Program Overview

The MFT course work is geared towards a relational approach to counseling that focuses on multicultural diversity, collaborative treatment, wellness, resiliency, and recovery. Faculty orient students to promote resilience and practice strength-based interventions. Course work combined with clinical practicum training in the field prepares graduates to work from a relational perspective.

Prerequisite Requirements

- Prerequisites are not required for admission, but must be completed prior to start of graduate coursework in the Fall term of admission to the program.
- STAT 100 Elements of Statistics and Probability
- PSYC 340 Developmental Psychology
- PSYC 350 Personality Psychology
- PSYC 381 Psychopathology

Admission Requirements

- Bachelor’s degree from an accredited university
- Cumulative undergraduate GPA of 3.0
- University application (submitted via CSU online application)
- Department application
- Personal Statement
- Writing sample
- Three letters of reference
- Graduate Record Examination (GRE)

Information Sessions

Prospective Applicants are invited to attend our information sessions, conducted by our Program Coordinators on various dates and times. These sessions also include and open forum Q&A afterwards.

Sessions are often held October-January in the evenings. For the current information session schedule, please visit our website.

www.csueastbay.edu/epsy/info-sessions.html
Clinical Work and Fieldwork

Marriage and Family Therapists trainees are prepared for clinical work with people who are struggling with both normal life problems and more severe pathologies. We orient trainees to promote resilience and practice strength-based interventions. Coursework training, combined with actual practice in fieldwork and clinical placement sites, prepares Marriage and Family Therapist trainees to work from a relational perspective.

Marriage and Family Therapist trainees begin working in their placement sites during their second year of training. Fieldwork Placement sites are available throughout the Bay Area. Students complete their fieldwork training while completing course-related activities.

The MFT concentration prepares graduate students for clinical work in a wide variety of settings, such as community mental health based and county agencies, schools and universities, hospitals, business and industries, and private practice.

Cohort and Course Structure

A "cohort" is a group of professionals who enter, move through, and graduate from the program in the same group, at the same time. Cohorts foster learning communities where students and marriage and family therapist trainees support each other. The M.S. in Counseling with the MFT Option is a full-time, two-year program. Courses are offered in a defined cohort sequence during fall and spring terms, during the day, evening, and on some weekends.

Marriage and Family Therapy License Preparation

The department does not issue licenses. Our Counseling Programs is designed to meet the educational requirements for the California State MFT License issued by the Board of Behavioral Sciences. This license requires additional experience beyond degrees, as well as written and oral exams administered by the Board of Behavioral Sciences.

- Marriage and Family Therapy License
- 3,000 hours of supervised experience
- Standard Written examination and Written Clinical Vignette examination

Candidates successfully completing the program may apply for an MFT Intern License with the California Board of Behavioral Science; additional hours and an exam are required for licensure. Please refer to www.bbs.ca.gov for additional information.