

Recreation (and Recreational Therapy)

Internship/Student Volunteer Opportunities: September 2026

Camp Aranzazu Internship

Location: Rockport, Texas (along the coast!)

Employment Type: Seasonal (mid-May through mid-August), Internship or Fieldwork Placement

Compensation: Weekly stipend of \$375–\$400; housing and meals provided

Application Deadline: April 2027

Application Link: https://docs.google.com/forms/d/e/1FAIpQLSc6HzqC2I1-KtLAVW1510WSbiiDF33-Ce1E9ngVy33EnkVwuw/viewform?usp=send_form

Position Description: Activity Leaders create inclusive and adaptive recreation experiences for campers of all ages and abilities in a coastal residential camp setting. Responsibilities include leading activities such as kayaking, archery, sports, arts and crafts, nature education, and water games, with training provided. The camp serves children, teens, and adults with diverse medical, physical, emotional, social, and financial needs. For questions, contact Carleigh Mitchell at carleigh@camparanzazu.org.

Therapeutic Recreation Internship

Organization: Ascendigo Autism Services, Inc.

Location (City, State): Carbondale, Colorado

Internship Type: Unpaid

Compensation: Housing provided

Application Deadline or Posting Expiration Date: Deadline for Spring 2027 Internships-November 1st

RT Internship: Richard J. Donovan Correctional Facility

Location: San Diego, CA

Accepting students from CSU East Bay and CSU Long Beach

Internships available Spring, Summer, and Fall

Internships are **15 weeks/600 hours** or **20 hours per week/320 hours** under CTRS/RTC supervision, qualifying students for national and California certification. Interns will gain experience working as part of an interdisciplinary team and in all NCTRC/RTC job task domains while supporting RJD's mental health mission.

Applicants should be prepared to work with adult offenders (18–65+) with diverse mental health diagnoses. Strong boundaries, professionalism, and a desire to serve underserved populations are essential.

Apply with: Cover letter and resume to: marly.arroyo@cdcr.ca.gov & katie.franco@cdcr.ca.gov

Hayward Area Recreation and Park District (HARD)

Location: New State Agency Certified Site

Intern Supervisor: Marinita D. Santos, MS, CTRS, RTC

Email: sanm@rec.org

Phone: 510-996-0577

Address: 275 Goodwin Street, Hayward, CA 94544

Description of Agency:

Soresndale is an Adult Day Program for people with Intellectual/Developmental Disabilities. The program offered at Soresndale is similar to a school setting, with daily instruction. The daily courses focus on teaching skills that address the IPP goals participants are working on while enrolled at Soresndale. The program also offers community integration outings where participants practice their IPP goals, such as money management, social skills, transportation, and community exploration. Interns will learn how to utilize the APIE process in a community setting.

Greater Los Angeles Veteran Healthcare System Internship

NEW: National-certified & State-certified internship; partnered with CSU East Bay

To Apply: Send cover letter, 2 recommendation letters, and resume to: Myisha.jones2@va.gov

Questions: Call VA ofc (310) 478-3711 ext. 43578; VA cellular (626) 493-9269

Recreation Therapy Internships – San Quentin Rehabilitation Center

Internships are available in **Spring, Summer, and Fall.**

The fall internship is Friday, April 23, 2027; interviews will be held on Wednesday, April 28, 2027. Recreation Therapy Internships are 15 weeks/600 hours or 20 hours per week/320 hours under CTRS/RTC supervision, qualifying students for national and California certification. Interns gain experience in assessment, group facilitation, event planning, documentation, teamwork, and leadership within units that support San Quentin's mental health mission.

Applicants should be prepared to work with adult offenders (18–65+) with diverse mental health diagnoses. Strong boundaries, professionalism, and a desire to serve underserved populations are essential.

Apply with: Cover letter, 2 recommendation letters, and resume to: Stephanie.Vo@cdr.ca.gov | Jacob.Schmidt@cdr.ca.gov

Deadline and interview dates: The application deadline for the spring internship is Friday, October 23, 2026; interviews will be held on Wednesday, October 28, 2026. The application deadline for the summer internship is Friday, February 19, 2027; interviews will be held on Wednesday, February 24, 2027.

RT Internship Opportunity – Fall 2026 at Baywood Court Retirement Community

Baywood Court is currently accepting applications for its Fall 2026 Recreation Therapy Internship Program. Spots remain, and interviews are underway. Interested students are encouraged to contact Dior Baltazar, CTRS, RTC, for more information.

