



April Issue: 04/07/2025

### Welcome back, Pioneers!

We hope you had a restful and fun-filled spring break! 🌸

As we head into the **final stretch** of the semester, now's the perfect time to **refocus, recharge,** and take advantage of everything campus has to offer.

This month's newsletter is full of events, opportunities, and resources to help you **stay on track** and **finish strong**.

Let's make this home stretch count!



### #PoseLikePerry Contest



#### Show off your Pioneer Pride!

Think you've got Perry's signature pose down? **Show us your best impression!** ✨

Tag [@csueb](#) on Instagram and use the hashtag [#PoseLikePerry](#) for a chance to win a **signed Series 2 Perry trading card** and a **limited-edition pop-up Perry**.

Winners will be featured on our Instagram—so **strike that pose** and let the Pioneer spirit shine!

Ready, set... pose! 📸

[Follow @csueb](#)



### Upcoming Events

### Student Opportunities



#### 4/17-19 ⚾ Baseball & Softball

Cheer on your fellow student athletes at upcoming **home games!** Grab your friends, head to the stands, and show your **Pioneer pride**.

Schedules: [Baseball >](#) | [Softball >](#)

#### 4/22 🎪 EB Jamboree

Join us for a lively, **carnival-style event** with **rides, games, food trucks,** and live performances. Celebrate the season with fun, friends, and **great vibes** all afternoon long!

[See details >](#)

#### 4/24 🐾 Pause for Paws

Come *paus* for a moment of joy and **stress relief** with **therapy dogs** on campus. It's the fluffiest way to **boost your mood** and take a mental break!

[Register here >](#)

#### Career Empowerment Events 🍷

Check out events hosted by the CEC—featuring **Bay Area company tabling, resume drop-offs,** and opportunities to help you build your future.

[Upcoming CEC events >](#)

#### Build Skills, Help Others, Earn 🌱

Attention undergrads! College Corps is a "serve, learn, and earn" program that offers a **living allowance** and education award for community service and professional development.

[Apply for 2025-2026 >](#)

#### Calling Filmmakers Under 25! 🎬

Submit a **short film** for the Young Documentary Film Award on the theme "My Nature" for a chance to win **€250, full festival access,** and a screening on a **medieval castle wall!**

[Learn more >](#)

### Take a Tour of Campus Favorites



As the semester wraps up, take a breather and enjoy a quick tour of some of the **best spots on campus**—captured by CBE. 🎥

From **peaceful views** to favorite hangouts, it's a reminder of what makes Cal State East Bay feel like home. 🌸

[More reels from CBE](#)

### Student Resources

### Wellness Resources



#### 📖 Boost your finals prep!

Get the extra help you need to **finish the semester strong** with tutoring and study resources:

**The SCAA** offers **same-day** one-on-one appointments with subject tutors, writing tutors, and peer academic coaches. Both **in-person** and **virtual** options are available!

**The STEM Lab** provides **drop-in tutoring** for math and science! Come study with peers in our **group space** with computers, couches, and whiteboards. **Need tech?** Borrow iPads, calculators, or textbooks—just bring your Bay Card.

**University Libraries** offer more than just a study space—get support through **hybrid workshops** on citations, research, and more. Or recharge in the CORE with **tabletop games** and fellow Pioneers!

#### 🧘 Wellbeing for your Success.

**Boost your body and your brain**—make wellness a priority with these campus resources designed to help you thrive:

**The RAW** is your space to **recharge**—whether you're powering through a HIIT workout or unwinding with **group yoga** and quiet **meditation** rooms. From fitness to relaxation, there's something for every kind of study break.

**The SHCS** is here to support your well-being, offering medical care, **mental health** services, and **confidential counseling**—plus tips and group sessions focused on self-care and **navigating big transitions**.

**Pioneers for HOPE** offers an on-campus **food pantry** and **basic needs** resources—helping you stay focused, stay nourished, and finish strong.

