serve on Dissertation Award Committee, Sport Psychology Academy - AAHPERD.

- 1993-94 Chair-Dissertation Award Committee-Association for the Advancement of Applied Sport Psychology
- 1998 External Program Reviewer -Committee Chair - Graduate Programs and Research - Physical Education and Recreation - University of Alberta-Edmonton, November, 1998.
- 2000-2001 Presidential Advisory Committee – North American Society for the Psychology of Sport and Physical Activity
- 2001-2010 Invited to review grants for Program of the Social Sciences and Humanities Research Council of Canada
- 2001-2010 Invited to review grants for National Science & Engineering Grant Program, Research Council of Canada
- 2001 Invited to submit vitae for consideration CSU External Review Team –CSU Los Angeles
- 2003-2004 Fellow Review Committee Chair, Academy of Kinesiology and Physical Education
- 2004-2005 Chair, Fellow Review Committee, Academy of Kinesiology and Physical Education
- 2005 External Reviewer – Program in Kinesiology – Queen’s University, Canada
- 2006 External Reviewer – Program in Kinesiology – McMaster University, Canada
- 2008 Liaison from North American Society for Psychology of Sport and Physical Activity to Division 47 (Exercise and Sport Psychology) of the American Psychological Association
- 2010 Fellow Review Committee – Association for Applied Sport Psychology
- 2012 External Reviewer – Tenure and Promotion – McMaster University, Canada.
- 2013 External Reviewer – Tenure and Promotion – University of British Columbia
- 2013 Fellow Reviewer – American Psychological Association

#### State

- 1987-89 Served on Ad Hoc Committee to the Colorado Department of Education - Coaching Education Advisory Committee.
- 1988 Invited to serve on Equity and Leadership Committee. Liaison to Colorado Department of Education. (Declined nomination).

- 1999           Invited to serve as Site Reviewer – Bureau for Postsecondary and Vocational Education, State of California
- 2002           Submitted materials (nominated by faculty member) to serve on CCTC team for Physical Education Single Subject Exam
- 2007           Invited to serve as External Review – CSU Fresno – Declined because Dean would not allow on university time
- 2011           External Reviewer – Department of Kinesiology, California State University, Northridge
- 2010-2014    Member C-ID Program Review Panel – Responsible for reviewing curriculum for possible transfer from community colleges to California State University.

University/College

- 1976-77       Distinguished Teacher Committee - All campus committee, University of California, Davis.
- 1986           Search Committee, Director of Academic Media Services. University of Colorado, Boulder.
- 1986-90       Freshman orientation tutoring, University of Colorado, Boulder.
- 1988           UROP (Undergraduate Research Opportunity Program). Evaluation Committee.
- 1987-90       Elected to Boulder Faculty Assembly, Committee on Faculty Women. University of Colorado, Boulder. (Resigned Committee, August, 1989).
- 1993           Transfer Advising, College of Arts & Sciences. University of Colorado, Boulder.
- 1994           Summer Transfer Advising, College of Arts & Sciences, University of Colorado, Boulder.
- 1995           UKAN, Unified Knowledge Access Network, Participated in Pilot Interview Project, University of Colorado, January 1995.
- 1995           Future Directions Committee, College of Arts & Sciences, University of Colorado, Boulder
- 1995           Appointed to Chancellor's Committee on Sexual Harassment.
- 1995           Nominated for Chancellor's Campus Committee on Women
- 1995           Asked to serve on Campus Committee to Review Athletic Department
- 1996-99       Elected to Boulder Faculty Assembly

1996-99	Elected to Intercollegiate Athletic Committee - Boulder Faculty Assembly
1999-2005	Council of Chairs, School of Education and Allied Studies, CSU-Hayward.
1999-2005	Member of School Council, School of Education and Allied Studies, CSU-Hayward
1999-2005	Member Council on Teacher Education, CSU-Hayward.
1999-2005	Member of University Athletic Council
1999-2001	Member, CIC Sub-committee on Critical Thinking, CSU-Hayward
2000-2001	Invited as one of four-members of the university faculty by the Executive Committee of the Academic Senate to develop a report on academic standards at CSU-Hayward.
2001-2002	Committee on Research – Standing Committee of Academic Senate CSU-Hayward.
2002-2003	Elected Chair, Committee on Research, CSU Hayward.
2002-2003	Member, Academic Senate, CSU Hayward
2003-2005	WASC – All University Planning Committee for University Accreditation, CSU Hayward
2003-2004	WASC – Evidence Committee, CSU Hayward
2004	Chair – Committee to Review AVP, CSU East Bay
2002-2004	University Student Mentor Program
2007-2008	Member Search Committee – Dean of College of Education and Allied Studies
2007-2008	Member University PTR Committee
2008-2009	Member College PTR Committee
2010	Search Committee – Dean – College of Education & Allied Studies, CSUEB
2009-2014	Member, Council of Chairs – CEAS – CSU East Bay
2011-2012	E-learning Committee – College of Education and Allied Studies
2012	Search Committee – Associate Provost, CSU East Bay
2012-2014	Selected to serve on Presidential Task Force – Planning for Distinction

