Physical Education teachers are professionals who incorporate scientific and humanities knowledge of physical activity into their pedagogy, to prepare students to be active for life. To teach at a public school you must complete an approved teacher preparation program and be credentialed. This is regulated by the California State Board of Education. Each state has its own credential/licensure process and while states have reciprocity agreements credential/licensure in one state may not apply to all states.

Where can I find more information?
There are numerous national and state organizations that offer information on a career in physical education. Nationally visit the Society of Health and Physical Educators (SHAPE) website.
https://www.shapeamerica.org/

At the state level visit The California Teachers Association and California Association for Health, Physical Education, Recreation and Dance websites.
https://www.cta.org/Professional-Development.aspx
https://cahperd.org/