

ZáNean D. McClain

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EDUCATION

- Ph.D. **OREGON STATE UNIVERSITY** – Corvallis, Oregon
Nutrition and Exercise Sciences – Sport Pedagogy (Major), Movement Studies in Disability (Minor)
- M.S. **CALIFORNIA STATE UNIVERSITY** – Sacramento, California
Kinesiology – Sport Performance Option
- Teaching Credential **CALIFORNIA STATE UNIVERSITY** – Sacramento, California
- B.S. **CALIFORNIA STATE UNIVERSITY** – Sacramento, California
Kinesiology – Teaching Option
- A.A. **SACRAMENTO CITY COMMUNITY COLLEGE** – Sacramento, California

AREAS OF EXPERTISE AND INTEREST

- Enjoyment and physical activity levels of youth with and without disabilities in school physical education programs
- Teacher Effectiveness
- Adapted physical education; Motor difficulties

PROFESSIONAL TEACHING EXPERIENCE

- **Assistant Professor, California State University, East Bay, Hayward, CA September 2009-Present**
 - Prepare, teach and assess undergraduate and graduate students in a diverse set of courses which include
 - Elementary School Physical Education Methods
 - Secondary School Physical Education Methods
 - Physical Education for Exceptional Individuals
 - Individual and Dual Sports
 - Team Sports and Field Sports
 - Kinesiology Foundations/ Physical Education for the Classroom Teacher
 - Teaching and Coaching Effectiveness
 - Sport Education
- **Lecturer, California State University, East Bay, Hayward, CA September 2008-June 2009**
 - Prepare, teach and assess undergraduate and graduate students in a diverse set of courses which include

- Elementary School Physical Education Methods
 - Secondary School Physical Education Methods
 - Physical Education for Exceptional Individuals
 - Individual and Dual Sports
 - Team Sports and Field Sports
 - Kinesiology Foundations/ Physical Education for the Classroom Teacher
 - Instructional Method Single Subject
 - Programs and Facilities
 - Independent Study in Physical Education
- **Physical Education Teaching (PET) Option Coordinator, California State University, East Bay, Hayward, CA September 2008-Present**
 - Advise undergraduate and graduate students in the PET option.
- **Supervisor, California State University, East Bay, Hayward, CA September 2008-Present**
 - Supervise Professional Field Experiences for undergraduate students who are provided with hands-on experience at various public elementary and secondary school sites.
- **Graduate Teaching Assistant, Oregon State University, Corvallis, OR March 2007-June 2008**
 - Co-coordinated the Individualized Movement of Physical Activity for Children Today (IMPACT) program.
 - Organized the program for success, planned activities, supervised group leaders, volunteers and children with disabilities, implemented lessons and supported everyone involved within the IMPACT program. I also created weekly focus materials to benefit both the volunteers and students who participate in IMPACT.
- **Graduate Teaching Assistant, Oregon State University, Corvallis, OR September 2005-August 2008**

Planned and implemented lessons, prepared and graded course assignments, and created and proctored examinations for each of the following:

 - **Co-instructor** of the Physical Education Teacher Education (PETE) practicum, the Adapted Physical Activity course, the Physical Activity for Children course, and the Sport Education course.
 - **Instructor** of the Lifetime Health and Fitness lecture and laboratory courses (on-campus and online).
 - **Instructor** of Physical Activity of Courses which included Beginning Basketball, Competitive Basketball, Softball/Whiffleball, and Running/Jogging.
 - **Instructor** of the Methods of Study course.
- **Graduate Teaching Assistant, California State University, Sacramento, CA January 2004-May 2005**
 - Team taught undergraduate courses in the Kinesiology Department.
 - Observed and graded live teaching performances of undergraduate PETE students.

- **Physical Education Teacher, Noralto Elementary School (grades 1-6) in North Sacramento, CA January 2004- June 2004**
- **Substitute Teacher (K-12), Sacramento City Unified School District, CA June 2003- June 2007**
 - Primary School subjects – General Education and Physical Education
 - Secondary School subjects – Reading, Language Arts, and Physical Education

RELATED TEACHING EXPERIENCE

- **Independent Contractor for Sacramento City Unified School District, Sacramento, CA February 2005-June 2005**
 - Tutored for elementary and middle school students in Mathematics and Reading.
- **Tutor for the Physical Education Student Guidance Center at CSU, Sacramento, CA January 2001-May 2005**
- **Student Teacher Supervisor in the Physical Education Credential Program, California State University, Sacramento, CA January 2004-May 2004**
 - Conducted systematic observation (i.e., coded their teaching behaviors) of teaching performance, evaluated lesson plans, and held debriefing sessions on improving or maintaining their lessons.
- **Office and Field Manager for the Workforce Investment Act- Youth Program in Sacramento, CA June 2003-May 2004**
- **Group Leader for Americorps National Service at Williamson Elementary School, Rancho Cordova, CA January 2001- June 2002**
 - Developed curriculums, mentored, and tutored students.
- **Teacher Aide for the National Youth Sports Programs in Sacramento, CA June 2001- August 2001**

COACHING EXPERIENCE

- **Director and Coach for the Skyhawks Youth Sports Program in Sacramento, CA May 2002- August 2002**
- **Coach for Noralto Elementary School in North Sacramento, CA September 2001- May 2002**

PRESENTATIONS

- **McClain, Z.** (2010; November). *Trials and tribulations: Diary of a probational faculty member*. Will present at the Western Society for the Physical Education of College Women (WSPECW) Conference. Pacific Grove, CA.