- 2012-2013 Sub-committee – Strategic Planning Committee – College of Education and Allied Studies- CSU East Bay
- 2013 Member of College Accreditation Committee
- 2013 Chair Search Committee – Associate Dean – College of Education and Allied Studies – CSU East Bay

There may be other committees that are not listed.

Department

- 1983 Organized Ninth Annual Clare Small Lecture – CU Boulder
- 1986-88 Elected as Research Coordinator. Dept. of Kinesiology (Instituted departmental Research Bulletin- distributed campus-wide)  
(Co-coordinated - Departmental Honors Program).  
(Instituted Faculty Seminar Colloquium Program).  
(Coordinated Departmental Journal Clubs).
- 1986 Member, Ad hoc undergraduate committee.
- 1986-88 Advisory Committee, Department of Kinesiology.
- 1988 Organized American Alliance for Health, Physical Education, Recreation & Dance. Distinguished Scholar Award Presentation, February. University of Colorado campus.
- 1988-89 Graduate Committee, Department of Kinesiology.
- 1988-89 Evaluation Committee, Re-appointment Committee, Department of Kinesiology.
- 1989-90 Search Committee, Department of Kinesiology.  
Chair - Special Opportunity Hire.
- 1989-96 Welfare Committee, Department of Kinesiology.
- 1991 Organized retirement ceremonies for two faculty members.
- 1992 Started Undergraduate Kinesiology Majors Club and initiated departmental Graduation Ceremonies.
- 1992-93 Search Committee, Department of Kinesiology.
- 1993-94 Program Review Panel, Department of Kinesiology
- 1994-95 Search Committee, Department of Kinesiology

- 1995-96 Search Committee, Department of Kinesiology
- 1996-97 Search Committee, Department of Kinesiology
- 1999-2005 Department Chair, Kinesiology and Physical Education, CSU Hayward
- 2006 Invited and organized visit for Alliance Scholar – Dan Landers – for research talks at CSU East Bay, San Francisco State University and San Jose State University
- 2007 Member, Search Committee – Department of Kinesiology and Physical Education
- 2008 Member, Search Committee – Department of Kinesiology and Physical Education
- 2008-09 Assessment Coordinator – Department of Kinesiology
- 2009- Present Department Chair – Kinesiology CSUEB
- 2013 Invited and organized visit for Alliance Scholar – Karl Newell
- 2013-2014 College of Education and Allied Studies – Unit Accreditation and Assessment Task Force (CUAATF)
- 2013 Chair – Search Committee – Associate Dean – College of Education and Allied Studies

### Community/Professional

- 1988 Served as Advisor for Boulder Valley High School Internship Program.
- 1995-97 Assisted the Royal Winnipeg Ballet School develop a parent handbook

### **COURSES TAUGHT**

Research Methods (Graduate)

Psycho-Social Aspects of Physical Activity (Undergraduate)

Sport Sociology (Undergraduate)

Women and Sport (Undergraduate)

Social Psychology of Motor Performance (Graduate & Undergraduate)

Sport Psychology (Graduate & Undergraduate)

Experimental Problems in Social Psychology of Physical Activity (Graduate)

Motor Learning/Development (Graduate & Undergraduate)

Psychological Basis of Human Performance (Graduate)

Children in Sport: Psychological Considerations (Undergraduate)

Critical Thinking in Motor Behavior (Undergraduate)

Peak Performance (Undergraduate)

The Sport Experience (Undergraduate)

Principles and Practices of Fitness (Undergraduate)

