

B.A. HUMAN DEVELOPMENT 2026-27 Catalog

MAJOR REQUIREMENTS: 53-55 units

Lower Division Requirements: 9 units

Classes may be taken at CSUEB, a community college, or another accredited college.

Select three 3-unit courses from the following categories, with no more than one course from each category:

- Anthropology (cultural or social)
- Psychology
- Sociology
- Human or child development
- Ethnic or area studies
- Human biology or physical anthropology
- Additional categories (e.g., statistics, gerontology, developmental disabilities) may be approved by the department

Upper Division Requirements: 44-46 units

All courses are 4 units each if not indicated otherwise.

Required Classes for all Human Development majors:

- HDEV 300 - Introduction to Human Development for Human Development Majors Units: 1
- HDEV 301 - Theories of Human Development Units: 4; Breadth Area: Social Justice Overlay
- HDEV 302 - Research Methods in Human Development Units: 4
- HDEV 311 - Infant and Child Development Units: 4
- HDEV 312 - Adolescence and Emerging Adulthood Units: 4
- HDEV 321 - Gender, Race & Class in Human Development Units: 4; Breadth Area: Diversity Overlay
- HDEV 322 - Adult Development and Aging Units: 4
- HDEV 400 - Futures and Careers for Human Development Majors Units: 1
- HDEV 401 - Applying Theories and Methods in Human Development Units: 4
- HDEV 499W - Senior Research Seminar Units: 4

All students additionally select a concentration and take three senior-level classes in their chosen concentration:

1. Early Childhood Development Concentration (12 units). Select any 3 courses from the following:

- HDEV 411 - Early Childhood Cognitive Development: Theory and Research Units: 4
- HDEV 412 - Early Childhood Social Development: Theory & Research Units: 4
- HDEV 413 - Children in Families and Communities Units: 4
- HDEV 414 - Creative and Artistic Development in Early Childhood Units: 4
- HDEV 419 - Contemporary Research Topics in Early Childhood Units: 4
- HDEV 423 - Child Language Development Units: 4

2. Childhood Development Concentration (12 units). Select any 3 courses from the following:

- HDEV 413 - Children in Families and Communities Units: 4
- HDEV 421 - Child Cognitive Development: Theory and Research Units: 4
- HDEV 422 - Social Development of Children: Theory and Research Units: 4
- HDEV 423 - Child Language Development Units: 4
- HDEV 424 - Global Perspectives on Childhood Units: 4
- HDEV 429 - Contemporary Topics on Children and Youth Units: 4

3. Adolescent Development Concentration (12 units). Select any 3 courses from the following:

- HDEV 431 - Prevention and Intervention in Adolescent Development Units: 4
- HDEV 432 - Social Dimensions of Conflict in Adolescent and Adult Development Units: 4
- HDEV 433 - Technologies, Media, and Adolescence Units: 4
- HDEV 439 - Contemporary Research Topics in Adolescent Development Units: 4
- HDEV 452 - Intimate Relationships Across the Lifespan Units: 4
- HDEV 453 - Sexual Orientations in Human Development Units: 4

4. Adult Development & Gerontology Concentration (12 units). Select any 3 courses from the following:

- HDEV 441 - Human Development and Work Units: 4
- HDEV 442 - Health and Aging Units: 4
- HDEV 449 - Contemporary Research Topics in Adulthood and Aging Units: 4
- HDEV 451 - Midlife Transitions Units: 4
- HDEV 452 - Intimate Relationships Across the Lifespan Units: 4
- HDEV 453 - Sexual Orientations in Human Development Units: 4

5. Women's Development Concentration (10 - 12 units):

Required:

- WOST 401 - Feminist Theory Units: 4; Breadth Area: Diversity

Select any 2 courses from the following:

- HDEV 452 - Intimate Relationships Across the Lifespan Units: 4
- HDEV 453 - Sexual Orientations in Human Development Units: 4
- HDEV 459 - Contemporary Research Topics in Women's Development Units: 4
- WOST 301 - Women and Work Units: 3; Breadth Area: Diversity
- WOST 302 - Women and Families Units: 3; Breadth Area: Diversity
- WOST 303 - Violence Against Women Units: 3; Breadth Area: Diversity
- WOST 402 - Women's Bodies and Health Units: 3; Breadth Area: Diversity
- WOST 403 - Comparative Perspectives on Global Feminism Units: 3; Breadth Area: Social Justice

