

Let Go of the Distress! A Brighter Future Is Ahead!

走出困境! 光明在望!

Words on Clouds

Happiness

幸福

Success

成功

Fulfillment

滿足

Hope

希望

Positive

積極

Friendship

友情

Motivation

勵志

Words on Rocks

All Ages

Loss of interest

失去興趣

Shame

沒面子

Bad temper

暴躁

Isolated

孤立

Low self-esteem

自卑

Life is meaningless

生存沒意義

Tired

疲倦

Worry

擔憂

Insomnia

失眠

Hopeless

失望

Feeling down

失落

Loss of appetite

沒有食慾

Poor concentration

不能專注

Adults

Bodily aches and pains

渾身疼痛

Loss of social status

沒地位

Loss of emotional control

情緒失控

Isolated

孤立

Loss of interest

失去興趣

Stress

壓力

Shame

沒面子

Worry

擔憂

Insomnia

失眠

Hopeless

失望

Anger

生氣

Feeling down

失落

Loss of appetite

沒有食慾

Poor concentration

不能專注

Older Adults

Burden (to others)

負累

Poor memory

記性差

Lonely

孤單

Loss of interest

失去興趣

Tired

疲倦

Helpless

無助

Worry

擔憂

Insomnia

失眠

Hopeless

失望

Confused

困惑

Feeling down

失落

Loss of appetite

沒有食慾

Poor concentration

不能專注