

### Overview of the San Francisco Bay Area Integrated Behavioral Health MSW Training Program

The San Francisco Bay Area Integrated Behavioral Health MSW Training Program (IBH Training Program) is funded by the Health Resources and Services Administration's (HRSA's) Behavioral Health Workforce Education and Training Initiative and managed by San Jose State University (SJSU). Its primary goal is to prepare new MSWs to provide effective interprofessional, team-based behavioral health care services in primary care settings that serve under-resourced populations and areas in the Bay Area. Its secondary goal is to train social work faculty and practicum supervisors in the integration of primary and behavioral health care so they can support wider implementation of the IBH model in education and service settings.

### Trainee Eligibility Criteria

- The IBH Training Program is open to CSUEB MSW students who are:
  - o Entering the second/advanced year of MSW study in the Community Mental Health concentration
  - o In good academic standing
  - o Matched/matching with eligible IBH practicum placements for the proposed training year
- Because this is a federally funded training project:
  - o Trainees may NOT accept any other federally funded stipends for the same academic year (i.e. IV-E, APS)
  - o Trainees must be able to provide proof of U.S. citizenship or U.S. national status

### Trainee Selection Criteria

The IBH Training Program seeks MSW students who demonstrate:

- Acceptance at an eligible practicum training placement site where behavioral health care is *integrated* with primary care service delivery for underserved populations
- Interest in and commitment to learning about the IBH model and the integration of primary care and behavioral health care
- Linguistic and cultural competencies that align with the needs of underserved consumers in the Bay Area
- Interest in and commitment to completing non-credited trainings on interprofessional team-based care
- Commitment to providing behavioral health care to underserved communities/areas after MSW graduation

### Course and Seminar Requirements

- Advanced year behavioral health-focused courses and practicum seminars as specified by the MSW program
  - o These should be the advanced year behavioral health practice and policy courses and practicum seminar
- IBH Training Program Seminar: Online seminar for IBH trainees from all four Bay Area MSW programs
  - o Eight monthly meetings at days/times TBD in Fall 2025

- o Two options (one daytime, one evening)
- o Led by SJSU and BHWET IBH project faculty

### Interprofessional Education (IPE) Requirements

- IPE involves engaging in practice training with students from other health disciplines
- IBH Training Program requires trainees to complete three IPE trainings through Samuel Merritt University's Health Sciences Simulation Center
  - o 1: IPE Passport modules (self-paced, fall semester)
  - o 2: TeamSTEPPS training (two meetings, fall semester)
  - o 3: Student Hotspotting course (two Saturday mornings, five weekday evenings, small group work, fall semester) OR Patient Safety & Communication course (self-paced prep work, one course meeting, spring semester)

### Practicum Training Requirements

- Advanced year practicum placement at a training site where behavioral health care is **integrated** with primary care delivery, and where training includes opportunities for **interprofessional education** and **team-based practice**
  - o Sites serving medically underserved consumers (HRSA definition: site with facility or population-based HPSA scores of 16 or higher) are strongly preferred
  - o Federally Qualified Health Centers are strongly preferred
  - o Sites that offer training experiences related to family violence and the behavioral health needs of children and youth are also especially desirable

### Additional Requirements

- Occasional participation in program meetings and trainings with trainees, faculty, and practicum supervisors
- Participation in the Annual San Francisco Bay Area Integrated Behavioral Health Symposium (TBD)
- Completing pre-/post-surveys and other measures required for program evaluation and program reports to HRSA during the training year
- Providing updated contact information and completing annual follow-up surveys about post-training career and employment for three years after MSW graduation

### Placement Issues to Consider

- IBH Training program practicum placements must involve providing behavioral health care that is clearly and meaningfully integrated with primary care, ideally for medically underserved populations
- If care is not *fully* integrated, MSWs must work to link chronic/complex patients to primary/specialty care
- If care is inpatient only, sites must employ specific programs/procedures to coordinate with and/or transition patients to primary and/or specialty care
- Behavioral health placements that are located next to/with primary care services but do not actually meaningfully integrate care are NOT eligible

### Funding and Stipends

- 2024-2025 will be the fourth year of a four-year funding cycle for the IBH Training Program
- For academic year 2024-2025, we anticipate awarding 6 IBH Stipends to CSUEB students
- The IBH stipend funding for MSW students is \$10,000 per academic year
- Stipends will be distributed in two disbursements:

- o \$5,000 in ***mid to late*** fall semester 2024
- o \$5,000 in ***mid*** spring semester 2025

### **Application Process**

- More information about the application process will be provided to current CSUEB foundation year MSW students in the spring semester.

If you have any questions about the IBH MSW Training Program, please email [tracey.zahradka@csueastbay.edu](mailto:tracey.zahradka@csueastbay.edu).