Recreation Therapy

Possible Career Options

- Correctional Facilities
- Health and Wellness Centers
- Hospitals
- Mental Health Facilities
- Military Recreation
- Nonprofit Organizations
- Outdoor Recreation Facilities
- Recreation Therapy
- Recovery Treatment Centers
- Rehabilitation Camps
- Rehabilitation Centers
- Senior Service Centers
- Skilled Nursing Facilities
- Sports Management
- Wilderness Rehabilitation Treatment Center
- Youth Centers
Bachelor of Science in Recreation
Concentration in Recreation Therapy

Recreation Therapists provide therapeutic recreation services and treatment services to people with illnesses or disabilities to enhance their health, functional abilities, independence, and quality of life.

Graduates of the program will have knowledge of the foundations of therapeutic recreation service delivery and be able to identify recreation therapy interventions for cognitive/developmental disorders, physical/medical impairments, and psychiatric disorders.

The Recreation Therapy program is designed to prepare students to become Certified Therapeutic Recreation Specialist (CTRS) and/or Recreation Therapist Certified (RTC) by the National (NCTRC) and State (CBRPC) boards.

Flexible
Classes offered online, in-person, and hybrid. Work while simultaneously completing courses.

Learn by Doing
Apply course knowledge to real-world situations.

Career Development
Take your career to the next level with a Bachelor of Science degree.

Educated and Experienced
Faculty have practical experience and are dedicated and committed to supporting your learning and success.

For more information
csueastbay.edu/hrt (510) 885-3043
hrt@csueastbay.edu Visit us in PE-130