



December Issue: 12/03/2024

Hey, Pioneers!

With the semester winding down, we're here to support you through finals and beyond at Cal State East Bay! This issue includes essential resources to help you succeed, reminders for important deadlines, and tips to prepare for a successful spring semester. Take a moment to explore everything you need to **finish strong and get ready for what's next!**

ASI President's Tips for Spring Success



Happy Fall Season Pioneers! 🍂

With the Spring semester around the corner, it's time to set yourself up for success by scheduling your Spring courses.

Here is why enrolling NOW will set you up for success:

Get the classes you need: Popular classes fill up fast, so we recommend you get the classes that best align with YOUR schedule.

Stay on track: Each class is one step closer to graduation and achieving your goal.

Access to Financial Aid: Enrolling now ensures that you don't miss out on Financial Aid and other support services.

Pro tip: Schedule an appointment with your advisor to keep you on track for graduation. Don't know your advisor?
Email: whoismyadvisor@csueastbay.edu



Let's embrace the Pioneer Spirit by making Fall and Spring your strongest semesters yet!

—Nolan Calara, ASI President

[Register on MyCSUEB](#)

Important Reminders



12/9 - 12/14: Final Exam Week

Make sure you're prepared for finals! Double-check the [final exam schedule](#) and confirm your test dates and locations.

Now: 2025-26 Financial Aid Applications Open!

Federal aid-eligible students can begin completing the FAFSA for the 2025-2026 academic year at studentaid.gov.

Eligible students can begin completing the CADAA for the 2025-2026 academic year at dream.csac.ca.gov.

Now: Financial Aid Workshops

Need FAFSA/CADAA help? Join our [Financial Aid Workshops](#) this week, where we'll review the application and give tips and tools to avoid delays in receiving your aid. Available both **in-person** and **online!**

Upcoming Events



12/3: Fall Out of Stress 🌟

Take a **study break** at the Library with games, coloring, puzzles, **stress ball-making**, and more. Relax and recharge with your peers!

[More info >](#)

12/5: Happy PAW-lidays 🐾

Wrap up the year with the ultimate stress relief at our **holiday-themed** Pause for PAWS event! Come **pet friendly dogs**, enjoy the festive vibes, and take a well-deserved break before finals.

[More info & register >](#)

12/7: Holi-Slay Spectacular Drag Brunch 🌈

Join us for a fabulous drag brunch to celebrate the season and unwind before finals! Enjoy **free food**, **great vibes**, and **spectacular performances**.

[More details & RSVP >](#)

Cast Your Vote for Our Mascot's Name!



Thank you for submitting name ideas for our beloved falcon mascot! We're down to the **Final Four**—now it's your turn to choose the winner!

🗳️ Be sure to cast your vote by **Friday, December 13.**

In the meantime, check out this **throwback TikTok** from the mascot reveal! 🎥 Stay tuned as we announce the winning name in January!

[Cast your vote!](#)

Wellness Resources



Your well-being matters.

Whether you're feeling stressed, need someone to talk to, or just want to stay on top of your mental health, our campus offers **services to support you:**

The SHCS clinic offers health services, confidential counseling, and more, with **online wellness resources** like self-care videos and tips for managing election and holiday stress. [Quick links >](#)

DISARC provides safe and supportive environments for students from diverse backgrounds, fostering a sense of belonging and offering resources specific to various identities, including Queer Unity and other Affinity Centers.

Academic Resources



Boost your finals prep!

Get the extra help you need to **finish the semester strong** with tutoring and study resources:

The SCAA offers **same-day** one-on-one appointments with subject tutors, writing tutors, and peer academic coaches. Both **in-person** and **virtual** options are available!

The STEM Lab provides **drop-in tutoring** for math and science! Come study with peers in our **group space** with computers, couches, and whiteboards. **Need tech?** Borrow iPads, graphing calculators, or textbooks—just bring your Bay Card.

Campus Buzz: Text Updates and a Fun Feature

📱 University Text Updates

We are expanding our text messaging tools to better support your success! As a result, **you may receive text messages from different numbers.** We will continue using the mobile number listed on your [MyCSUEB](#) account to connect with you.

If you suspect a text is not from the university, visit the [IT security website](#) for tips or contact the ITS Service Desk through our [service portal](#) or call (510) 885-4357.

📺 New Netflix Alert!

Catch **Ted Danson** in his latest role as a retired professor in the Bay Area on "A Man on the Inside!" When asked where he's from, he proudly replies: "**Cal State East Bay, over in Oakland.**"

We're so excited to see our university get a shoutout in this binge-worthy new series. Cal State East Bay is making waves, and we couldn't be prouder to be part of this story!

