

Instructions for Writing a Self-Evaluation

A *self-evaluation* is to be written immediately after each therapy session, on a separate sheet of paper. The purpose of the self-evaluation is for you to analyze your behaviors and effectiveness as a clinician. Although it is not graded, your supervisor will review and may offer comments, and will be a reflection of your self-analysis skills.

There is an expectation/ASHA standard that each clinician will improve in their ability to objectively critique their therapy, interventions, cues, client's response, etc., over the course of the quarter. You will find that it is a valuable record of your perception of your clinical skills throughout the quarter. Please do not focus on client's behaviors. This is a self-evaluation of your clinical skills.

1. Describe three aspects of your session or clinical behaviors which seemed particularly effective. Describe how these were positive and the impact on the client, their progress, your progress, etc. Areas to consider (this is not an inclusive list):

- Choice of activities and materials
- Verbal stimuli (response elicitation and task instructions)
- Reinforcement (type, delivery, timing, schedule)
- Data collection
- Facilitation of transitions
- Time management/maximizing responses/productivity
- Clinical flexibility
- Behavior management
- Communication with family members
- Incidental teaching
- Task modifications

2. Considering the same list, discuss three areas of weakness that were apparent to you during this session, and how these impacted your client, their progress or your progress. In addition, discuss the specific changes you plan to make prior to, or within your next session, to improve upon each of those weaknesses.