BACHELOR OF ARTS IN
LIBERAL STUDIES

The Liberal Studies Major aims to provide a rich liberal arts educational experience through selected courses from a wide range of academic disciplines, while at the same time allowing students to select a field for in-depth study of their own interest. The broad-based, interdisciplinary nature of Liberal Studies provides a solid well-rounded undergraduate educational experience, integrating knowledge from arts and humanities, social science, and natural sciences, with analytical and communication skills well suited for many careers and professions.

The major consists of a common core and a choice from three concentrations, designed to meet diverse student interests and needs not only for school teaching, but also for leadership in government, non-profit organizations, and business, and for graduate education in law, counseling, social work and services, public affairs and administration, and educational leadership. Its well-rounded curriculum provides robust preparation for future teachers. The LBST major is officially recognized as a pathway for students who want to become elementary school teachers. It satisfies the subject matter requirements for future multiple subject teachers, waiving the requirements for the CSET exams.

In addition to the field of education, our graduates have also pursued advanced degrees in counseling, education, law, environmental studies, mathematics, English, psychology, film studies, library science, linguistics, theology, and more. Many of our alumni work in public service, resource policy, technology and innovation, library studies, creativity and communication, social media, education, health, and criminal justice.

Program Learning Outcomes
1. demonstrate solid understanding of major contemporary global issues about individuals, society, and nature, by integrating interdisciplinary knowledge of humanity, social science, and natural science, with more in depth understanding of one specialized subject area or discipline;
2. apply methods of different disciplines to critically thinking about these issues;
3. communicate ideas clearly and persuasively in speech and writing;
4. work with others in teams collaboratively and productively, showing sensitivity and respect for others, and readiness to learn from others;
5. demonstrate commitment to promoting social justice, diversity, democratic values, and sustainable environment.

Liberal Studies (B.A.) (120 units)
LBST 201 introduces important concepts of interdisciplinary study and should be taken either before or concurrently with the Core Courses, usually no later than the junior year. Students are strongly encouraged to complete all Core Courses before taking LBST 499, the culminating experience for the major, in the senior year.

Core Requirements
Liberal Studies majors must complete the following core coursework. Please note that the core requirements also satisfy the upper-division GE requirements in areas C4, D4, and B6.

Liberal Studies Courses
Complete all:
LBST 201 Introduction to Liberal Studies 3
LBST 223 Education for Liberation 3
LBST 499 Liberal Studies Senior Seminar 3

Humanities Courses
Complete all:
ART 120 Art of Asia and the Pacific World 3 (OR ART 221)
ENGL 204 Writing About Literature 4
HIST 101 World History I 3

English, Math, and Expressive Basic Skills Courses
Select one:
ENGL 303W Advanced Expository Writing 4
ES 300W Writing for Social Justice 3
Take both:
MATH 318 Mathematical Contributions to Modern Society 3
THEA 341 Dramatic Activities for Children 3
Select one: (OR other course equivalent to GE-B4): MATH 118 Mathematics for the Arts and Humanities 3
MATH 118E Mathematics for the Arts and Humanities with Extra Support 4

Social Science, Natural Science, & Critical Thinking Integration Courses
Complete all:
ANTH 300 Anthropology of Global Change 3
ENSC 320 The Science of Global Change 3
PHIL 311 Environmental Ethics 3
Select one:
CHEM 100 Introduction to College Chemistry 3
GEOL 100 Earth Systems Science 4
PHYS 115 Elementary Physics 3

Human Development and Social Context Courses
Complete both:
HDEV 381 Interdisciplinary Perspectives on Lifespan Human Development 4 (OR HDEV 311)
HIST 382 California and the World 3

Concentrations
1. Teacher Preparation Concentration (34-36 units)
Complete all:
BIOL 100 Biology in the Real World 4
ENGL 463 Children’s Literature after 1900 4
KIN 321 Elementary Classroom Teachers as Movement Educators 4
SCI 308 Hands-On Science Teaching 1
Select one:
ART 102 2D Processes 3
DANC 341 Dance for Children 3
TED 420 Art Skills for Teachers 3
Select one:
ANTH 340 Language and Culture 3
ENGL 351 Modern English Grammar 4
HDEV 423 Child Language Development 4
Select one:
PH 115 Human Health and Wellness 3
PH 270 Investigating Disease Outbreaks and Epidemics 3
PH 440 Global Health and Disability 3

Complete both (6 units):
TED 301 Introduction to Education 3
TED 302 Introduction to Teaching 3