Philosophy of Sport  
Psychological Kinesiology  
Aquatic and Swimming Courses - Beginning level through Lifesaving  
Swim for Fitness. Walk/Jog, Competitive Conditioning  
Computer Applications in Kinesiology– Developed on-line course  
Nutrition and Performance (On Line)  
Seminar in Sport Psychology  
Special topic graduate classes

### **SCHOLARSHIPS, AWARDS AND CERTIFICATION**

1968 R.D.A.O. (Recreation Directors' Assoc. of Ontario) - Bursary  
1969 Fitness and Amateur Sport Bursary - Government of Canada  
1970-72 Foreign Student Tuition Scholarships - S.U.N.Y. at Brockport  
1971 Student Government Scholarship - S.U.N.Y. at Brockport  
1972 Selected as Department Scholar - S.U.N.Y. at Brockport  
1970-72 Dean's List all semesters - S.U.N.Y. at Brockport  
1972 Graduated Summa Cum Laude - S.U.N.Y. at Brockport  
1974 Marie Carns Doctoral Fellowship - University of Wisconsin  
1974-76 Canada Council Doctoral Fellowship  
1984 Certified Level I Instructor - American Coaching Effectiveness Program.  
1984-86 State Director, American Coaching Effectiveness Program  
1991 Certified Consultant - Association for the Advancement of Applied Sport  
Psychology (#26)

### **THESES and PROJECTS- COMMITTEES**

#### **Masters - Chair**

Benedetti, C.L., Post KR delay and interpolated activity - University of California, Davis, 1977.

Andregg, J.A. Effects of team outcome upon causal attributions made by actors and observers -  
University of California, Davis, 1978.

Little, W.S. A comparison of motivational orientation and instructional strategies on form and  
accuracy in tennis. University of Colorado, Boulder. 1987.

Blackwell, B. The influence of life stress and competitive anxiety in athletic injuries. University  
of Colorado, Boulder. 1987. (Research Project).

Caird, J. Biological motion perception and coordinative action systems in the observational  
learning of a cyclical motor pattern. University of Colorado, Boulder. 1989.

Burch, D. The role of modeling and augmented feedback in skill acquisition. University of  
Colorado, Boulder. 1989.

Meriweather, A.L. Behavioral and psychological differences in eating disorders between athletes  
and non-athletes. University of Colorado, Boulder 1989.



- Siegel, D.S. A comparison of modeling and self modeling for enhancing efficacy and performance. University of Colorado, Boulder. 1990. (Research Project).
- Hanson, S.J. Predictive variables in athletic injury and illness: A partial test of the Andersen and Williams model. University of Colorado, Boulder. 1990.
- Matzkanin, K. An investigation of personal investment theory and adherence to an established exercise program. University of Colorado, Boulder. 1991.
- Schuster, C. Physical activity commitment in college students. University of Colorado, Boulder. 1990. (Research Project).
- Petersen, K. The effects of modeling and physical practice on performance of a golf swing. University of Colorado, Boulder. 1990. (Research Project).
- Evans, Kimberly. A test of the cognitive representation in observational learning. University of Colorado, Boulder. 1992.
- Byrd, B.J. The relationship of history of stressors, personality and coping resources with the incidence of athletic injury. University of Colorado, 1993.
- Collins, J.A. Application of the Eccles expectancy-value model of achievement choice to physical activity. University of Colorado, 1993
- Starek, J. A comparison of other and self-modeling in skill acquisition. University of Colorado, 1993.
- Meyer, K. The influence of personality factors, life stress and coping resources on incidence of injury in distance runners. University of Colorado, 1994.
- Skaling, S. A comparison of modeling and imagery. University of Colorado, 1995.
- Schwenz, S. The use of a modeling intervention for modifying self-efficacy and anxiety in a rehabilitation setting. University of Colorado, 1996.
- Goodin, K. A case study of psychological responses to injury. University of Colorado, 1997.
- Kelley, R. A comparison of modeling and imagery in high school basketball players. University of Colorado, 1997,
- Laird, J. The influence of coping models in exercise testing. University of Colorado, 1996.
- Potter, L. The influence of coping models on anxiety. University of Colorado, 1996.
- Johnson, J. Sources of anxiety in exercise stress testing. University of Colorado, 1999.
- Ram, N. Self-modeling as an intervention for psychological behaviors and performance. University of Colorado, 1999  
(Finished supervising while at CSU Hayward).

Takemota, Y. Modeling and imagery interventions. CSU, Hayward, 2000.

