

October Issue - 10/15/2025

Hey, Pioneers!

Mid-semester is here, and we hope you're feeling **focused**, **supported**, and in stride. Plus, fall is now in full swing, and so is your chance to **get involved!**

In this issue, you'll find opportunities to **share your voice**, **explore career pathways**, and enjoy **seasonal events** that bring our campus to life.

Let's **keep the momentum going**—and have a little fun along the way!



▶ We Want to Hear from You!

Your feedback helps **shape the future** of student life, campus engagement—and even tech tools like AI. Take **a few minutes** to share your voice *and* enter to **win some great prizes!**



ASI Student Engagement Survey

Want a free Spring 2026 Parking Permit? Tell us how you like to get involved on campus for a chance to win.

Your feedback helps shape how we **connect** with and **represent** students like you!

Take the ASI Student Survey

CSUEB AI Survey

Where do you stand on AI? Whether you use it daily or not at all, we want your input!

Complete the survey by **October 20** for a chance to win an **iPad Pro** or **Visa Gift Card**.

Take the AI Survey



Important Reminders

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IMPORTANT REMINDERS

Now: FAFSA & CADAA Applications Open

Don't wait! Apply early to maximize your eligibility for aid. The priority deadline is March 2, 2026. Apply now through <u>FAFSA</u> or <u>CADAA</u>.

<u>Visit Financial Aid Office ></u>

10/20 Deadline to Register to Vote

Make your voice heard! The last day to register for the November 4th Special Election is October 20, 2025. Don't miss your chance to make a difference!

Register to vote online >

Upcoming Events



10/23 Diwali Meets Halloween!

Diwali or Halloween? **Why not both!**Make your own colorful **garland** or **toran**, enjoy **festive treats**, and celebrate light, fright, and creativity with friends.

More info on BaySync >

10/30 Campus Trick or Treat

Get ready to trick or treat around campus! Stop by the ASI office to grab your treat bag and map, then visit participating departments handing out candy and spooky surprises!

View more ASI events >

Don't Miss: HalloweenFest! 🙊

A Hauntingly Good Time Awaits!

Get into the spooky spirit at **Juniper Residence Hall** with a night full of thrills and fun! Dare to enter the **Haunted House**, face the **Terror Truck**, show off your best look in the **costume contest**, and enjoy ghoulish games and surprises all night long!



Grab your friends—if you're not too scared—and join us for a **frightfully fun night!**

- 17 Thursday, October 23, 2025
- 7:00 10:00 PM
 Juniper Residence Hall

Sneak a peek of the Terror Truck

Student Opportunities

OPPORTUNITIES FOR STUDENTS

Explore opportunities to learn, make connections and open new doors:

10/16: Fair

Thinking about **grad school?** Connect with reps from **over 50 programs**, ask questions, and discover the right path for you—**open to all students!**

<u>View graduate events ></u>

10/30: STEM & Healthcare Career & Internship Fair

Network with top **STEM** and **healthcare** employers and discover **internships**, **full-time roles**, and pathways to your **next opportunity**.

Register on Handshake >

Wellness Resources



Wellbeing for your Success.

Keep wellness a priority with these resources designed to help you thrive:

The RAW is go-to spot for fitness and fun! Break a sweat in the **workout facilities**, join a **group class**, sign up for **intramural sports**, or take a breather with one of our **wellness events**. The RAW has something for everyone.

The SHCS is here to support your well-being with free flu shots, medical and mental health services, and confidential counseling—plus tips on self-care and managing election-related or holiday stress.

Student Wellbeing Services
offers basic needs assistance, health
education, peer support, and a food
pantry—helping you stay nourished,
supported, and ready to thrive.

In-Season Produce + Recipes **(**

What's Fresh This Season: Pumpkins, sweet potatoes, kale

Quick Recipe: Sweet Potato Nachos

Swap chips for roasted sweet potato slices and pile on your favorites—like black beans, shredded cheese, and a spoonful of salsa. Pop it in the microwave or toaster oven until warm and melty.

It's cozy, colorful, and perfect for fall snacking.



Snack Idea: Pumpkin Power-up Smoothie

Fall in a cup! Blend together pumpkin purée, a banana, a scoop of yogurt, and a dash of pumpkin spice. It's creamy, cozy, and tastes like dessert—but totally breakfast-friendly.

Tune In: Pioneer Playlist 🕡



Your Pioneer playlist is back! Last month, we asked you to share some of your favorite songs —and we made a **Spotify playlist**!

Got a favorite track? Submit your song and help us shape next month's mix!

Submit a song

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