- **McClain, Z.** (2010; November). *The effects of varying instructional approaches on perceived enjoyment and physical activity levels of students with disabilities during the health-related fitness portion in inclusive physical education.* Will present at the 39th National Adapted Physical Education Conference in conjunction with the North American Federation of Adapted Physical Education Symposium, Riverside, CA.
- McCubbin, J., Pitchford, E. A., Jin, J., Lee, M., **McClain, Z.**, & Yun, J. (2009, April). *What, why, and how? Physical activity promotion through APE.* Presented at the 2009 American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) National Convention. Tampa, FL.
- **McClain, Z.**, Yun, J., Cusimano, B., McCubbin, J., & van der Mars, H. (2008, November). *The effects of varying instructional approaches on perceived enjoyment and physical activity levels of students during the health-related fitness portion in inclusive physical education.* Presented at the Western Society for the Physical Education of College Women (WSPECW) Conference. Pacific Grove, CA.
- **McClain, Z.**, Pitchford, E. A., Jin, J., Templin, K., Moon, D., & Bryan, R. (2008, April). *Movement studies in disability at Oregon State University: Promoting adapted physical activity.* Abstract presented at the 2008 Texas Women's University Professional Preparation Workshop, Denton, TX.
- Pitchford, E. A., Jin, J., Moon, D., **McClain, Z.**, Templin, K., & Bryan, R. (2008, April). *Serving individuals with disabilities through community-based programs at Oregon State University.* Abstract presented at the 2008 Texas Women's University Professional Preparation Workshop, Denton, TX.
- **McClain, Z.** (2008, February). *Incorporation of fitness routines in physical education.* Presented at the 28th Annual Northwest Conference on Children's Physical Education K-8. Beaverton, OR.
- Bryan, R., & **McClain, Z.** (2007, February). *Adapted physical education practices.* Presented at the 27th Annual Northwest Conference on Children's Physical Education K-8. Beaverton, OR.
- Massa, A., Wegis, H., & **McClain, Z.** (2006, February). *Step and dance... How do salsa, meringue and pedometers mix together?* Presented at the 26th Annual Northwest Conference on Children's Physical Education K-8. Beaverton, OR.
- McNeil-Shelby, P., & **McClain, Z.** (2004, November). *Managing conflict in athletics.* Paper presented at the Western Society for the Physical Education of College Women (WSPECW) Conference. Wonder Valley, CA.
- **McClain, Z.** (2003; June). *The Workforce Investment Act-Youth Program.* Paper presented at the City of Sacramento Hall. Sacramento, CA.

PROFESSIONAL SERVICE

- **Conference Coordinator of “It’s a New Day: Come Play in the Bay and Learn!” in San Leandro, CA November 2009**
 - Coordinated a 1-day conference for Bay District professionals and future professionals gathering presenters, scheduling sessions, and providing Continuing Education Units for professional development.
- **Committee Member of the California Association for Health, Physical Education, Recreation and Dance (CAHPERD) May 2009 – Present**
 - Multicultural Dynamics Section Chair
 - Bay District Coordinator
- **Committee Member of the Council on Teacher Education Advisory Group January 2009 – Present**
 - As the PET Coordinator, I attend and discuss with other subject coordinators and department chairs the direction of teacher education programs, including seeking out various opportunities for students to be successful and effective assessment strategies.
- **Lead Author of the Commission on Teacher Credentialing (CTC), California State University, East Bay, Hayward, CA January 2009-Present**
 - Re-write standard areas that need improvement with regard to providing evidence for the renewal of the Physical Education Teacher program’s accreditation.
- **Member of the Physical Education Teaching Advisory Committee December 2009-Present**
 - One of five members who meet to create better opportunities for PET students’ success in the program.
- **Committee Member of the Western Society for the Physical Education of College Women (WSPECW) November 2009-Present**
 - Member at Large
- **Committee Member of the California Association for Health, Physical Education, Recreation and Dance (CAHPERD) October 2009 –March 2009**
 - Program Co-Chair of the 2009 Annual Conference
 - Assisted with the arrangements for all conference programs and events in order to create the best possible 4-day outcome.
- **Editor of Active Children in Corvallis, OR Spring 2008**
 - Sought out individuals and pertinent information to be placed into the annual newsletter within the Movement Studies and Disability program.
 - Read and edited all information before printing in order to make the most efficient and effective newsletter to be sent out into the community.
- **Abstract Writer for the Journal of Teaching in Physical Education in Corvallis, OR November 2005-September 2008**
 - Retrieved & Reviewed (R&R) articles quarterly, which were submitted into the review section of JTPE.
- **Research Assistant in Sacramento, CA March 2005- April 2005**

- Assistant in a pedometer investigation at a middle school in San Juan Unified School District.
- Collected, reported data, and distributed pedometers to approximately 100 grades 6-8 students.
- **Workshop Coordinator for the Fall Physical Education & Dance Workshop held at CSU, Sacramento September 25, 2004**
 - Informed potential participants about the workshop, ordered and delivered workshop materials, set up and broke down equipment, and helped presenters feel comfortable during their stay.
- **President of the Physical Education Club in Sacramento, CA September 2002- May 2003**
 - Filled out a number of important documents, attended workshops, recruited members and officers, and planned events (e.g., workshops, conferences, community service projects, socials, and fundraisers).

