Start off your career or take it to the next level with a degree from Cal State East Bay

At California State University, East Bay, our goal is to prepare students for future careers. Our professors are dedicated to your success- in the classroom and beyond. Our location in the San Francisco Bay Area attracts award-winning professors, many of whom are recognized experts in their fields. This allows us to offer you a strong academic course of study and a real-world curriculum that will prepare you for a lifetime of personal achievement and career success.

Our Career Education center is available to work with you from day one, offering personalized career assessment and advising sessions, counseling, information and employment resources as well as hosting career fairs and recruitment events where students can meet prospective employers. We provide all the resources students need to make the transition from campus to the workplace.

Get Practical Training in the Bay Area

CSU East Bay's location in the hills overlooking the San Francisco Bay provides more than just a great view; it also places our students in the ideal location for career development just a 30-40 minute drive from San Francisco and Silicon Valley where our students can get practical training in local organizations and international companies based in the Bay Area. Not all universities can offer the same wealth of opportunities for internships and work placements on their doorstep.

Curricular Practical Training (CPT)

Curricular Practical Training (CPT) allows F-1 students who are in good academic standing and have completed one academic year of full-time study in the US the opportunity to work off-campus (either full-time during a vacation term or part time during the academic year). Immigration regulations require that CPT must be an integral part of an established curriculum, meaning the employment must be related to your degree program. Most students enroll in a Cooperative Education course and receive academic credit for the CPT work experience. Each academic term dozens of CSUEB students gain valuable experience in their field by completing these internships in companies throughout the San Francisco Bay Area.

What CSUEB students say about their CPT experience

“One of my main reasons for choosing CSU East Bay is that its program combines the theoretical knowledge and practical skills one needs to be qualified to work immediately after graduation. I was honored to intern at Genentech in the Biometrics Department; this helps me to apply the things I learn in class to real-life problems. Part of my responsibilities at Genentech is to analyze patients’ data and produce statistical reports. It is a great opportunity for me because I get to work with people from different backgrounds in order to develop drugs for fatal diseases such as cancer.”

Nasser Al-Ali, United Arab Emirates
MS Statistics
CPT: Genentech

“CSUEB’s Construction Management program seemed to be the perfect match as the only Construction Management degree in the Bay Area. I am currently interning at a large global construction company called Skanska USA as a Project Engineer, which offers me the opportunity to put classroom theory into practice. I see this practical training as a vital part of my experience at CSUEB and believe that it will not only provide me with industry inputs but also gives me a much better chance of landing my dream job upon graduation.”

Brazer Bozlak, Sweden
MS Construction Mgmt.
CPT: Skanska USA Building

www.csueastbay.edu
CSUEB University Career Services

Academic Advising and Career Education (AACE) is a one-stop center for both academic advising and career development assistance. Our counselors guide students in understanding and completing graduation requirements in addition to helping them clarify and attain their career goals.

AACE advising staff have Master’s degrees in Counseling or Career Services, years of experience working with students, as well as cross-cultural sensitivity and a solid understanding of the special needs of international students looking for internships and practical training.

Career Education and Counseling

Students can schedule one-on-one appointments with advisors to address a variety of topics, such as:

- Major Exploration & Linking Majors to Potential Careers
- Resume/Cover Letter Assistance
- Job/Internship Search Strategies
- Networking Strategies
- Occupational Information (job titles, job market trends, salary, employers, work environment)
- How to find Professional Affiliations related to specific careers/industries
- Career Assessments (Myers-Briggs, Strong Interest Inventory, SkillScan, Values Card Sort, and more)
- Guidance on how to initiate Informational Interviews
- Prioritizing Needs, Setting Goals & Action Plans
- Interview Basics & Practice Interviewing
- Advice on Personal Statements for Graduate School or Internships
- Personal Branding Development
- How to Research Employers & Career Development Websites

Career Development Workshops

Each academic year, AACE, in partnership with Student Center for Academic Achievement (SCAA), provides a series of workshops open to all students, addressing topics that will help them in their professional development. Here is a sample of the offerings:

- What Can I Do With My Major?
- Job Search Strategies That Work
- Make Your Resume Work
- Career Fair Preparation
- How To Get an Internship
- Resume Blitz!
- The Magical Power of LinkedIn
- Power Interviewing Techniques

More CSUEB Curricular Practical Training (CPT) Success Stories

“My graduate advisor and international student advisor were very helpful during the CPT application process. The organization that I work for is a non-profit that provides companionship and free rides for cancer patients to get to their medical appointments. I started as an intern and have since been hired to be their program coordinator. Working in this organization is everything that I needed to gain more experience in the healthcare administration field, because it exposes me to almost every part of the organization.”

Deasy Tantriady, Indonesia
MS Health Care Admin.
CPT: Drivers for Survivors

“Cal State East Bay professors are always going above and beyond to expose you to both academic and career opportunities. As a former performance analyst for an investment bank, I was blessed to receive an opportunity to work with the smartest and brightest consultants in Corporate Real Estate as a member of the CBRE team for my CPT. Building financial models using knowledge I gained in my previous roles and enhancing it with newly acquired analytical/technical skills, I was able to quickly stand out among my peers and add value to our clients. CSUEB is the right place to invest in yourself and build life-long relationships.”

