The 25 Group
In each music binder, songs were assigned to promote mutually supportive partnerships. The Drifters, a popular 1960s soul group, was one of the first to popularize this approach. The 50 minute sessions consisted of the following elements:

**Music and Impairment-Based Therapy**
- Mobile Intervention Therapy (MIT) adopts music for evidence-based practice in aphasia rehabilitation. It combines traditional therapy techniques with mobile apps, providing a fun and engaging way to practice key language skills.

**Rehearsal Structure**
- Two 25 minute segments were organized with familiar and repeatable songs.

**Singing Supports**
- Participants were encouraged to use gestures and/or visual aids to promote singing.

**Visual Accommodations**
- Lyrics were projected on a large screen.

**Additional Singing Supports**
- Wing Chun kung fu-inspired movements were incorporated to enhance the rhythm of the songs.

**Role of the Supervisor**
- The supervisor, a Speech Language Pathologist (SLP), directed the choir.

**Choir Selection Process**
- Participants were selected by the director based on their progress in language and communication skills.

**Quality of Life**
- Members indicated a high level of satisfaction with their participation in the choir. This led to increased social interaction, improved mood, and a greater sense of belonging.

**Aphasia Education and Advocacy**
- Choir members were encouraged to advocate for their education and improve their standards of living.

**Measures & Feedback**

**Surveys**
- Questionnaires were distributed at the beginning and end of the program to assess participants' satisfaction and progress.

**Qualitative Data**
- Members expressed feelings of joy, enhanced communication, and increased social interaction.

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**Background**

Music and Life Participation Approach to Aphasia

A Life Participation Approach to Aphasia (LPPA) empowers musicians to achieve educational and personal goals through music. It promotes rehabilitation, enhances independence, and increases participation in daily activities.

**Choir Description**
- The 25 choir is a mixed-gender choir consisting of individuals with aphasia and their caregivers.

**Efforts to Increase Member Participation**
- Regular choir meetings were held, allowing members to interact and build relationships.

**Sample Song Reports**
- "I Can See Clearly Now" by Al Green

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**For Further Information**

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