



Alumni Network:
Bong P. Dizon "06"



Area of focus.
Dance.

Describe your career, especially what you are doing now.

I am currently dancing for Amalgamate Dance Company, based in New York City. Prior to that, I was a member of Six Degrees Dance Company and performed at Merce Cunningham Dance. Recently, I restaged excerpts from Alice In Love? as my debut work for Bleeding Toe Dance Company, of which I am the founder and artistic director. This summer I will be in the Bay Area choreographing Hairspray at Woodminster Amphitheatre and I will also be in the ensemble of Music Man.

How has your Cal State experience helped you career-wise?

My Cal State Hayward career has helped me in many ways. What I appreciate most about the program is that I was able to be free in my creativity. I learned to be open and to think outside the box. Each of my professors were very encouraging while at the same time giving me the needed push to go beyond my creative and technical capacities. I also valued the resources that I had while I was at CSUH. Those resources, along with a myriad of classes, helps me even now in every aspect of theatre and dance, from set design to costume design and construction. It is the education from CSUH that has gotten me to where I am today.

If friends or family are important to your life's story, say so here.

My classmates and teachers while at CSUH became my family. Even to this day we still check in with each other and let each other know what is going on in our lives.

Tell us your best advice for students.

Learn all that you can and be open to everything. Be your own artist. Be you.

Bong P. Dizon

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[Link to Resume](#)