‘Mixed Dance Presentation to be Held’

By Michael Cheung

Jan 26

Enticing therapy. There could be a new solution to your well-being exercises. M. S. Schneckardt of the Cal State East Bay Disability Resource Center has been part of the brain research work on examining the use of music and yoga techniques from the class music and psychology techniques in learning to accept one’s body and navigating the complex emotional reactions that disabilities can evoke.

"We’re talking about how dance and psychotherapy interest in education, personal growth and personal development," said Dr. Kim Geron, a CSUEB Theatre and Dance professor. "I will talk about the uniqueness and the studies in the path of those who want to dance, but do not have the neurological "dance''body.

The first two presentations will feature "Mixed Ability Dance" and "Movement Improvisation for All Ages". "About the potential benefits of "Mixed Ability Dance" for people of all ages, genders and abilities, will be held from 9 a.m. to 2 p.m. on Thursday.

The presentation will feature a demonstration by Rogers about issues of disability in dance, and how dance improvisation relates to psychological healing.

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For program details and application requirements contact

Dr. Norman Brown (norman.brown@csueastbay.edu) or Dr. Kim Geron (kim.geron@csueastbay.edu).

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