Baywood Court
21966 Dolores Street, Castro Valley, CA 94546
Phone: 510-733-2429

dbaltazar@baywoodcourt.org
www.baywoodcourt.org

Adult Day Health Program | Napa, California | Community Health Napa Valley

CTRS: Elizabeth McKay - elizabeth.mckay1@providence.org - 707-258-9087

Intern Learning Objectives: Under the guidance of a CTRS field supervisor, interns will work collaboratively with an interdisciplinary PACE team to develop person-centered, comprehensive support strategies that enhance outcomes for participants and their caregivers. Interns will gain skills in designing and executing safe, adaptive, and purposeful recreational activities within an Adult Day Health Services program. These activities aim to promote cognitive, emotional,

physical, and social wellness in adults dealing with traumatic brain injuries, strokes, dementia, and various other mental and chronic health conditions.

Paid Recreation Therapy Internship – Spring 2027

Location: California Institution for Men (CIM), 14901 Central Ave, Chino, CA 91710

Internship Pay Range: \$3,167.00 - \$4,268.00 per month

The California Institution for Men is accepting applications for four paid Recreation Therapy internship positions for the Spring 2027 semester. Applications are accepted through August 2026. The internship is planned to begin in January 2027.

How to Apply: Applicants should visit the CalCareers site using the link below and click “Apply Now.”

Those without a CalCareers account should click “Create Account” and follow the instructions. When prompted to indicate the basis of eligibility, applicants should type “non-testing classification.” Upload the necessary documents confirming that all required coursework for the internship has been completed. It is recommended, but not required, to include a letter of recommendation **along** with college transcripts and a resume.

Milieu Center Internship

Recreational Therapy interns work hands-on with adults (ages 18–59) to support behavioral and treatment goals.

Schedule: Paid internships in **Spring (Jan–May)** & **Fall (Aug–Dec)**, 40 hrs/week, \$18/hr || To Apply: Email resume to Austin@milieucenter.com.

Includes phone & in-person interviews + full-day observation.

Therapeutic Recreation Intern

Organization: The Traveling Gnomes

Location: Denver, Colorado

Internship Type: Full-time, Unpaid

Compensation: Opportunity for a weekly stipend

Application Deadline or Posting Expiration Date: Accepted on a rolling basis, currently seeking Spring interns

Environmental Traveling Companions (ETC) Internship

Join ETC's River Rafting, Sea Kayaking, or Youth LEAD summer programs promoting inclusive outdoor adventures. More info: <https://etctrips.org>

City of Sunnyvale Recreation Internship (Volunteer)

Contact: Susan Van Dyne – SVanDyne@sunnyvale.ca.gov

VA Palo Alto Recreation Therapy Opportunities

- Practicum: Learn more and apply here: <https://www.va.gov/palo-alto-health-care/work-with-us/internships-and-fellowships/recreation-therapy-practicum-student-program/>
- Internship: Learn more and apply here: <https://www.va.gov/palo-alto-health-care/work-with-us/internships-and-fellowships/>

AbilityPath – Fall/Spring Internship

Positions: 3 Paid RT Internships.

Contact: Chelsea Farrington – cfarrington@abilitypath.org, 650-468-8396. More info: Send resume & cover letter directly to Chelsea.

Wilderness Inquiry Canoeing Event (Berkeley)

Organization: BORP

Details: Free, inclusive canoeing event; no experience needed.

Sign up: <https://norcalsci.org/news/borp-welcomes-the-wilderness-inquiry-canoemobile-for-a-free-canoeing-event>

Conversations to Remember – Virtual Volunteer Program

Match with older adults for weekly video visits (1 hr/week, 16 weeks).

Learn more & sign up: www.ConversationsToRemember.org

Questions: Call 862-243-5331

Hayward Area Recreation & Park District (H.A.R.D) – Volunteer

Role: Assist with Adaptive Recreation for individuals with special needs.

More Info: <http://haywardrec.org/183/volunteer>

Contact: Mae Bailey – baim@haywardrec.org – 510-881-6778 (office) || 510-591-2684 (cell)

Akhila Health

Description: Akhila Health is a non-profit organization whose mission is to promote holistic wellness to underserved populations, especially women who may have been homeless, battered, or experienced low income. We are looking for volunteer workshop facilitators, certified yoga instructors, or arts and crafts leaders interested in developing and/or leading educational workshops in person at our partner sites or on Zoom. Our organization is based in the Bay Area (California), but remote positions are available for virtual workshops.

If you are interested, please check out Akhila Health's website linked above, or email **Dr. Prema Rao** at prema@akhilahealth.org for more information.

ATRA Recommended RT Group to Join

The RT Listserv is a valuable resource for connecting with other RTs, sharing resources, asking questions, finding CEU opportunities, getting help with research, and finding job openings.

To join, email **Tim Passmore** at tim.passmore@okstate.edu and let him know you'd like to be added to the RT Listserv.