HUMAN DEVELOPMENT ROADMAP: Fall Semester Start

√ IF TAKEN	REQUIRED AREA	COURSE	COURSE TITLE	PREREQS	UNITS
Junior Year: Fall Semester					
	Core	HDEV 300	Introduction to Human Development for Majors		1
	Core & Social Justice overlay	HDEV 301	Theories of Human Development		4
	Core	HDEV 311	Infant and Child Development		4
	Core & Diversity overlay	HDEV 321	Gender, Race, and Class in Human Development		4
				TOTAL:	13
Junior Year: Spring Semester					
	Core	HDEV 302	Research Methods in Human Development		4
	Core	HDEV 312	Adolescence and Emerging Adulthood		4
	Core	HDEV 322	Adult Development and Aging		4
				TOTAL:	12
Senior Year: Fall Semester					
	Core	HDEV 401	Applying Theories and Methods in Human Development	301 & 302	4
	Concentration	Varies	HDEV Concentration Class # 1		4
	Concentration	Varies	HDEV Concentration Class # 2		3-4
				TOTAL:	11-12
Senior Year: Spring Semester					
	Core	HDEV 400	Futures and Careers for HDEV Majors		1
	Capstone & WIC requirement	HDEV 499W	Senior Research Seminar	401	4
	Concentration	Varies	HDEV Concentration Class # 3		3-4
				TOTAL:	9
Any Term: Upper Division GE and Overlay Classes					
Overlay courses may be upper or lower division, and may also count toward GE or major					
	GE UD-5	Varies	Science Inquiry/Quantitative Reasoning		3
	GE UD-3	Varies	Arts or Humanities		3
	GE UD-4	Varies	Social Sciences		3
	Sustainability	Varies	Sustainability Overlay		3-4
				TOTAL:	9-12

HUMAN DEVELOPMENT ROADMAP: Spring Semester Start

✓ IF TAKEN	REQUIRED AREA	COURSE	COURSE TITLE	PREREQS	UNITS
Junior Year: Spring Semester					
	Core	HDEV 300	Introduction to Human Development for Majors		1
	Core	HDEV 302	Research Methods in Human Development		4
	Core	HDEV 312	Adolescence and Emerging Adulthood		4
	Core	HDEV 322	Adult Development and Aging		4
				TOTAL:	13
Junior Year: Fall Semester					
	Core & Social Justice overlay	HDEV 301	Theories of Human Development		4
	Core	HDEV 311	Infant and Child Development		4
	Core & Diversity overlay	HDEV 321	Gender, Race & Class in Human Development		4
				TOTAL:	12
Senior Year: Spring Semester					
	Core	HDEV 401	Applying Theories and Methods in Human Development	301 & 302	4
	Concentration	Varies	HDEV Concentration Class # 1		4
	Concentration	Varies	HDEV Concentration Class # 2		3-4
				TOTAL:	11-12
Senior Year: Fall Semester					
	Core	HDEV 400	Futures and Careers for HDEV Majors		1
	Capstone & WIC requirement	HDEV 499W	Senior Research Seminar	401	4
	Concentration	Varies	HDEV Concentration Class # 3		3-4
				TOTAL:	9
Any Term: Upper Division GE and Overlay Classes					
Overlay courses may be upper or lower division, and may also count toward GE or major					
	GE UD-B	Varies	Science Inquiry/Quantitative Reasoning		3
	GE UD-C	Varies	Arts or Humanities		3
	GE UD-D	Varies	Social Sciences		3
	Sustainability	Varies	Sustainability Overlay		3-4
				TOTAL:	9-12

Notes:

1. Take HDEV 300 in your first term. This is a 1-unit orientation course that will help guide you through the major.
2. HDEV 301 and HDEV 302 must be completed before taking HDEV 401. HDEV 401 must be completed before taking HDEV 499W.
3. Concentration courses may be taken in any order.
4. Students must take one course in each GE category: UD-B Science, UD-C Humanities, UD-D Social Sciences, Sustainability Overlay. These courses may be taken in any order. Please consult your [main advisor](#).
4. The above plan assumes that students have transferred to the program with 67 semester units. If you only have 60 units when entering, you need to earn the remaining 7 units as your general elective courses, any course(s) of your choice. Please consult your [main advisor](#).
5. The above plan *does not* include summer courses. Students who take summer courses will complete the major sooner.