Stuttering: Insights from research and guidance for intervention

Seminar description: Stuttering can be challenging to treat in both adults and children. It is also a disorder that can be devastating for those who are affected. This course will provide an update on research and knowledge about stuttering and guidance for treating and managing the disorder. Participants will have an opportunity to have conversations with individuals who stutter to learn about the impact of living with this disorder and their experiences with intervention.

Upon seminar completion, participants will be able to:
- Discuss risk factors for developing stuttering and the likelihood of experiencing persistent stuttering
- Discuss developmental features associated with stuttering
- Identify strategies for managing and treating stuttering in adults and children
- Develop a deeper understanding of the psychological and emotional impact of stuttering

Presenters:
- **Dr. Ai Leen Choo** is an Assistant Professor in the Department of Communicative Sciences and Disorders at the Cal State East Bay. She received her PhD in Speech and Hearing Sciences from the University of Illinois at Urbana-Champaign and her postdoctoral training at the University of Michigan. Her teaching and research interests are in the topic of stuttering. Her research is focused on understanding the underlying bases of persistent stuttering and recovery, and developing effective treatments for adults and children who stutter.

- **Bailey Levis** is a speech-language pathologist with expertise in stuttering. He is a Bay Area native who came to the field of Speech and Language Pathology by way of Neuroscience and Cognitive Science and genetic research into the causes of stuttering. He has a Master of Science in Communicative Disorders from San Francisco State University. In addition to running the San Francisco Speech and Fluency Center (https://sfstutteringhelp.com/about-bailey/), he also has experience teaching a course on Fluency Disorders to budding SLPs.

- **Matt Maxion** is a speech-language pathology graduate student at Cal State East Bay. He was born and raised in the San Francisco Bay Area and started stuttering at age 5. He identified himself as a covert stutter, but is now more open to stuttering unapologetically. He leads a monthly support group for people who stutter within the Communication Sciences and Disorders department at Cal State East Bay.

This course is offered for 0.4 ASHA CEUs (Intermediate level, Professional Area)
Speaker Disclosures

**Dr. Ai Leen Choo**

Financial Disclosure: Receiving a speaker fee from the Department of Communicative Sciences and Disorders. Is a tenure track faculty member in the Department of Communication Sciences and Disorders at Cal State East Bay.

Non Financial Disclosure: Member of the American Speech Language Hearing Association. Faculty Advisor of the Cal State East Bay National Stuttering Association (NSA) Support Groups.

**Bailey Levis**

Financial Disclosure: Receiving a speaker fee from the Department of Communicative Sciences and Disorders. Owns and operates the San Francisco Speech and Fluency Center in San Francisco providing services primarily to people who stutter.

Non Financial Disclosure: Member of ASHA and CSHA, The IFA, and AAPPSPA. Chapter Co-leader for the San Francisco Chapter of the National Stuttering Association.

**Matt Maxion**

Financial Disclosure: Receiving a speaker stipend from the Department of Communicative Sciences and Disorders. Matt Maxion is a graduate student in the Department of Communication Sciences and Disorders at Cal State East Bay.

Non-financial disclosure: Member of the National Stuttering Association.
REGISTRATION

Register by the end of Tuesday, October 17th to reserve a seat. Registration deadline extended to Thursday, October 19th by 9:00 a.m. Same day on-site registration is also available (payment by check only).

Please check one of the registration options below.

CSUEB Alumni  □ Free for SLP Majors: Register at Google forms link: https://tinyurl.com/y9w52axl $20.00 for other alumni (same day $25.00)

Professional  □ $60.00 (same day $65) Certification Maintenance Hours (CMHs) offered to meet ASHA CEUs

Student      □ $20.00 (same day $25.00)

Name: ________________________________

Address: ____________________________________________________________

Email: ______________________________________________________________

Phone: _____________________________

PAYMENT METHOD

□ Enclosed is a check for $_____________(Payable to CSUEB)

□ I am paying by VISA or MASTERCARD. Please use the name and address above.

_________________________________________  Exp. Month/Year  Security Code

Your security is important to us; be assured your information will be kept safe and confidential.

Mail completed registration form (and check if applicable) to:
CSUEB Dept. of CSD
Attn: CEU Event
25800 Carlos Bee Blvd., MB1099
Hayward, CA 94542

If you are paying by credit card, you may also fax your registration instead to 510.885.2186.

Thank you for your registration! An email confirmation will be sent which will include information on the exact location of the seminar on our campus, and additional helpful information and materials.