SooHoo, S. Modeling and imagery as interventions for performance enhancement. CSU, Hayward, 2000-2001.

Served as major advisor for a 4 graduate student stipends awarded by Associated Students, CSU, Hayward.

### **Masters - Committee-Member**

Flohr, J.A. Changes in echocardiography and related cardiorespiratory parameters during a twelve week post-training period. University of California, Davis, 1977.

Hagler, R.W. Racial stereotypes and attribution. University of California, Davis, 1978.

Harms, D.H. An exploratory study of attributional coding systems. University of California, Davis, 1978.

Waller, J. Eye color effects on reaction time. University of Colorado, Boulder, 1985.

Whitehead, R. Specific modes of arousal and anxiety elicited by technical rock climbing. University of Colorado, Boulder, 1984.

Yonge, K. Visual motor behavior rehearsal strategies. University of Colorado at Boulder, 1985.

Kelly, B.J. The influence of genetics on motor performance. University of Colorado, Boulder, 1985.

LeBaron, G. Physiological and psychological characteristics of elite women soccer players. University of Colorado, Boulder, 1985.

Pierce, G. Post knowledge of results delay and interpolated activity. University of Colorado, Boulder, 1986.

Welch, A. The Influence of variability of practice on motor schema representation and self-efficacy development. University of Colorado, Boulder. 1987.

Hadley, J.A. Two-dimensional location & distance cues in short-term motor memory. University of Colorado, Boulder, 1987.

Raymond, C. Incidence of injury and changes in VO<sub>2</sub> Max in low and high impact aerobics following training. University of Colorado, Boulder, 1989.

Harnischfeger, H. A comparison of incidence of injury and physiological changes between training programs based upon high impact aerobics and running. University of Colorado, Boulder, 1990.

Served as faculty mentor for Sonya Soo Hoo, Gabriel Wilson and Michael Regan (all secured CSU Forgivable Loans) All students published their completed research

In addition I have served as an outside reviewer on a number of theses from Canada and Australia.

### **Ph.D. - Co-Chair**

North, T.C. Exercise as a treatment for depression: A meta-analysis. (Ph.D. Education), University of Colorado, Boulder, 1988.

Noble, J. The influence of modeling on strategies and task types.(Ph.D. Education) University of Colorado, Boulder, 1997.

### **Ph.D. - Committee Member**

Adar, P. Proprioceptive sensitivity in athletes, musicians and controls: Magnitude estimation of frontalis tension. (Ph.D. Psychology), University of Colorado, Boulder, 1988.

Tarasewicz, Malva. The effects of physical practice, mental practice, and a model on learning and performing in violin playing. (Ph.D. Music, Dissertation Project), University of Colorado, Boulder, 1991.

Katz, Heddy. Ph.D. Teaching learning strategies to under-prepared students. (Ph.D. Education), November 1997.

Hatfield, David. (Ph.D., Clinical Psychology). University of Colorado, Boulder, 1997.

Meriweather, A. Intervention strategies for youth at risk. California School of Professional Psychology. (Ph.D. Clinical Psychology), 1997.

Dissertation Committee, California School of Professional Psychology, 2000.

### **Tenure and Promotion Reviews**

1999-Present I am often asked to serve as an external reviewer for candidates being considered for Promotion and Tenure at universities throughout the world.

### **Continuing Education/Professional Development**

October 1994. "Mental Skills Training for Enhanced Performance". Association for the Advancement of Applied Sport Psychology.

July 1994. Grant Writing Workshop. University of Colorado, Boulder.

October, 2000 Attended conference on “Chairing the Academic Department” hosted by American Council on Education.

October, 2002 – Supervision for Sport Psychology Workshop – Association for the Advancement of Applied Sport Psychology.

July 2003 – Learning to teach On-line. Participant in CEAS course developed by Jodi Servatius and Nan Chico.

2002-2003 -Attended and participated in two workshops directed at enhancing teaching for undergraduate students in sport and exercise psychology at national conferences.

Attended CSU Conference on “Facilitating Graduation”, Los Angeles. 2003

1999-Present - Attend Faculty Development Workshops per year to enhance my role as Department Chair and CSU faculty member.

Attended NCATE Workshop, Arlington Virginia, September. 2006

Selected to serve on Assessment Learning Community sponsored by Faculty Professional Development at CSUEB – 2007

Attended CSU Workshop on Situational Leadership – December 2010.