COMMUNITY SERVICE

- **Volunteer University Supervisor for Student Teachers in the Teacher Education Department at CSU, East Bay in Hayward, CA September 2010-Present**
 - Supervise student teachers by conducting systematic observation (i.e., code their teaching behaviors) of teaching performance, evaluate lesson plans, and hold debriefing sessions on improving or maintaining their lessons.
- **Volunteer for the Community for the Retarded and Handicapped (CARH) in Castro Valley, CA January 2009-Present**
 - Continuous development of a physical activity curriculum that meets the needs of the adults with mental retardation who are participants of CARH
- **Volunteered for the Sidekicks Cycle Winter Bike Camp in Sonoma, CA January 2009**
 - Volunteered teaching young boys and girls with multiple disabilities how to ride a bike at Sonoma State University.
- **Volunteer for the Physical Education Specialist Panel in Hayward, CA October 2008**
 - Volunteered on a panel with other professionals to interview qualified physical education teachers in the East Bay area for a specialist position through the Alameda County Office of Education.
- **Volunteer for Kids Day in Rancho Cordova, CA May 2001- May 2005**
 - Volunteered for large events (e.g., Winter Carnival, Martin Luther King, Jr. Day, Cesar Chavez Day, etc.) held for the children.
- **Volunteer for Project P.L.A.Y. in Antelope, CA June 2002**
 - Worked closely with a 16 year old female, who was living with a disability.

- **Volunteer for Project P.L.A.Y. in Sacramento, CA February 2002- May 2002**
 - Worked closely with a nine year old male, who was living with a disability.
- **Volunteer for the Sly Park Educational Center in Pollock Pines , CA August 2001**
 - Supervised a group of 24 youth during activities.
- **Volunteer for the Boys & Girls Club of Greater Sacramento, CA October 2001-December 2001**
 - Coordinated the computer lab, and administered monthly computer tests to youth that were interested in using the computers.

PROFESSIONAL DOCUMENTS

- **McClain , Z.**, & Kinesiology and Physical Educaiton Department Faculty (Approved January 2010). *Single Subject Matter Standards for the Single Subject Teaching Credential in Physical Education*. Accreditation Document, California State University, East Bay, Hayward, California.
- Rector, B., Quinney, D., Tindall, D., & **McClain, Z.** (2009). *2009 CAHPERD State Conference Highlights*: CAHPERD Journal, Sacramento, California.
- **McClain, Z.**, Yun, J., Cusimano, B., McCubbin, J., & van der Mars, H. (2008). *Enjoyment and physical activity levels of students with and without disabilities in physical education*. Doctorate's Dissertation, Oregon State University, Corvallis, Oregon. <http://hdl.handle.net/1957/9536>
- **McClain, Z.**, Solomon, G., & Valdez, L. (2005). *The link between teacher motivation and student attitudes toward physical education in middle schools*. Master's Thesis, California State University, Sacramento, California.

CERTIFICATES

- Certificate of Appreciation – Sidekicks Winter Bike Camp (January 19, 2009)
- Certificate of National Service—Americorps (July 26, 2002)
- Certificate of Professional Growth—The Patrick Victory's Elementary Workshop (September 29, 2001)
- Certificate of Completion—Communication & Conflict Assessment Resolution Training (September 7, 2001)
- Certificate of Completion—Sly Park Leadership Program (August 24, 2001)
- Certificate of National Service—Americorps (June 15, 2001)

AWARDS

- Ruth Gill-Hammond Fellowship – Oregon State University (May 2007)
- President's Educational Equity Scholarship – California State University, Sacramento (November 2004)
- James Bosco Award – California State University, Sacramento (May 2004)

- California Association for Health, Physical Education, Recreation and Dance CAHPERD Student Award – California State University, Sacramento (March 2004)
- Greg & Linda Grant Award - California State University, Sacramento (May 2003)
- James Echols Award – California State University, Sacramento (March 2003)
- Award for Community Service—Williamson Elementary, Rancho Cordova (June 5, 2002)

PROFESSIONAL MEMBERSHIPS

- American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD)
- Western Society for the Physical Education of College Women (WSPECW)
- California Association for Health, Physical Education, Recreation and Dance (CAHPERD)
- Delta Omega Delta Sorority ($\Delta\Omega\Delta$). A sorority that welcomes deaf, heard of hearing, and hearing individuals to join one another and make a difference in the mind set between both cultures.
- Oregon Association for Health, Physical Education, Recreation and Dance (OAHPERD) – 2006-2008