Select one:
ENGL 309 Major Works of British Literature 4
ENGL 320 Major Works of American Literature 4
ES 304 American Indian Oral Literature 3
ES 322 Oral Traditions 3
ES 340 Black Literature 3
ES 361 Asian Immigrant and Refugee Women in Literature and Cinema 3
ES 382 Women of Color Writers: Race, Sex, and Resistance 3
OR Upper Division (300 and up) Ethnic Studies literature course 3

Select one:
HIST 488 Education & American Democracy 3
PHIL 371 Philosophy of Education 3

2. Early Childhood Education Concentration (32-33 units)
The Early Childhood Education (ECE) concentration prepares students to become teachers in preschool to third grade (PK-3) settings. Completion of 24 ECE semester units or 36 quarter units at the undergraduate level and a multiple subject credential allows a student to self-nominate for the PK-3 Early Childhood Specialist Credential, recently approved by the CTC.

Select one (3-4 units):
ANTH 110 Introduction to Biological Anthropology 3
BIOL 100 Biology in the Real World 4

Select one (3 units):
HIST 488 Education and American Democracy 3
PHIL 371 Philosophy of Education 3

Complete all (26 units):
ENGL 463 Children's Literature after 1900 4
TED 301 Introduction to Education 3
TED 302 Introduction to Teaching 3
TED 470 Early Childhood Education: Integrated Language & Literacy Development 3
TED 471 Early Childhood Education: Integrated Math and Science 3
TED 472 Early Childhood Education: Integrated Arts and Social Studies 3
TED 473 Early Childhood Education: Inclusive Practices 3
TED 474 Early Childhood Education: Professional Seminar and Practicum 4

3. Liberal Arts Concentration (24-26 units)
Select one:
ANTH 110 Introduction to Biological Anthropology 3
BIOL 100 Biology in the Real World 4

Select one:
Upper division English literature (ENGL 322, 323, 324, 327, 328) 4
Upper division Ethnic Studies (see below) 3
ES 302 Eating the Landscape 3
ES 303 Debates in Contemporary Native America 3
ES 304 American Indian Oral Literature 3
ES 305 Reel Injun: American Indians in Film 3
ES 306 American Indian Liberation 3
ES 307 God is Red: American Indian Worldview 3
ES 308 Cultures of Habitat 3
ES 320 The Chicano/a Movement 3
ES 321 Chicana Feminisms 3
ES 322 Oral Traditions 3
ES 323 Latinx and Latin American Film 3
ES 324 Latin American Immigration 3
ES 325 Mexico Before Spain 3
ES 326 Peoples of Central America 3
ES 327 Decolonize Your Diet 3
ES 328 Afro-Latinx Cultures, Identities, Histories 3
ES 338 Asian American Politics 3
ES 340 Black Literature 3
ES 341 Enslavement and Resistance in the Americas 3
ES 342 James Baldwin 3
ES 343 Black Power 3
ES 344 Malcolm X: Third World Revolutionary 3
ES 345 Jazz Cultures and Communities 3
ES 346 Afrofuturism 3
ES 347 Black Sexualities 3
ES 360 Asian American Intimacies and Families 3
ES 361 Asian Immigrant and Refugee Women in Literature and Cinema 3
ES 362 Concentration Camps, USA 3
ES 363 Asian American & Pacific Islander Film Festival 3
ES 364 Asian American & Pacific Islander Communities 3
ES 365 Asian American & Pacific Islander Environmental Voices 3
ES 366 Pinayism: Filipina Experiences and Activism 3
ES 370 South Asian American Communities 3
ES 380 Queer of Color Histories, Cultures, and Identities 3
ES 381 Racialized Masculinities 3
ES 382 Women of Color Writers: Race, Sex, and Resistance 3
ES 384 Interracial Sex and Marriage 3
ES 389 Engaging Communities of Color 3
ES 395 Muslims in the Americas 3

Complete (3 units):
HIST 389 Social Justice and Reform Movements in America 3

Depth of Study Coursework
Complete either A OR B for a minimum of 15 units:

Depth of Study A
Students may create a special depth of study with the help of an advisor. All fifteen (15) units must be unique and cannot be used to satisfy any other components of the Liberal Studies major. At least twelve (12) units must be upper-division. GS courses may not be used for this requirement.

Depth of Study B
Select any Minor offered by any department or program in the CSEB catalog. At least fifteen (15) units in the minor must be unique and cannot be used to satisfy any other components of the Liberal Studies major.