

BS Recreation + MS Hospitality, Recreation, and Tourism FAST Programs

Note: There are 2 concentrations in the BS Recreation degree (no concentration and the Recreation Therapy concentration, and no concentrations in the MS HRT degree. The FAST program supports both bachelor's degree concentrations.

Total FAST Program Units (BS + MS) 120+18 = 138

Recreation, B.S. Program, (120 units)

Degree Requirements Unit-Outline

- A baccalaureate of science degree requires a total of 120 units:
 - The major requirements consist of 60-74 units;
 - General Education (GE) & Graduation Requirements (GR) consist of 52 units;
 - Free Electives may consist of 0-8 units (actual number of free elective units may depend on GE/GR units).

Note: It may be possible to double-count units within the graduation requirements or that a course may satisfy both a graduation requirement and a major requirement. Students should contact their program advisors for information.

Recreation Major Requirements (60-74 units)

HRT Foundational Core (11 units)

The 23 units of HRT Foundational Core represents the core coursework that every undergraduate student in the Hospitality, Recreation and Tourism department must complete in addition to their Major Core, Electives, and Concentration units.

- **HOS 100 - Professional Preparation** Units: 2
- **HOS 400 - Introduction to Finance in Hospitality, Recreation, Recreation Therapy, and Tourism** Units: 3
- **REC 100 - Introduction to Recreation and Recreation Therapy** Units: 3 ; Breadth Area: GE-4; Diversity
- **REC 200 - Serving Diverse Populations in Hospitality, Recreation, Rec Therapy and Tourism** Units: 3 ; Breadth Area: GE-4; Social Justice

Recreation Major Core (9 units)

The Recreation major core is 9 units of specific courses that lay a broad foundation in the recreation/leisure industry.

- **REC 215 - Special Events in Recreation** *Units: 3*
- **REC 230 - Introduction to Youth Development** *Units: 3 ; Breadth Area: GE-4*
- **REC 425 - Strategic Positioning in Recreation** *Units: 3*

FAST Program Courses

Students must complete four (4) courses of the following for 12 units:

- **REC 610 - Strategic Leadership and Ethics in HRT** *Units: 3*
- **REC 630 - Advanced Data-Driven Decision Making in HRT** *Units: 3*
- **REC 640 - Law and Risk in HRT** *Units: 3*
- **REC 670 - Advanced Marketing in HRT** *Units: 3*

Capstone Requirement (7 units)

The Recreation B.S. degree requires students to take an Internship Placement course as a capstone experience, including a 400 hour internship. Students taking the Recreation Therapy Concentration will have a 600 hour internship to complete.

Take one of the following pairs of courses, as appropriate to the concentration:

- **REC 475 - Internship Placement** *Units: 1*
- **REC 480 - Internship** *Units: 6*

OR

- **REC 476 - Recreation Therapy Internship Placement** *Units: 1*
- **REC 481 - Recreation Therapy Internship** *Units: 6*

Concentrations

To complete the Recreation major students must choose either one (1) of the following:

- **Recreation, B.S.** (pre-approved electives) (21 units)
- **Recreation, B.S.: Recreation Therapy Concentration**

Recreation B.S. Additional Coursework

Students opting out of the formal concentrations must take 21 additional units of coursework needed to meet the required units for the major. Elective courses to be approved by your advisor.

Required Courses

The following 2 courses are required:

- **REC 210 - Programming in Community Recreation, Sport and Camp** *Units: 3*
- **REC 340 - Sustainable Facilities, Parks and Open Space** *Units: 3 ; Breadth Area: Sustainability Overlay*

Elective Courses

Students will need to take additional elective courses, pre-approved by their advisor, to fulfill the concentration's 21 minimum units.

Recreation Therapy Concentration

The Recreation Therapy concentration for 35 units is designed to prepare students to work as allied health professionals with people who have special needs in clinical, residential, and community-based agencies. This option is specifically designed to meet the standards developed by the National Council for Therapeutic Recreation Certification (NCTRC) and the California Board of Recreation and Park Certification for Recreation Therapy.

Please Note: A grade of C- or better is required in all REC courses plus BIOL 270, HDEV 380, and the faculty program coordinator approved PSYC course in order to count toward the certification process.

- **BIOL 270 - Human Anatomy & Physiology I** *Units: 4 ; Breadth Area: GE-5B, GE-5C*
- **HDEV 380 - Lifespan Human Development** *Units: 3 ; Breadth Area: GE-UD-4*
- **PSYC 100 - General Psychology** *Units: 3 ; Breadth Area: GE-4*
- **PSYC 200 - Methods of Investigation in Psychology** *Units: 3*
 - Plus, one (1) PSYC course approved in advance by the faculty program coordinator.
- **REC 360 - Foundations in Recreation Therapy** *Units: 3 ; Breadth Area: GE-UD-4 ; Social Justice*
- **REC 361 - Recreation Therapy Diagnostic Groupings** *Units: 3*
- **REC 362 - Recreation Therapy Documentation & Assessment** *Units: 3*
- **REC 363 - Recreation Therapy Process & Techniques** *Units: 3*
- **REC 364 - Recreation Therapy Program Planning & Implementation** *Units: 3*
- **REC 365 - Advancement of Recreation Therapy Profession and Management** *Units: 3*

Other Undergraduate Degree Requirements

In addition to major requirements, every student must also complete the University's baccalaureate requirements for graduation, which are described in the [Undergrad Baccalaureate & Program Requirements](#) chapter of this catalog.

Hospitality, Recreation and Tourism Degree, M.S. Program (18 units)

The following departmental requirements are in addition to the university requirements:

Required Courses

The following 15 units are required:

- REC 600 - Foundations of Hospitality, Recreation and Tourism *Units: 3*
- REC 620 - Organizational Development in Hospitality, Recreation and Tourism *Units: 3*
- REC 650 - Fiscal Management in Hospitality, Recreation and Tourism *Units: 3*
- REC 660 - Sustainable Solutions in Hospitality, Recreation and Tourism *Units: 3*
- REC 680 - Trends and Issues in Hospitality, Recreation, and Tourism *Units: 3*

Note: The following course may be taken as an elective as interest in a particular topic dictates; see your program advisor:

- REC 697 - Special Issues in Hospitality, Recreation and Tourism *Units: 1-3*

Capstone Requirements

Complete the following course for 3 units. Contact your program advisor for scheduling direction.

- REC 693 - Applied Research Project *Units: 3*

Other Graduate & Post-Baccalaureate Degree Requirements

In addition to departmental requirements, every student must also satisfy the University requirements for graduation as described throughout this catalog. These include the 70% unit residence requirement; the five-year rule on currency of subject matter; the minimum number of units in 600-level courses; the “C” minimum grade for each graduate course; and the 3.00 grade point average in all units counted towards the degree.