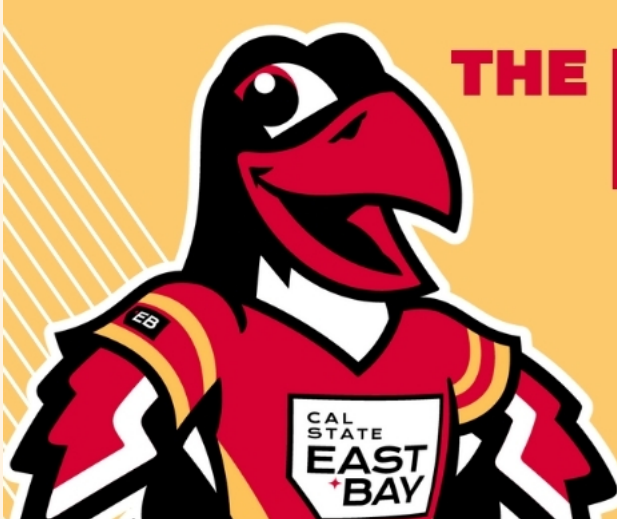




THE FALCON FLYER

STUDENT NEWSLETTER

August Issue | 08.18.2026

Welcome, **Pioneers!**

We hope you had a restful summer and are feeling refreshed for the start of a new academic year. 🦅

Whether you're joining us for the first time or returning to campus, we're so glad you're here.

Inside this issue, you'll find exciting **welcome events**, **campus resources**, and plenty of opportunities to get involved.

Here's to new beginnings, new friendships, and a fantastic year ahead!



 Start Smart, Save More



 **New Semester, New Gear!**

Refresh your campus style with the latest Pioneer apparel and merchandise!

Browse new arrivals, **save 25%** on the biggest brands, and take **\$100 off** select **MacBooks** and **iPads** while these back-to-school deals last.

[Shop the Bookstore](#)

 Meal Plan Special

Start the semester off right with an Early Bird Meal Plan Special! From **August 18-31st**, purchase a meal plan and receive **FREE bonus meals**.

Explore menus, hours, and more info on Pioneer Dining.



[See Special Offers](#)

 Campus Spotlight: Perry's Nest

Need Help? Start at Perry's Nest!

Whether you're a new or returning Pioneer, **Perry's Nest** connects you with the campus services you need most. Stop by the **Student Administration Building lobby** for help with registration, financial aid, and other essential resources.



- We can help support you with:**
-  Enrollment and Registration
 -  Financial Aid Direction
 -  Academic Advising Guidance
 -  Bay Card & Student Payments
 -  Graduation Help

[Visit Perry's Nest](#)

 Al Fresco: Your Fall Welcome Festival

Celebrate the New Semester with Us!

Kick off the fall semester at one of East Bay's biggest traditions! Enjoy **FREE food, games, giveaways**, and **live entertainment** while celebrating the start of a new year with the East Bay community. 🎤🌟



Meet student orgs, explore resources, and **connect with fellow Pioneers**. You won't want to miss this!

-  **Thursday, August 27, 2025**
-  **11 AM – 2 PM**
-  **Music Building Lawn & Walkway**

[More details](#)

Important Reminders

Upcoming Events



8/18-24 🦅 Add/Drop Period (No Permission Needed)

Students can add or drop classes without instructor or department permission during this period. A **\$25 late add fee applies**.

[How to register >](#)

8/25 - 8/31 🦅 Add Period (Permission Required)

To add a class during this period, instructor or department permission is required. A **\$25 late add fee still applies**.

[See more important dates >](#)



8/18-20 🏠 Pioneer Palooza

Kick off your fall semester with **music, lawn games**, and **90+ clubs & orgs** ready to welcome you! Come find your people and get connected this fall!

[More info >](#)

8/20 🏠 Pioneer Street Fair

This annual welcome event features **carnival games, inflatables, food**, performers, and more. Come make new friends and unforgettable memories!

[More info >](#)

 Falcon Rides for Free!

Your Free Unlimited AC Transit Pass!

Meet your new favorite travel companion: EasyPass—a **FREE** Clipper card with unlimited rides on AC Transit. Use it to **get to campus, BART, downtown Oakland, and more!**



How do I get my EasyPass?

- Be currently enrolled at Cal State East Bay and have a valid [Bay Card](#).
- Opt in through [MyCompass](#).
- Pick up your EasyPass at **SF-140**.
- Start riding! EasyPass is valid during the academic year (Fall–Summer).

[More info](#)

 In-Season Produce + Recipes

Enjoy What's in Season!

Fresh, seasonal produce is often more **flavorful and budget-friendly**. Each month, we'll share what's in season along with quick, nutritious recipes and snack ideas to try at home.

What's Fresh This Month: Cucumbers, nectarines, green beans

Quick Recipe: *Sesame Cucumber Noodle Bowl*

Cool, crunchy, and ready in minutes. Toss cooked noodles with cucumbers, sesame oil, soy sauce, and green onions for a light meal that's perfect on warm days.



Fuel Factor: Add edamame or shredded chicken for extra protein.



Snack Idea: *Frozen Nectarine Yogurt Pops*

Blend ripe nectarines with yogurt (dairy or non-dairy), pour into popsicle molds (small or large), and freeze. They're creamy, refreshing, and made for soaking up the last days of summer.

Stay Connected with Cal State East Bay:

