



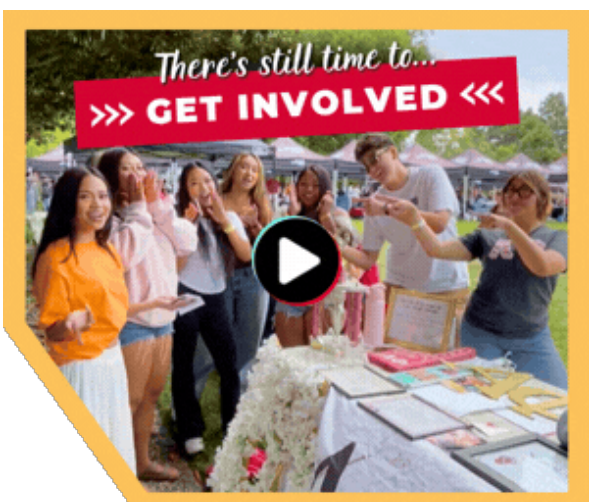
Hey, Pioneers!

The semester is underway, but there’s still so much to discover! 🦅

September is a great time to find your community, try something new, build your skills, and explore what’s next.

Not sure where to start? Meet some of the student groups we caught up with at AI Fresco and get inspired to find your place on campus.

Keep reading. Your next opportunity might be just ahead!



Campus Spotlight: Career Empowerment Center

Get Career Ready!

The Career Empowerment Center (CEC) offers career support in person and online, including FREE career tools, peer coaching, career chats, career fairs, and more!



Access resources and tools for:

- Career Exploration
- Resumes & Cover Letters
- Courses & Skill-Building
- Interview Preparation
- Networking & Connections

Visit the CEC Website

Business & Public Service Career & Internship Fair

Meet 50+ employers who are hiring, including Tesla, Enterprise Mobility, Roto-Rooter, and more! Explore career paths, make connections, and discover your next opportunity. Open to every Pioneer and every major.

Pro Tip: Update your resume and Handshake profile + browse the attending employers before you go!

- Thursday, September 17, 2026
- 11:00 AM – 2:00 PM
- South University Union, MPR

RSVP on Handshake!



Student Opportunities Upcoming Events



9/15 Pathway to Graduate School

Could grad school be in your future? Explore your options, get your questions answered, and attend helpful workshops in person or via Zoom to start planning your path forward.

Learn more at Grad Studies >

9/25 'FalCon' Fall Leadership Conference

Ready to grow as a student leader? Join fellow Pioneers for a day of connection, leadership development, and tips for successfully running a Recognized Student Organization.

Learn more at SLIC >



9/17 R&B Karaoke Night

Sing your heart out to your favorite R&B hits! Grab the mic, meet new people, or just enjoy the music and good vibes. Everyone is welcome! Hosted by the BSSC.

More details >

9/24 Fall Friendly Art Workshop

Come decorate leaves & pumpkins, reflect on culture and identity, and enjoy some cocoa, coffee, and donuts with your community. Let's get crafty! Hosted by the DISC.

More details >

Don't Miss: "Live @ Night" Comedy Night

Comedy Is in Session!

Join us for a night of live stand-up comedy featuring a lineup of hilarious comedians bringing the laughs to campus!

Enjoy FREE snacks, refreshments, music, and vibes. FREE for CSUEB students!



Sit back, snack, and enjoy the show!

- Thursday, September 24, 2026
- 7:00 PM – 9:00 PM
- South UU MPR

See ASI Upcoming Events

A Message from Your ASI President

Your ASI Update

ASI is starting the year with incredible momentum! We had the privilege of welcoming every freshman into the ASI Suite during the FROSH orientation and partnered to bring entertainment to the incredible 38th AI Fresco.

We’re building major campus collaborations, developing new resolutions, and finalizing our operating budget with plans to invest even more in student scholarships.

This summer, ASI was also awarded a Tobacco-Free Licensing Grant to support education and awareness efforts, and we’ve already seen great student participation in our tobacco-free surveys.



There’s much more ahead, and I’m excited for what we’ll accomplish together!

East Bay All the Way!
Matthias Dempsey, ASI President

In-Season Produce + Recipes

Enjoy What's in Season!

Seasonal produce is often fresher, more flavorful, and budget-friendly. Check out what's in season this month, plus quick recipes and snack ideas.

What's Fresh: Pears, broccoli, grapes

Quick Recipe: Broccoli Fried Rice

Give leftover rice a fresh twist by tossing it with broccoli, eggs, and soy sauce. It's a quick meal that's ready in one pan.



Fuel Factor: Add tofu, chicken, or edamame for an extra protein boost.



Snack Idea: Frozen Grape Bites

Freeze a handful of grapes for a naturally sweet, refreshing snack that's perfect between classes. They taste like tiny fruit popsicles with almost no prep.

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