Bohdan Stryuk, Ukraine
MS Economics
CPT: CBRE

“One of the greatest strengths of our school is its ties to local business.”

-- Cal State East Bay student comment to The Princeton Review

www.linkedin.com/company/california-state-university-east-bay
Strengths of our school cases and companies.”

Student comment to The Princeton Review

Career and Internship Fairs

Hundreds of top Bay Area employers as well as Fortune 500 companies from throughout the United States attend our career fairs. Whether you are looking for a job, internship or just investigating your options, you won’t want to miss these quarterly events.

Photo at left: A student discusses internship opportunities with Tesla Motors at the Fall 2015 Career Fair.

Job, Resume, and Portfolio Boards

CSUEB’s in-house Pioneer Jobs website enables students to search internship and job opportunities as well as post resumes, research companies, schedule on-campus interviews, and learn about AACE Events (Career Fairs, Employer Information Sessions, Workshops, and other networking events). In addition through an agreement with Portfolium, CSU students and alumni can display their skills online by creating digital portfolios of academic and professional accomplishments including projects, presentations, and papers in an online environment that makes it easy to share directly with companies and recruiters.

Community Service Summer Internships

Continuing students at CSUEB are eligible to spend their summer volunteering at selected non-profit agencies to gain work experience and earn scholarships of $1000. In 2014 international students from Cameroon, China, India, and Indonesia participated.

“I gained program coordination and management experience from the internship, which also gave me cases to analyze in my future MBA courses, to help me better understand theories and necessary skills and experiences in my future career. The most rewarding aspect of the internship was learning how to do sales and marketing in an English-speaking environment. As an international student, I can learn many marketing skills in textbooks, but much of the cultural-specific communication skills in this culture cannot be learned from a book.”

Ariel Li, China MBA
Internship: Rising Sun Energy Center
Optional Practical Training (OPT)

Optional Practical Training (OPT) is an opportunity for F-1 students to work in the United States for 12 months in their field of study without earning academic credit. Most students apply for OPT authorization to begin after finishing their program of study, thereby extending their length of stay in the US by one year following their studies. For students and graduates in certain Science, Technology, Engineering and Math (STEM) fields (for a full list see: www.ice.gov/sites/default/files/documents/Document/2014/stem-list.pdf), CSUEB’s proximity to Silicon Valley means they are perfectly placed to take advantage of the 24-month OPT extension option for STEM students who have completed an approved 12-month OPT program (for a total of 36 months for STEM OPT). For academic year 2015-16 almost 500 CSUEB students were approved for OPT and over 100 alumni were on OPT STEM extensions.

What CSUEB students say about their OPT experience

Amrita Chopra, India
MS Computer Science
OPT: Software Engineer, Intel

“CSUEB was a life changing decision for me. It helped me to reach my career goals in every way. The kind of knowledge and exposure I got from CSUEB helped me to get my dream job. The best thing is it is located in the Bay Area which is a hub of all kinds of companies and startups.”

Roman Nersisyan, Armenia
MS Computer Science
CPT & OPT: Hewlett Packard

“I started an internship at Hewlett-Packard’s networking department as soon as I was eligible for CPT. Because I so enjoyed my work at HP, I joined the company as a regular employee for my OPT program as well. The fundamentals classes at CSUEB combined with my previous experience helped me to get the work I wanted in the Software Defined Networking area, which is one of the hottest and most-cutting edge fields in IT.”

Pakan Poursaid Esfahan, Iran
MS Computer Science
CPT: BART (Bay Area Rapid Transit)
OPT: SAP

“The school being close to Silicon Valley provided me with the opportunity to meet Silicon Valley’s work force and expand my network. During my master’s, I worked as a Software Engineer intern at Bay Area Rapid Transit (BART). This internship was a great intermediate step preparing me to move into Silicon Valley. Right after graduation I started my OPT internship at a large global software company, SAP.”

Riddhi Sood, India
BS Biology (Honor’s)
OPT: , Helen Diller Cancer Center/University of California San Francisco

“CSUEB’s undergraduate biology program rivals other neighboring universities by its strong theory-to-application based learning outcomes in upper division classes. I had the opportunity to learn cutting-edge technology like next generation sequencing through my classes. This experience along with my independent research work with Dr. Baysdorfer helped me gain an internship with Novartis and eventually a job at UCSF as Staff Research Associate.”

Tatiana Bogomolova, Russia
Master of Business Admisitration
OPT: Calico (a Google Company)

“I applied for OPT at the end of my last quarter. Almost right away I was offered a job in a purchasing department of a Bio-Tech company helping the most talented scientists from all over the world to have everything they need for their research. So far it is the most fulfilling, important and interesting job I’ve ever had.”

Benrui She, China
MS Computer Science
OPT: Software Engineer, Cisco

“I started an internship at Hewlett-Packard's networking department as soon as I was eligible for CPT. Because I so enjoyed my work at HP, I joined the company as a regular employee for my OPT program as well. The fundamentals classes at CSUEB combined with my previous experience helped me to get the work I wanted in the Software Defined Networking area, which is one of the hottest and most-cutting edge fields in IT.”

Whether getting your degree is your first step or the next step up in your professional life, Cal State East Bay is ready to help you move up in your career.